Base Menu Spreadsheet

Portion Values - Detailed

Page 1

MILK 1% WHITE

May 1, 2024 thru May 17, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 4/25/2024 12:52:01 PM

	Portion Size	Reimb Qtv	Carb (q)	
Wed - 05/01/2024	0120		(9/	PC @
K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST PIZZA: SAUSAGE	SLICE	1	26.95	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10tal Carbs.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWI	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	Units for Carbs:
	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	+ correction Dose.
Weighted Daily Average	CARTON		116.29	
% of Calories			71.2%	= Total Insulin:
% of Calories			11.2%	
Nutrient Guideline				
				1
Thu - 05/02/2024				BG@
K-7 BREAKFAST MENU	Total	1		
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	T . 1 . 1
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	Totar modilin
Weighted Daily Average			133.83	
% of Calories			76.0%	
Nutrient Guideline				
Fri - 05/03/2024				
K-7 BREAKFAST MENU	Total	1		
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
			20.0	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

13.0

1

CARTON

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

May 1, 2024 thru May 17, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 4/25/2024 12:52:01 PM

Portion Size Reimb Qtv Carb Qtv BG		
ALT BREAKFAST CEREAL-ALL Total 1 23.0 DAST SLICE 1 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 PEAR CUPS- CUP -DICED 1 CUP 1 9.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK 1: CHOCOLATE MILK F/F CARTON 1 20.0 Weighted Daily Average 118.31 * Correction Dose: - % of Calories 72.4% - Total Insulin: - Nutrient Guideline SERVINGS 1 32.0 - Total Carbs: - Mon - 05/06/2024 Total 1 - - Total Insulin: - Nutrient Guideline SERVINGS 1 32.0 - Total Carbs: - MILK 1: CHOCOLATE MILK F/F CARTON 1 20.02 - Total Carbs: - STRUP 1 EA 1 4.0 - - - - - - - - - - <td>Portion Reimb Carb</td> <td></td>	Portion Reimb Carb	
ALT BREAKFAST K-7 Total 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.0 PEAR CUPS- CUP-DICED 1 19.0 19.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 Weighted Daily Average - 118.31 + Correction Dose:		D
TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 PEAR CUPS- CUP-DICED 1 CUP 1 19.0 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 118.31 + Correction Dose:	Total 1	
JELLY: VARIETY PACK PC 1 9.4 PEAR CUPS- CUP-DICED 1 CUP 1 10.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK 1% WHITE CARTON 1 20.0 Weighted Daily Average 118.31 % of Calories 118.31 Nutrient Guideline 72.4% K-7 BREAKFAST MENU Total 1 PANCAKE, BAKE CRAFTER SERVINGS 1 32.0 SYRUP 1 EA 1 4.0 APPLESAUCE,W/CINNAMON 1 CUP 1 28.02 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 28.02 JUICE: VARIETY SUNCUP BOX 1 13.0 MILK 1% WHITE CARTON 1 20.0 MILK 1% WHITE CARTON 1 23.0 JUICE: VARIETY SUNCUP BOX 1 15.8 MILK 1% WHITE CARTON 1 23.0 JUICE: VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 28.02 JUICE: VARIETY SUNCUP BOX 1 13.0 ALT BREAKFAST CEREAL-ALL BOWL <td>BOWL 1 23.0 Total Carb</td> <td>S:</td>	BOWL 1 23.0 Total Carb	S:
PEAR CUPS- CUP -DICED 1 CUP 1 19.0 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK : WHITE CARTON 1 13.0 Weighted Daily Average 118.31 + Correction Dose:	SLICE 1 14.0	
JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 18.31 % of Calories 118.31 72.4% + Correction Dose:	PC 1 9.4	
JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE 1 118.31 + Correction Dose:	1 CUP 1 19.0	
MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 118.31 - - % of Calories 72.4% - - Nutrient Guideline 72.4% - - Mon - 05/06/2024 Total 1 - K-7 BREAKFAST MENU Total 1 - PANCAKE, BAKE CRAFTER SERVINGS 1 32.0 SYRUP 1 EA 1 4.0 APPLESAUCE,W/CINNAMON 1 CUP 1 23.63 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK 1% WHITE CARTON 1 20.0 MILK 1% WHITE CARTON 1 23.0 JJLCE : VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 1 23.0 JJLLY: VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 1 23.0 JUICE : VARIETY SUNCUP		
MILK 1% WHITECARTON113.0Weighted Daily Average118.3172.4%% of Calories72.4%Nutrient Guideline72.4%K-7 BREAKFAST MENUTotal1PANCAKE, BAKE CRAFTERSERVINGS1SYRUP1 EA1APPLESAUCE, W/CINNAMON1 CUP1BREAKFAST FRUIT BASKET: ELE1/2 CUP1JUICE : VARIETY SUNCUPBOX1MILK 1% WHITECARTON1ALT BREAKFAST K-7Total1BREAKFAST CEREAL-ALLBOWL1JUICE : VARIETY PACKPC1APPLESAUCE, W/CINNAMON1 CUP1JELLY: VARIETY PACKPC1APPLESAUCE, W/CINNAMON1 CUP1JUICE : VARIETY SUNCUPBOX1ALT BREAKFAST CEREAL-ALLBOWL1JUICE : VARIETY PACKPC1APPLESAUCE, W/CINNAMON1 CUP1JUICE : VARIETY SUNCUPBOX1JUICE : VARIETY SUNCUPBOX1JUICE : VARIETY SUNCUPBOX1JUICE : VARIETY SUNCUPBOX1MILK 1% WHITECARTON1JUICE : VARIETY SUNCUPBOX1MILK 1% WHITECARTON1MILK 1% WHITECARTON1Weighted Daily Average129.84		
Weighted Daily Average 118.31 + Correction Dose:	linits for (larbs:
% of Calories 72.4% Nutrient Guideline = Total Insulin:	140.24	D
Nutrient Guideline = Total Insulin: Mon - 05/06/2024		on Dose:
Mutrient Guideline BG Mon - 05/06/2024 Total 1 K-7 BREAKFAST MENU Total 1 PANCAKE, BAKE CRAFTER SERVINGS 1 32.0 SYRUP 1 EA 1 4.0 APPLESAUCE, W/CINNAMON 1 CUP 1 28.02 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 32.0 JELLY: VARIETY PACK PC 1 4.0 APPLESAUCE, W/CINNAMON 1 CUP 1 28.02 JELLY: VARIETY PACK PC 1 9.4 APPLESAUCE, W/CINNAMON 1 CUP 1 28.02 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 28.02 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 3.0 Weighted Daily Average CARTON		
K-7 BREAKFAST MENUTotal1PANCAKE, BAKE CRAFTERSERVINGS132.0SYRUP1 EA14.0APPLESAUCE,W/CINNAMON1 CUP128.02BREAKFAST FRUIT BASKET: ELE1/2 CUP123.63JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0ALT BREAKFAST CEREAL-ALLBOWL123.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average129.84129.84	- Iotarins	ju iin;
K-7 BREAKFAST MENUTotal1PANCAKE, BAKE CRAFTERSERVINGS132.0SYRUP1 EA14.0APPLESAUCE,W/CINNAMON1 CUP128.02BREAKFAST FRUIT BASKET: ELE1/2 CUP123.63JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0ALT BREAKFAST CEREAL-ALLBOWL123.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average129.84129.84		
K-7 BREAKFAST MENUTotal1PANCAKE, BAKE CRAFTERSERVINGS132.0SYRUP1 EA14.0APPLESAUCE,W/CINNAMON1 CUP128.02BREAKFAST FRUIT BASKET: ELE1/2 CUP123.63JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0ALT BREAKFAST CEREAL-ALLBOWL123.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average129.84129.84		_
PANCAKE, BAKE CRAFTERSERVINGS132.0SYRUP1 EA14.0APPLESAUCE,W/CINNAMON1 CUP128.02BREAKFAST FRUIT BASKET: ELE1/2 CUP123.63JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0ALT BREAKFAST K-7Total11BREAKFAST CEREAL-ALLBOWL123.0TOASTSLICE114.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average129.84129.84	BG@	p
SYRUP1 EA14.0Total Carbs:APPLESAUCE,W/CINNAMON1 CUP128.02BREAKFAST FRUIT BASKET: ELE1/2 CUP123.63JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0ALT BREAKFAST K-7Total11BREAKFAST CEREAL-ALLBOWL123.0TOASTSLICE114.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1CUP1JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK : CHOCOLATE MILK F/FCARTON113.0Weighted Daily Average129.841		
APPLESAUCE,W/CINNAMON1 CUP1 28.02BREAKFAST FRUIT BASKET: ELE1/2 CUP1 23.63JUICE : VARIETY SUNCUPBOX1 15.8MILK : CHOCOLATE MILK F/FCARTON1 20.0MILK 1% WHITECARTON1 13.0ALT BREAKFAST K-7Total1BREAKFAST CEREAL-ALLBOWL1 23.0TOASTSLICE1 14.0JELLY: VARIETY PACKPC1 9.4APPLESAUCE,W/CINNAMON1 CUP1 28.02JUICE : VARIETY SUNCUPBOX1 15.8MILK : CHOCOLATE MILK F/FCARTON1 20.0JUICE : VARIETY SUNCUPBOX1 15.8JUICE : VARIETY SUNCUPBOX1 15.8MILK 1% WHITECARTON1 20.0Weighted Daily Average129.84	T-1-1 C-1	
BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 1 28.02 JUICE : VARIETY SUNCUP BOX 1 15.8 = Total In sulin: MILK : CHOCOLATE MILK F/F CARTON 1 20.0 = Total In sulin: MILK 1% WHITE CARTON 1 13.0 = Total In sulin: Weighted Daily Average 129.84 1 13.0 = Total In sulin:		J
JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 13.0 BREAKFAST CEREAL-ALL BOWL 1 23.0 Units for Carbs: TOAST SLICE 1 14.0 + Correction Dose: JELLY: VARIETY PACK PC 1 9.4 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 = Total In sulin: MILK 1% WHITE CARTON 1 20.0 = Total In sulin: Weighted Daily Average 129.84 129.84		
MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 1 BREAKFAST CEREAL-ALL BOWL 1 23.0 Units for Carbs: TOAST SLICE 1 14.0 + Correction Dose: JELLY: VARIETY PACK PC 1 9.4 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 = Total Insulin: MILK : CHOCOLATE MILK F/F CARTON 1 20.0 = Total Insulin: Weighted Daily Average 129.84 129.84 129.84 129.84		
MILK 1% WHITECARTON113.0ALT BREAKFAST K-7Total1BREAKFAST CEREAL-ALLBOWL123.0TOASTSLICE114.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0		
ALT BREAKFAST K-7Total1BREAKFAST CEREAL-ALLBOWL123.0TOASTSLICE114.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0		
BREAKFAST CEREAL-ALLBOWL123.0Units for Carbs:TOASTSLICE114.0JELLY: VARIETY PACKPC19.4APPLESAUCE,W/CINNAMON1 CUP128.02JUICE : VARIETY SUNCUPBOX115.8MILK : CHOCOLATE MILK F/FCARTON120.0MILK 1% WHITECARTON113.0		
TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 1 28.02 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0		
TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 APPLESAUCE,W/CINNAMON 1 CUP 1 28.02 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0	BOWL 1 23.0 Units for C	larbs:
APPLESAUCE,W/CINNAMON 1 CUP 1 28.02 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 = Total Insulin: MILK : CHOCOLATE MILK F/F CARTON 1 20.0 = Total Insulin: MILK 1% WHITE CARTON 1 13.0 = Total Insulin:	SLICE 1 14.0	
APPLESAUCE, WCINNAMION 1 COP 1 28.02 - JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 129.84	PC 1 9.4 Compativ	an Dagas
MILK : CHOCOLATE MILK F/F CARTON 1 20.0 = Total Insulin: MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 129.84	1 CUP 1 28.02 + COFFECTION	on Dose:
MILK 1% WHITECARTON113.0Weighted Daily Average129.84		
MILK 1% WHITECARTON113.0Weighted Daily Average129.84	CARTON 1 20.0 = Total Ins	su lin:
	129.84	
10.170	78.1%	
Nutrient Guideline		
Tue - 05/07/2024 BG@	BG a	D
K-7 BREAKFAST MENU	l otal 1	
PANCAKE CORNDOGS SERVINGS 1 17.0	SERVINGS 1 17.0	
PEACH CUPS -DICED 1 CUP 1 18.0 Total Carbs:	1 CUP 1 18.0 Total Carbs	s:
BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63	LE 1/2 CUP 1 23.63	
SYRUP 1 EA 1 4.0	1 EA 1 4.0	
JUICE : VARIETY SUNCUP BOX 1 15.8	BOX 1 15.8	
MILK : CHOCOLATE MILK F/F CARTON 1 20.0		
MILK 1% WHITE CARTON 1 13.0		
ALT BREAKFAST K-7 Total 1		
BREAKFAST CEREAL-ALL BOWL 1 23.0 Units for Carbs:		arbs:
TOAST SLICE 1 14.0		
		D
JELLY: VARIETY PACKPC19.4+ Correction Dose:PEACH CUPS -DICED1 CUP118.0		on Dose:
	BOX 1 15.8	
MILK : CHOCOLATE MILK F/F CARTON 1 20.0 = Total Insulin:		ulin:
MILK : CHOCOLATE MILK F/F CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

May 1, 2024 thru May 17, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 4/25/2024 12:52:01 PM

	Portion Size	Reimb Qtv	Carb (q)	
Weighted Daily Average % of Calories		Gety	112.32 69.8%	
Nutrient Guideline				
Wed - 05/08/2024				BG@
K-7 BREAKFAST MENU	Total	1		200
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	Units for Carbs:
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
	SLICE	1	14.0	C II D
JELLY: VARIETY PACK MIXED FRUIT CUP	PC SERVINGS	1	9.4 19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	19.0 15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	20.0	= 10ta1111501111
Weighted Daily Average	CARTON		115.71	
% of Calories			67.9%	
			07.070	
Nutrient Guideline				
Thu - 05/09/2024				
K-7 BREAKFAST MENU	Total	1		BG@
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
	SLICE	1	14.0	Units for Carbs:
	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Constinue D
	BOX	1	15.8	+ Correction Dose:
	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average % of Calories			123.88 77.7%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

Portion Values - Detailed

Page 4

May 1, 2024 thru May 17, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 4/25/2024 12:52:01 PM

	Portion Size	Reimb Qty	Carb	
Fri - 05/10/2024	3120		(g)	RC @
K-7 BREAKFAST MENU	Total	1		BG@
CRESCENT, FILLED	1 EACH	1	37.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	23.0 14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
	-		-	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Commention Deser
	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			121.31	
% of Calories			74.3%	
Nutrient Guideline				
Nor 05/40/0004		1		
Mon - 05/13/2024		-		BG@
K-7 BREAKFAST MENU	Total	1		
FRENCH TOAST STICKS	2 sticks	1	38.0	Total Carbs:
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			142.45	
% of Calories			77.0%	+ Correction Dose:
Nutrient Guideline				= Total Insulin:
Tue - 05/14/2024				RC @
K-7 BREAKFAST MENU	Total	1		BG@
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK F/F	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	20.0	
	GARION			
Weighted Daily Average			115.43	
% of Calories			70.4%	Units for Carbs:
Nutrient Guideline				+ Correction Dose:
				= Total Insulin:
				- 190ai mounn

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2024 thru May 17, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 4/25/2024 12:52:01 PM

	Portion Size	Reimb Qtv	Carb (q)	
Wed - 05/15/2024	0120		(g/	PC @
K-7 BREAKFAST MENU	Total	1		BG@
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES	1	2.98	
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	Total Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
JUICE : VARIETY SUNCUP	BOX		15.8	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK F/F	CARTON		20.0	Units for Carbs:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON		118.81	
% of Calories			56.6%	· correction bose
% of Calories			50.0%	= Total Insulin:
Nutrient Guideline				
Thu - 05/16/2024				BG@
K-7 BREAKFAST MENU	Total	1		B0@
YOGURT: UPSTATE FARMS	SERVING	1	19.0	Total Carbs:
JBR- OATMEAL CHOCOLATE CHIP	1 EACH		43.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK F/F	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON		134.43	Units for Carbs:
% of Calories			75.1%	+ Correction Dose:
% of Caloffes			75.1%	
Nutrient Guideline				= Total Insulin:
Fri - 05/17/2024				BG@
K-7 BREAKFAST MENU	Total	1		
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	Total Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK F/F	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	Units for Carbs:
Weighted Daily Average	0,4(10)		126.43	
% of Calories			75.9%	+ Correction Dose:
			10.070	= Total Insulin:
Nutrient Guideline				- 100011110UIIII
Weighted Average			123.77	
-			72.2%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	123.77	72.24%						

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