

# Washington County School District

Nov 1, 2024 thru Nov 30, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 10/29/2024 7:40:52 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2024			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.73
DINNER SALAD	1 CUP	1	9.3
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.05
% of Calories			55.5%
Nutrient Guideline			

Mon - 11/04/2024			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			105.31
% of Calories			61.4%
Nutrient Guideline			

Tue - 11/05/2024			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.38
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CORNMEAL SUPER STAR	1 EA	1	23.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			163.06
% of Calories			55.3%
Nutrient Guideline			

Wed - 11/06/2024			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			90.12
% of Calories			49.7%
Nutrient Guideline			

Thu - 11/07/2024			
ELEMENTARY LUNCH	Total	1	
HAMBURGER PATTY, TYSON	HAMBURGERS	1	21.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
PICKLE:, CHIPS	1 OZ.	1	1.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SWEET CAKE	SERVING	1	44.51
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			169.13
% of Calories			55.6%
Nutrient Guideline			

Fri - 11/08/2024			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	29.0
DINNER SALAD	1 CUP	1	9.3
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			114.32
% of Calories			55.4%
Nutrient Guideline			

Mon - 11/11/2024			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			96.08
% of Calories			64.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 11/12/2024</b>			
ELEMENTARY LUNCH	Total	1	
BURRITO, BEAN & CHEESE	BURRITO	1	30.99
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
SALSA PICANTE	1 OZ	1	1.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
COOKIE, COWBOY	1 oz.	1	29.43
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			168.10
% of Calories			56.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 11/13/2024</b>			
ELEMENTARY LUNCH	Total	1	
CHICKEN TENDERS - TYSON ELEM	2 TENDERS	1	13.52
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			128.32
% of Calories			54.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 11/14/2024</b>			
ELEMENTARY LUNCH	Total	1	
CHICKEN BREAST FILET	SANDWICH	1	30.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.22
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.55
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			151.50
% of Calories			56.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2024			
ELEMENTARY LUNCH	Total	1	
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0
DINNER SALAD	1 CUP	1	9.3
JELL-O	GEL CUP	1	25.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.32
% of Calories			62.1%
Nutrient Guideline			

Mon - 11/18/2024			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			110.51
% of Calories			61.9%
Nutrient Guideline			

Tue - 11/19/2024			
ELEMENTARY LUNCH	Total	1	
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	28.87
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			138.71
% of Calories			49.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/20/2024			
ELEMENTARY LUNCH	Total	1	
ROASTED TURKEY: VIP	2.93 OZ	1	1.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, TURKEY	1/4 Cup	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
DELUXE FRUIT SALAD	1/2 CUP	1	15.31
PUMPKIN PIE : (Sara Lee)	Slice	1	59.0
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			155.96
% of Calories			59.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2024			
ELEMENTARY LUNCH	Total	1	
CHICKEN CHUNKS, POPCORN TYSON	10 NUGGETS	1	15.18
TATER TOTS - MCCAIN	9 PIECES	1	14.22
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			149.41
% of Calories			52.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/22/2024			
ELEMENTARY LUNCH	Total	1	
PIZZA, CHEESE RIPPERS	SERVINGS	1	28.0
DINNER SALAD	1 CUP	1	9.3
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.35
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			119.68
% of Calories			55.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/25/2024			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			112.03
% of Calories			66.5%
Nutrient Guideline			

Tue - 11/26/2024			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	21.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
PEACH, DICED, CANNED	1/2 CUP	1	14.0
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			156.57
% of Calories			55.5%
Nutrient Guideline			

Weighted Average			132.07
			56.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	132.07	56.52%						

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