

Washington County School District

Nov 1, 2024 thru Nov 30, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.73
DINNER SALAD	1 CUP	1	9.3
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	38.0
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			131.35
% of Calories			55.7%
Nutrient Guideline			

Mon - 11/04/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			104.69
% of Calories			57.0%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/05/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
TACO SALAD	SERVING	1	33.68
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORNMEAL SUPER STAR	1 EA	1	23.0
CORN 1/2 CUP	1/2 CUP	1	15.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	20.9
SALSA PICANTE	1 OZ	1	1.4
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			141.37
% of Calories			50.1%
Nutrient Guideline			

Wed - 11/06/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			113.66
% of Calories			50.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/07/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER - RAW - INTER.	HAMBURGERS	1	22.0
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
SWEET CAKE	SERVING	1	44.51
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.79
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			144.43
% of Calories			50.1%
Nutrient Guideline			

Fri - 11/08/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	29.0
DINNER SALAD	1 CUP	1	9.3
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	38.0
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			126.49
% of Calories			55.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/11/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			100.08
% of Calories			57.9%
Nutrient Guideline			

Tue - 11/12/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
BURRITO, BEAN & CHEESE	BURRITO	1	30.99
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.43
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	20.9
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
NACHOS	SERVINGS	1	38.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			142.24
% of Calories			53.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/13/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN TENDERS - TYSON ELEM	2 TENDERS	1	13.52
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			132.76
% of Calories			52.8%
Nutrient Guideline			

Thu - 11/14/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN BREAST FILET	SANDWICH	1	30.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
TATER TOTS - MCCAIN	8 PIECES	1	14.22
PEARS, DICED, CANNED	1/2 CUP	1	16.0
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.55
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.79
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			128.13
% of Calories			53.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0
DINNER SALAD	1 CUP	1	9.3
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
JELL-O	GEL CUP	1	25.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	38.0
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			131.49
% of Calories			58.6%
Nutrient Guideline			

Mon - 11/18/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			107.29
% of Calories			57.7%
Nutrient Guideline			

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Tue - 11/19/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
TACO SOUP - RAW - 1 CUP	1 CUP	1	21.65
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	20.9
PEACH, DICED, CANNED	1/2 CUP	1	14.0
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			123.94
% of Calories			47.7%
Nutrient Guideline			

Wed - 11/20/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
ROASTED TURKEY: VIP	2.93 OZ	1	1.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	19.0
GRAVY, TURKEY	1/4 Cup	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
DELUXE FRUIT SALAD	1/2 CUP	1	15.31
ROLLS - NO EGGS	SERVINGS	1	25.63
PUMPKIN PIE : (Sara Lee)	Slice	1	59.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			147.57
% of Calories			54.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
TATER TOTS - MCCAIN	9 PIECES	1	14.22
PEARS, DICED, CANNED	1/2 CUP	1	16.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.79
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			132.98
% of Calories			54.7%
Nutrient Guideline			

Fri - 11/22/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
CHEEZY RIPPERS	1 EACH	1	29.1
DINNER SALAD	1 CUP	1	9.3
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.35
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	38.0
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			129.72
% of Calories			55.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Washington County School District

Nov 1, 2024 thru Nov 30, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/25/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
GENERAL TSO'S CHICKEN	3.9oz SERVING	1	25.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			112.03
% of Calories			58.7%
Nutrient Guideline			

Tue - 11/26/2024			
INTERMEDIATE LUNCH 6-8	Total	1	
SOFT FLOUR TACO:SEC	serving	1	21.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	20.9
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
NACHOS	SERVINGS	1	38.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			138.84
% of Calories			53.0%
Nutrient Guideline			

Weighted Average			127.17
			54.0%

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Washington County School District

Nov 1, 2024 thru Nov 30, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	127.17	54.02%						

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