

Washington County School District

Jun 1, 2023 thru Jun 29, 2023

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/05/2023															
Summer Feeding Program L	Total	1000													
PEPPERONI PIZZA RIPPERS	SERVING	1000	290	25	550	3.00	1.80	150.0	0.0	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	298	616	1.99	1.43	39.7	8.94	3	1.99	11.93	1.49	0.00	0.00
CARROT STICKS 3/4 CUP	3/4 CUP	1	115	20	275	1.03	0.11	12.2	2.17	2	0.34	3.53	9.09	2.01	0.00
ORANGES	ORANGE	1	93	0	0	4.76	0.20	79.4	105.57	18	1.87	23.32	0.24	0.03	0.00
PUDDING,CHOICE	SERVING	1	115	0	133	0.50	0.54	225.0	0.0	15	1.0	20.5	3.0	1.75	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1000	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			411	30	731	3.01	1.80	450.7	1.32	21	24.01	47.07	17.02	5.01	0.00
% of Calories										20.5%	23.4%	45.9%	37.3%	11.0%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

Tue - 06/06/2023															
Summer Feeding Program L	Total	1													
POPCORN CHICKEN - FR091	SERVING	1	293	81	487	3.00	2.00	18.0	0.0	0	18.0	17.0	17.0	3.00	0.00
BEAN DIP CUP	SERVINGS	1	120	0	290	6.00	*N/A*	*N/A*	*N/A*	1	5.0	19.0	2.0	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	136	20	311	2.46	0.26	29.0	5.19	4	0.82	8.42	9.21	2.03	0.00
APPLES, FRESH	1 EACH	1	95	0	2	4.37	0.22	10.9	8.37	19	0.47	25.13	0.31	0.05	0.00
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	2.00	0.36	0.0	0.0	*N/A*	2.0	19.0	2.5	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	0.00	0.36	20.0	2.4	*N/A*	0.0	13.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1034	116	1939	17.83	*3.20	*677.9	*19.56	*54	42.29	134.55	33.52	6.58	0.00
% of Calories										*20.9%	16.4%	52.1%	29.2%	5.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Washington County School District

Jun 1, 2023 thru Jun 29, 2023

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/07/2023															
Summer Feeding Program L	Total	1													
HOT DOG W/ BUN	1 EACH	1	220	55	450	2.00	2.16	120.0	8.4	2	13.0	21.0	10.5	2.50	0.00
TATER GEMS	3/4 C SERVING	1	195	0	450	1.50	*N/A*	*N/A*	*N/A*	0	1.5	24.0	10.5	1.50	0.00
RAISINS, SOUR ROCK'N BLUE R ASP	SERVINGS	1	130	0	10	1.00	*N/A*	*N/A*	*N/A*	20	1.0	31.0	0.0	0.00	0.00
GRAHAM, TIGER BITES ORIGINA	SERVINGS	1	120	0	105	1.00	*N/A*	*N/A*	*N/A*	8	2.0	21.0	4.0	1.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			939	70	1722	5.72	*2.16	*720.0	*14.43	68	33.72	140.45	27.72	6.50	0.00
% of Calories										29.0%	14.4%	59.8%	26.6%	6.2%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/08/2023															
Summer Feeding Program L	Total	1													
SANDWICH, TURKEY & CHEESE - WG	SANDWIC HES BAG	1	310	30	719	0.00	3.00	350.5	*N/A*	7	21.97	34.95	9.98	3.50	0.00
CHIPS: DORITOS	BAG	1	131	0	181	2.01	0.36	20.0	0.0	0	2.01	19.62	5.03	0.75	0.00
BROCCOLI & CALUIFLOWER	3/4 CUP	1	88	14	160	1.42	0.36	52.2	43.72	*1	1.48	6.6	6.2	1.05	0.00
JUICE : VARIETY SUNCUP	BOX	1	65	0	6	0.00	0.00	80.0	*45.0	15	0.0	16.0	0.0	0.00	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	30	0.00	0.00	0.0	0.0	8	1.0	15.0	2.0	0.84	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			947	64	1554	3.66	3.72	1102.6	*92.32	*62	42.68	125.50	29.94	8.13	0.00
% of Calories										*26.1%	18.0%	53.0%	28.5%	7.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/12/2023															
Summer Feeding Program L	Total	1													
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	1.80	150.0	0.0	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	298	616	1.99	1.43	39.7	8.94	3	1.99	11.93	1.49	0.00	0.00
CARROT STICKS 3/4 CUP	3/4 CUP	1	115	20	275	1.03	0.11	12.2	2.17	2	0.34	3.53	9.09	2.01	0.00
ORANGES	ORANGE	1	93	0	0	4.76	0.20	79.4	105.57	18	1.87	23.32	0.24	0.03	0.00
JELL-O	GEL CUP	1	100	0	45	0.00	0.00	0.0	0.0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			898	358	1797	10.78	3.54	881.3	120.29	78	36.19	123.77	30.32	8.54	0.00
% of Calories										34.6%	16.1%	55.1%	30.4%	8.6%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

Tue - 06/13/2023															
Summer Feeding Program L	Total	1													
BEEF TACO STICK	1 EACH	1	345	52	631	3.85	2.77	328.8	6.37	1	20.07	31.87	12.82	8.35	0.00
BEAN DIP CUP	SERVINGS	1	120	0	290	6.00	*N/A*	*N/A*	*N/A*	1	5.0	19.0	2.0	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	136	20	311	2.46	0.26	29.0	5.19	4	0.82	8.42	9.21	2.03	0.00
APPLES, FRESH	1 EACH	1	95	0	2	4.37	0.22	10.9	8.37	19	0.47	25.13	0.31	0.05	0.00
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	2.00	0.36	0.0	0.0	*N/A*	2.0	19.0	2.5	0.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	0.0	1	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1042	87	1811	18.86	*3.61	*968.7	*23.53	*56	44.61	137.82	29.46	11.94	0.00
% of Calories										*21.3%	17.1%	52.9%	25.4%	10.3%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/14/2023															
Summer Feeding Program L	Total	1													
HAMBURGER - SUMMER	SERVINGS	1	276	49	387	3.00	*1.08	*60.0	*2.4	2	17.06	22.0	13.56	4.82	0.80
TATER GEMS	3/4 C SERVING	1	195	0	450	1.50	*N/A*	*N/A*	*N/A*	0	1.5	24.0	10.5	1.50	0.00
RAISINS, SOUR STRAWBERRY GRAHAM, TIGER BITES ORIGINAL	SERVINGS	1	130	0	10	1.00	*N/A*	*N/A*	*N/A*	25	1.0	30.0	0.0	0.00	0.00
LIGHT MAYONNAISE	SERVINGS	1	120	0	105	1.00	*N/A*	*N/A*	*N/A*	8	2.0	21.0	4.0	1.00	0.00
KETCHUP : P/C	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MUSTARD:, P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT FREE	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
MILK 1% WHITE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1035	69	1744	6.73	*1.08	*660.0	*8.43	73	37.78	140.46	34.78	9.32	0.80
% of Calories										28.3%	14.6%	54.3%	30.3%	8.1%	0.7%
Nutrient Guideline			600-650		1230									<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/15/2023															
Summer Feeding Program L	Total	1													
SANDWICH, TURKEY & CHEESE - WG	SANDWICH	1	310	30	719	0.00	3.00	350.5	*N/A*	7	21.97	34.95	9.98	3.50	0.00
CHIPS: DORITOS	BAG	1	131	0	181	2.01	0.36	20.0	0.0	0	2.01	19.62	5.03	0.75	0.00
BROCCOLI & CALIUFLOWER	3/4 CUP	1	88	14	160	1.42	0.36	52.2	43.72	*1	1.48	6.6	6.2	1.05	0.00
JUICE : VARIETY SUNCUP	BOX	1	65	0	6	0.00	0.00	80.0	*45.0	15	0.0	16.0	0.0	0.00	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	30	0.00	0.00	0.0	0.0	8	1.0	15.0	2.0	0.84	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			947	64	1554	3.66	3.72	1102.6	*92.32	*62	42.68	125.50	29.94	8.13	0.00
% of Calories										*26.1%	18.0%	53.0%	28.5%	7.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/19/2023															
Summer Feeding Program L	Total	1000													
PEPPERONI PIZZA RIPPERS	SERVING	1000	290	25	550	3.00	1.80	150.0	0.0	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	298	616	1.99	1.43	39.7	8.94	3	1.99	11.93	1.49	0.00	0.00
CARROT STICKS 3/4 CUP	3/4 CUP	1	115	20	275	1.03	0.11	12.2	2.17	2	0.34	3.53	9.09	2.01	0.00
ORANGES	ORANGE	1	93	0	0	4.76	0.20	79.4	105.57	18	1.87	23.32	0.24	0.03	0.00
PUDDING,CHOICE	SERVING	1	115	0	133	0.50	0.54	225.0	0.0	15	1.0	20.5	3.0	1.75	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1000	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			411	30	731	3.01	1.80	450.7	1.32	21	24.01	47.07	17.02	5.01	0.00
% of Calories										20.5%	23.4%	45.9%	37.3%	11.0%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

Tue - 06/20/2023															
Summer Feeding Program L	Total	1													
POPCORN CHICKEN - FR091	SERVING	1	293	81	487	3.00	2.00	18.0	0.0	0	18.0	17.0	17.0	3.00	0.00
BEAN DIP CUP	SERVINGS	1	120	0	290	6.00	*N/A*	*N/A*	*N/A*	1	5.0	19.0	2.0	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	136	20	311	2.46	0.26	29.0	5.19	4	0.82	8.42	9.21	2.03	0.00
APPLES, FRESH	1 EACH	1	95	0	2	4.37	0.22	10.9	8.37	19	0.47	25.13	0.31	0.05	0.00
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	2.00	0.36	0.0	0.0	*N/A*	2.0	19.0	2.5	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	0.00	0.36	20.0	2.4	*N/A*	0.0	13.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1034	116	1939	17.83	*3.20	*677.9	*19.56	*54	42.29	134.55	33.52	6.58	0.00
% of Calories										*20.9%	16.4%	52.1%	29.2%	5.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/21/2023															
Summer Feeding Program L	Total	1													
HOT DOG W/ BUN	1 EACH	1	220	55	450	2.00	2.16	120.0	8.4	2	13.0	21.0	10.5	2.50	0.00
TATER GEMS	3/4 C SERVING	1	195	0	450	1.50	*N/A*	*N/A*	*N/A*	0	1.5	24.0	10.5	1.50	0.00
RAISINS, SOUR ROCK'N BLUE R ASP	SERVINGS	1	130	0	10	1.00	*N/A*	*N/A*	*N/A*	20	1.0	31.0	0.0	0.00	0.00
GRAHAM, TIGER BITES ORIGINA	SERVINGS	1	120	0	105	1.00	*N/A*	*N/A*	*N/A*	8	2.0	21.0	4.0	1.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			939	70	1722	5.72	*2.16	*720.0	*14.43	68	33.72	140.45	27.72	6.50	0.00
% of Calories										29.0%	14.4%	59.8%	26.6%	6.2%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/22/2023															
Summer Feeding Program L	Total	1													
SANDWICH, TURKEY & CHEESE - WG	SANDWIC HES	1	310	30	719	0.00	3.00	350.5	*N/A*	7	21.97	34.95	9.98	3.50	0.00
CHIPS: DORITOS	BAG	1	131	0	181	2.01	0.36	20.0	0.0	0	2.01	19.62	5.03	0.75	0.00
BROCCOLI & CALUIFLOWER	3/4 CUP	1	88	14	160	1.42	0.36	52.2	43.72	*1	1.48	6.6	6.2	1.05	0.00
JUICE : VARIETY SUNCUP	BOX	1	65	0	6	0.00	0.00	80.0	*45.0	15	0.0	16.0	0.0	0.00	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	30	0.00	0.00	0.0	0.0	8	1.0	15.0	2.0	0.84	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			947	64	1554	3.66	3.72	1102.6	*92.32	*62	42.68	125.50	29.94	8.13	0.00
% of Calories										*26.1%	18.0%	53.0%	28.5%	7.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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Washington County School District

Jun 1, 2023 thru Jun 29, 2023

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/26/2023															
Summer Feeding Program L	Total	1													
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	1.80	150.0	0.0	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	298	616	1.99	1.43	39.7	8.94	3	1.99	11.93	1.49	0.00	0.00
CARROT STICKS 3/4 CUP	3/4 CUP	1	115	20	275	1.03	0.11	12.2	2.17	2	0.34	3.53	9.09	2.01	0.00
ORANGES	ORANGE	1	93	0	0	4.76	0.20	79.4	105.57	18	1.87	23.32	0.24	0.03	0.00
JELL-O	GEL CUP	1	100	0	45	0.00	0.00	0.0	0.0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			898	358	1797	10.78	3.54	881.3	120.29	78	36.19	123.77	30.32	8.54	0.00
% of Calories										34.6%	16.1%	55.1%	30.4%	8.6%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

Tue - 06/27/2023															
Summer Feeding Program L	Total	1													
BEEF TACO STICK	1 EACH	1	345	52	631	3.85	2.77	328.8	6.37	1	20.07	31.87	12.82	8.35	0.00
BEAN DIP CUP	SERVINGS	1	120	0	290	6.00	*N/A*	*N/A*	*N/A*	1	5.0	19.0	2.0	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	136	20	311	2.46	0.26	29.0	5.19	4	0.82	8.42	9.21	2.03	0.00
APPLES, FRESH	1 EACH	1	95	0	2	4.37	0.22	10.9	8.37	19	0.47	25.13	0.31	0.05	0.00
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	2.00	0.36	0.0	0.0	*N/A*	2.0	19.0	2.5	0.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	0.0	1	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1042	87	1811	18.86	*3.61	*968.7	*23.53	*56	44.61	137.82	29.46	11.94	0.00
% of Calories										*21.3%	17.1%	52.9%	25.4%	10.3%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

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Washington County School District

Jun 1, 2023 thru Jun 29, 2023

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/28/2023															
Summer Feeding Program L	Total	1													
HAMBURGER - SUMMER	SERVINGS	1	276	49	387	3.00	*1.08	*60.0	*2.4	2	17.06	22.0	13.56	4.82	0.80
TATER GEMS	3/4 C SERVING	1	195	0	450	1.50	*N/A*	*N/A*	*N/A*	0	1.5	24.0	10.5	1.50	0.00
RAISINS, SOUR STRAWBERRY GRAHAM, TIGER BITES ORIGINAL	SERVINGS	1	130	0	10	1.00	*N/A*	*N/A*	*N/A*	25	1.0	30.0	0.0	0.00	0.00
LIGHT MAYONNAISE	SERVINGS	1	120	0	105	1.00	*N/A*	*N/A*	*N/A*	8	2.0	21.0	4.0	1.00	0.00
KETCHUP : P/C	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MUSTARD:, P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT FREE	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
MILK 1% WHITE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1035	69	1744	6.73	*1.08	*660.0	*8.43	73	37.78	140.46	34.78	9.32	0.80
% of Calories										28.3%	14.6%	54.3%	30.3%	8.1%	0.7%
Nutrient Guideline			600-650		1230									<10.00	

Thu - 06/29/2023															
Summer Feeding Program L	Total	1													
SANDWICH, TURKEY & CHEESE - WG	SANDWICHES	1	310	30	719	0.00	3.00	350.5	*N/A*	7	21.97	34.95	9.98	3.50	0.00
CHIPS: DORITOS	BAG	1	131	0	181	2.01	0.36	20.0	0.0	0	2.01	19.62	5.03	0.75	0.00
BROCCOLI & CALIUFLOWER	3/4 CUP	1	88	14	160	1.42	0.36	52.2	43.72	*1	1.48	6.6	6.2	1.05	0.00
JUICE : VARIETY SUNCUP	BOX	1	65	0	6	0.00	0.00	80.0	*45.0	15	0.0	16.0	0.0	0.00	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	30	0.00	0.00	0.0	0.0	8	1.0	15.0	2.0	0.84	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0.0	0	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			947	64	1554	3.66	3.72	1102.6	*92.32	*62	42.68	125.50	29.94	8.13	0.00
% of Calories										*26.1%	18.0%	53.0%	28.5%	7.7%	0.0%
Nutrient Guideline			600-650		1230									<10.00	

Weighted Average			906	107	1607	8.78	*2.86	*820.5	*46.52	*59	37.99	121.89	29.08	8.02	0.10
										*58.7%	16.8%	53.8%	28.9%	8.0%	0.1%

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Washington County School District

Jun 1, 2023 thru Jun 29, 2023

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	906		600 - 650	139%				256	Correction Required - Calories too High							
Cholesterol (mg)	107															
Sodium 1 (mg)	1607		1230					377	Correction Required - Sodium too High							
Sodium 2 (mg)	1607		935					672	Correction Required - Sodium too High							
Fiber (g)	8.78															
Iron (mg)	2.86				Missing											
Calcium (mg)	820.5				Missing											
Sugars (g)	59	26.09%			Missing											
Vitamin C (mg)	46.52				Missing											
Protein (g)	37.99	16.77%														
Carbohydrate (g)	121.89	53.79%														
Total Fat (g)	29.08	28.88%														
Saturated Fat (g)	8.02	7.96%	<10.00%													
Trans Fat ¹ (g)	0.10	0.10%														

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