



Ore-Ida[®] Reduced Sodium *Tater Tots*[®]

Oven-baked or fried, these classic tots deliver great plate coverage and great flavor with reduced sodium.*

PREPARATION

GENERAL CAUTIONS: For best results, cook from frozen state using recommended time and temperature. Always cook to light golden color. Do not overcook. When cooking smaller amounts, reduce cooking time. Product must be fully cooked for food safety and quality.



DEEP FRY Temp (°F): 350 Cooking Time (min): 2-1/2 to 3

ADULT NUTRITION FACTS

156 servings per container

Serving Size	9 pieces (87g)
Amount Per Serving	
Calories	110
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Mono Unsaturated Fat 2	<u>2g</u>
Poly Saturated Fat 1.5g	J
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 200mg	8%
Total Carbohydrate 17g	6%
Dietary fiber 2g	7%
Sugars 1g	
Added Sugar 0g	
Protein 1g	
Vitamin D 0mcg	
Calcium	0%
Iron	0%
Potassium 220mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS

This product contains no known added ingredients sourced from allergenic sources.

PRODUCT DETAILS

GENERAL: Packaging: 6/5 lb.

Best if used:

before 730 days from date of manufacture, when stored at 0°F/-18°C or below.

Servings size: 9 pieces (87g)

Servings per container: 156

CASE: Net weight case 30 lbs. Gross weight case 31.72 lbs.

PRODUCT CODES: SKU 1000002789 UPC 072714002809 GTIN (Unit) 072714002809 GTIN (Case) 10072714002806

Instructions:

Fill basket one-third full (1.5 lbs) with frozen product. Deep fry.

BAKE – CONVENTIONAL Temp (°F): 425 Cooking Time (min): 12 to 17



Instructions: Preheat oven. Spread frozen product evenly on a shallow baking pan. Bake, turning once for uniform cooking.

INGREDIENTS

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Modified Cellulose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color



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