



Pancakes, Original, Protein

Van's (/brand/vans/products/51db37b2176fe9790a8985a9)

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Nutrition Facts

Serving Size: pancakes (87g)

Amount Per Serving		Calories from Fat 45
		% Daily Value*
Calories	190	
Total Fat	5g	8%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	280mg	12%
Potassium	58mg	2%
Total Carbohydrates	27g	9%
Dietary Fiber	1g	4%
Sugars	5g	
Protein	10g	

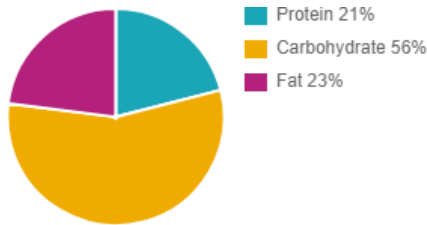
* Percent Daily Values are based on a 2000 calorie diet.

INGREDIENTS: Water, Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Protein Isolate, Cane Sugar, Organic Canola Oil, Pea Protein, Sprouted Wheat Flour, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Sunflower Lecithin Oat Flour, Natural Flavor Sea Salt.

- [Cholesterol Free \(/claim/cholesterol-free\)](#) [Low Cholesterol \(/claim/low-cholesterol\)](#) [Saturated Fat Free \(/claim/saturated-fat-free\)](#)
- [Low Saturated Fat \(/claim/low-saturated-fat\)](#) [Cholesterol Free - FDA Shelf Tag \(/claim/cholesterol-free-fda-shelf-tag\)](#)
- [Low Cholesterol - FDA Shelf Tag \(/claim/low-cholesterol-fda-shelf-tag\)](#)

[Nutritionix App \(/app\)](#)

Source of Calories



Ingredients

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