#### Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 1 Generated on: 9/25/2023 2:37:35 PM

ъ	Carb	Reimb	Portion	
	(g)	Qtv	Size	
			0.20	Mon - 10/02/2023
BG@		1	Total	K-7 BREAKFAST MENU
20	12.0		WAFFLE	WAFFLE. BC
	4.0		1 EA	SYRUP
IULAI CAIUS.	28.02		1 CUP	APPLESAUCE, W/CINNAMON
				· · · · · · · · · · · · · · · · · · ·
	23.63	1 1	1/2 CUP	BREAKFAST FRUIT BASKET: ELE
	15.8	1	BOX	JUICE : VARIETY SUNCUP
	20.0	1	CARTON	MILK : CHOCOLATE MILK FAT FREE
3.0	13.0	1	CARTON	MILK 1% WHITE
		1	Total	ALT BREAKFAST K-7
	23.0	1	BOWL	BREAKFAST CEREAL-ALL
4.0 Units for Carbs:	14.0	1	SLICE	TOAST
9.4	9.4	1	PC	JELLY: VARIETY PACK
.02 C D	28.02	1	1 CUP	APPLESAUCE, W/CINNAMON
5.8 + Correction Dose:	15.8	1	BOX	JUICE : VARIETY SUNCUP
	20.0	1	CARTON	MILK : CHOCOLATE MILK FAT FREE
	13.0		CARTON	MILK 1% WHITE
84 = Total III Sulli	119.84		O/ II C I C	Weighted Daily Average
-	77.7%			% of Calories
70	11.170			70 Of Calones
				Nutrient Guideline
			I	Nutrient Galdenne
				Tue - 10/03/2023
BG@		1	Total	K-7 BREAKFAST MENU
	24.98		SANDWICHES	BREAKFAST SANDWICH - McMUFFIN
Q Λ	18.0		1 CUP	PEACH CUPS -DICED
T-4-1 C1	23.63		1/2 CUP	BREAKFAST FRUIT BASKET: ELE
.00	15.8		BOX	JUICE : VARIETY SUNCUP
		1 1	_	
	0.0	1	POUCH	MAYONNAISE, LIGHT
	20.0	1	CARTON	MILK : CHOCOLATE MILK FAT FREE
3.0	13.0	1	CARTON	MILK 1% WHITE
		1	Total	ALT BREAKFAST K-7
	23.0	1	BOWL	BREAKFAST CEREAL-ALL
4.0	14.0	1	SLICE	TOAST
9.4 Units for Carbs:	9.4	1	PC	JELLY: VARIETY PACK
8.0 Office for Carbs:	18.0	1	1 CUP	PEACH CUPS -DICED
5.8	15.8	1	BOX	JUICE : VARIETY SUNCUP
0.0 + Correction Dose:	20.0	1	CARTON	MILK : CHOCOLATE MILK FAT FREE
T COLLECTION DOSE:	13.0	1	CARTON	MILK 1% WHITE
	114.31	·	07.11.1.1	Weighted Daily Average
	60.0%			% of Calories
- Total Insulini	00.070			, o o o o o o o o o o o o o o o o o o o
				Nutrient Guideline
	1			NV 1 40/04/0000
BG@			T-4-I	Wed - 10/04/2023
07	04.0-	1	Total	K-7 BREAKFAST MENU
	24.67	1	6 BITES	PANCAKE & SAUSAGE BITES
	4.0	1	1 EA	SYRUP
I	19.0	1	SERVINGS	MIXED FRUIT CUP
.63	23.63	1	1/2 CUP	BREAKFAST FRUIT BASKET: ELE
5.8	15.8	1	BOX	JUICE : VARIETY SUNCUP
0.0 Units for Carbs:	20.0	1	CARTON	MILK : CHOCOLATE MILK FAT FREE
3.0	13.0	1	CARTON	MILK 1% WHITE
+ Correction Dose:			, =	
	n <i>t</i>	l ingrediei	amplete for an individua	*N/A* - denotes a nutrient that is either missing or inco

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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## Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 2 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
ALT BREAKFAST K-7	Size Total	Qty 1	(g)	l
BREAKFAST CEREAL-ALL	BOWL		23.0	BG@
TOAST	SLICE		14.0	Total Carbs:
JELLY: VARIETY PACK	PC		9.4	
MIXED FRUIT CUP	SERVINGS		19.0	
JUICE: VARIETY SUNCUP	BOX			
MILK : CHOCOLATE MILK FAT FREE	CARTON		15.8 20.0	
MILK 1% WHITE	CARTON		13.0	Units for Carbs:
Weighted Daily Average	CARTON	<u>'</u>	117.15	D
% of Calories				+ Correction Dose:
% of Calones			73.4%	= Total In su lin:
Nutrient Guideline				
Thu - 10/05/2023				
K-7 BREAKFAST MENU	Total	1		
YOGURT STRAW PARFAIT	PARFAIT		46.67	BC @
TOAST	SLICE		14.0	BG@
JELLY: VARIETY PACK	PC		9.4	T. 10 1
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	Units for Carbs:
JELLY: VARIETY PACK	PC		9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	+ Correction Dose:
JUICE: VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	<u> </u>	130.67	
% of Calories			75.0%	
76 Of Calones			73.076	
Nutrient Guideline				
				1
Fri - 10/06/2023				
K-7 BREAKFAST MENU	Total	1		BG @
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10141 041 051
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Onits for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose;
JUICE : VARIETY SUNCUP	BOX	1	15.8	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= 10talinsuln:
MILK 1% WHITE	CARTON	1	13.0	
	-			•

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 3 Generated on: 9/25/2023 2:37:35 PM

	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			118.31 72.4%	
Nutrient Guideline				
Mon - 10/09/2023				
K-7 BREAKFAST MENU	Total	1		
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	BG@
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Iotal Calos.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			129.84	- Iotal Insulin:
% of Calories			78.1%	
Nutrient Guideline				
Tue - 10/10/2023				
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1	17.0	Вб@
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1 1	9.4	Units for Caros:
PEACH CUPS -DICED	1 CUP	1 1	18.0	
JUICE : VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE Weighted Daily Average	CARTON	1	13.0 112.32	= Total Insulin:
% of Calories			69.8%	- rotarmsum;
Nutrient Guideline				

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 4 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 10/11/2023				
K-7 BREAKFAST MENU	Total	1		
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	BG@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	m . 10 1
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	. C +! D
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			115.71	- Iotai maaiii
% of Calories			67.9%	
70 01 04101100			0.1070	
Nutrient Guideline				
		'		
Tue - 10/17/2023				
K-7 BREAKFAST MENU	Total	1		
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES	1	2.98	BG@
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	ьс@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	Iotal Calos.
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	c .: D
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	2,		116.01	= Total Insulin:
% of Calories			63.5%	- rotarmsum;
			55.576	
Nutrient Guideline				
	1	_		

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# Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7** 

Portion Values - Detailed

Page 5 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 10/18/2023				DC @
K-7 BREAKFAST MENU	Total	1		BG@
OVERNIGHT OATS	SERVINGS	1	48.19	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	IOTAL CALOS:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWI	1 1	23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	
MIXED FRUIT CUP	SERVINGS		19.0	Units for Carbs:
				Offics for Car bs.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose
Weighted Daily Average			126.41	
% of Calories			76.6%	= Total Insulin:
				- Total Illsuilli
Nutrient Guideline				
Thu - 10/19/2023				BG@
K-7 BREAKFAST MENU	Total	1		ΒG@
YOGURT: UPSTATE FARMS	SERVING	1	19.0	
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1 1	43.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	Iotal Caros:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK		'1		
	PC		9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			126.63	
% of Calories			74.6%	= Total Insulin:
Nutrient Guideline				
Fri - 10/20/2023				
K-7 BREAKFAST MENU	Total	1		BG@
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	'1	13.0	
THE TOWN THE	10/11/10/14		10.0	
				Units for Carbs:
				+ Correction Dose:
*N/A* - denotes a nutrient that is either missing or incomp	oloto for an individuo	l ingradia	nf	
* - denotes combined nutrient totals with either missing of				= Total Insulin:
- denotes combined nutrient totals with either missing o	ır ıncompiete nutrien	เ ตลเล		- Iourinianii

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## Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 6 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
ALT DDEALEACT IC 7	Size	Qty	(g)	BG@
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Total Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			120.31	6 11 5
% of Calories			74.8%	+ Correction Dose:
Nutrient Guideline				= Total Insulin:
Nutrient Guideline				
Mon - 10/23/2023				P.C
K-7 BREAKFAST MENU	Total	1		BG@
WAFFLE, BC	WAFFLE	1	12.0	
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	
APPLESAUCE, W/CINNAMON	1 CUP		28.02	Units for Carbs:
JUICE: VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			119.84	
% of Calories			77.7%	= Total Insulin:
Nutrient Guideline				
T 40/04/0000	T			
Tue - 10/24/2023 K-7 BREAKFAST MENU	Total	1		BG@
			24.00	
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.98	Total Cooks
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Offics for Caros.
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	- Iotai iii suiiii;

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Portion Values - Detailed

Page 7 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Weighted Daily Average			114.31	
% of Calories			60.0%	
Nutrient Guideline				
Wed - 10/25/2023				
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
SYRUP	1 EA	1	4.0	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE	i	14.0	
JELLY: VARIETY PACK	PC	i	9.4	Haita fan Canlan
MIXED FRUIT CUP	SERVINGS		19.0	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	+ Correction Dose:
Weighted Daily Average	CARTON	-	117.15	
% of Calories			73.4%	= Total Insulin:
% of Calones			13.4%	- Iotalinsulin;
Nutrient Guideline				
Nutrient Guideline				
Thu - 10/26/2023				
K-7 BREAKFAST MENU	Total	1		BG@
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	вох	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE	i	14.0	
JELLY: VARIETY PACK	PC	i	9.4	II ' C C'
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	i	23.63	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	+ Correction Dose:
Weighted Daily Average	OARTON	<del>                                     </del>	133.83	
% of Calories			76.0%	- Tatal In au line
70 OI GAIOHES			7 0.0 /0	= Total Insulin:
Nutrient Guideline				
, italiforit Odidollific	I			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1 -</sup> Trans Fat value is provided for informational purposes only, not for monitoring purposes.

# Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 8 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 10/27/2023	T-4-1			BG@
K-7 BREAKFAST MENU	Total	1	24.0	20
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	6 .: B
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			118.31	= Total Insulin:
% of Calories			72.4%	= lotalinsulin:
Nutrient Guideline				
Mon - 10/30/2023				DC @
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Iotal Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	07.11.11.11	·	129.84	
% of Calories			78.1%	= Total Insulin:
Nutrient Guideline				
Tue - 10/31/2023				BG@
K-7 BREAKFAST MENU	Total	1	٦	
PANCAKE CORNDOGS	SERVINGS	1	17.0	Total Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
	70			Units for Carbs:
				+ Correction Dose:
*N/A* - denotes a nutrient that is either missing or incomp			nt	- Tatal In sulle
* - denotes combined nutrient totals with either missing of t - Trans Fat value is provided for informational purposes			oses.	= Total Insulin:
	<b>,</b> ,	5 /2 /5 5		

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 9 Generated on: 9/25/2023 2:37:35 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
ALT BREAKFAST K-7	Total	1	, , ,	BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			112.32	+ Correction Dose:
% of Calories			69.8%	+ Correction Dose,
				= Total In su lin:
Nutrient Guideline				
Weighted Average			120.69	
			71.9%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if
								any)
Carbohydrate (g)	120.69	71.92%						

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