Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Mon - 10/02/2023	OIZE	σιy	(9)	
SECONDARY LUNCH 9-12	Total	1		DC @
MINI CORN DOG NUGGETS (SEC)	6 EACH		30.0	BG@
TATER TOTS - MCCAIN	9 PIECES	1	17.04	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
SWEET CAKE	SERVING		44.83	Total Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
KETCHUP: P/C	PC		10.12	
MUSTARD:, P/C	1 Each	1	0.33	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT SEC WEEKLY 1st CHO	Total	1	13.0	
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS		6.07	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
	1/2 CUP	1		
PINAPPLE CHUNK-CANNED: PRE	PC CUP	1	18.0	+ Correction Dose:
RANCH: (WILD COYOTE LITE)			2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			152.32	- Iotai iiisuiiii
% of Calories			59.2%	
Nutrient Guideline				
Nutrient Guideline				
Tue - 10/03/2023				
SECONDARY LUNCH 9-12	Total	1		BG @
ENCHILADA	ENCHILADA	1	35.28	DG@
REFRIED BEANS, V V	1/2 C SERVINGS		24.0	
CORN, STREET	1/2 CUP SERVING		21.66	Takal Caulas
BROWNIE MIX, SHIRLEY J	SERVINGS		23.0	Total Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	
PEARS, DICED, CANNED	1/2 CUP		16.0	
SALAD BAR: 2 TUESDAY (SEC)	1 CUP		41.02	
SALSA PICANTE	1 OZ		1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT SEC WEEKLY 1st CHO	Total	1	13.0	
NACHOS	SERVINGS		42.75	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP		9.94	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	Olling for Caros:
PEARS, DICED, CANNED	1/2 CUP		16.0	
SALSA PICANTE	1/2 COP 1 OZ	1	1.4	. Canna dian Dares
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE		1	13.0	
Weighted Daily Average	CARTON		171.84	
% of Calories			55.9%	= Total Insulin:
70 OI CalOTIES			55.870	
Nutrient Guideline				
114411OTT OUIGOIITO				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Oct 2, 2023 thru Oct 31, 2023

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Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 2 Generated on: 9/25/2023 2:36:46 PM

		Portion Size	Reimb Qty	Carb (g)	
1	Wed - 10/04/2023	CIZO	Qty	(9/	
	SECONDARY LUNCH 9-12	Total	1		
	DUTCH WAFFLE	1 EACH	1	43.0	
	SAUSAGE LINK - CLOVERDALE	2 LINKS			
			1	2.02	
	SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0	BG @
	PEACH CUP, FROZEN	SERVING	1	21.0	
	FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
	HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0	Total Carbs:
	JUICE, SUN SPLASH	SERVINGS	1	15.0	lotal Caros:
	SYRUP	1 EA	1	4.0	
	KETCHUP: P/C	PC	1	10.12	
	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
	MILK 1% WHITE	CARTON	1	13.0	
	ALT SEC WEEKLY 1st CHO	Total	1	13.0	
	SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
	SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
	WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
	CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	Units for Carbs:
	MAC & CHEESE - JTM	4oz SERVINGS	1	18.36	O1110 101 011 05.
	FRUIT BAR : SECONDARY	1 CUP	1	22.62	
	PEACH, DICED, CANNED	1/2 CUP	1	14.0	. C +! D
	PICKLE:, CHIPS	1 OZ.	1	1.0	+ Correction Dose:
	KETCHUP: P/C	PC	1	10.12	
	MAYONNAISE, LIGHT	POUCH	1	0.0	
	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
	MILK 1% WHITE	CARTON	1	13.0	101011110011111
		CARTON	ı		
	Weighted Daily Average			168.19	
	% of Calories			51.5%	
	Nutrient Guideline				
	Thu - 10/05/2023				
	SECONDARY LUNCH 9-12	Total	1		BG @
	CHERRY BLOSSOM CHICKEN FRO30:S	3.92 OZ	1	24.06	DG@
	RICE: COOKED BROWN (SEC)	1 CUP	1	32.96	
	BROCCOLI, ROASTED (1 CUP	1	4.45	
	COOKIE, COWBOY	1 oz.	1	29.34	Total Carbs:
	FRUIT BAR : SECONDARY	1 CUP	1	22.62	
	MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
	SALAD BAR: 3 THURSDAY'S:SEC	1/2 CUP	1	40.38	
	MILK : CHOCOLATE MILK FAT FREE	CARTON	1		
		-	1 1	20.0	
	MILK 1% WHITE	CARTON		13.0	
	ALT SEC WEEKLY 1st CHO	Total	1	[
	TACO SALAD :ALT LINE	SERVING	1	33.3	
	BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	
	FRUIT BAR : SECONDARY	1 CUP	1	22.62	Units for Carbs:
	MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	Office for Cards;
	RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
	MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
	Weighted Daily Average	J. 11 (1 J) 1	-	161.86	
	% of Calories			58.2%	
	70 OI OUIOIICS			JU.Z /0	= Total Insulin:
	Nutrient Guideline				- Iotai ilisuilli
	HAGINOTE GUIGOTTO		1		

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 10/06/2023				
SECONDARY LUNCH 9-12	Total	1		BG @
CALZONE, MINI, WG	3 CALZONES	1	40.01	DG@
DINNER SALAD	1 CUP	1	7.49	
PUDDING,CHOICE	SERVING		20.5	
FRUIT BAR : SECONDARY	1 CUP		22.62	Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		15.8	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	
MARINARA SAUCE	1/2 CUP		11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT SEC WEEKLY 1st CHO	Total	1	13.0	
WRAP, CHICKEN	WRAP		43.67	
CHIPS: DORITOS	BAG		19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	
	1/2 C SERVING	1 1	15.8	Units for Carbs:
FRUIT, CANNED - CHOOSE ONE		1 1		
FRUIT BAR: SECONDARY	1 CUP PC CUP	1 1	22.62	
RANCH: (WILD COYOTE LITE)		1 1	2.0	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			149.18	= Total Insulin:
% of Calories			56.3%	- Iotai msuim;
Nutrient Guideline				
Mon - 10/09/2023				
SECONDARY LUNCH 9-12	Total	1		
CHEESEBURGER 100 % BEEF: SEC	PATTY		27.0	BG @
CHEESE: PROCESS SLICE	1 oz.		1.98	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP		2.67	
FRENCH FRIES- S.S. 3/4 CUP	6 OZ		33.0	Total Carbs:
CREAMIES JR.	CREAMIE		14.0	Total Calbs.
FRUIT BAR : SECONDARY	1 CUP		22.62	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP		18.0	
PICKLE:, CHIPS	1 OZ.		1.0	
MUSTARD:, P/C	1 Each		0.33	
KETCHUP: P/C	PC		10.12	
MAYONNAISE, LIGHT	POUCH		0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT SEC WEEKLY 1st CHO	Total	1	13.0	Units for Carbs:
DOMINOS PIZZA	SLICE		29.0	
DINNER SALAD - ALT LINE	SERVINGS		6.07	
COOKIE. SNICKERDOODLE. WG	SERVINGS		16.0	+ Correction Dose:
FRUIT BAR : SECONDARY	1 CUP		22.62	. correction bose.
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP		18.0	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	- Tatal In au line
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1% WHITE	CARTON		13.0	
IVIILIX 170 VVI III L	OAKTON		13.0	

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Portion Values - Detailed

MILK 1% WHITE

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Portion

Reimb

Carb

13.0

	Size	Qty	(g)	
Weighted Daily Average		•	145.20	
% of Calories			54.8%	
7			,	
Nutrient Guideline				
Tue - 10/10/2023				
SECONDARY LUNCH 9-12	Total	1		
BEEF TACO STICK	1 EACH	1	31.87	BG @
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	DG@
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
CORN, STREET	1/2 CUP SERVING	1	21.66	
CORNMEAL SUPER STAR	1 EA	1	23.0	Total Carbs:
FRUIT BAR: SECONDARY	1 CUP		22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
	1 CUP	1	41.02	
SALAD BAR: 2 TUESDAY (SEC)	1 OZ			
SALSA PICANTE		1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
NACHOS	SERVINGS	1	42.75	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	Offication Car oa.
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	. C
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			171.13	
% of Calories			54.0%	= Total Insulin:
Nutrient Guideline				
Wed - 10/11/2023				
SECONDARY LUNCH 9-12	Total	1		
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0	
POTATO, TRIPLE CHEESE TWICE BA	SERVINGS	1	25.95	
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	
ROLLS - NO EGGS	SERVINGS	1	23.19	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
MARGARINE REDDIES: (1)	1 Patty	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILE COOL WE WILL THE	3, 11 (1 3 1 1		20.0	

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Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
ALT SEC WEEKLY 1st CHO	Total	1		BG@
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	T . 10 1
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	Total Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
MAC & CHEESE - JTM	4oz SERVINGS	1	18.36	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP: P/C	PC	1	10.12	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			147.51	+ Correction Dose:
% of Calories			52.2%	· correction bose
Nutrient Guideline				= Total Insulin:
	•			
Tue - 10/17/2023				DC @
SECONDARY LUNCH 9-12	Total	1		BG@
TACO SOUP	1 CUP	1	21.65	
CHEDDAR/ JACK FANCY SHRED5OZ	.5 OZ	1	0.51	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	Total Carbs:
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
NACHOS	SERVINGS	1	42.75	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	Units for Carbs:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	· correction bose
Weighted Daily Average	0(1011	· '	150.90	
% of Calories			51.8%	- Tatal In au line
70 01 Odio1100			31.070	= Total Insulin:
Nutrient Guideline				

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Wed - 10/18/2023			\J/	
SECONDARY LUNCH 9-12	Total	1		
HOMESTYLE WG CHICKEN TENDER ST	3 PC SERVINGS		14.08	
BUTTER MASHED POTATOES-sec	2/3 cup		18.0	BG @
	1/4 CUP		I	DG@
GRAVY, CHICKEN: LOW SODIUM		1 1	2.86	
CARROTS, SLICED, FZ	1/2 C SERVINGS	1 1	6.0	
ROLLS - NO EGGS	SERVINGS	1	23.19	Total Carbs:
MARGARINE REDDIES: (1)	1 Patty	1	0.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1 1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP		2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS		19.0	Units for Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP		2.0	Units for Carbs:
MAC & CHEESE - JTM	4oz SERVINGS		18.36	
		1 1	I	
FRUIT BAR: SECONDARY	1 CUP 1/2 CUP	1 1	22.62	+ Correction Dose:
PEACH, DICED, CANNED		1 1	14.0	
PICKLE:, CHIPS	1 OZ.	1 1	1.0	
KETCHUP: P/C	PC	1 1	10.12	= Total Insulin:
MAYONNAISE, LIGHT	POUCH	1 1	0.0	- rotarmsami
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			156.25	
% of Calories			54.9%	
Nutrient Guideline				
Thu - 10/19/2023				DC @
SECONDARY LUNCH 9-12	Total	1		BG@
ORANGE CHICKEN	3.92 OZ	1	17.04	
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96	
BROCCOLI, ROASTED	1 CUP	1	4.45	Total Carbs:
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05	
FRUIT BAR: SECONDARY	1 CUP	1	22.62	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1 1	14.0	
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1 1	40.38	
SOY SAUCE: PC	PC	1 1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
TACO SALAD :ALT LINE	SERVING		33.3	
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP		18.0	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP		14.0	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	+ Correction Dose:
				+ Collection Dose.
MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITE	CARTON CARTON	1	20.0 13.0	
IVIILIX I /0 VVI III L	UAINTON	1	13.0	- Tatal In au line
				= Total Insulin:

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Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb (g)	
Weighted Daily Average % of Calories			147.21 57.8%	
Nutrient Guideline				
Fri - 10/20/2023				
SECONDARY LUNCH 9-12	Total	1		
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0	BG@
STRING CHEESE: 1oz M	1 EA	1	0.0	
DINNER SALAD	1 CUP	1 1	7.49	
JELL-O	GEL CUP	1	25.0	Total Carbs:
FRUIT BAR: SECONDARY	1 CUP	1 1	22.62	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1 1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE ALT SEC WEEKLY 1st CHO	CARTON	1 1	13.0	
	Total	1	40.07	
WRAP, CHICKEN CHIPS: DORITOS	WRAP BAG	1	43.67 19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1		II it - f C
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		8.31 15.8	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	
RANCH: (WILD COYOTE LITE)	PC CUP		22.02	c
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	'	146.42	
% of Calories			55.5%	= Total Insulin:
70 of Galorico			00.070	
Nutrient Guideline				
Mon - 10/23/2023				
SECONDARY LUNCH 9-12	Total	1		BG@
CHICKEN & WAFFLES	SERVINGS		35.0	
TATER TOTS - MCCAIN	9 PIECES	1	17.04	
ORANGES	ORANGE	1	23.32	Total Carbs:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1 1	18.0	Iotal Calos.
DINNER SALAD	1 CUP	1 1	7.49	
KETCHUP: P/C	PC	1 1	10.12	
RANCH: (WILD COYOTE LITE)	PC CUP	1 1	2.0	
SYRUP	1 EA	1 1	4.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	Units for Carbs:
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	+ Correction Dose:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:

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Oct 2, 2023 thru Oct 31, 2023

= Total Insulin:

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			138.33 55.9%	
Nutrient Guideline				
Tue - 10/24/2023				
SECONDARY LUNCH 9-12 SOFT FLOUR TACO:SEC	Total serving	1 1	23.0	BG@
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP		9.94	20
CHEDDAR/ JACK FANCY SHRED5OZ	.5 OZ		0.51	
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	Total Carbs:
CHURRO- APPLE WG	SERVINGS	1	25.0	10041 04100.
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1 1	41.02	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE ALT SEC WEEKLY 1st CHO	CARTON Total	1 1	13.0	
NACHOS	SERVINGS		42.75	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP		9.94	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP		22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			161.09	= Total Insulin:
% of Calories			55.2%	
Nutrient Guideline				
West 40/05/0000				
Wed - 10/25/2023 SECONDARY LUNCH 9-12	Total	1		BG @
COUNTRY FRIED STEAK	SERVINGS		17.0	DG@
BUTTER MASHED POTATOES-sec	2/3 cup		18.0	
GRAVY, COUNTRY: (CUSTOM)	1/4 CUP		6.0	Total Carbs:
HUSHPUPPIES (3)	3 HUSHPUPPIES	1	31.0	IOIAI CATUS:
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEACH, DICED, CANNED	1/2 CUP	1 1	14.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
				Units for Carbs:
				+ Correction Dose:

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb (g)	
ALT SEC WEEKLY 1st CHO SPICY CHICKEN PATTY - A PIERRE SHREDDED LETTUCE & TOMATO-DELI WAFFLE FRIES, SKIN ON MCCAIN CARROT STICKS 1/2 CUP MAC & CHEESE - JTM FRUIT BAR : SECONDARY PEACH, DICED, CANNED PICKLE:, CHIPS KETCHUP: P/C MAYONNAISE, LIGHT MILK: CHOCOLATE MILK FAT FREE	Total SERVINGS 1/2 CUP 3oz SERVINGS 1/2 CUP 4oz SERVINGS 1 CUP 1/2 CUP 1 OZ. PC POUCH CARTON	1 1 1 1 1 1 1 1 1 1	43.0 2.67 19.0 2.0 18.36 22.62 14.0 1.0 10.12 0.0 20.0	BG@ Total Carbs:
MILK 1% WHITE Weighted Daily Average % of Calories Nutrient Guideline	CARTON	1	13.0 155.94 52.4%	+ Correction Dose:
Trainent Guidennie	1			
Thu - 10/26/2023	T			
SECONDARY LUNCH 9-12 TERIYAKI CHICKEN NOODLES, YAKISOBA WG 1 CUP	Total 2.4 OZ 1 CUP	1 1	6.0 64.0	BG@
BROCCOLI, ROASTED GRAHAM, TIGER BITES, CHOCOLATE FRUIT BAR: SECONDARY	3/4 CUP SERVINGS 1 CUP	1 1 1	3.29 21.0 22.62	Total Carbs:
MANDARIN ORANGE- CANNED:PRE SALAD BAR: 3 THURSDAY'S:SEC SOY SAUCE: PC	1/2 CUP 1 CUP PC	1 1 1	14.0 40.38 0.0	
MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITE	CARTON CARTON	1 1	20.0 13.0	
ALT SEC WEEKLY 1st CHO TACO SALAD :ALT LINE BEANS, CANNED, BLACK BEAN, LS FRUIT BAR : SECONDARY MANDARIN ORANGE- CANNED:PRE	Total SERVING 1/2 CUP 1 CUP 1/2 CUP	1 1 1 1	33.3 18.0 22.62 14.0	Units for Carbs:
RANCH: (WILD COYOTE LITE) MILK: CHOCOLATE MILK FAT FREE MILK 1% WHITE	PC CUP CARTON CARTON	1 1 1	2.0 20.0 13.0	+ Correction Dose:
Weighted Daily Average % of Calories			163.60 63.6%	= Total Insulin:
Nutrient Guideline				

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb	
Fri - 10/27/2023	Size	Qly	(g)	
SECONDARY LUNCH 9-12	Total	1		
GARLIC CHEESE BREAD RIPPERS	1 EACH		30.11	BG@
	SERVINGS			D0@
COOKIE, SNICKERDOODLE, WG		1	16.0	
DINNER SALAD	1 CUP	1	7.49	T - 10 1
FRUIT BAR : SECONDARY	1 CUP	1	22.62	Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
WRAP, CHICKEN	WRAP	1	43.67	
CHIPS: DORITOS	BAG	1	19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	Units for Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	· correction bose
Weighted Daily Average	07.11.11.01.1		141.97	
% of Calories			55.0%	- T-4-1 [
70 of Galorico			00.070	= Total Insulin:
Nutrient Guideline				
Trainerit Guideline				
Mon - 10/30/2023				
SECONDARY LUNCH 9-12	Total	1		
HOT DOG w/ CHILI	SERVINGS	1	32.52	BG@
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
SWEET CAKE	SERVING	1	44.83	Total Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	10101 001001
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
KETCHUP: P/C	PC	1	10.12	
MUSTARD:, P/C	1 Each		0.33	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT SEC WEEKLY 1st CHO		1	13.0	
	Total			
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	Units for Carbs:
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	Offics for Caros,
FRUIT BAR: SECONDARY	1 CUP	1	22.62	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	. Cameratian Bases
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			154.56	= Total Insulin:
% of Calories			56.0%	
Nutrient Guideline				

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Oct 2, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Tue - 10/31/2023				
SECONDARY LUNCH 9-12	Total	1		DC @
ENCHILADA	ENCHILADA	1	35.28	BG@
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
CORN, STREET	1/2 CUP SERVING	1	21.66	
COOKIE: HALLOWEEN	1 EACH	1	26.9	Total Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
NACHOS	SERVINGS	1	42.75	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	TT 1: C C 1
FRUIT BAR : SECONDARY	1 CUP	1	22.62	Units for Carbs:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			173.79	
% of Calories			55.3%	= Total Insulin:
Nutrient Guideline				
	1			
Weighted Average			155.65	
			55.4%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	155.65	55.42%						

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