

# Washington County School District

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

Page 1

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Fri - 03/01/2024               |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SPRINKLED DONUT: SFE           | 1 EACH       | 1         | 31.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 138.65   |
| % of Calories                  |              |           | 73.3%    |
| Nutrient Guideline             |              |           |          |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| Mon - 03/04/2024               |          |   |        |
| SECONDARY BREAKFAST            | Total    | 1 |        |
| PANCAKE, BAKE CRAFTER          | SERVINGS | 1 | 32.0   |
| SYRUP                          | 1 EA     | 1 | 4.0    |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 1 | 28.02  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total    | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL     | 1 | 23.0   |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 1 | 28.02  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 143.17 |
| % of Calories                  |          |   | 79.9%  |
| Nutrient Guideline             |          |   |        |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Tue - 03/05/2024</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| PANCAKE CORNDOGS               | SERVINGS     | 1         | 17.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| SYRUP                          | 1 EA         | 1         | 4.0      |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 137.35   |
| % of Calories                  |              |           | 71.8%    |
| Nutrient Guideline             |              |           |          |

BG\_\_\_\_\_@\_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| <b>Wed - 03/06/2024</b>        |          |   |        |
| SECONDARY BREAKFAST            | Total    | 1 |        |
| EGGSTRAVAGANZA, BACON & CHEESE | SERVINGS | 1 | 1.0    |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| SALSA PICANTE                  | 1 OZ     | 1 | 1.4    |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total    | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL     | 1 | 23.0   |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 129.05 |
| % of Calories                  |          |   | 70.4%  |
| Nutrient Guideline             |          |   |        |

BG\_\_\_\_\_@\_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Thu - 03/07/2024</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SMOOTHIE                       | SMOOTHIES    | 1         | 35.5     |
| GRAHAM, TIGER BITES ORIGINAL   | SERVINGS     | 1         | 21.0     |
| BREAKFAST FRUIT BASKET: ELE    | 1/2 CUP      | 1         | 23.63    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 124.64   |
| % of Calories                  |              |           | 77.8%    |
| Nutrient Guideline             |              |           |          |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                                |        |   |        |
|--------------------------------|--------|---|--------|
| <b>Fri - 03/08/2024</b>        |        |   |        |
| SECONDARY BREAKFAST            | Total  | 1 |        |
| CRESCENT, FILLED               | 1 EACH | 1 | 37.0   |
| TOAST                          | SLICE  | 1 | 14.0   |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX    | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total  | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL   | 1 | 23.0   |
| TOAST                          | SLICE  | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC     | 1 | 9.4    |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX    | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON | 1 | 13.0   |
| Weighted Daily Average         |        |   | 141.65 |
| % of Calories                  |        |   | 74.9%  |
| Nutrient Guideline             |        |   |        |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                                |            |   |       |
|--------------------------------|------------|---|-------|
| <b>Tue - 03/19/2024</b>        |            |   |       |
| SECONDARY BREAKFAST            | Total      | 1 |       |
| BREAKFAST SANDWICH - McMUFFIN  | SANDWICHES | 1 | 24.49 |
| PEACH CUPS -DICED              | 1 CUP      | 1 | 18.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP      | 1 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX        | 1 | 15.8  |
| MAYONNAISE, LIGHT              | POUCH      | 1 | 0.0   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON     | 1 | 20.0  |
| MILK 1% WHITE                  | CARTON     | 1 | 13.0  |

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SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 127.40   |
| % of Calories                  |              |           | 64.8%    |
| Nutrient Guideline             |              |           |          |

BG \_\_\_\_ @ \_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

| Wed - 03/20/2024               |          |   |        |
|--------------------------------|----------|---|--------|
| SECONDARY BREAKFAST            | Total    | 1 |        |
| BREAKFAST PIZZA: SAUSAGE       | SLICE    | 1 | 26.95  |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total    | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL     | 1 | 23.0   |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 129.63 |
| % of Calories                  |          |   | 73.6%  |
| Nutrient Guideline             |          |   |        |

BG \_\_\_\_ @ \_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

| Thu - 03/21/2024               |         |   |       |
|--------------------------------|---------|---|-------|
| SECONDARY BREAKFAST            | Total   | 1 |       |
| YOGURT VAN. PEACH PARFAIT      | PARFAIT | 1 | 53.0  |
| TOAST                          | SLICE   | 1 | 14.0  |
| JELLY: VARIETY PACK            | PC      | 1 | 9.4   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP   | 1 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX     | 1 | 15.8  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON  | 1 | 20.0  |
| MILK 1% WHITE                  | CARTON  | 1 | 13.0  |
| ALT SEC BREAKFAST ME           | Total   | 1 |       |
| BREAKFAST CEREAL-ALL           | BOWL    | 1 | 23.0  |
| TOAST                          | SLICE   | 1 | 14.0  |
| JELLY: VARIETY PACK            | PC      | 1 | 9.4   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP   | 1 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX     | 1 | 15.8  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON  | 1 | 20.0  |
| MILK 1% WHITE                  | CARTON  | 1 | 13.0  |

BG \_\_\_\_ @ \_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

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SEC BREAKFAST MENU

Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Carb (g) |
|------------------------|--------------|-----------|----------|
| Weighted Daily Average |              |           | 135.35   |
| % of Calories          |              |           | 76.2%    |
| Nutrient Guideline     |              |           |          |

| Fri - 03/22/2024               |        |   |        |
|--------------------------------|--------|---|--------|
| SECONDARY BREAKFAST            | Total  | 1 |        |
| SPRINKLED DONUT: SFE           | 1 EACH | 1 | 31.0   |
| TOAST                          | SLICE  | 1 | 14.0   |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX    | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total  | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL   | 1 | 23.0   |
| TOAST                          | SLICE  | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC     | 1 | 9.4    |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX    | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON | 1 | 13.0   |
| Weighted Daily Average         |        |   | 138.65 |
| % of Calories                  |        |   | 73.3%  |
| Nutrient Guideline             |        |   |        |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

| Mon - 03/25/2024               |          |   |        |
|--------------------------------|----------|---|--------|
| SECONDARY BREAKFAST            | Total    | 1 |        |
| PANCAKE, BAKE CRAFTER          | SERVINGS | 1 | 32.0   |
| SYRUP                          | 1 EA     | 1 | 4.0    |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 1 | 28.02  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total    | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL     | 1 | 23.0   |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 1 | 28.02  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 143.17 |
| % of Calories                  |          |   | 79.9%  |
| Nutrient Guideline             |          |   |        |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

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SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Tue - 03/26/2024</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| PANCAKE CORNDOGS               | SERVINGS     | 1         | 17.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| SYRUP                          | 1 EA         | 1         | 4.0      |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 137.35   |
| % of Calories                  |              |           | 71.8%    |
| Nutrient Guideline             |              |           |          |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| <b>Wed - 03/27/2024</b>        |          |   |        |
| SECONDARY BREAKFAST            | Total    | 1 |        |
| EGGSTRAVAGANZA, BACON & CHEESE | SERVINGS | 1 | 1.0    |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| SALSA PICANTE                  | 1 OZ     | 1 | 1.4    |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT SEC BREAKFAST ME           | Total    | 1 |        |
| BREAKFAST CEREAL-ALL           | BOWL     | 1 | 23.0   |
| TOAST                          | SLICE    | 1 | 14.0   |
| JELLY: VARIETY PACK            | PC       | 1 | 9.4    |
| MIXED FRUIT CUP                | SERVINGS | 1 | 19.0   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1 | 25.15  |
| JUICE : VARIETY SUNCUP         | BOX      | 1 | 15.8   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1 | 20.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 129.05 |
| % of Calories                  |          |   | 70.4%  |
| Nutrient Guideline             |          |   |        |

BG \_\_\_\_\_ @ \_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Washington County School District

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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Generated on: 2/23/2024 8:18:05 AM

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Thu - 03/28/2024               |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SMOOTHIE                       | SMOOTHIES    | 1         | 35.5     |
| GRAHAM, TIGER BITES ORIGINAL   | SERVINGS     | 1         | 21.0     |
| BREAKFAST FRUIT BASKET: ELE    | 1/2 CUP      | 1         | 23.63    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 1         |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 23.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 15.8     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 124.64   |
| % of Calories                  |              |           | 77.8%    |
| Nutrient Guideline             |              |           |          |

BG\_\_\_\_\_@\_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

+ Correction Dose: \_\_\_\_\_

= Total Insulin: \_\_\_\_\_

|                  |  |  |                 |
|------------------|--|--|-----------------|
| Weighted Average |  |  | 134.27<br>73.9% |
|------------------|--|--|-----------------|

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 134.27   | 73.85%    |               |             |           |           |         |                         |

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