Apr 1, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

Portion Values - Detailed

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WEEKLY 1st CHOICE

Generated on: 3/26/2024 12:35:22 PM

Combined: INTERMEDIATE LUNCH 6-8/ALT INT

	Portion	Reimb	Carb	
	Size	Qty	(g)	_
Tue - 04/02/2024		_		
INTERMEDIATE LUNCH 6-8	Total	1		BG@
TACO SOUP	1 CUP	1	21.65	bo@
CHEDDAR/ JACK FANCY SHRED.250Z	.25 OZ	1	0.25	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	Total Carbs:
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	8.31	Iotal Caros,
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	15.0	
NACHOS	SERVINGS	1	37.0	
				Units for Carbs:
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	+ Correction Dose:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1		= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			143.70	
% of Calories			54.5%	
Nutrient Guideline				
Wed - 04/03/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
HOMESTYLE WG CHICKEN TENDER ST	3 PC SERVINGS	1	14.08	BG@
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0	
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86	
CARROTS, SLICED, FZ	1/2 C SERVINGS	1	6.0	Total Carbs:
ROLLS - NO EGGS	SERVINGS	1	23.19	
MARGARINE REDDIES: (1)	1 Patty	1	0.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI		1	13.0	
SPICY CHICKEN PATTY - A PIERRE	Total SERVINGS	1	40.0	
			43.0	Units for Carbs:
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	+ COPPECT OF DOSE:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP: P/C	PC	1	10.12	= Total Insulin:
BARBAQUE SAUCE: P/C	1 Each	1	13.0	- iotarinisumi
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			138.19	
% of Calories			55.4%	
Nutrient Guideline]

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Thu - 04/04/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
ORANGE CHICKEN	3.92 OZ	1	17.04	D0@
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48	
BROCCOLI, ROASTED	3/4 CUP	1	3.29	Total Carbs:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
	1 CUP	1	22.62	
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	10.51	
COOKIE: FORTUNE COOKIE SOY SAUCE: PC	COOKIE	1	7.05	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	0.0 20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	13.0	
TACO SALAD :ALT LINE	SERVING	1	33.3	Units for Carbs:
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	onno for car os.
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	+ Correction Dose:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			121.39	
% of Calories			57.4%	
Nutrient Guideline				
Fri - 04/05/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG @
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0	bo@
DINNER SALAD	1 CUP	1	7.49	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	Total Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
	GEL CUP	1	25.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
	1/2 CUP		11.93	
	CARTON	1	20.0	
MILK 1% WHITE ALT INT WEEKLY 1st CHOI	CARTON Total	1	13.0	
WRAP, CHICKEN	WRAP	1	43.67	
CHIPS: DORITOS	BAG	1	19.62	Units for Carbs:
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	· Connection Deces
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average		· ·	131.04	
% of Calories			54.9%	
Nutrient Guideline				

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Apr 1, 2024 thru Apr 30, 2024

Combined: INTERMEDIATE LUNCH 6-8/ALT INT

Base Menu Spreadsheet

Portion Values - Detailed

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WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Carb (q)	
Mon - 04/08/2024	0120			
INTERMEDIATE LUNCH 6-8	Total	1		PC @
CHICKEN & WAFFLES	SERVINGS	1	35.0	BG@
TATER TOTS - MCCAIN	9 PIECES	1	17.04	
ORANGES	ORANGE	1	23.32	Total Carbs:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	Iotal carbs.
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	8.31	
KETCHUP : P/C	PC	1	10.12	
SYRUP	1 EA	1	4.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	10.0	
DOMINOS PIZZA	SLICE	1	29.0	Units for Carbs:
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1		+ Correction Dose:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	+ correction bose
RANCH: (WILD COYOTE LITE)	PC CUP	1	20	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	2.0	= Total Insulin:
		1		
MILK 1% WHITE	CARTON	1	<u>13.0</u> 133.67	
Weighted Daily Average % of Calories			56.8%	
% of Calories			50.8%	
Nutrient Guideline				
	1			
Tue - 04/09/2024				
INTERMEDIATE LUNCH 6-8	Total	1		PC @
SOFT FLOUR TACO:SEC	serving	1	23.0	BG@
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
CHEDDAR/ JACK FANCY SHRED.250Z	.25 OZ	1	0.25	Total Carbs:
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	Iotal Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
CHURRO- APPLE WG	SERVINGS	1	25.0	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
NACHOS	SERVINGS	1	37.0	onito for car 03.
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	+ Correction Dose:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			152.89	
% of Calories			57.1%	
Nutrient Guideline				

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Apr 1, 2024 thru Apr 30, 2024 Combined: INTERMEDIATE LUNCH 6-8/ALT INT

WEEKLY 1st CHOICE

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	Portion Size	Reimb Qtv	Carb (q)	
Wed - 04/10/2024	0120		(9/	
INTERMEDIATE LUNCH 6-8	Total	1		
COUNTRY FRIED STEAK	SERVINGS	1	17.0	BG@
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0	
GRAVY, COUNTRY: (CUSTOM)	1/4 CUP	1	6.0	T . 16 1
HUSHPUPPIES	2- Hushpuppies	1	20.19	Total Carbs:
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
FRUIT BAR : ELEMENTARY	1/2 CUP	1	14.48	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	Units for Carbs:
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	+ Correction Dose:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	· correction bose
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP : P/C	PC	1	10.12	= Total Insulin:
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			132.47	
% of Calories			52.2%	
Nutrient Guideline				
			1	
Thu - 04/11/2024	-			
INTERMEDIATE LUNCH 6-8	Total	1		BG @
TERIYAKI CHICKEN	2.4 OZ	1	6.0	
NOODLES, YAKISOBA WG	1/2 CUP	1	32.22	Tatal Carbon
BROCCOLI, ROASTED	3/4 CUP	1	3.29	Total Carbs:
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	

1/2 CUP

CARTON

CARTON

SERVING

1/2 CUP

1/2 CUP

1/2 CUP

PC CUP

CARTON

CARTON

Total

10.51

20.0

13.0

33.3

18.0

14.48

16.0

2.0

20.0

13.0

126.64

59.9%

Units for Carbs:

+ Correction Dose:

= Total Insulin:_____

1

1

1

1

1

1

1

1

1

1

Nutrient Guideline

MILK 1% WHITE

% of Calories

MILK 1% WHITE

ALT INT WEEKLY 1st CHOI

FRUIT BAR :ELEMENTARY

RANCH: (WILD COYOTE LITE)

PEARS, DICED, CANNED

Weighted Daily Average

TACO SALAD :ALT LINE

SALAD BAR: 3 THURSDAY'S:INTERM

MILK : CHOCOLATE MILK FAT FREE

BEANS, CANNED, BLACK BEAN, LS

MILK : CHOCOLATE MILK FAT FREE

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WEEKLY 1st CHOICE

	Portion	Reimb	Carb	
	Size	Qty	(g)	1
Fri - 04/12/2024	T _4_1			PG @
INTERMEDIATE LUNCH 6-8	Total	1	00.44	BG@
GARLIC CHEESE BREAD RIPPERS	1 EACH	1	30.11	
DINNER SALAD	1 CUP	1	7.49	Tabal Cambai
COOKIE, SNICKERDOODLE, WG	SERVINGS	1		Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
WRAP, CHICKEN	WRAP	1	43.67	Units for Carbs:
CHIPS: DORITOS	BAG	1	19.62	onits for carbs:
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	+ Correction Dose:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	+ correction bose.
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			126.60	- Iotar mount
% of Calories			52.1%	
			02.170	
Nutrient Guideline				
Mon - 04/15/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
HOT DOG w/ CHILI	SERVINGS	1	32.52	DG@
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	Total Carbs:
SWEET CAKE	SERVING	1	44.83	Iotal Caros.
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
KETCHUP : P/C	PC	1	10.12	
MUSTARD: P/C	1 Each	1	0.33	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	15.0	
DOMINOS PIZZA	SLICE	1	29.0	Units for Carbs:
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	
		1		
	SERVINGS		16.0	+ Correction Dose:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
	CARTON	1		= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			139.18	
% of Calories			53.4%	
Nutrient Quideline				
Nutrient Guideline]

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Combined: INTERMEDIATE LUNCH 6-8/ALT INT

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WEEKLY 1st CHOICE

Size Oty (g) INTERMEDIATE LUNCH 6-8 Total 1 ENCHILADA ENCHILADA 1 REFRIED BEANS, V V 1/2 CSERVINGS 1 CORN, STREET 1/2 CUP SERVINGS 1 BROWNEMIK, SHIRLEY J SERVINGS 1 23.0 PEARS, DICED, CANNED 1/2 CUP 1 16.0 BROWNEMK, SHIRLEY J SERVINGS 1 23.0 TRUT BAR, SECONDARY 1 CUP 1 22.62 PEARS, DICED, CANNED 1/2 CUP 1 16.0 MILK 1/W, WHITE CARTON 1 31.0 MILK 1/W, WHITE CARTON 1 35.4 PEARS, DICED, CANNED 1/2 CUP 1 66.0 FRUIT BAR, SECONDARY 1/2 CUP 1 66.0 MILK 1/W, WHITE CARTON 1 20.0 FRUIT BAR, SECONDARY 1/2 CUP 1 66.0 MILK 1/W, WHITE CARTON 1 20.0 SALSA PICANTE 1/2 CUP 16.0 1		Portion	Reimb	Carb	
INTERMEDIATE LUNCH 6-8 Total 1 35.28 BC/LILLADA ENCHILLADA 1 35.28 REFRIED BEANS, V V 1/2 CSERVINGS 1 24.06 CORN, STREET 1/2 CUP SERVING 1 21.66 BROWNIE MIX, SHIRLEY J SERVINGS 1 23.0 PEARS, DICED, CANNED 1/2 CUP 1 16.0 SALAD BAR: ZUESDAY. INTERM. 1 CUP 1 21.13 MILK: CHOCOLATE MILK FAT FREE CARTON 1 30.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 30.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 PEARS, DICED, CANNED 1/2 CUP 1 66.0 SALSA PICANTE 10Z 1 41.0 MILK 1%. WHITE CARTON 1 20.0 MILK 1%. WHITE CARTON 1 20.0 MILK 1%. WHITE CARTON 1 43.0 DIGE SUNS VARES 1		Size	Qty	(g)	
ENCHILADA 1 3528 BG	Tue - 04/16/2024				
ENCHILADA 1 3528 BG	INTERMEDIATE LUNCH 6-8	Total	1		
REFRIED BEANS, V V 1/2 CSERVINGS 1 24.06 Bd		ENCHII ADA		35.28	P C C
CORN, STREET 1/2 CUP SERVING 1 21.0 Total Carbs:		-			BG@
BROWNIE MIX. SHRLEY J SERVINGS 1 23.0 Total Carbs:				-	
FRUIT BAR: SECONDARY 1 CUP 1 2 CUP 1 2 60 SALAD PCARS, DICED, CANNED 1/2 CUP 1 2 160 SALAD PCANTE 1 OZ 1 1 MILK 1% WHTE 1 02 1 1.4 MILK 1% WHTE CARTON 1 200 ALT INT WEEKLY 1SI CHOI Total 1 MILK 1% WHTE CARTON 1 202 FRUIT BAR: SECONDARY 1 CUP 1 22.62 FRUIT BAR: SECONDARY 1 CUP 1 22.62 FRUIT BAR: SECONDARY 1 CUP 1 3.0 Weigheid Daily Average 10.2 1.4 MILK 1% WHTE CARTON 13.0 Nutrient Guideline 102 SERVING 1.0 SCRAMBLE DEGGS: SUNNY FRESH 1 02 SERVINGS 1 1.6 SCRAMBLE DEGGS: SUNNY FRESH 1 02 SERVINGS 1 1.6 SVRUP 1 EACH 1 4.0 1.0 SAUSAPICOLVER PATY - PRERE SERVIN					- · · · ·
PEARS, DICED, CANNED 12 CUP 1 16.0 SALAD BAR': 2 TUESDAY-INTERM. 1 CUP 1 21.13 SALAD CART: 2 TUESDAY-INTERM. 1 OZ 1 1.4 ILK: CHOCOLATTE MILK FAT FREE CARTON 1 30.0 MILK: HWHTE CARTON 1 13.0 ALT INT WEEKLY 1ST CHOI Total 1 1 NACHOS SERVINGS 37.0 9.94 FRUIT DRAR: SECONDARY 1 CUP 1 22.62 FRUIT DRAR: SECONDARY 1 CUP 1 23.0 MILK: CHOCOLATTE MILK FAT FREE CARTON 1 20.0 MILK: CHOCOLATTE MILK FAT FREE CARTON 1 30.0 MILK: CHOCOLATTE MILK FAT FREE CARTON 1 10.0 MILK: CHOCOLATE MILK FAT FREE 1 EACH 1 43.0 Veighted Daily Average 163.77 57.1% 10.1 Nutrient Guideline 1 10.2 SERVINGS 10.0 Weighted Daily Average 1 EACH 1 43.0 SCRAMBLED EGGS: SUNNY FRESH 10.2 SERVINGS 10.0 SALSAGE LINK - CLOVERD					lotal Carbs:
SALAD PAR: 2 TUESDAY- INTERM. 1 CUP 1 1 1 MLX 15% WHTE 1 OZ 1 1 1 MLK 15% WHTE CARTON 1 13.0 ALT INT WEEKLY 1SI CHOI Total 1 1 MLK 15% WHTE CARTON 1 9.44 CHUL 1FHREE BEAN JTM 1/4 CUP 9.94 + Correction Dose:					
SALSA PICANTE 1 OZ 1 1.4 MILK : OCOCLATE MILK FAT FREE CARTON 1 210 MILK : MURE ENLY 1st CHOI Total 1 130 ALT INT WEEKLY 1st CHOI Total 1 130 ALT INT WEEKLY 1st CHOI Total 1 9.5 CHIL, THREE BEAN JTM 1/4 CUP 1 9.5 FRUIT BAR : SECONDARY 1 CUP 1 2.62 FRUIT BAR : SECONDARY 1 CUP 1 2.00 MILK : OCOCLATE MILK FAT FREE CARTON 1 2.00 MILK : OCOCLATE MILK FAT FREE CARTON 1 2.00 MILK : OCOCLATE MILK FAT FREE CARTON 1 10.2 MILK : OCOCLATE MILK FAT FREE CARTON 1 10.1 MILK : OCOCLATE MILK FAT FREE 1 EACH 1 43.0 Nutrient Guideline 102 1 11.0 10.1 Weighted Dail Average 1 EACH 1 43.0 10.2 SAUSAGE LINK - CLOVERDALE 1 LINK 1 10.1 10.2 SAUSAGE LINK - CLOVERDALE 1 LINK 1 10					
MILK 1: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1:% WHITE CARTON 1 13.0 ALT INT WEEKLY 1st CHOI Total 1 1 NACHOS SERVINGS 1 30.0 CHIL, THREE BEAN JTM 14 CUP 9.54 LETTUCE & TOMATO:3/4 CUP-TACOS 3/4 CUP 9.94 FRUIT BAR: SECONDARY 1 CUP 1 22.62 PEARS, DICED, CANNED 1/2 CUP 1 16.0 SALSA PICANTE 1 OZ 1 1.4 MILK 1:% WHITE CARTON 1 20.0 Weighted Daily Average 102 163.77 % of Calories 57.1% 163.77 Nutrient Guideline 1 1.0 Weighted Daily Average 1 1.0 SCRAMBLED E GGS: SUNNY FRESH 10.2 SERVINGS 1 1.0 SQUASA PICKENALE 1 LINK 1.0 1.0 1.1 SPRUP 1 EACH 1 4.0 1.0 1.0 SUTCH, SURVERDALE 1 LINK 1.0 1.0 1.0 1.0 1.0 <t< td=""><td></td><td></td><td> </td><td></td><td></td></t<>					
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PICKLE:, CHIPS1 OZ.11.0KETCHUP:P/C110.12BARBAQUE SAUCE:P/C113.0MAYONNAISE, LIGHTPOUCH10.0MILK :CARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average141.46% of Calories54.4%					+ correction Dose:
KETCHUP:P/C110.12= Total In su lin:BARBAQUE SAUCE:P/C1Each113.0MAYONNAISE, LIGHTPOUCH10.0MILK :CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average141.46% of Calories54.4%	- 1 - 1 -				
BARBAQUE SAUCE: P/C1 Each113.0MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average141.46% of Calories54.4%					- Tatal In auling
MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average141.46% of Calories54.4%					- Iotai insuin:
MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average141.46% of Calories54.4%			1		
MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories141.46 54.4%			1	0.0	
Weighted Daily Average 141.46 % of Calories 54.4%		CARTON	1	20.0	
Weighted Daily Average 141.46 % of Calories 54.4%	MILK 1% WHITE	CARTON	1		
% of Calories 54.4%					
Nutrient Guideline				54.4%	
Nutrient Guideline					
	Nutrient Guideline				

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Base Menu Spreadsheet

Apr 1, 2024 thru Apr 30, 2024

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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% of Calories

Nutrient Guideline

Generated on: 3/26/2024 12:35:23 PM Portion Reimb Carb Size Qty (g) Thu - 04/18/2024 **INTERMEDIATE LUNCH 6-8** Total 1 BG @ **ORANGE CHICKEN** 3.92 OZ 1 17.04 RICE: COOKED BROWN RICE (ELE) 1/2 CUP 16.48 1 BROCCOLI, ROASTED 3/4 CUP 3.29 1 Total Carbs: FRUIT BAR : SECONDARY 22.62 1 CUP 1 PEARS, DICED, CANNED 1/2 CUP 1 16.0 SALAD BAR: 3 THURSDAY'S:INTERM 1/2 CUP 10.51 1 COOKIE, COWBOY 29.43 1 oz. 1 SOY SAUCE: PC PC 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 **MILK 1% WHITE** CARTON 13.0 1 ALT INT WEEKLY 1st CHOI Total 1 SERVING Units for Carbs: TACO SALAD :ALT LINE 33.3 1 BEANS, CANNED, BLACK BEAN, LS 1/2 CUP 1 18.0 FRUIT BAR : ELEMENTARY 1/2 CUP 1 14.48 + Correction Dose: PEARS, DICED, CANNED 1/2 CUP 16.0 1 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin:_____ MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 132.58 % of Calories 57.0% Nutrient Guideline Fri - 04/19/2024 **INTERMEDIATE LUNCH 6-8** Total 1 BG___@____ 3 CALZONES 40.01 CALZONE, MINI, WG 1 **DINNER SALAD** 1 CUP 1 7.49 SERVING PUDDING, CHOICE 1 20.5 Total Carbs: FRUIT, CANNED - CHOOSE ONE 1/2 C SERVING 15.8 1 FRUIT BAR : ELEMENTARY 1/2 CUP 1 14.48 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MARINARA SAUCE 1/2 CUP 1 11.93 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT INT WEEKLY 1st CHOI Total 1 WRAP, CHICKEN WRAP 43.67 Units for Carbs: _____ 1 CHIPS: DORITOS BAG 1 19.62 FRESH MIXED VEGETABLE CUP 3/4 CUP 8.31 1 + Correction Dose: 1/2 C SERVING FRUIT, CANNED - CHOOSE ONE 15.8 1 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 = Total Insulin: **MILK 1% WHITE** CARTON 13.0 Weighted Daily Average 133.80

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NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

53.5%

Apr 1, 2024 thru Apr 30, 2024

Combined: INTERMEDIATE LUNCH 6-8/ALT INT

Base Menu Spreadsheet

Portion Values - Detailed

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WEEKLY 1st CHOICE

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Mon - 04/22/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
CHEESEBURGER 100 % BEEF: SEC	SERVINGS	1	27.0	
CHEESE: PROCESS SLICE	1 oz.	1	1.98	BG@
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0	Total Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	Iotal Carbs
CREAMIES JR.	CREAMIE	1	14.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
FRUIT BAR : ELEMENTARY	1/2 CUP	1	14.48	
PICKLE:, CHIPS	1 OZ.	1	1.0	
MUSTARD:, P/C	1 Each	1	0.33	
KETCHUP : P/C	PC	1	10.12	
MAYONNAISE, LIGHT	POUCH	1	0.0	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
ALT INT WEEKLY 1st CHOI	Total	1	15.0	
DOMINOS PIZZA	SLICE	1	29.0	—
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	= Total Insulin:
COOKIE. SNICKERDOODLE. WG			16.0	
		1		
	1/2 CUP		18.0	
	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			130.82	
% of Calories			50.6%	
Nutrient Guideline				
				1
				1
Tue - 04/23/2024				
INTERMEDIATE LUNCH 6-8	Total	1		PC (2)
BEEF TACO STICK	1 EACH	1	31.87	BG@
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
CORNMEAL SUPER STAR	1 EA	1	23.0	Total Carbs:
CORN, STREET	1/2 CUP SERVING	1	21.66	Iotal Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
NACHOS	SERVINGS	1	37.0	Units for Carbs:
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	+ Correction Dose:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALSA PICANTE	1 OZ	1	1.4	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= iotalinsuin:
MILK 1% WHITE	CARTON	1	20.0 13.0	
Weighted Daily Average			157.99	
% of Calories			55.7%	
			55.7%	
Nutrient Guideline				
				1

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Base Menu Spreadsheet

Apr 1, 2024 thru Apr 30, 2024

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
	- T	1		
Wed - 04/24/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0	
POTATO, TRIPLE CHEESE TWICE BA	SERVINGS	1	25.95	BG@
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	
ROLLS - NO EGGS	SERVINGS	1	23.19	Tabal Caultar
MARGARINE REDDIES: (1)	1 Patty	1	0.0	Total Carbs:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
FRUIT BAR : ELEMENTARY	1/2 CUP	1	14.48	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	Units for Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	+ Correction Dose:
KETCHUP : P/C	PC	1	10.12	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	T () I ()
MAYONNAISE, LIGHT	POUCH	1	0.0	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
		1		
MILK 1% WHITE	CARTON	1	<u>13.0</u> 129.45	
Weighted Daily Average				
% of Calories			52.2%	
Nutrient Guideline				
TI 04/05/0004]
Thu - 04/25/2024		· .		
INTERMEDIATE LUNCH 6-8	Total	1		BG @
TERIYAKI CHICKEN	2.4 OZ	1	6.0	BG@
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01	
BROCCOLI, ROASTED	3/4 CUP	1	3.29	Total Carbs:
EGG ROLL, WG VEGETABLE	SERVINGS	1	24.01	Iotal Caros:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	10.51	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
TACO SALAD :ALT LINE	SERVING	1	33.3	
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	Units for Carbs:
FRUIT BAR : ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			124.04	= Total Insulin:
% of Calories			56.1%	
			00.170	
Nutrient Guideline				
		1		1

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Base Menu Spreadsheet

Portion Values - Detailed

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Apr 1, 2024 thru Apr 30, 2024

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
E : 0 //00/000 /				
Fri - 04/26/2024	T-4-1	-		
INTERMEDIATE LUNCH 6-8	Total		07.0	BG@
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0	20@
DINNER SALAD	1 CUP	1	7.49	
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.59	Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
WRAP, CHICKEN	WRAP	1	43.67	
CHIPS: DORITOS	BAG	1	19.62	Units for Carbs:
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	
		1		
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		15.8	+ Correction Dose:
	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			128.34	
% of Calories			51.4%	
Nutriant Quidalina				
Nutrient Guideline				
Mon - 04/29/2024				
INTERMEDIATE LUNCH 6-8	Total	1		R A
CHICKEN SANDWICH- FR102 GK7516	SERVINGS	1	39.0	BG@
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0	Total Carbs:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	Iotal Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
	1/2 COP 1 EACH	1	-	
			13.55	
KETCHUP: P/C	PC	1	10.12	
MUSTARD:, P/C	1 Each	1	0.33	
MAYONNAISE, LIGHT	POUCH	1	0.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	onno for car bo
ALT INT WEEKLY 1st CHOI	Total	1		
DOMINOS PIZZA	SLICE	1	29.0	+ Correction Dose:
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	= Total Insulin:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	2.0	
		1	20.0	
MILK 1% WHITE	CARTON	1		
Weighted Daily Average			129.11	
% of Calories			55.8%	
Nutrient Guideline				
		1		1

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Apr 1, 2024 thru Apr 30, 2024

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Base Menu Spreadsheet

Portion Values - Detailed

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Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Reimb Carb Size Qty (g) Tue - 04/30/2024 **INTERMEDIATE LUNCH 6-8** Total 1 BG @ TACO SOUP 1 CUP 1 21.65 CHEDDAR/ JACK FANCY SHRED.250Z .25 OZ 0.25 1 CINNAMON ROLL W. W.W. BRIDGFOR ROLL 1 35.0 Total Carbs: 3/4 CUP MIXED FRESH VEGETABLES:ELE 1 8.31 SALAD BAR: 2 TUESDAY- INTERM. 1 CUP 21.13 1 1 CUP FRUIT BAR : SECONDARY 1 22.62 PEARS, DICED, CANNED 1/2 CUP 1 16.0 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 MILK 1% WHITE CARTON 13.0 1 ALT INT WEEKLY 1st CHOI Total 1 SERVINGS NACHOS 1 37.0 Units for Carbs: CHILI. THREE BEAN JTM 1/4 CUP 1 9.5 LETTUCE & TOMATO:3/4 CUP-TACOS 3/4 CUP 9.94 1 22.62 FRUIT BAR : SECONDARY 1 CUP 1 + Correction Dose: 1/2 CUP PEARS, DICED, CANNED 1 16.0 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 = Total Insulin:____ 1 MILK 1% WHITE CARTON 1 13.0 143.70 Weighted Daily Average % of Calories 54.5% Nutrient Guideline

34.070	Weighted Average			136.23 54.8%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	136.23	54.79%						

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