Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 03/01/2024				DC @
K-7 BREAKFAST MENU	Total	1		BG@
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Iotal Calbs.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average	O/ III C I C I C	·	118.31	
% of Calories			72.4%	= Total Insulin:
70 Of Calones			12.470	- Total Illsuilli
Nutrient Guideline				
Mon - 03/04/2024				
K-7 BREAKFAST MENU	Total	1		DC @
PANCAKE, BAKE CRAFTER	SERVINGS		32.0	BG@
SYRUP	1 EA		4.0	
APPLESAUCE.W/CINNAMON	1 CUP		28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Iotal Caros.
JUICE: VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	_			
	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Offics for Carbs:
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.84	= Total Insulin:
% of Calories			78.1%	
Nutrient Guideline				
Tue - 03/05/2024				70 0
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1	17.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SYRUP	1 EA		4.0	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
INILIX 1/0 WITH L	JOARTON		13.0	Units for Carbs:
				onitoror carbs.
				+ Correction Dose:
N/A - denotes a nutrient that is either missing or incomp			nt	+ Correction Dose:
* - denotes combined nutrient totals with either missing of				- Tatal In an line

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

= Total Insulin:____

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Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion	Reimb	Carb	
ALT DDEAVEACT V. 7	Size	Qty	(g)	BG@
ALT BREAKFAST K-7 BREAKFAST CEREAL-ALL	Total BOWL	1 1	23.0	
TOAST	SLICE		14.0	Total Carbs:
JELLY: VARIETY PACK	PC		9.4	
PEACH CUPS -DICED	1 CUP		18.0	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	Units for Carbs:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average			112.32	+ Correction Dose:
% of Calories			69.8%	= Total Insulin:
Nutrient Cuideline				
Nutrient Guideline				
Wed - 03/06/2024				
K-7 BREAKFAST MENU	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	
TOAST	SLICE	1	14.0	T . 10 1
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1 1	00.0	Units for Carbs:
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	Offics for Carbs:
TOAST JELLY: VARIETY PACK	PC	1 1	14.0	
MIXED FRUIT CUP	SERVINGS	'1	9.4 19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	- T-t-1 I 1'
MILK 1% WHITE	CARTON		13.0	= Total Insulin:
Weighted Daily Average	O/ II C I O I C	· ·	115.71	
% of Calories			67.9%	
			011070	
Nutrient Guideline				
Thu - 03/07/2024				
K-7 BREAKFAST MENU	Total	1		BG@
SMOOTHIE	SMOOTHIES		35.5	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS		21.0	T-t-1 Cl
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	. C +! D
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
				= Total Insulin:

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Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb (g)	
Weighted Daily Average % of Calories			123.88 77.7%	
Nutrient Guideline				
Fri - 03/08/2024				P.C. (6)
K-7 BREAKFAST MENU	Total	1		BG@
CRESCENT, FILLED	1 EACH	1	37.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP BOX	1 1	23.63	
JUICE : VARIETY SUNCUP			15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE ALT BREAKFAST K-7	CARTON Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP		19.0	
JUICE : VARIETY SUNCUP	BOX		15.8	. C +! D
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	OARTON	'	121.31	= Total Insulin:
% of Calories			74.3%	
70 of Galorios			7 4.0 70	
Nutrient Guideline				
Tue - 03/19/2024				BG@
K-7 BREAKFAST MENU	Total	1		
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	T . 10 1
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total BOWL	1 1	22.0	
BREAKFAST CEREAL-ALL TOAST	SLICE	1	23.0 14.0	Units for Carbs:
	PC			
JELLY: VARIETY PACK PEACH CUPS -DICED	1 CUP	1 1	9.4 18.0	+ Correction Dose:
JUICE: VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	= Total Insulin:
Weighted Daily Average	OARTON	<u> </u>	114.06	
% of Calories			62.1%	
70 OI GUIOTIOS			02.170	
Nutrient Guideline				

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Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qtv	(g)	
Wed - 03/20/2024				BG @
K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST PIZZA: SAUSAGE	SLICE	1	26.95	
MIXED FRUIT CUP	SERVINGS	1 1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	iotai caros.
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST			1	
	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			116.29	
% of Calories			71.2%	= Total In su lin:
Nutrient Guideline				
Thu - 03/21/2024				
K-7 BREAKFAST MENU	Total	1		BG@
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE	1 1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Units for Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	· correction bose
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			133.83	= Total Insulin:
% of Calories			76.0%	
Nutrient Guideline				
Fri - 03/22/2024				
K-7 BREAKFAST MENU	Total	1		
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON		13.0	
	10.301			

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Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion	Reimb	Carb	BG@
ALT DDE AVEA OT 1/ 7	Size	Qty	(g)	Total Carbs:
ALT BREAKFAST K-7 BREAKFAST CEREAL-ALL	Total BOWL	1 1	23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	
PEAR CUPS- CUP -DICED	1 CUP		19.0	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	Units for Carbs:
Weighted Daily Average	CARTON	<u>'</u>	118.31	
% of Calories			72.4%	+ Correction Dose:
70 of Galorico			72.770	
Nutrient Guideline				= Total Insulin:
Mon - 03/25/2024				D 0
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1 1	4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Iotal Caros.
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL SLICE	1 1	23.0	
TOAST JELLY: VARIETY PACK	PC		14.0 9.4	Units for Carbs:
APPLESAUCE, W/CINNAMON	1 CUP		28.02	
JUICE : VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	'1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	OAKTON	<u> </u>	129.84	= Total Insulin:
% of Calories			78.1%	
			7 0.1 70	
Nutrient Guideline				
Tue - 03/26/2024				PC @
K-7 BREAKFAST MENU	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1	17.0	
PEACH CUPS -DICED	1 CUP	1 1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SYRUP	1 EA	1 1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	Units for Carbs:
TOAST	SLICE	1 1	14.0	
JELLY: VARIETY PACK	PC 1 CUID	1 1	9.4	+ Correction Dose:
PEACH CUPS -DICED	1 CUP BOX	1 1	18.0	· SSTTOWNIN DOSCI
JUICE : VARIETY SUNCUP MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	15.8 20.0	T . 11 1
MILK 1% WHITE	CARTON		13.0	= Total Insulin:
IVIILIX I /O VVIIIIL			13.0	

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Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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Weighted Daily Average	
Nutrient Guideline	
Wed - 03/27/2024	
Wed - 03/27/2024	
Total 1	
Total 1	
EGGSTRAVAGANZA, BACON & CHEESE SERVINGS 1 1.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 SALSA PICANTE 1 0Z 1 1.4 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST CEREAL-ALL BOWL 1 23.0 JUICE : VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 115.71 % of Calories Mutrient Guideline Thu - 03/28/2024	
TOAST	
MIXED FRUIT CUP BREAKFAST FRUIT BASKET: ELE SALSA PICANTE JUCE: VARIETY SUNCUP MILK: CHOCOLATE MILK FAT FREE CARTON MILK: WHITE ALT BREAKFAST CEREAL-ALL TOAST JELLY: VARIETY PACK MIXED FRUIT CUP BOX ALT BREAKFAST CUP BOX ALT BREAKFAST CUP BOX ALT BREAKFAST CUP BOX ALT BREAKFAST CUP BOX BOWL CARTON CARTO	
BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 SALSA PICANTE 1 OZ 1 1.4 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 115.71 Wo of Calories Nutrient Guideline Thu - 03/28/2024	_
SALSA PICANTE	
JUICE : VARIETY SUNCUP	
MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE 1 13.0 ALT BREAKFAST K-7 Total 1 23.0 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 115.71 67.9% Nutrient Guideline Thu - 03/28/2024 1 1	
MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 115.71 % of Calories 67.9% Nutrient Guideline Thu - 03/28/2024	
ALT BREAKFAST K-7 Total 1 BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average Weighted Daily Average Nutrient Guideline Thu - 03/28/2024 Thu - 03/28/2024 Units for Carbs: Units for Carbs: Total In sulin:	
BREAKFAST CEREAL-ALL	
TOAST	
JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 115.71 % of Calories Mutrient Guideline Thu - 03/28/2024 Thu - 03/28/2024	
MIXED FRUIT CUP	
SERVINGS 1 15.0	
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 1 13.0 MILK 1% WHITE CARTON 1 13.0 1 15.71 Weighted Daily Average 115.71 67.9% Nutrient Guideline Thu - 03/28/2024	
MILK 1% WHITE	
Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/28/2024	
% of Calories Nutrient Guideline Thu - 03/28/2024	
Nutrient Guideline Thu - 03/28/2024	
Thu - 03/28/2024	
Thu - 03/28/2024 Total 1 BG@ K-7 BREAKFAST MENU Total 1 BG@	
Thu - 03/28/2024 Total BG@	
K-7 BREAKFAST MENU Total 1 BG@	
SMOOTHIE SMOOTHIES 1 35.5	
GRAHAMS, TIGER BITES CINNAMON SERVINGS 1 21.0 Total Carbs:	
BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63	
JUICE : VARIETY SUNCUP BOX 1 15.8	
MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0	
MILK 1% WHITE CARTON 1 13.0	
ALT BREAKFAST K-7 Total 1	
BREAKFAST CEREAL-ALL BOWL 1 23.0	
TOAST JELLY: VARIETY PACK SLICE 1 14.0 PC 1 9.4 Units for Carbs:	
JELLY: VARIETY PACK PC 1 9.4 OHITS TOT CALLS	
nuar variety contains	
JUICE : VARIETY SUNCUP BOX 1 15.8 + Correction Dose: MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0	
MILK 1% WHITE CARTON 1 13.0 = Total Insulin:	
% of Calories 77.7%	
Nutricat Cuideline	
Nutrient Guideline	
Weighted Average 120.40	
72.4%	

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Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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Portion Reimb Carb Size Qty (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.40	72.44%						

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