

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion Size  | Reimb Qty | Carb (g) |
|--------------------------------|---------------|-----------|----------|
| <b>Mon - 01/06/2025</b>        |               |           |          |
| INTERMEDIATE LUNCH 6-8         | Total         | 1         |          |
| ORANGE CHICKEN                 | 3.92 OZ       | 1         | 17.04    |
| RICE: COOKED BROWN RICE (ELE)  | 1/2 CUP       | 1         | 16.48    |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1         | 4.5      |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1         | 19.0     |
| COOKIE: FORTUNE COOKIE         | COOKIE        | 1         | 7.05     |
| SOY SAUCE: PC                  | PC            | 1         | 0.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON        | 1         | 13.0     |
| <b>ALT INT WEEKLY 1st CHOI</b> |               |           |          |
| DOMINOS PIZZA                  | SLICE         | 1         | 29.0     |
| DINNER SALAD - ALT LINE        | SERVINGS      | 1         | 6.07     |
| COOKIE, SNICKERDOODLE, WG      | SERVINGS      | 1         | 16.0     |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1         | 19.0     |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1         | 2.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON        | 1         | 13.0     |
| Weighted Daily Average         |               |           | 100.08   |
| % of Calories                  |               |           | 57.9%    |
| Nutrient Guideline             |               |           |          |

|                                | Portion Size   | Reimb Qty | Carb (g) |
|--------------------------------|----------------|-----------|----------|
| <b>Tue - 01/07/2025</b>        |                |           |          |
| INTERMEDIATE LUNCH 6-8         | Total          | 1         |          |
| BURRITO, BEAN & CHEESE         | BURRITO        | 1         | 30.99    |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1         | 24.0     |
| CORN 1/2 CUP                   | 1/2 CUP        | 1         | 15.0     |
| COOKIE, COWBOY                 | 1 oz.          | 1         | 29.43    |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP          | 1         | 20.9     |
| SALSA PICANTE                  | 1 OZ           | 1         | 1.4      |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| <b>ALT INT WEEKLY 1st CHOI</b> |                |           |          |
| NACHOS                         | SERVINGS       | 1         | 38.0     |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1         | 24.0     |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP        | 1         | 7.36     |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| SALSA PICANTE                  | 1 OZ           | 1         | 1.4      |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| Weighted Daily Average         |                |           | 142.24   |
| % of Calories                  |                |           | 53.3%    |
| Nutrient Guideline             |                |           |          |

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Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Wed - 01/08/2025</b>        |              |           |          |
| INTERMEDIATE LUNCH 6-8         | Total        | 1         |          |
| CHICKEN TENDERS - TYSON ELEM   | 2 TENDERS    | 1         | 13.52    |
| FRENCH FRIES- S.S. 1/2 CUP     | 3 OZ         | 1         | 22.0     |
| MIXED FRESH VEGETABLES         | 3/4 CUP      | 1         | 8.31     |
| GARLIC TOAST-WG                | SLICES       | 1         | 14.89    |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1         | 14.48    |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 13.0     |
| KETCHUP : P/C                  | PC           | 1         | 10.12    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI        | Total        | 1         |          |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS     | 1         | 43.0     |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP      | 1         | 2.6      |
| WAFFLE FRIES, SKIN ON MCCAIN   | 3oz SERVINGS | 1         | 19.0     |
| CARROT STICKS 1/2 CUP          | 1/2 CUP      | 1         | 2.0      |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1         | 14.48    |
| PICKLE:, CHIPS                 | 1 OZ.        | 1         | 1.0      |
| KETCHUP : P/C                  | PC           | 1         | 10.12    |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 13.0     |
| MAYONNAISE, LIGHT              | POUCH        | 1         | 0.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 132.76   |
| % of Calories                  |              |           | 52.8%    |
| Nutrient Guideline             |              |           |          |

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| <b>Thu - 01/09/2025</b>        |          |   |        |
| INTERMEDIATE LUNCH 6-8         | Total    | 1 |        |
| CHICKEN SANDWICH               | SANDWICH | 1 | 31.11  |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP  | 1 | 2.6    |
| TATER TOTS - MCCAIN            | 8 PIECES | 1 | 14.22  |
| PEARS, DICED, CANNED           | 1/2 CUP  | 1 | 16.0   |
| COOKIE, CHOCOLATE CHIP         | 1 EACH   | 1 | 17.5   |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP  | 1 | 9.79   |
| KETCHUP : P/C                  | PC       | 1 | 10.12  |
| MUSTARD:, P/C                  | 1 Each   | 1 | 0.33   |
| MAYONNAISE, LIGHT              | POUCH    | 1 | 0.0    |
| PICKLE:, CHIPS                 | 1 OZ.    | 1 | 1.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI        | Total    | 1 |        |
| WRAP, CHICKEN                  | WRAP     | 1 | 37.6   |
| MIXED FRESH VEGETABLES         | 3/4 CUP  | 1 | 8.31   |
| CHIPS: DORITOS                 | BAG      | 1 | 19.62  |
| PEARS, DICED, CANNED           | 1/2 CUP  | 1 | 16.0   |
| BARBAQUE SAUCE: P/C            | 1 Each   | 1 | 13.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| Weighted Daily Average         |          |   | 130.60 |
| % of Calories                  |          |   | 53.8%  |
| Nutrient Guideline             |          |   |        |

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|                              | Portion Size  | Reimb Qty | Carb (g) |
|------------------------------|---------------|-----------|----------|
| <b>Fri - 01/10/2025</b>      |               |           |          |
| INTERMEDIATE LUNCH 6-8       | Total         | 1         |          |
| HOT DOG w/ CHILI             | SERVINGS      | 1         | 32.5     |
| MIXED FRESH VEGETABLES       | 3/4 CUP       | 1         | 8.31     |
| CHIPS: DORITOS               | BAG           | 1         | 19.62    |
| PINEAPPLE, TIDBITS, CAN      | 1/2 C SERVING | 1         | 16.0     |
| KETCHUP : P/C                | PC            | 1         | 10.12    |
| MUSTARD:, P/C                | 1 Each        | 1         | 0.33     |
| MILK : CHOCOLATE MILK F/F    | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                | CARTON        | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI      | Total         | 1         |          |
| LUNCH BASKET                 | BASKET        | 1         | 47.6     |
| WAFFLE FRIES, SKIN ON MCCAIN | 3oz SERVINGS  | 1         | 19.0     |
| CARROT & CELERY STICKS:ELE   | 3/4 CUP       | 1         | 10.53    |
| PINEAPPLE, TIDBITS, CAN      | 1/2 C SERVING | 1         | 16.0     |
| MARINARA SAUCE               | 1/2 CUP       | 1         | 12.02    |
| KETCHUP : P/C                | PC            | 1         | 10.12    |
| MILK : CHOCOLATE MILK F/F    | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                | CARTON        | 1         | 13.0     |
| Weighted Daily Average       |               |           | 133.08   |
| % of Calories                |               |           | 51.8%    |
| Nutrient Guideline           |               |           |          |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| <b>Mon - 01/13/2025</b>        |               |   |        |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |        |
| TERIYAKI CHICKEN               | 2.8 OZ        | 1 | 10.0   |
| VEGETABLE BROWN RICE:ELE       | 4.75 OZ       | 1 | 24.01  |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1 | 4.5    |
| GRAHAM, TIGER BITES, CHOCOLATE | SERVINGS      | 1 | 21.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| SOY SAUCE: PC                  | PC            | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI        | Total         | 1 |        |
| DOMINOS PIZZA                  | SLICE         | 1 | 29.0   |
| DINNER SALAD - ALT LINE        | SERVINGS      | 1 | 6.07   |
| COOKIE, SNICKERDOODLE, WG      | SERVINGS      | 1 | 16.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| Weighted Daily Average         |               |   | 107.29 |
| % of Calories                  |               |   | 57.3%  |
| Nutrient Guideline             |               |   |        |

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|                                | Portion Size   | Reimb Qty | Carb (g) |
|--------------------------------|----------------|-----------|----------|
| <b>Tue - 01/14/2025</b>        |                |           |          |
| INTERMEDIATE LUNCH 6-8         | Total          | 1         |          |
| TACO SOUP - RAW - 1 CUP        | 1 CUP          | 1         | 21.65    |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ         | 1         | 0.25     |
| MIXED FRESH VEGETABLES         | 3/4 CUP        | 1         | 8.31     |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP          | 1         | 20.9     |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL           | 1         | 34.0     |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI        | Total          | 1         |          |
| NACHOS                         | SERVINGS       | 1         | 38.0     |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1         | 24.0     |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP        | 1         | 7.36     |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| SALSA PICANTE                  | 1 OZ           | 1         | 1.4      |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| Weighted Daily Average         |                |           | 123.94   |
| % of Calories                  |                |           | 47.7%    |
| Nutrient Guideline             |                |           |          |

|                                |              |   |        |
|--------------------------------|--------------|---|--------|
| <b>Wed - 01/15/2025</b>        |              |   |        |
| INTERMEDIATE LUNCH 6-8         | Total        | 1 |        |
| TERIYAKI BEEF NUGGETS          | 4 Nugget     | 1 | 6.0    |
| BUTTER MASHED POTATOES-sec     | 2/3 cup      | 1 | 19.0   |
| GRAVY, BROWN : (CUSTOM)        | 1/4 CUP      | 1 | 2.82   |
| BROCCOLI, ROASTED              | 3/4 CUP      | 1 | 3.29   |
| ROLLS - NO EGGS                | SERVINGS     | 1 | 25.63  |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1 | 14.48  |
| MARGARINE REDDIES: (1)         | 1 Patty      | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON       | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI        | Total        | 1 |        |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS     | 1 | 43.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP      | 1 | 2.6    |
| WAFFLE FRIES, SKIN ON MCCAIN   | 3oz SERVINGS | 1 | 19.0   |
| CARROT STICKS 1/2 CUP          | 1/2 CUP      | 1 | 2.0    |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1 | 14.48  |
| PICKLE:, CHIPS                 | 1 OZ.        | 1 | 1.0    |
| KETCHUP : P/C                  | PC           | 1 | 10.12  |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1 | 13.0   |
| MAYONNAISE, LIGHT              | POUCH        | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON       | 1 | 13.0   |
| Weighted Daily Average         |              |   | 120.21 |
| % of Calories                  |              |   | 51.4%  |
| Nutrient Guideline             |              |   |        |

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Thu - 01/16/2025</b>        |              |           |          |
| INTERMEDIATE LUNCH 6-8         | Total        | 1         |          |
| CHICKEN CHUNKS, TYSON          | 5 NUGGETS    | 1         | 15.0     |
| TATER TOTS - MCCAIN            | 8 PIECES     | 1         | 14.22    |
| PEARS, DICED, CANNED           | 1/2 CUP      | 1         | 16.0     |
| MIXED FRESH VEGETABLES         | 3/4 CUP      | 1         | 8.31     |
| SCOOBY-DOO GRAHAM CRACKER STIC | BAG          | 1         | 21.0     |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP      | 1         | 9.79     |
| KETCHUP : P/C                  | PC           | 1         | 10.12    |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 13.0     |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI        | Total        | 1         |          |
| WRAP, CHICKEN                  | WRAP         | 1         | 37.6     |
| MIXED FRESH VEGETABLES         | 3/4 CUP      | 1         | 8.31     |
| CHIPS: DORITOS                 | BAG          | 1         | 19.62    |
| PEARS, DICED, CANNED           | 1/2 CUP      | 1         | 16.0     |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 13.0     |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 132.98   |
| % of Calories                  |              |           | 54.7%    |
| Nutrient Guideline             |              |           |          |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| <b>Fri - 01/17/2025</b>        |               |   |        |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |        |
| PIZZA, CHEESE RIPPER           | SERVINGS      | 1 | 29.0   |
| DINNER SALAD                   | 1 CUP         | 1 | 9.3    |
| COOKIE: PUMPKIN CHOCOLATE CHIP | COOKIE        | 1 | 22.35  |
| PINEAPPLE, TIDBITS, CAN        | 1/2 C SERVING | 1 | 16.0   |
| MARINARA SAUCE                 | 1/2 CUP       | 1 | 12.02  |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI        | Total         | 1 |        |
| LUNCH BASKET                   | BASKET        | 1 | 47.6   |
| WAFFLE FRIES, SKIN ON MCCAIN   | 3oz SERVINGS  | 1 | 19.0   |
| CARROT & CELERY STICKS:ELE     | 3/4 CUP       | 1 | 10.53  |
| PINEAPPLE, TIDBITS, CAN        | 1/2 C SERVING | 1 | 16.0   |
| MARINARA SAUCE                 | 1/2 CUP       | 1 | 12.02  |
| KETCHUP : P/C                  | PC            | 1 | 10.12  |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| Weighted Daily Average         |               |   | 134.98 |
| % of Calories                  |               |   | 51.7%  |
| Nutrient Guideline             |               |   |        |

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|                                | Portion Size   | Reimb Qty | Carb (g) |
|--------------------------------|----------------|-----------|----------|
| <b>Tue - 01/21/2025</b>        |                |           |          |
| INTERMEDIATE LUNCH 6-8         | Total          | 1         |          |
| SOFT FLOUR TACO:SEC            | serving        | 1         | 21.0     |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP        | 1         | 7.36     |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ         | 1         | 0.25     |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1         | 24.0     |
| CORN 1/2 CUP                   | 1/2 CUP        | 1         | 15.0     |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP          | 1         | 20.9     |
| CHURRO- APPLE WG               | SERVINGS       | 1         | 25.0     |
| SALSA PICANTE                  | 1 OZ           | 1         | 1.4      |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| <b>ALT INT WEEKLY 1st CHOI</b> |                |           |          |
| NACHOS                         | SERVINGS       | 1         | 38.0     |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1         | 24.0     |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP        | 1         | 7.36     |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1         | 14.0     |
| SALSA PICANTE                  | 1 OZ           | 1         | 1.4      |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON         | 1         | 13.0     |
| Weighted Daily Average         |                |           | 138.84   |
| % of Calories                  |                |           | 53.0%    |
| Nutrient Guideline             |                |           |          |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| <b>Wed - 01/22/2025</b>        |               |   |        |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |        |
| ALFREDO: SEC                   | 1 CUP         | 1 | 36.65  |
| CHICKEN, DICED L/S TYSON       | 1.5oz SERVING | 1 | 0.51   |
| BREADSTICK, CHEESY GARLIC      | SERVINGS      | 1 | 15.0   |
| BROCCOLI, ROASTED              | 3/4 CUP       | 1 | 3.29   |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP       | 1 | 14.48  |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| <b>ALT INT WEEKLY 1st CHOI</b> |               |   |        |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS      | 1 | 43.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP       | 1 | 2.6    |
| WAFFLE FRIES, SKIN ON MCCAIN   | 3oz SERVINGS  | 1 | 19.0   |
| CARROT STICKS 1/2 CUP          | 1/2 CUP       | 1 | 2.0    |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP       | 1 | 14.48  |
| PICKLE:, CHIPS                 | 1 OZ.         | 1 | 1.0    |
| KETCHUP : P/C                  | PC            | 1 | 10.12  |
| BARBAQUE SAUCE: P/C            | 1 Each        | 1 | 13.0   |
| MAYONNAISE, LIGHT              | POUCH         | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| Weighted Daily Average         |               |   | 119.56 |
| % of Calories                  |               |   | 52.8%  |
| Nutrient Guideline             |               |   |        |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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|                              | Portion Size | Reimb Qty | Carb (g) |
|------------------------------|--------------|-----------|----------|
| <b>Thu - 01/23/2025</b>      |              |           |          |
| INTERMEDIATE LUNCH 6-8       | Total        | 1         |          |
| CORN DOG, MINI PROVIEU (5)   | 5 NUGGETS    | 1         | 24.88    |
| TATER TOTS - MCCAIN          | 8 PIECES     | 1         | 14.22    |
| CARROT STICKS 1/2 CUP        | 1/2 CUP      | 1         | 2.0      |
| FUN FOOD CRACKER             | SERVINGS     | 1         | 21.0     |
| PEARS, DICED, CANNED         | 1/2 CUP      | 1         | 16.0     |
| SALAD BAR: 3 THURS. - INTERM | 1/2 CUP      | 1         | 9.79     |
| KETCHUP : P/C                | PC           | 1         | 10.12    |
| MUSTARD:, P/C                | 1 Each       | 1         | 0.33     |
| MILK : CHOCOLATE MILK F/F    | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                | CARTON       | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI      | Total        | 1         |          |
| WRAP, CHICKEN                | WRAP         | 1         | 37.6     |
| MIXED FRESH VEGETABLES       | 3/4 CUP      | 1         | 8.31     |
| CHIPS: DORITOS               | BAG          | 1         | 19.62    |
| PEARS, DICED, CANNED         | 1/2 CUP      | 1         | 16.0     |
| BARBAQUE SAUCE: P/C          | 1 Each       | 1         | 13.0     |
| MILK : CHOCOLATE MILK F/F    | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                | CARTON       | 1         | 13.0     |
| Weighted Daily Average       |              |           | 128.43   |
| % of Calories                |              |           | 55.6%    |
| Nutrient Guideline           |              |           |          |

|                              |               |   |        |
|------------------------------|---------------|---|--------|
| <b>Fri - 01/24/2025</b>      |               |   |        |
| INTERMEDIATE LUNCH 6-8       | Total         | 1 |        |
| CALZONE, MINI, WG            | 3 CALZONES    | 1 | 40.73  |
| DINNER SALAD                 | 1 CUP         | 1 | 9.3    |
| CREAMIES JR.                 | CREAMIE       | 1 | 14.0   |
| PINEAPPLE, TIDBITS, CAN      | 1/2 C SERVING | 1 | 16.0   |
| MARINARA SAUCE               | 1/2 CUP       | 1 | 12.02  |
| RANCH: (WILD COYOTE LITE)    | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F    | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                | CARTON        | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI      | Total         | 1 |        |
| LUNCH BASKET                 | BASKET        | 1 | 47.6   |
| WAFFLE FRIES, SKIN ON MCCAIN | 3oz SERVINGS  | 1 | 19.0   |
| CARROT & CELERY STICKS:ELE   | 3/4 CUP       | 1 | 10.53  |
| PINEAPPLE, TIDBITS, CAN      | 1/2 C SERVING | 1 | 16.0   |
| MARINARA SAUCE               | 1/2 CUP       | 1 | 12.02  |
| KETCHUP : P/C                | PC            | 1 | 10.12  |
| MILK : CHOCOLATE MILK F/F    | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                | CARTON        | 1 | 13.0   |
| Weighted Daily Average       |               |   | 136.66 |
| % of Calories                |               |   | 51.5%  |
| Nutrient Guideline           |               |   |        |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion Size  | Reimb Qty | Carb (g) |
|--------------------------------|---------------|-----------|----------|
| <b>Mon - 01/27/2025</b>        |               |           |          |
| INTERMEDIATE LUNCH 6-8         | Total         | 1         |          |
| TERIYAKI CHICKEN               | 2.8 OZ        | 1         | 10.0     |
| VEGETABLE BROWN RICE:ELE       | 4.75 OZ       | 1         | 24.01    |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1         | 4.5      |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1         | 19.0     |
| CHOCOLATE CHUNK COOKIE         | COOKIE        | 1         | 15.8     |
| SOY SAUCE: PC                  | PC            | 1         | 0.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON        | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI        | Total         | 1         |          |
| DOMINOS PIZZA                  | SLICE         | 1         | 29.0     |
| DINNER SALAD - ALT LINE        | SERVINGS      | 1         | 6.07     |
| COOKIE, SNICKERDOODLE, WG      | SERVINGS      | 1         | 16.0     |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1         | 19.0     |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1         | 2.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON        | 1         | 13.0     |
| Weighted Daily Average         |               |           | 104.69   |
| % of Calories                  |               |           | 56.6%    |
| Nutrient Guideline             |               |           |          |

|                                |                |   |        |
|--------------------------------|----------------|---|--------|
| <b>Tue - 01/28/2025</b>        |                |   |        |
| INTERMEDIATE LUNCH 6-8         | Total          | 1 |        |
| TACO SALAD                     | SERVING        | 1 | 33.68  |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1 | 24.0   |
| CORNMEAL SUPER STAR            | 1 EA           | 1 | 23.0   |
| CORN 1/2 CUP                   | 1/2 CUP        | 1 | 15.0   |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1 | 14.0   |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP          | 1 | 20.9   |
| SALSA PICANTE                  | 1 OZ           | 1 | 1.4    |
| RANCH: (WILD COYOTE LITE)      | PC CUP         | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON         | 1 | 13.0   |
| ALT INT WEEKLY 1st CHOI        | Total          | 1 |        |
| NACHOS                         | SERVINGS       | 1 | 38.0   |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1 | 24.0   |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP        | 1 | 7.36   |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1 | 14.0   |
| SALSA PICANTE                  | 1 OZ           | 1 | 1.4    |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON         | 1 | 13.0   |
| Weighted Daily Average         |                |   | 141.37 |
| % of Calories                  |                |   | 50.1%  |
| Nutrient Guideline             |                |   |        |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

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Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Wed - 01/29/2025</b>        |              |           |          |
| INTERMEDIATE LUNCH 6-8         | Total        | 1         |          |
| DUTCH WAFFLE                   | 1 EACH       | 1         | 43.0     |
| SCRAMBLED EGGS: SUNNY FRESH    | 1oz SERVING  | 1         | 1.0      |
| SAUSAGE LINK - CLOVERDALE      | 1 LINK       | 1         | 1.0      |
| HASHBROWN PATTY: 1/2 CUP       | 2 EACH       | 1         | 27.0     |
| JUICE, PARADISE PUNCH          | CARTON       | 1         | 14.0     |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1         | 14.48    |
| SYRUP                          | 1 EA         | 1         | 4.0      |
| KETCHUP : P/C                  | PC           | 1         | 10.12    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT INT WEEKLY 1st CHOI        | Total        | 1         |          |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS     | 1         | 43.0     |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP      | 1         | 2.6      |
| WAFFLE FRIES, SKIN ON MCCAIN   | 3oz SERVINGS | 1         | 19.0     |
| CARROT STICKS 1/2 CUP          | 1/2 CUP      | 1         | 2.0      |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1         | 14.48    |
| PICKLE:, CHIPS                 | 1 OZ.        | 1         | 1.0      |
| KETCHUP : P/C                  | PC           | 1         | 10.12    |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 13.0     |
| MAYONNAISE, LIGHT              | POUCH        | 1         | 0.0      |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 19.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| Weighted Daily Average         |              |           | 141.90   |
| % of Calories                  |              |           | 53.2%    |
| Nutrient Guideline             |              |           |          |

|                                |            |   |       |
|--------------------------------|------------|---|-------|
| <b>Thu - 01/30/2025</b>        |            |   |       |
| INTERMEDIATE LUNCH 6-8         | Total      | 1 |       |
| HAMBURGER - RAW - INTER.       | HAMBURGERS | 1 | 22.0  |
| CHEESE: PROCESS SLICE          | 1 oz.      | 1 | 1.98  |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP    | 1 | 2.6   |
| FRENCH FRIES- S.S. 1/2 CUP     | 3 OZ       | 1 | 22.0  |
| SWEET CAKE                     | SERVING    | 1 | 44.51 |
| PEARS, DICED, CANNED           | 1/2 CUP    | 1 | 16.0  |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP    | 1 | 9.79  |
| PICKLE:, CHIPS                 | 1 OZ.      | 1 | 1.0   |
| MUSTARD:, P/C                  | 1 Each     | 1 | 0.33  |
| KETCHUP : P/C                  | PC         | 1 | 10.12 |
| MAYONNAISE, LIGHT              | POUCH      | 1 | 0.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON     | 1 | 19.0  |
| MILK 1% WHITE                  | CARTON     | 1 | 13.0  |
| ALT INT WEEKLY 1st CHOI        | Total      | 1 |       |
| WRAP, CHICKEN                  | WRAP       | 1 | 37.6  |
| MIXED FRESH VEGETABLES         | 3/4 CUP    | 1 | 8.31  |
| CHIPS: DORITOS                 | BAG        | 1 | 19.62 |
| PEARS, DICED, CANNED           | 1/2 CUP    | 1 | 16.0  |
| BARBAQUE SAUCE: P/C            | 1 Each     | 1 | 13.0  |
| MILK : CHOCOLATE MILK F/F      | CARTON     | 1 | 19.0  |
| MILK 1% WHITE                  | CARTON     | 1 | 13.0  |

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Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

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Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Carb (g)        |
|--------------------------------------|--------------|-----------|-----------------|
| Weighted Daily Average % of Calories |              |           | 144.43<br>50.1% |
| Nutrient Guideline                   |              |           |                 |

| Fri - 01/31/2025                     |               |   |                 |
|--------------------------------------|---------------|---|-----------------|
| INTERMEDIATE LUNCH 6-8               | Total         | 1 |                 |
| PEPPERONI PIZZA RIPPERS              | SERVING       | 1 | 29.0            |
| DINNER SALAD                         | 1 CUP         | 1 | 9.3             |
| COOKIE, SNICKERDOODLE, WG            | SERVINGS      | 1 | 16.0            |
| PINEAPPLE, TIDBITS, CAN              | 1/2 C SERVING | 1 | 16.0            |
| MARINARA SAUCE                       | 1/2 CUP       | 1 | 12.02           |
| RANCH: (WILD COYOTE LITE)            | PC CUP        | 1 | 2.0             |
| MILK : CHOCOLATE MILK F/F            | CARTON        | 1 | 19.0            |
| MILK 1% WHITE                        | CARTON        | 1 | 13.0            |
| ALT INT WEEKLY 1st CHOI              | Total         | 1 |                 |
| LUNCH BASKET                         | BASKET        | 1 | 47.6            |
| WAFFLE FRIES, SKIN ON MCCAIN         | 3oz SERVINGS  | 1 | 19.0            |
| CARROT & CELERY STICKS:ELE           | 3/4 CUP       | 1 | 10.53           |
| PINEAPPLE, TIDBITS, CAN              | 1/2 C SERVING | 1 | 16.0            |
| MARINARA SAUCE                       | 1/2 CUP       | 1 | 12.02           |
| KETCHUP : P/C                        | PC            | 1 | 10.12           |
| MILK : CHOCOLATE MILK F/F            | CARTON        | 1 | 19.0            |
| MILK 1% WHITE                        | CARTON        | 1 | 13.0            |
| Weighted Daily Average % of Calories |               |   | 131.80<br>51.4% |
| Nutrient Guideline                   |               |   |                 |

|                  |  |  |                 |
|------------------|--|--|-----------------|
| Weighted Average |  |  | 128.73<br>52.7% |
|------------------|--|--|-----------------|

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 128.73   | 52.73%    |               |             |           |           |         |                         |

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