



Vegetable Egg Roll

Brand Name	GREEN DRAGON
Manufacturer	Asian Food Solutions
Product Code	79011
GTIN	00856235005538

Vegetable Eggrolls feature a delicious filling of cabbage, carrots, celery and onions wrapped in a crispy, delicate whole grain rich wrapper. This option is perfect for vegetarians. Our Egg Rolls are zero trans-fat per serving and with no added MSG.

Ingredients

FILLING: Green Cabbage, Carrots, Celery, Onion, Rolled Oat, Water, Modified Corn Starch, Contains 2% or Less of Sesame Oil, Distilled Vinegar, Garlic Powder, Natural Flavor (Sunflower Oil, Natural Flavor), Sugar, Salt, Onion Powder, Dehydrated Garlic, Flavor Enhancer (Yeast Extract, Canola Oil), Black Pepper, Ginger Powder. **WRAPPER:** Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Durum Flour (Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or Less of Vital Wheat Gluten, Vegetable Oil (Soybean and/or Canola), Salt, Corn Starch As Processing Aid. CONTAINS: WHEAT, SOY, SESAME

Allergen Information

- Free from:Milk and its Derivatives
- Free from:Eggs and Their Derivatives
- Free from:Fish and Their Derivatives
- Free from:Shellfish and its Derivatives
- Free from:Tree Nuts and Their Derivatives
- Free from:Peanuts and Their Derivatives
- Contains:Wheat and Their Derivatives
- Contains:Soybean and its Derivatives
- Contains:Sesame Seeds and Their Derivatives
- Free from:Crustaceans and Their Derivatives

CN Equivalency

Each 3 oz vegetable egg roll contains 1 oz equivalent of Grain and 1/2 cup of Vegetable.

Nutrition Facts	
100 servings per container	
Serving Size	3 oz (85 g) (3ONZ)
Amount per Serving:	
Calories	140
	% DV*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate	%
Dietary Fiber 3g	11%
Total Sugars 2g	2%
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 27mg	2%
Iron 1mg	6%
Potassium 216mg	4%
Vitamin A 0mcg	0%
Vitamin C 0mcg	0%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product formulation and packaging may change. Please refer to the product label for the most accurate information.

Preparation Instructions

Prepared from frozen. Cook thoroughly until internal temperature reaches 160 F. Due to variation in equipment, cooking time and temperature may require adjustment. Allow egg rolls to set 2 - 3 minutes before serving. **CONVENTIONAL OVEN** - Preheat oven to 425 F. Heat egg rolls on flat sheet for 25 -30 minutes, Turn egg rolls halfway through the cooking cycle. **DEEP FRYER** - Heat oil to 350 F. Fry egg rolls for 6.5 – 8.5 minutes.

Packaging

100 egg rolls in a case

Shelf Life from Production (Days)

548

Consumer Storage Instructions

Keep frozen at 0°F +/- 10°F

Country of Origin Code

UNITED STATES

1 Count

Level	Width	Depth	Height	Net Weight	Gross Weight	Pallet Tl/Hi
Case	9.5 Inches	19 Inches	6.75 Inches	18.75 Pound	20.1 Pound	10 / 10