



# Whole Grain Yakisoba Noodles

## DESCRIPTION:

Konnichiwa!!! Steamed, soft noodles that are sure to bring the flavor of Japan to your kitchen.

## FOOD BASED EQUIVALENCY:

One serving provides 1 serving (1/2 cup) of whole grain noodles/grain.

## HEATING INSTRUCTIONS:

- Place product in a sheet pan and place sheet pan in cooler (45°) two full days prior to serving or until fully thawed.
- Place product into hotel pan (1 Bag/pan), drizzle 1 to 3 cups of water evenly over noodles and toss, cover with lid.
- Heat in convection oven at 350° for about 20-25 minutes or until 145°.

## INGREDIENTS:

Yakisoba Noodles (Whole Wheat Flour, Enriched Wheat Flour, Tapioca Starch, Wheat Gluten, Water)

**CONTAINS: WHEAT**

**NO TRANS FAT**  
**NO MSG**



## Nutrition Facts

Serving Size 2.06oz (58g)  
233 Servings Per Case

### Amount Per Serving

**Calories 72**                      Calories from Fat 0

### % Daily Value\*

|                               |            |
|-------------------------------|------------|
| <b>Total Fat</b> 0g           | <b>0%</b>  |
| Saturated Fat g               | <b>0%</b>  |
| Trans Fat 0g                  |            |
| <b>Cholesterol</b> 0mg        | <b>0%</b>  |
| <b>Sodium</b> 26mg            | <b>1%</b>  |
| <b>Total Carbohydrate</b> 32g | <b>11%</b> |
| Dietary Fiber 1g              | <b>4%</b>  |
| Sugars 8g                     |            |
| <b>Protein</b> 3g             |            |

Vitamin A 0%                      •                      Vitamin C 0%  
Calcium 2%                      •                      Iron 7%

\*Percent daily values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

|                    |           |         |         |
|--------------------|-----------|---------|---------|
|                    | Calories: | 2,000   | 2,500   |
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

I certify this information is true and correct:

Grant K. Kwok  
President

July 1, 2017  
Date

\*\*Effective for one year from date signed\*\*

| Product Code               | Description      | U/M   | Count | Lbs |
|----------------------------|------------------|-------|-------|-----|
| Yakisoba Noodles: CCF-0010 | Yakisoba Noodles | 5 lbs | 6     | 30  |