

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 1

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)	
Thu - 02/01/2024				BG ____ @ ____
ELEMENTARY LUNCH	Total	1		
TERIYAKI CHICKEN	2.4 OZ	1	6.0	Total Carbs: _____
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01	
BROCCOLI, ROASTED	3/4 CUP	1	3.29	
MARSHMALLOW RICE TREAT	1 EACH	1	15.0	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	22.03	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs: _____
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			131.81	+ Correction Dose: _____
% of Calories			56.3%	= Total Insulin: _____
Nutrient Guideline				
Fri - 02/02/2024				BG ____ @ ____
ELEMENTARY LUNCH	Total	1		
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0	Total Carbs: _____
DINNER SALAD	1 CUP	1	7.49	
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.59	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs: _____
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			119.80	+ Correction Dose: _____
% of Calories			49.8%	= Total Insulin: _____
Nutrient Guideline				
Mon - 02/05/2024				BG ____ @ ____
ELEMENTARY LUNCH	Total	1		
CHICKEN SANDWICH ELEM - GK6654	SANDWICH	1	34.11	Total Carbs: _____
SMILE FRIES	SERVINGS	1	25.0	
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.55	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
KETCHUP : P/C	PC	1	10.12	
PICKLE:, CHIPS	1 OZ.	1	1.0	Units for Carbs: _____
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose: _____
Weighted Daily Average			154.09	= Total Insulin: _____
% of Calories			53.8%	
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 2

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 02/06/2024			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.65
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PEARS, DICED, CANNED	1/2 CUP	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			148.04
% of Calories			50.3%
Nutrient Guideline			

BG \_\_\_\_ @ \_\_\_\_  
 Total Carbs: \_\_\_\_  
 Units for Carbs: \_\_\_\_  
 + Correction Dose: \_\_\_\_  
 = Total Insulin: \_\_\_\_

Wed - 02/07/2024			
ELEMENTARY LUNCH	Total	1	
HOMESTYLE WG CHICKEN TENDER ST	3 PC SERVINGS	1	14.08
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CARROTS, SLICED, FZ	1/2 C SERVINGS	1	6.0
ROLLS - NO EGGS	SERVINGS	1	23.19
PEACH, DICED, CANNED	1/2 CUP	1	14.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			123.15
% of Calories			63.5%
Nutrient Guideline			

BG \_\_\_\_ @ \_\_\_\_  
 Total Carbs: \_\_\_\_  
 Units for Carbs: \_\_\_\_  
 + Correction Dose: \_\_\_\_  
 = Total Insulin: \_\_\_\_

Thu - 02/08/2024			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
BROCCOLI, ROASTED	3/4 CUP	1	3.29
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	22.03
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			127.37
% of Calories			57.4%
Nutrient Guideline			

BG \_\_\_\_ @ \_\_\_\_  
 Total Carbs: \_\_\_\_  
 Units for Carbs: \_\_\_\_  
 + Correction Dose: \_\_\_\_  
 = Total Insulin: \_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 3

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)	
Fri - 02/09/2024				
ELEMENTARY LUNCH	Total	1		BG _____ @ _____
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0	Total Carbs: _____
DINNER SALAD	1 CUP	1	7.49	
JELL-O	GEL CUP	1	25.0	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs: _____
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			125.21	+ Correction Dose: _____
% of Calories			57.2%	= Total Insulin: _____
Nutrient Guideline				

Mon - 02/12/2024				
ELEMENTARY LUNCH	Total	1		BG _____ @ _____
POPCORN CHICKEN: FR100	10 PIECES	1	17.57	Total Carbs: _____
TATER TOTS - MCCAIN	9 PIECES	1	17.04	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
KETCHUP : P/C	PC	1	10.12	Units for Carbs: _____
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			136.05	+ Correction Dose: _____
% of Calories			51.9%	= Total Insulin: _____
Nutrient Guideline				

Tue - 02/13/2024				
ELEMENTARY LUNCH	Total	1		BG _____ @ _____
SOFT FLOUR TACO: ELE	servings	1	19.0	Total Carbs: _____
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25	
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
CHURRO- APPLE WG	SERVINGS	1	25.0	Units for Carbs: _____
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			157.15	+ Correction Dose: _____
% of Calories			56.4%	= Total Insulin: _____
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 4

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)	
Wed - 02/14/2024				
ELEMENTARY LUNCH	Total	1		BG ____ @ ____
COUNTRY FRIED STEAK	SERVINGS	1	17.0	Total Carbs: _____
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03	
GRAVY, COUNTRY: (CUSTOM)	1/4 CUP	1	6.0	
COOKIE: VALENTINES	COOKIE	1	26.9	
ROLLS - NO EGGS	SERVINGS	1	23.19	
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	Units for Carbs: _____
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose: _____
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin: _____
Weighted Daily Average			140.11	
% of Calories			56.3%	
Nutrient Guideline				

Thu - 02/15/2024				
ELEMENTARY LUNCH	Total	1		BG ____ @ ____
TERIYAKI CHICKEN	2.4 OZ	1	6.0	Total Carbs: _____
NOODLES, YAKISOBA WG	1/2 CUP	1	32.22	
BROCCOLI, ROASTED	3/4 CUP	1	3.29	
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	22.03	Units for Carbs: _____
SOY SAUCE: PC	PC	1	0.0	+ Correction Dose: _____
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin: _____
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			146.01	
% of Calories			62.8%	
Nutrient Guideline				

Tue - 02/20/2024				
ELEMENTARY LUNCH	Total	1		BG ____ @ ____
NACHO BITES-ELE	8 BITES	1	34.0	Total Carbs: _____
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
CORN, STREET	1/2 CUP SERVING	1	21.66	
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0	Units for Carbs: _____
SALSA PICANTE	1 OZ	1	1.4	+ Correction Dose: _____
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin: _____
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			188.90	
% of Calories			58.7%	
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 5

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 02/21/2024			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	17.53
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
PEACH, DICED, CANNED	1/2 CUP	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			90.91
% of Calories			49.5%
Nutrient Guideline			

BG \_\_\_\_@\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

	Portion Size	Reimb Qty	Carb (g)
Thu - 02/22/2024			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
BROCCOLI, ROASTED	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	22.03
COOKIE, COWBOY	1 oz.	1	29.43
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			149.75
% of Calories			57.3%
Nutrient Guideline			

BG \_\_\_\_@\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

	Portion Size	Reimb Qty	Carb (g)
Fri - 02/23/2024			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
DINNER SALAD	1 CUP	1	7.49
PUDDING,CHOICE	SERVING	1	20.5
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MARINARA SAUCE	1/2 CUP	1	11.93
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			130.72
% of Calories			54.1%
Nutrient Guideline			

BG \_\_\_\_@\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 6

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 02/26/2024</b>			
ELEMENTARY LUNCH	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	21.1
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
SMILE FRIES	4 SMILE FRIES	1	25.0
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			125.20
% of Calories			49.6%
Nutrient Guideline			

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

<b>Tue - 02/27/2024</b>			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN, STREET	1/2 CUP SERVING	1	21.66
CORNMEAL SUPER STAR	1 EA	1	23.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			186.76
% of Calories			55.8%
Nutrient Guideline			

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

<b>Wed - 02/28/2024</b>			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
ROLLS - NO EGGS	SERVINGS	1	23.19
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			96.58
% of Calories			55.1%
Nutrient Guideline			

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 7

Generated on: 1/23/2024 12:28:30 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 02/29/2024			
ELEMENTARY LUNCH	Total	1	
SCRAMBLED EGGS W/HAM:ELE	1/2 CUP SERVING	1	2.13
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
POTATOES, WEDGES	1/2 CUP	1	17.0
COOKIE, BIRTHDAY	SERVINGS	1	27.13
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
KETCHUP : P/C	PC	1	10.12
SALSA PICANTE	1 OZ	1	1.4
JELLY: VARIETY PACK	PC	1	9.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			137.66
% of Calories			56.6%
Nutrient Guideline			

BG \_\_\_\_ @ \_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

Weighted Average			137.65
			55.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	137.65	55.33%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.