

NOVEMBER 2023

Breakfast Menu

Items offered daily: Fruit, 1% White Milk, Skim Chocolate Milk

November 1

- Eggstravaganza
- Fruit Cup

November 2

- Smoothie
- Tiger Bites

November 3

- Filled Crescent
- Fruit Cup

November 6

- French Toast Sticks
- Fruit Cup

November 7

- Overnight Oats
- Fruit Cup

November 8

- Egg Bites
- Fruit Cup

November 9

- Yogurt Cup
- UBR Cookie

November 10

- Cinnamon Roll
- Fruit cup

November 13

- Waffles
- Fruit Cup

November 14

- Breakfast Sandwich
- Fruit Cup

November 15

- Pancake Bites

- Fruit cup

November 16

- Parfait
- Fruit Basket

November 17

- Donut
- Fruit Cup

November 20

- Pancakes
- Fruit

November 21

- Breakfast on a Stick
- Fruit Cup

November 22-27 - Thanksgiving Break - No School

November 28

- Egg Bites
- Fruit Cup

November 29

- Breakfast Pocket
- Fruit cup

November 30

- Yogurt Cup
- UBR Cookie

Breakfast Option Line

- Breakfast Cold Cereal
- Toast

Menus are subject to change

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NOVEMBER 2023

ELEMENTARY LUNCH MENU

Items offered daily: Fruits, Vegetables, 1% white milk, or skim chocolate milk every day.

November 1

- Chicken Noodle Soup
- Fresh Vegetables
- Cheesy Breadstick
- Fruit

November 2

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

November 3

- Mini Calzones
- Dinner Salad
- Fruit
- Pudding

November 6

- Cheeseburger
- Smile Fries
- Creamie
- Fruit

November 7

- Beef Taco Sticks
- Refried Beans
- Street Corn
- Cornmeal Super Star

November 8 - Thanksgiving Dinner

- Turkey
- Mashed Potato
- Green Beans
- Deluxe Fruit Salad
- Dinner Roll
- Pumpkin Pie

November 9

- Teriyaki Chicken
- Vegetable Brown Rice
- Roasted Broccoli
- Marshmallow Treat

November 10

- Pizza Rippers
- Dinner Salad
- Pumpkin Cookie
- Fruit

November 13

- Chicken Sandwich
- Smile Fries
- Fresh Vegetables
- Cookie

November 14

- Taco Soup
- Fresh Vegetables
- Fruit
- Cinnamon roll

November 15

- Chicken Tenders
- Mashed Potatoes and Gravy
- Carrots
- Dinner Roll

November 16

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Fortune Cookie

November 17

- Pizza Breadstick
- Dinner Salad
- Fruit
- Jello

November 20

- Chicken and Waffles
- Tater Tots
- Dinner Salad

- Fruit

November 21

- Soft Taco
- Refried Beans
- Fruit
- Churro

November 22-27 - Thanksgiving Break - No School

November 28

- Cheesy Bites
- Refried Beans
- Street corn
- Brownie

November 29

- Chicken Noodle Soup
- Fresh Vegetables
- Cheesy Breadstick
- Fruit

November 30

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

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Secondary Lunch Menu

Items offered daily: Fruit, Vegetables, 1% white milk, and skim chocolate milk every day.

November 1

- Chicken Noodle Soup
- Fresh Vegetables
- Cheesy Breadstick
- Fruit

November 2

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

November 3

- Mini Calzones
- Dinner Salad
- Fruit
- Pudding

November 6

- Cheeseburger
- French Fries
- Creamie
- Fruit

November 7

- Beef Taco Sticks
- Refried Beans
- Street Corn
- Cornmeal Super Star

November 8 - Thanksgiving Dinner

- Turkey
- Mashed Potato
- Green Beans
- Deluxe Fruit Salad
- Dinner Roll
- Pumpkin Pie

November 9

- Teriyaki Chicken
- Vegetable Brown Rice

- Roasted Broccoli
- Egg Roll

November 10

- Pizza Rippers
- Dinner Salad
- Pumpkin Cookie
- Fruit

November 13

- Chicken Sandwich
- French Fries
- Fresh Vegetables
- Cookie

November 14

- Taco Soup
- Fresh Vegetables
- Fruit
- Cinnamon roll

November 15

- Chicken Tenders
- Mashed Potatoes and Gravy
- Carrots
- Dinner Roll

November 16

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Fortune Cookie

November 17

- Pizza Breadstick
- Dinner Salad
- Fruit
- Jello

November 20

- Chicken and Waffles
- Tater Tots
- Dinner Salad
- Fruit

November 21

- Soft Taco
- Refried Beans

- Fruit
- Churro

November 22-27 - **Thanksgiving Break - No School**

November 28

- Enchilada
- Refried Beans
- Street corn
- Brownie

November 29

- Chicken Noodle Soup
- Fresh Vegetables
- Cheesy Breadstick
- Fruit

November 30

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

Option Line:

Monday - Domino Pizza

Tuesday - Nachos

Wednesday - Spicy Chicken Sandwich

Thursday - Walking Taco

Friday - Chicken Wrap

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