Base Menu Spreadsheet

Portion Values - Detailed

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Mar 1, 2024 thru Mar 29, 2024

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Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb Qty	Carb (g)	
Fri - 03/01/2024	5126	QUY	(9)	
SECONDARY BREAKFAST	Total	1		PC 0
SPRINKLED DONUT: SFE	1 EACH	1	31.0	BG@
TOAST	SLICE	1	14.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	15.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	23.0 14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1	9.4 19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ correction bose
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	20.0	= Total Insulin:
Wick 1% White Weighted Daily Average	CARTON	1	138.65	
% of Calories			73.3%	
% of Galories			13.3%	
Nutrient Guideline				
Mon - 03/04/2024				
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	lotal Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	onno for dar ob
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	- 10tar mounn.
Weighted Daily Average			143.17	
% of Calories			79.9%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

Portion Values - Detailed

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Mar 1, 2024 thru Mar 29, 2024

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Tue - 03/05/2024		-		
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE CORNDOGS	SERVINGS	1	17.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	13.0	
			00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			137.35	
% of Calories			71.8%	
Nutrient Guideline				
	F			
Wed - 03/06/2024				
SECONDARY BREAKFAST	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	15.0	
BREAKFAST CEREAL-ALL	BOWL	1	22.0	
	-	1	23.0	Units for Carbs:
TOAST	SLICE		14.0	
	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.05	
% of Calories			70.4%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Mar 1, 2024 thru Mar 29, 2024

Combined: SECONDARY BREAKFAST 8-12/ALT

Base Menu Spreadsheet

Portion Values - Detailed

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SEC BREAKFAST MENU

	Portion Size	Reimb Qtv	Carb (q)	
Thu - 03/07/2024	0.20	~.,	(3/	
SECONDARY BREAKFAST	Total	1		BG@
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAM, TIGER BITES ORIGINAL	SERVINGS	1	21.0	T-t-1 C-share
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	23.0 14.0	
	PC		9.4	Units for Carbs:
JELLY: VARIETY PACK	-	1	-	onno for car 65
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			124.64	= 10ta1111501111
% of Calories			77.8%	
Nutrient Guideline				
Fri - 03/08/2024 SECONDARY BREAKFAST	Total	1		BG@
CRESCENT, FILLED	1 EACH	1	37.0	DG@
TOAST	SLICE	1	14.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
	CARTON	1	20.0	
	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Constitution De
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	rotarmounn.
Weighted Daily Average			141.65	
% of Calories			74.9%	
Nutrient Guideline				
Tue - 03/19/2024				

Tue - 03/19/2024			
SECONDARY BREAKFAST	Total	1	
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	15.8
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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Mar 1, 2024 thru Mar 29, 2024

Combined: SECONDARY BREAKFAST 8-12/ALT

Base Menu Spreadsheet

Portion Values - Detailed

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SEC BREAKFAST MENU

	Portion	Reimb	Carb	
	Size	Qty	<u>(g)</u>	BG@
	Total	1	22.0	BG@
BREAKFAST CEREAL-ALL TOAST	BOWL	1	23.0 14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	iotal carbs.
PEACH CUPS -DICED	1 CUP	1	9.4 18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	25.15	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average	CARTON	1	127.40	official os.
% of Calories			64.8%	+ Correction Dose:
78 of Calories			04.070	+ correction bose
Nutrient Guideline				= Total Insulin:
Wed - 03/20/2024				
SECONDARY BREAKFAST	Total	1		BG@
BREAKFAST PIZZA: SAUSAGE	SLICE	1	26.95	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	Iotal Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1		= Total Insulin:
Weighted Daily Average			129.63	
% of Calories			73.6%	
Nutrient Guideline				
]	
Thu - 03/21/2024				
SECONDARY BREAKFAST	Total	1		BG@
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	
TOAST	SLICE	1	14.0	Tatal Carbo
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- Tatal In an l'
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:

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Base Menu Spreadsheet

Mar 1, 2024 thru Mar 29, 2024

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			135.35 76.2%	
Nutrient Guideline				
Fri - 03/22/2024				
SECONDARY BREAKFAST	Total	1		PC @
	1 EACH	1	24.0	BG@
SPRINKLED DONUT: SFE		1	31.0	
TOAST PEAR CUPS- CUP -DICED	SLICE	1	14.0	Total Carbs:
	1 CUP		19.0	10141 04100.
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
	BOX	1	15.8	
	CARTON	1	20.0	
MILK 1% WHITE		1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	- Total Insulin:
Weighted Daily Average			138.65	
% of Calories			73.3%	
Nutrient Guideline				
Mon - 03/25/2024				
SECONDARY BREAKFAST	Total	1		BG@
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Iotal Caros:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Commention D
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			143.17	
% of Calories			79.9%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

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Mar 1, 2024 thru Mar 29, 2024

Generated on: 2/23/2024 8:18:05 AM

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb Qtv	Carb (q)	
Tue - 03/26/2024	CIEC			
SECONDARY BREAKFAST	Total	1		BG @
PANCAKE CORNDOGS	SERVINGS	1	17.0	во <u></u> @
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	lotal Caros:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1		
SYRUP	1 EA	1	25.15	
			4.0	
	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Units for Caros:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	= 10ta1111501111;
Weighted Daily Average			137.35	
% of Calories			71.8%	
			1 1.0 /0	
Nutrient Guideline				
			,	
Wed - 03/27/2024				
SECONDARY BREAKFAST	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	D0@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	10041 041001
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
		1		
MILK 1% WHITE		1	13.0	
ALT SEC BREAKFAST ME	Total		00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.05	
% of Calories			70.4%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet

Portion Values - Detailed

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SEC BREAKFAST MENU

Generated on: 2/23/2024 8:18:05 AM

Combined: SECONDARY BREAKFAST 8-12/ALT

Portion Reimb Carb Size Qty (g) Thu - 03/28/2024 SECONDARY BREAKFAST Total 1 BG @ SMOOTHIE SMOOTHIES 1 35.5 GRAHAM, TIGER BITES ORIGINAL SERVINGS 21.0 1 Total Carbs: _____ BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 15.8 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 **BREAKFAST CEREAL-ALL** BOWL 23.0 1 SLICE 14.0 TOAST 1 JELLY: VARIETY PACK PC 1 9.4 Units for Carbs: BREAKFAST FRUIT BASKET: SEC 1 CUP 1 25.15 JUICE : VARIETY SUNCUP BOX 1 15.8 + Correction Dose:____ CARTON MILK : CHOCOLATE MILK FAT FREE 20.0 1 MILK 1% WHITE CARTON 1 13.0 124.64 = Total Insulin: Weighted Daily Average % of Calories 77.8% Nutrient Guideline

Weighted Average		134 27
Weighted / Weidge		104.27
		73 0%
		13.370

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	134.27	73.85%						

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