Base Menu Spreadsheet

Portion Values - Detailed

JELLY: VARIETY PACK

JUICE : VARIETY SUNCUP

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

PEACH CUPS -DICED

Weighted Daily Average

MILK 1% WHITE

Nutrient Guideline

% of Calories

Page 1

Oct 2, 2023 thru Oct 31, 2023

Generated on: 9/25/2023 2:39:18 PM

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb Qty	Carb (q)	
Mon - 10/02/2023	0120		(9/	
SECONDARY BREAKFAST	Total	1		BG @
WAFFLE. BC	WAFFLE	1	12.0	bo@
SYRUP	1 EA	1	4.0	
TOAST	SLICE	1	14.0	Tabal Cambai
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
APPLESAUCE.W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	011103 101 Cal 03.
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			144.87	T . 11 11
% of Calories			78.4%	= Total Insulin:
Nutrient Guideline				
	1			
Tue - 10/03/2023				P 2 P
SECONDARY BREAKFAST	Total	1		BG@
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.98	
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	

PC

1 CUP

1 CUP

CARTON

CARTON

BOX

1

1

1

1

1

1

9.4

18.0

25.15

15.8

20.0

13.0

127.64

62.7%

Units for Carbs:

= Total Insulin:

+ Correction Dose:

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Thu - 10/05/2023

MILK 1% WHITE

MILK 1% WHITE

Nutrient Guideline

% of Calories

TOAST

TOAST

SECONDARY BREAKFAST

YOGURT STRAW PARFAIT

JUICE : VARIETY SUNCUP

ALT SEC BREAKFAST ME

BREAKFAST CEREAL-ALL

JUICE : VARIETY SUNCUP

JELLY: VARIETY PACK

Weighted Daily Average

BREAKFAST FRUIT BASKET: SEC

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

MILK : CHOCOLATE MILK FAT FREE

JELLY: VARIETY PACK

Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

	Portion Size	Reimb Qty	Carb (g)	
Wed - 10/04/2023				BG @
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
SYRUP	1 EA	1	4.0	Tetal Camban
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	Units for Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Units for carbs,
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Course the Deser
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average			130.48	
% of Calories			75.6%	
				= Total Insulin:
Nutrient Guideline				

Total

SLICE

1 CUP

BOX

Total

BOWL

SLICE

1 CUP

CARTON

CARTON

BOX

PC

PC

PARFAIT

CARTON

CARTON

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

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13.0	
23.0 14.0 9.4 19.0 25.15 15.8 20.0 13.0 130.48 75.6%	Units for Carbs: + Correction Dose: = Total Insulin:
,	
	BG@
46.67 14.0 9.4 25.15 15.8 20.0 13.0	Total Carbs:
23.0 14.0 9.4 25.15 15.8 20.0 13.0 132.19 75.2%	Units for Carbs: + Correction Dose:
	= Total Insulin:

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 31, 2023

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb	Carb	
Fri - 10/06/2023	Size	Qty	(g)	
SECONDARY BREAKFAST	Total	1		BG @
SPRINKLED DONUT: SFE	1 EACH	1	31.0	<u> </u>
TOAST	SLICE	1	14.0	
PEAR CUPS- CUP -DICED	1 CUP	1	14.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1		Iotal Caros;
JUICE : VARIETY SUNCUP	BOX	1	25.15	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	15.8 20.0	
MILK 1% WHITE	CARTON	1	20.0	
ALT SEC BREAKFAST ME		1	13.0	
BREAKFAST CEREAL-ALL	Total		22.0	
TOAST	BOWL	1	23.0 14.0	
	PC	1	9.4	
JELLY: VARIETY PACK PEAR CUPS- CUP -DICED	1 CUP	1	÷	
		1	19.0	Units for Carbs:
BREAKFAST FRUIT BASKET: SEC JUICE : VARIETY SUNCUP	1 CUP BOX	1	25.15	Units for Carbs:
	-		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Course the Deserv
MILK 1% WHITE	CARTON	1	<u>13.0</u> 138.65	+ Correction Dose:
Weighted Daily Average				
% of Calories			73.3%	
Nutrient Guideline				= Total Insulin:
Mon - 10/09/2023				PC @
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	Heite Concentration
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average			143.17	
% of Calories			79.9%	
Nutrient Oxidalia				= Total Insulin:
Nutrient Guideline				

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Base Menu Spreadsheet

Portion Values - Detailed

MIXED FRUIT CUP

MILK 1% WHITE

Nutrient Guideline

% of Calories

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

JUICE : VARIETY SUNCUP

Weighted Daily Average

Page 4

Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

19.0

25.15

15.8

20.0

13.0

129.05

70.4%

1

1

1

1

1

SEC BREAKFAST MENU

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+ Correction Dose:

= Total Insulin:

	Portion Size	Reimb Qty	Carb (g)	
Tue - 10/10/2023				
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1	17.0	200
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	Iotal Caros:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	011113101 Car 03.
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			137.35	
% of Calories			71.8%	= Total Insulin:
Nutrient Guideline				
Wed - 10/11/2023				
SECONDARY BREAKFAST	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	10tar da100.
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
	SEDVINCS	1	10.0	

SERVINGS

1 CUP

CARTON

CARTON

BOX

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Base Menu Spreadsheet

Portion Values - Detailed

JUICE : VARIETY SUNCUP

ALT SEC BREAKFAST ME

BREAKFAST CEREAL-ALL

JUICE : VARIETY SUNCUP

JELLY: VARIETY PACK

Weighted Daily Average

MIXED FRUIT CUP

MILK 1% WHITE

Nutrient Guideline

% of Calories

MILK 1% WHITE

TOAST

MILK : CHOCOLATE MILK FAT FREE

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

Page 5

Oct 2, 2023 thru Oct 31, 2023

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion	Reimb	Carb	
Ture 40/47/0000	Size	Qty	(g)	
Tue - 10/17/2023				
SECONDARY BREAKFAST	Total	1		BG @
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITE	1	2.98	
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	10tai caros.
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	Units for Carbs.
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	Commention Deserv
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.34	
% of Calories			66.2%	= Total Insulin:
			00.270	
Nutrient Guideline				
Wed - 10/18/2023				
SECONDARY BREAKFAST	Total	1		BG @
OVERNIGHT OATS	SERVINGS		48.19	<u> </u>
TOAST	SLICE		14.0	
	1 CUP		-	Tabal Cambai
PEACH CUPS -DICED	1 CUP		18.0	Total Carbs:

BOX

Total

BOWL

SLICE

1 CUP

CARTON

BOX CARTON

PC SERVINGS

CARTON

CARTON

Generated on: 9/25/2023 2:39:19 PM

1		BG @
1	48.19	
1	14.0	
1	18.0	Total Carbs:
1	15.8	
1	20.0	
1	13.0	
1		
1	23.0	
1	14.0	
1	9.4	
1	19.0	
1	25.15	
1	15.8	Units for Carbs:
1	20.0	
1	13.0	
	134.17	+ Correction Dose:
	75.2%	
		= Total Insulin:

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Base Menu Spreadsheet

Portion Values - Detailed

Page 6

TOAST

JELLY: VARIETY PACK

MILK 1% WHITE Weighted Daily Average

Nutrient Guideline

Fri - 10/20/2023

MILK 1% WHITE

MILK 1% WHITE Weighted Daily Average

Nutrient Guideline

% of Calories

TOAST

SECONDARY BREAKFAST

PEAR CUPS- CUP -DICED BREAKFAST FRUIT BASKET: SEC JUICE : VARIETY SUNCUP

ALT SEC BREAKFAST ME **BREAKFAST CEREAL-ALL**

JELLY: VARIETY PACK PEAR CUPS- CUP -DICED BREAKFAST FRUIT BASKET: SEC JUICE : VARIETY SUNCUP

% of Calories

BREAKFAST FRUIT BASKET: SEC JUICE : VARIETY SUNCUP

MILK : CHOCOLATE MILK FAT FREE

CINNAMON ROLL W. W.W. BRIDGFOR

MILK : CHOCOLATE MILK FAT FREE

MILK : CHOCOLATE MILK FAT FREE

Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

Generated on: 9/25/2023 2:39:19 PM

Portion Size	Reimb Qty	Carb (g)	
Total	1		BG@
SERVING	1	19.0	
1 EACH	1	43.0	
SLICE	1	14.0	Total Carbs:
PC	1	9.4	Iotal carbs.
1 CUP	1	25.15	
BOX	1	15.8	
CARTON	1	20.0	
CARTON	1	13.0	
Total	1		
BOWL	1	23.0	
SLICE	1	14.0	
PC	1	9.4	
1 CUP	1	25.15	Units for Carbs:
BOX	1	15.8	onits for carbs,
CARTON	1	20.0	
CARTON	1	13.0	6 D
 CARTON	1	139.85	+ Correction Dose:
		74.1%	
		74.1%	
			= Total Insulin:
Total	1		PC @
ROLL	1	35.0	BG@
1 CUP	1	19.0	
1 CUP	1	25.15	
BOX	1	15.8	Total Carbs:
CARTON	1	20.0	
CARTON	1	13.0	
Total	1	13.0	
BOWL		22.0	
- • • • -		23.0	
SLICE	1	14.0	
PC	1	9.4	
1 CUP	1	19.0	
1 CUP	1	25.15	
BOX	1	15.8	Units for Carbs:
CARTON	1	20.0	011113101 Car 03.
CARTON	1	13.0	
		133.65	Course the Deser
		76.9%	+ Correction Dose:
			= Total Insulin:
			- iotarinisumi;

Thu - 10/19/2023		-	ĺ
SECONDARY BREAKFAST	Total	1	ſ
YOGURT: UPSTATE FARMS	SERVING	1	l
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1	
TOAST	SLICE	1	
JELLY: VARIETY PACK	PC	1	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	
JUICE : VARIETY SUNCUP	BOX	1	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	
MILK 1% WHITE	CARTON	1	
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	
TOAST	SLICE	1	Ĺ

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Base Menu Spreadsheet

Portion Values - Detailed

MILK : CHOCOLATE MILK FAT FREE

MILK 1% WHITE

Nutrient Guideline

% of Calories

Weighted Daily Average

Page 7

Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

	Portion Size	Reimb Qty	Carb (g)	
Mon - 10/23/2023				
SECONDARY BREAKFAST	Total	1		BG @
WAFFLE, BC	WAFFLE	1	12.0	
SYRUP	1 EA	1	4.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Iotal Caros:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Units for Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	6 D
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	0,111011	· ·	144.87	
% of Calories			78.4%	= Total Insulin:
Nutrient Guideline				
Tue - 10/24/2023				
SECONDARY BREAKFAST	Total	1		BG@
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.98	
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	10tai 64100.
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
	507	1	10.0	

CARTON

CARTON

20.0

13.0

127.64

62.7%

+ Correction Dose:

= Total Insulin:

1

1

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NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

Generated on: 9/25/2023 2:39:19 PM

	Portion Size	Reimb Qty	Carb (g)	
Wed - 10/25/2023	5126		(9)	
SECONDARY BREAKFAST	Total	1		BG @
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	D0@
SYRUP	1 EA	1	4.0	
MIXED FRUIT CUP	SERVINGS	1	19.0	Tetal Cashar
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	25.15	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
	CARTON			
MILK 1% WHITE		1	13.0	
ALT SEC BREAKFAST ME	Total			
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average			130.48	
% of Calories			75.6%	
Nutrient Guideline				= Total In su lin:
Thu - 10/26/2023				
SECONDARY BREAKFAST	Total	1		BG @
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	D0@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	lotal Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	13.0	
	BOWL	1	22.0	
BREAKFAST CEREAL-ALL TOAST		1	23.0	
	SLICE		14.0	
	PC	1	9.4	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			135.35	+ Correction Dose:
% of Calories			76.2%	
Nutrient Guideline				= Total Insulin:
				.otarmounn

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 31, 2023

Generated on: 9/25/2023 2:39:19 PM

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Size Giv
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 31, 2023 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

Generated on: 9/25/2023 2:39:19 PM

	Portion Size	Reimb Qty	Carb (q)	
Tue - 10/31/2023	0120			
SECONDARY BREAKFAST	Total	1		BG @
PANCAKE CORNDOGS	SERVINGS	1	17.0	BG@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	Units for Caros;
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	Construction Design
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			137.35	
% of Calories			71.8%	= Total Insulin:
Nutrient Guideline				

Weighted Average		135.68
		73.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	135.68	73.38%						

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