UNLOCK YOUR POTENTIAL WITH GOOD NUTRITION

GOLD KIST® CHICKEN

2022-2023 FACT SHEET

FULLY COOKED BONELESS, SKINLESS WHOLE GRAIN BREADED CHICKEN BREAST STRIP

PROCESSOR NAME:
PILGRIM'S PRIDE CORP. — Gold Kist Brand

CODE NUMBER:	7527	CASE WT:	30#
M/MA CONTRIBUTION:	2	SERVING SIZE:	4.50 oz.
GRAIN CONTRIBUTION:	1	DONATED FOOD/CASE:	30.34
GTIN:	10075632075273	SERVINGS/CASE:	Average 107
CASE DIMENSIONS:	17L x 13W x 11.43H	GR. WT:	32.02#
SHELF LIFE:	365 days	PALLET:	8T x 7H
CASES/PALLET:	56	CASE CUBE:	1.48

BID DESCRIPTIONS

Fully-Cooked, Whole Grain Breaded, Skinless, and Boneless Whole Muscle Chicken Breast Strip. A three piece serving provides 2 oz. meat/meat alternate credit and 1 servings of grain equivalent.

ALLERGENS: MILK, WHEAT

GOLD KIST™ CHICKEN

Fully Cooked

7527

BONELESS, SKINLESS WHOLE GRAIN BREADED CHICKEN BREAST STRIPS

INGREDIENTS: Boneless Skinless Chicken Breast, Water, Modified Food Starch, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract. **Breaded With:** Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extractives Of Paprika, Annatto And Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate). **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor). **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. Breading Set In Vegetable Oil.
CONTAINS: Milk, Wheat

Copy Not For Documenting Federal Meal Pattern Requirements

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 375°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 12 minutes. TURN. Bake an additional 12 minutes. Total time 24 minutes. **Convection Oven:** Preheat oven to 375°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 6 minutes. TURN. Bake an additional 7 minutes. Total time 13 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until internal temperature reaches 165°F.

pilgrim's

DISTRIBUTED BY: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.pilgrimsfoodservice.com

Product of USA

(01)10075632075273

Nutrition Facts

Serving Size 4.5oz (127.57g)
Servings Per Container About 107

Amount Per Serving

Calories 240	Calories from Fat 70
	% Daily Value*
Total Fat 8g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 2g	
Cholesterol 55mg	18%
Sodium 470mg	20%
Potassium 480mg	14%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	10%
Sugars less than 1g	
Protein 21g	42%

Vitamin A 2% • Vitamin C 2%
Calcium 2% • Iron 6%
Folate 0%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**Above Nutrition Facts information for product 7527 is based on the serving size stated on the attached Product Formulation Statement to provide stated equivalencies.*

Cheri Schneider

Cheri Schneider, K12 & USDA Category Director

SY 22/23

GOLD KIST®

Get the products and support trusted by so many.
Talk to your representative today or visit GoldKistFarms.com

School Food Enterprises

Manufactured for:

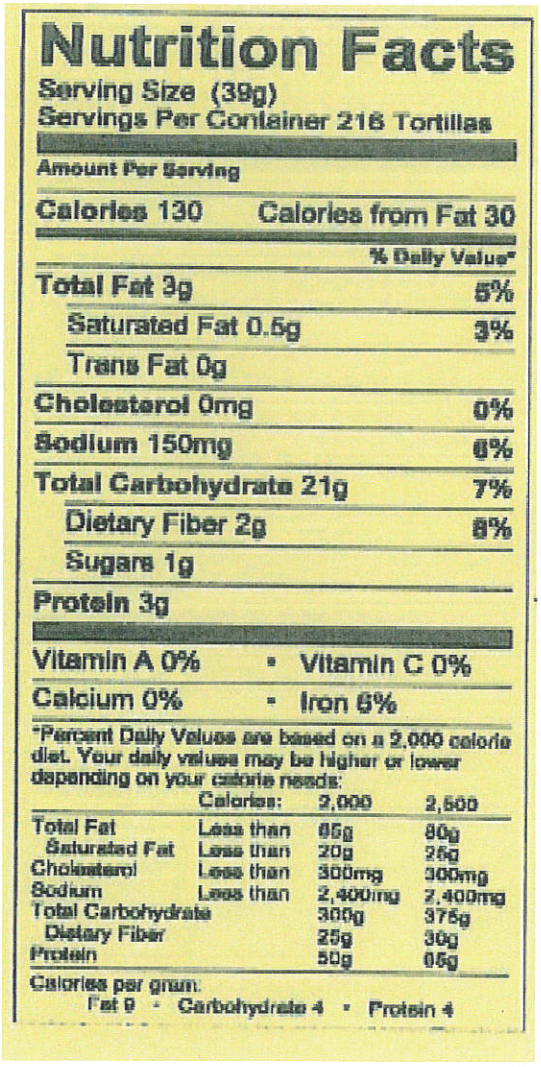
2638 W. Settlers Bend Rd

South Jordan UT, 84095

School Food Enterprises

item **# 5670**

WGR 8" Tortilla



Nutrition Facts

Serving Size (39g)
Servings Per Container 216 Tortillas

Amount Per Serving	
Calories 130	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHITE WHOLE WHEAT FLOUR ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, ENSYMES (ADDED FOR IMPROVED BAKING) , NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). WATER, VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO & DIGLYCERIDES, TOCOPHEROLS, (VITAMIN E) AND VITAMIN C PALMITATE (AS ANTIOXIDANTS) CANOLA OIL, CONTAINS LESS THAN 2% OF THE EACH OF THE FOLLOWING: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOPHATE), SUGAR, FOOD STARCH-MODIFIED, CALCIUM PHROPIONATE (PRESERVATIVE), SODIUM BICARBONATE CONTAINS : WHEAT

Crediting Standards Based on Creditable Grains 26.39g/16= 1.50 Grains/Bread Servings (Rounded down to nearest ¼)

Case Contains 18- 12 packs (216 Tortillas) NET WEIGHT 18.57 LBS