Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

Portion Values - Detailed

Page 1 Generated on: 3/26/2024 12:33:51 PM

	Portion	Reimb	Carb	
	Size	Qty	(g)	1
Tue - 04/02/2024				BG@
K-7 BREAKFAST MENU	Total	1		B0
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	
TOAST JELLY: VARIETY PACK	SLICE	1 1	14.0	
	PC	1	9.4	II- h - 6 6 1
PEACH CUPS -DICED	1 CUP	1		Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose
Weighted Daily Average			114.32	
% of Calories			71.6%	= Total Insulin:
Nutrient Guideline				
Nutrient Guidenne				I
	T			1
Wed - 04/03/2024				BG@
K-7 BREAKFAST MENU	Total	1		DG@
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES	1	2.98	
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	Total Carbs:
TOAST	SLICE	1	14.0	Iotal Caros.
JELLY: VARIETY PACK	PC	1	9.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- T-4-1 I 1'
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			116.51	
% of Calories			63.4%	
Nutrient Guideline				
Transit Guidolino	1			1
Th 04/04/0004				
Thu - 04/04/2024	Total	1		BG@
K-7 BREAKFAST MENU	Total	1 1	40.0	
YOGURT: UPSTATE FARMS	SERVING	1 1	19.0	Total Carbs:
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1 1	43.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	IIn its for Carbs
				Units for Carbs:
N/A - denotes a nutrient that is either missing or incomp	olete for an individua	l ingrediei	nt	+ Correction Dose:

= Total Insulin:___

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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				nc @
	Portion	Reimb	Carb	BG@
	Size	Qty	(g)	T . 10 1
ALT BREAKFAST K-7	Total	1		Total Carbs:
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			126.63	+ Correction Dose:
% of Calories			74.6%	
				= Total Insulin:
Nutrient Guideline				- Iotai iiisuiiii
Fri - 04/05/2024				
K-7 BREAKFAST MENU	Total	1		BG@
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL		35.0	
PEAR CUPS- CUP -DICED	1 CUP		19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	
PEAR CUPS- CUP -DICED	1 CUP		19.0	Huitefan Canbar
JUICE : VARIETY SUNCUP	BOX		15.8	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON			+ Correction Dose:
Weighted Daily Average	OAICTOIN		120.31	· correction bose
% of Calories			74.8%	
70 01 04101100			1 1.070	= Total Insulin:
Nutrient Guideline				
	•			•
Mon - 04/08/2024				
K-7 BREAKFAST MENU	Total	1		BG@
WAFFLE, BC	WAFFLE	1	12.0	
SYRUP	1 EA	1	4.0	Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	10011110011111

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			119.84 77.7%	
Nutrient Guideline				
Tue - 04/09/2024				BG@
K-7 BREAKFAST MENU	Total	1		50
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total BOWL	1 1	22.0	
BREAKFAST CEREAL-ALL TOAST	SLICE	1	23.0 14.0	Units for Carbs:
JELLY: VARIETY PACK	PC		9.4	Offics for car os.
PEACH CUPS -DICED	1 CUP		18.0	
JUICE: VARIETY SUNCUP	BOX		15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	1 1		= Total Insulin:
Weighted Daily Average	CARTON	-	114.06	- Total Ilisuini
% of Calories			62.1%	
Nutrient Guideline				
Wed - 04/10/2024				nc @
K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST PIZZA: SAUSAGE	SLICE	1	26.95	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001 001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC PV/INOS	1	9.4	Units for Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	onition carbs.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	+ Correction Dose:
MILK 1% WHITE Weighted Daily Average	CARTON	1	13.0 116.29	
% of Calories			71.2%	= Total Insulin:
Nutrient Guideline				

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion	Reimb	Carb	
TI 0.4/4.4/000.4	Size	Qty	(g)	
Thu - 04/11/2024	T-4-1	4		BG @
K-7 BREAKFAST MENU	Total	1	40.07	
YOGURT STRAW PARFAIT	PARFAIT	1	46.67	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1 1	9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	-	130.67	
% of Calories			75.0%	= Total Insulin:
% of Calones			75.0%	
Nutrient Guideline				
Fri - 04/12/2024				
K-7 BREAKFAST MENU	Total	1		BG@
SPRINKLED DONUT: SFE	1 EACH		31.0	
PEAR CUPS- CUP -DICED	1 CUP			
			19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	11 1: 6 6 1
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1 1	13.0	+ Correction Dose:
Weighted Daily Average			118.31	
% of Calories				= Total Insulin:
			, .	- 10ta1 1113u 1111
Nutrient Guideline				
Mon - 04/15/2024				
K-7 BREAKFAST MENU	Total	1		
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	'1	13.0	
IVIILIX 1/0 VVI III L	LOUITON		13.0	

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

= Total Insulin:_____

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Portion Values - Detailed

Page 5

Page 5				Generated on: 3/26/2024 12:33:51 P
	Dortion	Doimh	Corb	BG@
	Portion Size	Reimb Qtv	Carb (g)	
ALT BREAKFAST K-7	Total	1	(9)	Total Carbs:
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	
APPLESAUCE, W/CINNAMON	1 CUP		28.02	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	i	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	i	13.0	Ollits for Car os.
Weighted Daily Average	C/ II (I O I V	'	129.84	Comment of December 1
% of Calories			78.1%	+ Correction Dose:
70 of Galories			70.170	
Nutrient Guideline				= Total Insulin:
Tue - 04/16/2024				
K-7 BREAKFAST MENU	Total	1 1	4-0	BG@
PANCAKE CORNDOGS	SERVINGS	1 1	17.0	
PEACH CUPS -DICED	1 CUP	1 1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1 1	23.63	Iotal Caros:
SYRUP	1 EA	1 1	4.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1 1	22.0	
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	
TOAST JELLY: VARIETY PACK	SLICE PC	1 1	14.0 9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP		- 1	
JUICE : VARIETY SUNCUP	BOX		18.0	. C
	CARTON		15.8 20.0	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	I	112.32	= Total Insulin:
% of Calories			69.8%	
70 of Galories			05.070	
Nutrient Guideline				
[
Wed - 04/17/2024	T			BC @
K-7 BREAKFAST MENU	Total	1		BG@
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	
TOAST	SLICE	1 1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC P	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Un ita fan Canha
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
				+ Correction Dose:
				

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

Portion Values - Detailed

ALT BREAKFAST K-7

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Total

Portion

Reimb

Carb

ALI BREAKFASI K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1 1	9.4	
MIXED FRUIT CUP	SERVINGS	1 1	19.0	
JUICE : VARIETY SUNCUP	BOX		15.8	
	_			
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			115.71	
% of Calories			67.9%	
Nutrient Guideline				
Thu - 04/18/2024				
K-7 BREAKFAST MENU	Total	1		BG@
			05.5	
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL		23.0	
TOAST	SLICE		14.0	
		1 1	-	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			123.88	
% of Calories			77.7%	= Total Insulin:
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				
Nutrient Guideline				
Nation Galacine				I
Fri - 04/19/2024				
	T-4-1	1		BG@
K-7 BREAKFAST MENU	Total	1 1	07.0	
CRESCENT, FILLED	1 EACH	1	37.0	Total Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Iotal Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWL		23.0	
	_	1 1		Units for Carbs:
TOAST	SLICE	1	14.0	OHIESTOF CALOS;
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- T-4-11
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
	, 0,			ı

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 7 Generated on: 3/26/2024 12:33:51 PM

	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			121.31 74.3%	
Nutrient Guideline				
Mon - 04/22/2024				BG@
K-7 BREAKFAST MENU	Total	1	20.0	BG@
FRENCH TOAST STICKS SYRUP	2 sticks 1 EA	1 1	38.0 4.0	T. 16 1
APPLESAUCE, W/CINNAMON	1 CUP		28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	. C +! D
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average % of Calories			132.84 76.2%	
% of Calories			76.2%	
Nutrient Guideline				
T 04/00/0004	T			1
Tue - 04/23/2024 K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS		25.0	
PEACH CUPS -DICED	1 CUP		18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Iotal Caros.
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE Weighted Daily Average	CARTON	1	13.0	
			114.32	- rotarinsum;
% of Calories			71.6%	
Nutrient Guideline				

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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Daimala

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 04/24/2024				
K-7 BREAKFAST MENU	Total	1		BG@
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES	1	2.98	
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
JUICE : VARIETY SUNCUP	BOX		15.8	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Offics for Caros:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS			+ Correction Dose:
				+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1		- Iotalinsulin:
Weighted Daily Average			116.51	
% of Calories			63.4%	
Nutrient Guideline				
				•
Thu - 04/25/2024				
K-7 BREAKFAST MENU	Total	1		BG@
YOGURT: UPSTATE FARMS	SERVING		10.0	
			19.0	
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1	43.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX			
	_		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1		+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			126.63	T . 17 1
% of Calories			74.6%	= Total Insulin:
Nutrient Guideline				
Fri - 04/26/2024				
K-7 BREAKFAST MENU	Total	1		
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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				BG@
	Portion	Reimb	Carb	
ALT DDE AVEA OT IC 7	Size	Qty	(g)	Total Carbs:
ALT BREAKFAST K-7	Total	1 1	22.0	
BREAKFAST CEREAL-ALL	BOWL SLICE	1 1	23.0	
TOAST		1 1	14.0	
JELLY: VARIETY PACK PEAR CUPS- CUP -DICED	PC 1 CUP	1	9.4	
			19.0	
JUICE : VARIETY SUNCUP MILK : CHOCOLATE MILK FAT FREE	BOX CARTON		15.8 20.0	Units for Carbs:
MILK 1% WHITE	CARTON		13.0	offits for Carbs.
Weighted Daily Average	CARTON		120.31	+ Correction Dose:
% of Calories			74.8%	+ Correction Dose:
70 Of Galories			74.070	= Total Insulin:
Nutrient Guideline				= 10tal in sulin:
				•
Mon - 04/29/2024				BG@
K-7 BREAKFAST MENU	Total	1		
WAFFLE, BC	WAFFLE	1	12.0	
SYRUP	1 EA	1		Total Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1 1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	Units for Carbs:
TOAST	SLICE	1 1	_	Offics for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE, W/CINNAMON	1 CUP	1 1	28.02	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	= Total Insulin:
MILK 1% WHITE Weighted Daily Average	CARTON	I	119.84	= lotalinsuin:
% of Calories			77.7%	
% of Calones			11.170	
Nutrient Guideline				
Hatront Saldonno				
Tue - 04/30/2024				BG @
K-7 BREAKFAST MENU	Total	1		20@
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
PEACH CUPS -DICED	1 CUP	1	18.0	· correction bose
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	

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Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb (g)
Weighted Daily Average % of Calories			114.06 62.1%
Nutrient Guideline			
Weighted Average			120.21 71.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.21	71.73%						

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