

Waffles, WG, Wholesome Choice, Gourmet, Bulk (#1453)



Our delicious Whole Grain Waffles are Wholesome Choice, meaning they are free from artificial flavors, colors, preservatives and sweeteners. They are also USDA Smart Snack approved, making them a guilt-free choice any day of the week.

General Specifications

Pack: 144/1.3 oz
 Kosher: No
 Shelf Life: 1 day at ambient. 6 days refrigerated. 365 days frozen.
 Status: Available



SCHOOL SPECIFICATIONS

USDA Smart Snack: Yes
 Nutritional Ratio: 34-0-5

Grain (ounce equivalents): 1.0
 Whole Grain: 11.12g, 56%
 Enriched Flour: 8.89g
 Combined Flour 20.01g

INGREDIENTS

Water, Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sugar, Milk Solids, Eggs, Less than 2%: Soy Lecithin, Wheat Bran, Sodium Acid Pyrophosphate, Salt, Baking Soda, Monocalcium Phosphate.

ALLERGENS & DISCLOSURES

Contains egg, milk, soy, and wheat ingredients.
 This product is produced in a nut-free facility.

Instructions

PREPARATION

Convection Oven: Pre-heat to 350F. Remove waffles from the bag. Place frozen waffles in a single layer on an ungreased baking sheet. Bake 5-7 minutes and check (bake until lightly toasted, do not over bake) Leave uncovered in warmer for no more than 15-20 minutes

Nutrition Facts

Serving size 1 Waffle (37g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 105mg	6%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 2g	
Includes 1g Added Sugars	2%
Protein 2g	
Vitamin D 0.2mcg	2%
Calcium 30mg	2%
Iron 0.7mg	4%
Potassium 40mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

