Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

Portion Values - Detailed

Page 1 Generated on: 1/23/2024 12:26:42 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	1
Thu - 02/01/2024				BG@
K-7 BREAKFAST MENU	Total	1		2
YOGURT: UPSTATE FARMS	SERVING	1	19.0	
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1	43.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001 001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	
TOAST	SLICE	1 1	14.0	
JELLY: VARIETY PACK	PC	1 1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX		15.8	Office for Car bs.
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	+ Correction Dose:
Weighted Daily Average	CARTON	- '	126.63	· correction bose
% of Calories				
% of Calones			74.6%	= Total Insulin:
N 4 2 4 2 4 1 11				- Total Ilisuilli
Nutrient Guideline				
Fri: 02/02/2024				
Fri - 02/02/2024 K-7 BREAKFAST MENU	Total	,		BG@
	Total	1 1	05.0	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1 1	35.0	Total Carlos
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1 1	14.0	
JELLY: VARIETY PACK	PC	1 1	9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1 1	19.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	- CANTON	· ·	120.31	T : 17 1
% of Calories			74.8%	= Total Insulin:
70 Of Calones			74.070	
Nutrient Guideline				
Nutrient Guideline				I
Mon - 02/05/2024				BG @
K-7 BREAKFAST MENU	Total	1		20
WAFFLE, BC	WAFFLE		12.0	m. 10 1
SYRUP	1 EA		4.0	Total Carbs:
APPLESAUCE, W/CINNAMON	1 CUP		28.02	
· ·				
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
				Units for Carbs:
				+ Correction Dose:
N/A - denotes a nutrient that is either missing or incomp			nt	= Total In sulfine
* - denotes combined nutrient totals with either missing of	t data		= Total Insulin:	

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

+ Correction Dose:_

= Total Insulin:____

19.0

15.8

20.0

13.0

1

1

Portion Values - Detailed

MIXED FRUIT CUP

MILK 1% WHITE

JUICE: VARIETY SUNCUP

MILK: CHOCOLATE MILK FAT FREE

Page 2 Generated on: 1/23/2024 12:26:42 PM

Portion

Reimb

Qty

Carb

(g)

	OIZE	<u>Qty</u>	(9/	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	S/ARTISIT	· .	119.84	-
% of Calories			77.7%	
70 Of Calones			11.170	
Nutrient Guideline				
Trainent Guideline				J
Tue - 02/06/2024				pc @
K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	
PEACH CUPS -DICED	1 CUP	1 1	18.0	m . 10 1
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
	-	1		
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	_
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Linits for Larns:
TOAST	SLICE	1	14.0	Officator carbs.
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- T-4-171'
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			114.06	1
% of Calories			62.1%	
			52	
Nutrient Guideline				
Wed - 02/07/2024				BG@
K-7 BREAKFAST MENU	Total	1		
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
SYRUP	1 EA	1	4.0	T-4-1 C1
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	-
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	6 B

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

SERVINGS

CARTON

CARTON

BOX

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 3 Generated on: 1/23/2024 12:26:42 PM

	Portion Size	Reimb Qtv	Carb (a)	
Weighted Daily Average	Size	Q (y	117.15	
% of Calories			73.4%	
Nutrient Guideline				
Thu - 02/08/2024				nc @
K-7 BREAKFAST MENU	Total	1		BG@
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1		+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0 133.83	= Total Insulin:
Weighted Daily Average % of Calories			76.0%	
% of Calones			70.0%	
Nutrient Guideline				
Fri - 02/09/2024				BG@
K-7 BREAKFAST MENU	Total	1		ΒG@
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1		+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			118.31	
% of Calories			72.4%	
Nutrient Guideline				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 4 Generated on: 1/23/2024 12:26:42 PM

	Portion Size	Reimb Qtv	Carb (g)	
Mon - 02/12/2024	Size	Qty	(9)	
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1 1	32.0	
SYRUP	1 EA		4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	lotal Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		22.0	
TOAST	SLICE		23.0 14.0	
JELLY: VARIETY PACK	PC		9.4	Units for Carbs:
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	T . 17 11
Weighted Daily Average				= Total Insulin:
% of Calories			78.1%	
Nutrient Guideline				
Nutrient Guidenne				I
Tue - 02/13/2024				70
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1 1	17.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	Total Carbs.
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP		18.0	
JUICE : VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
		1		= Total Insulin:
MILK 1% WHITE	CARTON	1	112.32	- Iotal Ilisuilli;
Weighted Daily Average			-	
% of Calories			69.8%	
Nutrient Guideline				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 5 Generated on: 1/23/2024 12:26:42 PM

	Portion	Reimb	Carb	
Wed 02/44/2024	Size	Qty	(g)	1
Wed - 02/14/2024 K-7 BREAKFAST MENU	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	Total SERVINGS		1.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	Total Carbs:
	_		-	
MIXED FRUIT CUP	SERVINGS	1 1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
SALSA PICANTE	1 OZ	1 1	1.4	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	. C D
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- T-4-111!
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			115.71	
% of Calories			67.9%	
Nutrient Guideline				
				1
Thu - 02/15/2024				BG@
K-7 BREAKFAST MENU	Total	1		DO@
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1 1	13.0	+ Correction Dose
Weighted Daily Average	0		123.88	
% of Calories			77.7%	= Total Insulin:
Nutrient Guideline				
T 00/0004				LRC @
Tue - 02/20/2024	T-4-1			BG@
K-7 BREAKFAST MENU	Total	1	c= c	T. 16 1
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1 1	25.0	Total Carbs:
PEACH CUPS -DICED	1 CUP	1 1	18.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
				Units for Carbs:
N/A - denotes a nutrient that is either missing or a state of the combined nutrient totals with either missing or a state of the combined nutrient totals with either missing or a state of the combined nutrient totals.	ssing or incomplete nutri	ent data		+ Correction Dose:
¹ - Trans Fat value is provided for informational pu	rposes only, not for moni	toring purpo	ses.	= Total Insulin:

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 6 Generated on: 1/23/2024 12:26:42 PM

ALT BREAKFAST K-7		Portion Size	Reimb	Carb	
BREAKFAST CEREAL_ALL SOWL 1 23.0	ALT DDEAKEACT K 7			(9)	nc @
TOAST SLICE			I I	22 O	BG@
Dec		_	1 1		Total Carbs:
DEACH CUPS-DICED 1 CUP 1 18.0 15.8 15.8 15.5			1	-	10141 441 651
JUICE : VARIETY SUNCUP SCARTON 1 15.8			1	-	
MILK : CHOCOLATE MILK FAT FREE CARTON 1 32.0 CARTON 1 13.0 CARTON 1 CARTON 1			1		
MILK 1/8 WHITE		-	1 1		
Weighted Daily Average			I I		
Wed		CARTON	1	111.0	Units for Carbs:
Nutrient Guideline					+ Correction Dose:
Wed - 02/21/2024	% of Calories			71.0%	+ Correction Dose
E/3 BREAKFAST MENU Total EGG BITES 1 2.98	Nutrient Guideline				= Total Insulin:
E/3 BREAKFAST MENU Total EGG BITES 1 2.98					
Total					BG @
SAUSAGE LINK - CLOVERDALE 1 LINK			1 1		
TOAST			1 1		
SELLY: VARIETY PACK			I I	-	Total Carbs:
JUICE : VARIETY SUNCUP BOX			1 1	-	
BREAKFAST FRUIT BASKET: ELE		_	1 1	-	
MIXED FRUIT CUP	JUICE : VARIETY SUNCUP		I I	15.8	
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0	BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MILK 1% WHITE		SERVINGS	1		
ALT BREAKFAST K-7 BREAKFAST K-7 BREAKFAST CEREAL-ALL BOWL 1 23.0 JOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE : VARIETY SUNCUP BOX 1 15.8 CARTON 1 20.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average SERVING 1 19.0 Wolded Daily Average SERVING 1 19.0 Weighted Daily Average SERVING 1 19.0 Wolded Daily Average SERVING 1 19.0 Wolded Daily Average SERVING 1 19.0 Weighted Daily Average SERVING 1 19.0 Weighted Daily Average SERVING 1 19.0 Weighted Daily Average SERVING 1 13.0 Weighted Daily Average 1 14.0 Weighted Daily Average 1 14.		CARTON	1	20.0	
BREAKFAST CEREAL-ALL		CARTON	-	13.0	
TOAST			1		Units for Carbs:
JELLY: VARIETY PACK	BREAKFAST CEREAL-ALL		1	23.0	
MIXED FRUIT CUP	TOAST	SLICE	1	14.0	6 .: B
JUICE : VARIETY SUNCUP	JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 116.51 % of Calories 63.4% Nutrient Guideline	MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 116.51 63.4% Nutrient Guideline 116.51 63.4% Thu - 02/22/2024 Total 1 K-7 BREAKFAST MENU Total 1 YOGURT: UPSTATE FARMS SERVING 1 UBR- OATMEAL CHOCOLATE CHIP 1 EACH 1 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST CEREAL-ALL BOWL 1 23.0 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE: VARIETY SUNCUP BOX 1 15.8 <td>JUICE : VARIETY SUNCUP</td> <td>BOX</td> <td> 1 </td> <td>15.8</td> <td>- Total Insulin:</td>	JUICE : VARIETY SUNCUP	BOX	1	15.8	- Total Insulin:
Weighted Daily Average	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- Total Illsuilli
Mutrient Guideline	MILK 1% WHITE	CARTON	1	13.0	
Nutrient Guideline	Weighted Daily Average			116.51	
Thu - 02/22/2024	% of Calories			63.4%	
Total 1 19.0 19	Nutrient Guideline				
Total 1 19.0 19					
YOGURT: UPSTATE FARMS 1 19.0 UBR- OATMEAL CHOCOLATE CHIP 1 EACH 1 43.0 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK: 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 BOWL 1 23.0 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 + Correction Dose: JUICE: VARIETY SUNCUP BOX 1 15.8 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin:					BG@
UBR- OATMEAL CHOCOLATE CHIP 1 EACH 1 43.0 Total Carbs: BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 Total Insulin:			1 1		
BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin:			I I		Tetal Caulas
JUICE : VARIETY SUNCUP		1 EACH	1	43.0	Iotal Caros:
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE 1 13.0 ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin:			1	23.63	
MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 Units for Carbs: JELLY: VARIETY PACK PC 1 9.4 PC 1 9.4 PC PC 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 2 1 1 2 1 1 1 2 1 1 1 2 1 1 2 1 1 2 1 1 2 2 2 2 2 2 2 2 2 2 3 4 4 2 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4		BOX	1	15.8	
ALT BREAKFAST K-7 BREAKFAST CEREAL-ALL TOAST JELLY: VARIETY PACK BREAKFAST FRUIT BASKET: ELE JUICE: VARIETY SUNCUP MILK: CHOCOLATE MILK FAT FREE Total BOWL 1 23.0 1 14.0 Units for Carbs: Units for Carbs: 1 23.63 + Correction Dose: BOX 1 15.8 CARTON 1 20.0 - Total Insulin:	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
BREAKFAST CEREAL-ALL BOWL 1 23.0 Units for Carbs: JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 + Correction Dose: JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin:	MILK 1% WHITE	CARTON	1	13.0	
TOAST	ALT BREAKFAST K-7		1		
JELLY: VARIETY PACK	BREAKFAST CEREAL-ALL	BOWL	1	23.0	
JELLY: VARIETY PACK	TOAST	SLICE	1	14.0	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	JELLY: VARIETY PACK	PC	1	9.4	
JUICE : VARIETY SUNCUP	BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	+ Correction Dose:
	JUICE : VARIETY SUNCUP	BOX	1	15.8	
	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
	MILK 1% WHITE	CARTON	1		- Iotai maumi

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 7 Generated on: 1/23/2024 12:26:42 PM

	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			126.63 74.6%	
Nutrient Guideline				
Fri - 02/23/2024]
K-7 BREAKFAST MENU	Total	1		BG@
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL		35.0	
PEAR CUPS- CUP -DICED	1 CUP		19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Total Caros.
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1. GHOCOLATE WILK FAT TREE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP		19.0	
JUICE : VARIETY SUNCUP	BOX		15.8	. C +: D
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	· dolloction bosci
MILK 1. GHOCOLATE WILK FATTREE	CARTON		13.0	
Weighted Daily Average	CARTON	-	120.31	= Total In su lin:
% of Calories			74.8%	
% of Calones			74.070	
Nutrient Guideline				
Mon - 02/26/2024				BG@
K-7 BREAKFAST MENU	Total	1 1	40.0	
WAFFLE, BC	WAFFLE	1 1	12.0	T. 10 1
SYRUP	1 EA	1 1	4.0	Total Carbs:
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP MILK : CHOCOLATE MILK FAT FREE	BOX CARTON	1 1	15.8 20.0	
MILK 1% WHITE ALT BREAKFAST K-7	CARTON Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE			Units for Carbs:
JELLY: VARIETY PACK	PC		9.4	Units for Carbs;
APPLESAUCE.W/CINNAMON	1 CUP		28.02	
JUICE: VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1 CHOCOLATE WILK FAT FREE	CARTON			T . 11 11
Weighted Daily Average	CANTON	+ +	119.84	= Total Insulin:
% of Calories			77.7%	
Nutrient Guideline				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

Portion Values - Detailed

Page 8 Generated on: 1/23/2024 12:26:42 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Tue - 02/27/2024			.37	BG @_
K-7 BREAKFAST MENU	Total	1		Βυ
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			114.06	= Total Insulin:
% of Calories			62.1%	- 10ta11113011111
Nutrient Guideline				
				•
Wed - 02/28/2024				BG@
K-7 BREAKFAST MENU	Total	1		DG@
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
SYRUP	1 EA	1	4.0	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	10141 041 051
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Offics for Caros:
MIXED FRUIT CUP	SERVINGS	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
Weighted Daily Average	07.11.01.1		117.15	= Total In su lin:
% of Calories			73.4%	
Nutrient Guideline				
Thu - 02/29/2024				BG@
K-7 BREAKFAST MENU	Total	1		20
YOGURT STRAW PARFAIT	PARFAIT	1	46.67	Tatal Carlos
TOAST	SLICE	1 1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC		9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
				Units for Carbs:
N/A - denotes a nutrient that is either missing or incomp	olete for an individua	l ingrediei	nt	+ Correction Dose:
* - denotes combined nutrient totals with either missing of				. correction bose
1 - Trans Fat value is provided for informational purposes			oses.	- T-t-1 In No.
Trans . at value to provided for informational purposes	. cy, not for monto	g parpe		= Total Insulin:

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 9 Generated on: 1/23/2024 12:26:42 PM

Daimala

	Portion	Reimb	Carb	
	Size	Qty	(g)	
ALT BREAKFAST K-7	Total	1		BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			130.67	Units for Carbs:
% of Calories			75.0%	
				+ Correction Dose:
Nutrient Guideline				
	·			= Total Insulin:
Weighted Average			120.60	
ů ů			72.3%	
Mutriont Many AVC 9/ of Cala Woold	Torget 0/ of Torget	Micc Doto	Chartfe	all Overege Error Messages (if

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.60	72.27%						

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.