

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                                      | Portion Size   | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)       | T-Fat (g)    | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|----------------|--------------|--------------|-------------------------|
| Mon - 01/06/2025                     |                |           |             |             |           |           |           |            |            |            |               |                |                |              |              |                         |
| ELEMENTARY LUNCH                     | Total          | 1         |             |             |           |           |           |            |            |            |               |                |                |              |              |                         |
| ORANGE CHICKEN                       | 3.92 OZ        | 1         | 150         | 55          | 208       | 1.00      | 0.00      | 0.0        | 0          | 0.0        | 9             | 15.04          | 17.04          | 3.01         | 3.01         | 0.00                    |
| RICE: COOKED BROWN RICE (ELE)        | 1/2 CUP        | 1         | 80          | 0           | 70        | 1.00      | 0.36      | 1.1        | 0          | 0.0        | *0            | 2.0            | 16.48          | 0.75         | 0.00         | *0.00                   |
| GREEN BEANS 3/4 CUP                  | 3/4 CUP        | 1         | 24          | 0           | 210       | 3.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 2             | 1.5            | 4.5            | 0.0          | 0.00         | 0.00                    |
| COOKIE: FORTUNE COOKIE               | COOKIE         | 1         | 35          | 0           | 10        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*         | 0.0            | 7.05           | 0.0          | 0.00         | 0.00                    |
| MANDARIN ORANGE, FESTIVAL, CAN       | 1/2 C SE RVING | 1         | 80          | 0           | 10        | 0.00      | 0.36      | 0.0        | *N/A*      | 21.0       | 18            | 0.0            | 19.0           | 0.0          | 0.00         | 0.00                    |
| SOY SAUCE: PC                        | PC             | 1         | 10          | 0           | 500       | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*         | 0.0            | 0.0            | 0.0          | 0.00         | 0.00                    |
| MILK : CHOCOLATE MILK F/F            | CARTON         | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18            | 8.0            | 19.0           | 0.0          | 0.00         | 0.00                    |
| MILK 1% WHITE                        | CARTON         | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12            | 8.0            | 13.0           | 2.5          | 1.50         | 0.00                    |
| Weighted Daily Average % of Calories |                |           | 600         | 70          | 1348      | 5.00      | *0.72     | *301.1     | *500       | *23.40     | *59<br>*39.0% | 34.53<br>23.0% | 96.08<br>64.1% | 6.26<br>9.4% | 4.51<br>6.8% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |                |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |               | 8.87           |                | <=30.0       | <10.00       |                         |

|                                      | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)     | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|---------------|-------------------------|
| Tue - 01/07/2025                     |                 |           |             |             |           |           |           |            |            |            |               |                |                 |                |               |                         |
| ELEMENTARY LUNCH                     | Total           | 1         |             |             |           |           |           |            |            |            |               |                |                 |                |               |                         |
| BURRITO, BEAN & CHEESE               | BURRITO         | 1         | 292         | 32          | 425       | 6.79      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 0             | 16.45          | 30.99           | 11.65          | 5.53          | 0.00                    |
| REFRIED BEANS, V V                   | 1/2 C SE RVINGS | 1         | 140         | 0           | 320       | 7.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 1             | 7.0            | 24.0            | 2.5            | 0.00          | 0.00                    |
| CORN 1/2 CUP                         | 1/2 CUP         | 1         | 65          | 0           | 15        | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 3             | 2.0            | 15.0            | 1.0            | 0.00          | 0.00                    |
| SALAD BAR: 2 TUESDAY (ELE)           | .5 CUP          | 1         | 213         | *10         | 324       | 5.03      | 1.28      | 28.7       | *1298      | *39.3      | *9            | 3.51           | 21.28           | 12.51          | 1.59          | *0.00                   |
| SALSA PICANTE                        | 1 OZ            | 1         | 6           | 0           | 158       | 0.19      | 0.00      | 0.0        | 89         | 0.0        | 1             | 0.25           | 1.4             | 0.12           | 0.01          | 0.00                    |
| PEACH, DICED, CANNED                 | 1/2 CUP         | 1         | 60          | 0           | 10        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 11            | 0.0            | 14.0            | 0.0            | 0.00          | 0.00                    |
| COOKIE, COWBOY                       | 1 oz.           | 1         | 203         | 17          | 164       | 1.69      | *0.95     | *42.8      | *344       | *0.0       | *15           | 3.25           | 29.43           | 8.41           | 3.36          | *0.00                   |
| MILK : CHOCOLATE MILK F/F            | CARTON          | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18            | 8.0            | 19.0            | 0.0            | 0.00          | 0.00                    |
| MILK 1% WHITE                        | CARTON          | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12            | 8.0            | 13.0            | 2.5            | 1.50          | 0.00                    |
| Weighted Daily Average % of Calories |                 |           | 1200        | *74         | 1755      | 22.69     | *2.23     | *371.5     | *2230      | *41.70     | *70<br>*23.3% | 48.46<br>16.2% | 168.10<br>56.0% | 38.69<br>29.0% | 12.00<br>9.0% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |                 |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |               | 8.87           |                 | <=30.0         | <10.00        |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|--------------|-------------------------|
| Wed - 01/08/2025                     |              |           |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| CHICKEN TENDERS - TYSON ELEM         | 2 TENDER     | 1         | 259         | 51          | 451       | 2.25      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 2             | 22.54          | 13.52           | 12.39          | 2.25         | 0.00                    |
| FRENCH FRIES- S.S. 1/2 CUP           | 3 OZ         | 1         | 140         | 0           | 300       | 2.00      | 0.36      | 0.0        | 0          | 4.8        | 0             | 2.0            | 22.0            | 5.0            | 1.50         | 0.00                    |
| MIXED FRESH VEGETABLES               | 3/4 CUP      | 1         | 99          | 10          | 144       | 2.36      | 0.66      | 30.1       | 6010       | 34.31      | *2            | 2.42           | 8.31            | 6.21           | 0.57         | 0.00                    |
| GARLIC TOAST-WG                      | SLICES       | 1         | 79          | 0           | 179       | 1.99      | 1.07      | 0.0        | 0          | 0.0        | 0             | 2.98           | 14.89           | 1.99           | 0.00         | 0.00                    |
| FRUIT BAR :ELEMENTARY                | 1/2 CUP      | 1         | 57          | *0          | 1         | 1.87      | 0.19      | 15.4       | 93         | 31.91      | *8            | 0.75           | 14.48           | 0.28           | 0.08         | *0.00                   |
| BARBAQUE SAUCE: P/C                  | 1 Each       | 1         | 50          | 0           | 430       | 0.00      | 0.36      | 20.0       | 100        | 2.4        | *N/A*         | 0.0            | 13.0            | 0.0            | 0.00         | 0.00                    |
| KETCHUP : P/C                        | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8             | 0.0            | 10.12           | 0.0            | 0.00         | 0.00                    |
| MILK : CHOCOLATE MILK F/F            | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18            | 8.0            | 19.0            | 0.0            | 0.00         | 0.00                    |
| MILK 1% WHITE                        | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12            | 8.0            | 13.0            | 2.5            | 1.50         | 0.00                    |
| Weighted Daily Average % of Calories |              |           | 946         | *76         | 2178      | 10.46     | *2.65     | *365.5     | *6906      | *78.26     | *50<br>*21.2% | 46.69<br>19.7% | 128.32<br>54.3% | 28.37<br>27.0% | 5.90<br>5.6% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |               | 8.87           |                 | <=30.0         | <10.00       |                         |

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|--------------|-------------------------|
| Thu - 01/09/2025                     |              |           |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| CHICKEN SANDWICH                     | SANDWIC      | 1         | 323         | 46          | 504       | 5.04      | *1.08     | *60.0      | *10        | *2.4       | 2             | 24.24          | 31.11           | 10.61          | 1.52         | 0.00                    |
| LETTUCE & TOMATO:1/2 CUP-TACOS       | 1/2 CUP      | 1         | 9           | 0           | 5         | 0.79      | 0.25      | 7.5        | 370        | 4.02       | 1             | 0.72           | 1.92            | 0.04           | 0.01         | 0.00                    |
| TATER TOTS - MCCAIN                  | 8 PIECES     | 1         | 92          | 0           | 167       | 1.67      | 0.15      | *N/A*      | *N/A*      | *N/A*      | 1             | 0.84           | 14.22           | 3.35           | 0.42         | 0.00                    |
| COOKIE, CHOCOLATE CHIP               | 1 EACH       | 1         | 123         | 14          | 146       | 0.96      | *0.61     | *35.8      | *234       | *0.0       | *8            | 1.98           | 17.5            | 5.33           | 2.27         | *0.00                   |
| PEARS, DICED, CANNED                 | 1/2 CUP      | 1         | 60          | 0           | 5         | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 12            | 0.0            | 16.0            | 0.0            | 0.00         | 0.00                    |
| SALAD BAR: 3 THURS. -ELEM            | .5 CUP       | 1         | 144         | *10         | 136       | 3.02      | 0.47      | 28.5       | 1138       | 41.11      | *9            | 2.68           | 19.58           | 6.41           | 0.60         | *0.00                   |
| BARBAQUE SAUCE: P/C                  | 1 Each       | 1         | 50          | 0           | 430       | 0.00      | 0.36      | 20.0       | 100        | 2.4        | *N/A*         | 0.0            | 13.0            | 0.0            | 0.00         | 0.00                    |
| MAYONNAISE, LIGHT                    | POUCH        | 1         | 40          | 5           | 85        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0             | 0.0            | 0.0             | 4.0            | 0.50         | 0.00                    |
| KETCHUP : P/C                        | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8             | 0.0            | 10.12           | 0.0            | 0.00         | 0.00                    |
| PICKLE:, CHIPS                       | 1 OZ.        | 1         | 5           | 0           | 340       | 0.00      | 0.00      | 0.0        | 5          | 0.0        | 1             | 0.0            | 1.0             | 0.0            | 0.00         | 0.00                    |
| MILK : CHOCOLATE MILK F/F            | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18            | 8.0            | 19.0            | 0.0            | 0.00         | 0.00                    |
| MILK 1% WHITE                        | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12            | 8.0            | 13.0            | 2.5            | 1.50         | 0.00                    |
| Weighted Daily Average % of Calories |              |           | 1106        | *90         | 2492      | 13.48     | *2.92     | *451.7     | *2559      | *54.76     | *71<br>*25.8% | 46.45<br>16.8% | 156.44<br>56.6% | 32.25<br>26.2% | 6.82<br>5.5% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |               | 8.87           |                 | <=30.0         | <10.00       |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 12/13/2024 8:09:41 AM

|                           | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 01/10/2025          |                 |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH          | Total           | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| HOT DOG, BEEF CLOVERDALE  | SERVINGS        | 1         | 290         | 35          | 570       | 2.00      | *1.08     | *40.0      | *0         | *0.0       | 3          | 12.0      | 24.0     | 16.5      | 6.00      | 0.00                    |
| CHIPS: DORITOS            | BAG             | 1         | 131         | 0           | 181       | 2.01      | 0.36      | 20.0       | 53         | 0.0        | 0          | 2.01      | 19.62    | 5.03      | 0.75      | 0.00                    |
| MIXED FRESH VEGETABLES    | 3/4 CUP         | 1         | 99          | 10          | 144       | 2.36      | 0.66      | 30.1       | 6010       | 34.31      | *2         | 2.42      | 8.31     | 6.21      | 0.57      | 0.00                    |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SE R VING | 1         | 60          | 0           | 0         | 1.00      | 0.36      | 20.0       | *N/A*      | *N/A*      | 13         | 1.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| KETCHUP : P/C             | PC              | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8          | 0.0       | 10.12    | 0.0       | 0.00      | 0.00                    |
| MUSTARD:, P/C             | 1 Each          | 1         | 3           | 0           | 63        | 0.22      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.22      | 0.33     | 0.22      | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F | CARTON          | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE             | CARTON          | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average    |                 |           | 844         | 60          | 1632      | 7.59      | *2.46     | *410.1     | *6766      | *39.14     | *56        | 33.65     | 110.39   | 30.46     | 8.82      | 0.00                    |
| % of Calories             |                 |           |             |             |           |           |           |            |            |            | *26.8%     | 15.9%     | 52.3%    | 32.5%     | 9.4%      | 0.0%                    |
| Nutrient Guideline        |                 |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                                |                 |   |     |    |      |      |       |        |       |        |        |       |        |        |        |      |
|--------------------------------|-----------------|---|-----|----|------|------|-------|--------|-------|--------|--------|-------|--------|--------|--------|------|
| Mon - 01/13/2025               |                 |   |     |    |      |      |       |        |       |        |        |       |        |        |        |      |
| ELEMENTARY LUNCH               | Total           | 1 |     |    |      |      |       |        |       |        |        |       |        |        |        |      |
| TERIYAKI CHICKEN               | 2.8 OZ          | 1 | 130 | 70 | 480  | 0.00 | *N/A* | 0.0    | 0     | 0.0    | 9      | 15.0  | 10.0   | 3.5    | 1.00   | 0.00 |
| VEGETABLE BROWN RICE:ELE       | 4.75 OZ         | 1 | 130 | 0  | 580  | 2.00 | 1.44  | 20.0   | 2501  | 4.8    | *N/A*  | 3.0   | 24.01  | 2.5    | 0.00   | 0.00 |
| GREEN BEANS 3/4 CUP            | 3/4 CUP         | 1 | 24  | 0  | 210  | 3.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 2      | 1.5   | 4.5    | 0.0    | 0.00   | 0.00 |
| GRAHAM, TIGER BITES, CHOCOLATE | SERVINGS        | 1 | 120 | 0  | 125  | 2.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 7      | 2.0   | 21.0   | 4.0    | 1.00   | 0.00 |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SE R VING | 1 | 80  | 0  | 10   | 0.00 | 0.36  | 0.0    | *N/A* | 21.0   | 18     | 0.0   | 19.0   | 0.0    | 0.00   | 0.00 |
| SOY SAUCE: PC                  | PC              | 1 | 10  | 0  | 500  | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*  | 0.0   | 0.0    | 0.0    | 0.00   | 0.00 |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1 | 110 | 5  | 210  | 0.00 | 0.00  | *N/A*  | *N/A* | *N/A*  | 18     | 8.0   | 19.0   | 0.0    | 0.00   | 0.00 |
| MILK 1% WHITE                  | CARTON          | 1 | 110 | 10 | 130  | 0.00 | 0.00  | 300.0  | 500   | 2.4    | 12     | 8.0   | 13.0   | 2.5    | 1.50   | 0.00 |
| Weighted Daily Average         |                 |   | 714 | 85 | 2246 | 7.00 | *1.80 | *320.0 | *3001 | *28.20 | *66    | 37.50 | 110.51 | 12.50  | 3.50   | 0.00 |
| % of Calories                  |                 |   |     |    |      |      |       |        |       |        | *36.7% | 21.0% | 61.9%  | 15.8%  | 4.4%   | 0.0% |
| Nutrient Guideline             |                 |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |        | 8.87  |        | <=30.0 | <10.00 |      |

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ELEMENTARY LUNCH

### Portion Values - Detailed

|                                 | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 01/14/2025                |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH                | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| TACO SOUP - RAW - 3/4 CUP       | 1 CUP        | 1         | 285         | 36          | 1020      | 8.40      | *2.65     | *86.6      | *1481      | *18.6      | *7         | 15.44     | 28.87    | 11.96     | 4.07      | *0.00                   |
| CHEDDAR/ JACK FANCY SHRE D.25OZ | .25 OZ       | 1         | 28          | 6           | 43        | 0.00      | 0.00      | 50.6       | 63         | 0.0        | 0          | 1.52      | 0.25     | 2.28      | 1.52      | 0.00                    |
| CINNAMON ROLL W. W.W. BRI DGFOR | ROLL         | 1         | 210         | 0           | 250       | 3.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 9          | 6.0       | 34.0     | 5.0       | 1.00      | 0.00                    |
| MIXED FRESH VEGETABLES          | 3/4 CUP      | 1         | 99          | 10          | 144       | 2.36      | 0.66      | 30.1       | 6010       | 34.31      | *2         | 2.42      | 8.31     | 6.21      | 0.57      | 0.00                    |
| PEACH, DICED, CANNED            | 1/2 CUP      | 1         | 60          | 0           | 10        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 11         | 0.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| SALAD BAR: 2 TUESDAY (ELE)      | .5 CUP       | 1         | 213         | *10         | 324       | 5.03      | 1.28      | 28.7       | *1298      | *39.3      | *9         | 3.51      | 21.28    | 12.51     | 1.59      | *0.00                   |
| MILK : CHOCOLATE MILK F/F       | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                   | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average          |              |           | 1116        | *78         | 2130      | 18.78     | *4.59     | *496.0     | *9353      | *94.61     | *68        | 44.89     | 138.71   | 40.46     | 10.25     | *0.00                   |
| % of Calories                   |              |           |             |             |           |           |           |            |            |            | *24.4%     | 16.1%     | 49.7%    | 32.6%     | 8.3%      | *0.0%                   |
| Nutrient Guideline              |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 01/15/2025               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH               | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| TERIYAKI BEEF NUGGETS          | 4 Nugget     | 1         | 160         | 40          | 440       | 1.00      | 1.44      | 20.0       | 20         | 0.0        | 4          | 14.0      | 6.0      | 8.0       | 3.50      | 0.50                    |
| MASHED POTATOES,from Dry mix,P | 1/2 CUP      | 1         | 80          | 0           | 314       | 1.00      | 0.37      | 22.4       | 5          | 30.04      | 1          | 2.0       | 17.03    | 1.0       | 0.00      | *0.00                   |
| GRAVY, BROWN LOW SODIUM        | 1/4 CUP      | 1         | 2           | 0           | 19        | 0.00      | 0.01      | 1.1        | 0          | 0.0        | 0          | 0.0       | 0.37     | 0.0       | 0.00      | *0.00                   |
| BROCCOLI, ROASTED              | 3/4 CUP      | 1         | 55          | 1           | 35        | 1.30      | *0.00     | *16.0      | *27        | *0.0       | *1         | 1.93      | 3.29     | 4.47      | 0.54      | 0.01                    |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP      | 1         | 57          | *0          | 1         | 1.87      | 0.19      | 15.4       | 93         | 31.91      | *8         | 0.75      | 14.48    | 0.28      | 0.08      | *0.00                   |
| ROLLS - NO EGGS                | SERVINGS     | 1         | 140         | 0           | 317       | 2.38      | 1.21      | 11.7       | 89         | 0.0        | *2         | 4.34      | 25.63    | 2.58      | 0.89      | *0.00                   |
| MARGARINE REDDIES: (1)         | 1 Patty      | 1         | 35          | 0           | 40        | 0.00      | 0.00      | 0.0        | 200        | 0.0        | *N/A*      | 0.0       | 0.0      | 4.0       | 1.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                  | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average         |              |           | 750         | *56         | 1507      | 7.55      | *3.22     | *386.7     | *934       | *64.36     | *46        | 39.03     | 98.80    | 22.83     | 7.51      | *0.51                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *24.5%     | 20.8%     | 52.7%    | 27.4%     | 9.0%      | *0.6%                   |
| Nutrient Guideline             |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 01/16/2025               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH               | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| CHICKEN CHUNKS, POPCORN TYSON  | 10 NUGGETS   | 1         | 304         | 66          | 536       | 2.02      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 1          | 20.24     | 15.18    | 18.22     | 4.05      | *N/A*                   |
| TATER TOTS - MCCAIN            | 9 PIECES     | 1         | 92          | 0           | 167       | 1.67      | 0.15      | *N/A*      | *N/A*      | *N/A*      | 1          | 0.84      | 14.22    | 3.35      | 0.42      | 0.00                    |
| SCOOBY-DOO GRAHAM CRACKER STIC | BAG          | 1         | 120         | 0           | 100       | 1.00      | 0.72      | 100.0      | 500        | 0.0        | 8          | 2.0       | 21.0     | 4.0       | 1.00      | 0.00                    |
| PEARS, DICED, CANNED           | 1/2 CUP      | 1         | 60          | 0           | 5         | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 12         | 0.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| MIXED FRESH VEGETABLES         | 3/4 CUP      | 1         | 99          | 10          | 144       | 2.36      | 0.66      | 30.1       | 6010       | 34.31      | *2         | 2.42      | 8.31     | 6.21      | 0.57      | 0.00                    |
| SALAD BAR: 3 THURS. -ELEM      | .5 CUP       | 1         | 144         | *10         | 136       | 3.02      | 0.47      | 28.5       | 1138       | 41.11      | *9         | 2.68      | 19.58    | 6.41      | 0.60      | *0.00                   |
| BARBAQUE SAUCE: P/C            | 1 Each       | 1         | 50          | 0           | 430       | 0.00      | 0.36      | 20.0       | 100        | 2.4        | *N/A*      | 0.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| KETCHUP : P/C                  | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8          | 0.0       | 10.12    | 0.0       | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                  | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average         |              |           | 1129        | *101        | 2193      | 12.07     | *2.36     | *478.5     | *8451      | *82.65     | *71        | 44.18     | 149.41   | 40.69     | 8.14      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *25.1%     | 15.7%     | 52.9%    | 32.4%     | 6.5%      | *0.0%                   |
| Nutrient Guideline             |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                                |               |   |     |    |      |       |       |        |       |        |        |       |        |        |        |       |
|--------------------------------|---------------|---|-----|----|------|-------|-------|--------|-------|--------|--------|-------|--------|--------|--------|-------|
| Fri - 01/17/2025               |               |   |     |    |      |       |       |        |       |        |        |       |        |        |        |       |
| ELEMENTARY LUNCH               | Total         | 1 |     |    |      |       |       |        |       |        |        |       |        |        |        |       |
| PIZZA, CHEESE RIPPER           | SERVINGS      | 1 | 260 | 25 | 520  | 3.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | 3      | 14.0  | 29.0   | 10.0   | 5.00   | 0.00  |
| DINNER SALAD                   | 1 CUP         | 1 | 101 | 14 | 157  | 2.06  | 0.68  | 67.1   | 3768  | 13.54  | *3     | 1.92  | 9.3    | 6.13   | 1.04   | 0.00  |
| COOKIE: PUMPKIN CHOCOLATE CHIP | COOKIE        | 1 | 150 | 12 | 140  | 4.13  | *1.00 | *42.3  | *1248 | *0.0   | *8     | 2.99  | 22.35  | 6.23   | 2.47   | *0.00 |
| PINEAPPLE, TIDBITS, CAN        | 1/2 C SERVING | 1 | 60  | 0  | 0    | 1.00  | 0.36  | 20.0   | *N/A* | *N/A*  | 13     | 1.0   | 16.0   | 0.0    | 0.00   | 0.00  |
| MARINARA SAUCE                 | 1/2 CUP       | 1 | 70  | 0  | 561  | 2.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | 7      | 2.0   | 12.02  | 1.5    | 0.00   | 0.00  |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1 | 70  | 10 | 95   | 0.00  | 0.00  | 0.0    | 5     | 0.0    | 1      | 1.0   | 2.0    | 6.0    | 0.50   | 0.00  |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 110 | 5  | 210  | 0.00  | 0.00  | *N/A*  | *N/A* | *N/A*  | 18     | 8.0   | 19.0   | 0.0    | 0.00   | 0.00  |
| MILK 1% WHITE                  | CARTON        | 1 | 110 | 10 | 130  | 0.00  | 0.00  | 300.0  | 500   | 2.4    | 12     | 8.0   | 13.0   | 2.5    | 1.50   | 0.00  |
| Weighted Daily Average         |               |   | 931 | 76 | 1813 | 12.19 | *2.04 | *429.4 | *5521 | *15.94 | *65    | 38.91 | 122.68 | 32.36  | 10.51  | *0.00 |
| % of Calories                  |               |   |     |    |      |       |       |        |       |        | *28.0% | 16.7% | 52.7%  | 31.3%  | 10.2%  | *0.0% |
| Nutrient Guideline             |               |   | 645 |    |      |       | 3.30  | 267.00 | 1055  | 15.00  |        | 8.87  |        | <=30.0 | <10.00 |       |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                                      | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 01/21/2025                     |                 |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH                     | Total           | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| SOFT FLOUR TACO: ELE                 | servings        | 1         | 233         | 49          | 432       | 3.72      | 0.36      | 120.1      | 413        | 0.6        | 0          | 17.64     | 21.05    | 10.18     | 3.16      | 0.00                    |
| SHREDDED LETTUCE & TOMA TO-DELI      | 1/2 CUP         | 1         | 12          | 0           | 6         | 1.00      | 0.30      | 9.2        | 515        | 6.42       | 2          | 0.87      | 2.6      | 0.08      | 0.01      | 0.00                    |
| CHEDDAR/ JACK FANCY SHRE D.25OZ      | .25 OZ          | 1         | 28          | 6           | 43        | 0.00      | 0.00      | 50.6       | 63         | 0.0        | 0          | 1.52      | 0.25     | 2.28      | 1.52      | 0.00                    |
| REFRIED BEANS, V V                   | 1/2 C SE RVINGS | 1         | 140         | 0           | 320       | 7.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 1          | 7.0       | 24.0     | 2.5       | 0.00      | 0.00                    |
| CORN 1/2 CUP                         | 1/2 CUP         | 1         | 65          | 0           | 15        | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 3          | 2.0       | 15.0     | 1.0       | 0.00      | 0.00                    |
| SALAD BAR: 2 TUESDAY (ELE)           | .5 CUP          | 1         | 213         | *10         | 324       | 5.03      | 1.28      | 28.7       | *1298      | *39.3      | *9         | 3.51      | 21.28    | 12.51     | 1.59      | *0.00                   |
| PEACH, DICED, CANNED                 | 1/2 CUP         | 1         | 60          | 0           | 10        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 11         | 0.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| CHURRO- APPLE WG                     | SERVINGS        | 1         | 150         | 0           | 70        | 1.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 8          | 2.0       | 25.0     | 5.0       | 1.00      | 0.00                    |
| SALSA PICANTE                        | 1 OZ            | 1         | 6           | 0           | 158       | 0.19      | 0.00      | 0.0        | 89         | 0.0        | 1          | 0.25      | 1.4      | 0.12      | 0.01      | 0.00                    |
| MILK : CHOCOLATE MILK F/F            | CARTON          | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                        | CARTON          | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average % of Calories |                 |           | 1128        | *80         | 1717      | 19.94     | *1.93     | *508.6     | *2879      | *48.72     | *64        | 50.79     | 156.57   | 36.16     | 8.79      | *0.00                   |
|                                      |                 |           |             |             |           |           |           |            |            |            | *22.7%     | 18.0%     | 55.5%    | 28.9%     | 7.0%      | *0.0%                   |
| Nutrient Guideline                   |                 |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                                      |                |   |     |     |     |      |       |        |       |        |        |       |       |        |        |       |
|--------------------------------------|----------------|---|-----|-----|-----|------|-------|--------|-------|--------|--------|-------|-------|--------|--------|-------|
| Wed - 01/22/2025                     |                |   |     |     |     |      |       |        |       |        |        |       |       |        |        |       |
| ELEMENTARY LUNCH                     | Total          | 1 |     |     |     |      |       |        |       |        |        |       |       |        |        |       |
| ALFREDO: ELE                         | 3/4 CUP        | 1 | 199 | 18  | 206 | 2.03 | *N/A* | *N/A*  | *N/A* | *N/A*  | 4      | 9.56  | 26.31 | 6.77   | 3.20   | 0.00  |
| CHICKEN, DICED L/S TYSON             | 1.5oz SE RVING | 1 | 66  | 28  | 63  | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 0      | 9.11  | 0.51  | 2.53   | 0.76   | 0.00  |
| BREADSTICK, CHEESY GARLIC            | SERVINGS       | 1 | 100 | 0   | 140 | 1.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 2      | 3.0   | 15.0  | 3.0    | 0.50   | 0.00  |
| BROCCOLI, ROASTED                    | 3/4 CUP        | 1 | 55  | 1   | 35  | 1.30 | *0.00 | *16.0  | *27   | *0.0   | *1     | 1.93  | 3.29  | 4.47   | 0.54   | 0.01  |
| FRUIT BAR :ELEMENTARY                | 1/2 CUP        | 1 | 57  | *0  | 1   | 1.87 | 0.19  | 15.4   | 93    | 31.91  | *8     | 0.75  | 14.48 | 0.28   | 0.08   | *0.00 |
| MILK : CHOCOLATE MILK F/F            | CARTON         | 1 | 110 | 5   | 210 | 0.00 | 0.00  | *N/A*  | *N/A* | *N/A*  | 18     | 8.0   | 19.0  | 0.0    | 0.00   | 0.00  |
| MILK 1% WHITE                        | CARTON         | 1 | 110 | 10  | 130 | 0.00 | 0.00  | 300.0  | 500   | 2.4    | 12     | 8.0   | 13.0  | 2.5    | 1.50   | 0.00  |
| Weighted Daily Average % of Calories |                |   | 697 | *62 | 786 | 6.19 | *0.19 | *331.4 | *620  | *34.31 | *45    | 40.35 | 91.59 | 19.54  | 6.58   | *0.01 |
|                                      |                |   |     |     |     |      |       |        |       |        | *25.6% | 23.2% | 52.6% | 25.2%  | 8.5%   | *0.0% |
| Nutrient Guideline                   |                |   | 645 |     |     |      | 3.30  | 267.00 | 1055  | 15.00  |        | 8.87  |       | <=30.0 | <10.00 |       |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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|                            | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 01/23/2025           |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH           | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| CORN DOG, MINI PROVIEW (4) | 4 NUGGETS    | 1         | 166         | 40          | 232       | 1.99      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 1          | 6.63      | 19.9     | 6.63      | 1.66      | 0.00                    |
| TATER TOTS - MCCAIN        | 8 PIECES     | 1         | 92          | 0           | 167       | 1.67      | 0.15      | *N/A*      | *N/A*      | *N/A*      | 1          | 0.84      | 14.22    | 3.35      | 0.42      | 0.00                    |
| CARROT STICKS 1/2 CUP      | 1/2 CUP      | 1         | 70          | 10          | 95        | 0.00      | 0.00      | 0.0        | 5          | 0.0        | 1          | 1.0       | 2.0      | 6.0       | 0.50      | 0.00                    |
| PEARS, DICED, CANNED       | 1/2 CUP      | 1         | 60          | 0           | 5         | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 12         | 0.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| KETCHUP : P/C              | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8          | 0.0       | 10.12    | 0.0       | 0.00      | 0.00                    |
| MUSTARD:, P/C              | 1 Each       | 1         | 3           | 0           | 63        | 0.22      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.22      | 0.33     | 0.22      | 0.00      | 0.00                    |
| SALAD BAR: 3 THURS. -ELEM  | .5 CUP       | 1         | 144         | *10         | 136       | 3.02      | 0.47      | 28.5       | 1138       | 41.11      | *9         | 2.68      | 19.58    | 6.41      | 0.60      | *0.00                   |
| FUN FOOD CRACKER           | SERVINGS     | 1         | 130         | 0           | 120       | 1.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 8          | 2.0       | 21.0     | 4.0       | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F  | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE              | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average     |              |           | 925         | *75         | 1493      | 9.90      | *0.62     | *328.5     | *1846      | *45.94     | *70        | 29.37     | 135.15   | 29.11     | 4.68      | *0.00                   |
| % of Calories              |              |           |             |             |           |           |           |            |            |            | *30.1%     | 12.7%     | 58.4%    | 28.3%     | 4.5%      | *0.0%                   |
| Nutrient Guideline         |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                           | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 01/24/2025          |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH          | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| CALZONE, MINI, WG         | 3 CALZONES   | 1         | 350         | 34          | 496       | 1.04      | 1.88      | 235.0      | *N/A*      | *N/A*      | 7          | 17.23     | 40.73    | 13.05     | 5.74      | 0.00                    |
| DINNER SALAD              | 1 CUP        | 1         | 101         | 14          | 157       | 2.06      | 0.68      | 67.1       | 3768       | 13.54      | *3         | 1.92      | 9.3      | 6.13      | 1.04      | 0.00                    |
| CREAMIES JR.              | CREAMIE      | 1         | 93          | 16          | 39        | 0.00      | 0.00      | 260.0      | 1988       | 3.45       | *N/A*      | 2.0       | 14.0     | 3.5       | 2.00      | 0.00                    |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SE     | 1         | 60          | 0           | 0         | 1.00      | 0.36      | 20.0       | *N/A*      | *N/A*      | 13         | 1.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| MARINARA SAUCE            | RVING        |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
|                           | 1/2 CUP      | 1         | 70          | 0           | 561       | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 7          | 2.0       | 12.02    | 1.5       | 0.00      | 0.00                    |
| RANCH: (WILD COYOTE LITE) | PC CUP       | 1         | 70          | 10          | 95        | 0.00      | 0.00      | 0.0        | 5          | 0.0        | 1          | 1.0       | 2.0      | 6.0       | 0.50      | 0.00                    |
| MILK : CHOCOLATE MILK F/F | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE             | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average    |              |           | 964         | 89          | 1688      | 6.11      | *2.92     | *882.0     | *6260      | *19.39     | *61        | 41.15     | 126.05   | 32.69     | 10.79     | 0.00                    |
| % of Calories             |              |           |             |             |           |           |           |            |            |            | *25.3%     | 17.1%     | 52.3%    | 30.5%     | 10.1%     | 0.0%                    |
| Nutrient Guideline        |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                                 | Portion Size   | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 01/27/2025                |                |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH                | Total          | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| TERIYAKI CHICKEN                | 2.8 OZ         | 1         | 130         | 70          | 480       | 0.00      | *N/A*     | 0.0        | 0          | 0.0        | 9          | 15.0      | 10.0     | 3.5       | 1.00      | 0.00                    |
| VEGETABLE BROWN RICE:ELE        | 4.75 OZ        | 1         | 130         | 0           | 580       | 2.00      | 1.44      | 20.0       | 2501       | 4.8        | *N/A*      | 3.0       | 24.01    | 2.5       | 0.00      | 0.00                    |
| GREEN BEANS 3/4 CUP             | 3/4 CUP        | 1         | 24          | 0           | 210       | 3.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 2          | 1.5       | 4.5      | 0.0       | 0.00      | 0.00                    |
| CHOCOLATE CHUNK COOKIE          | COOKIE         | 1         | 102         | 6           | 100       | 0.80      | 0.54      | 10.0       | 45         | 0.0        | 9          | 1.2       | 15.8     | 3.9       | 1.00      | 0.00                    |
| MANDARIN ORANGE, FESTIVA L, CAN | 1/2 C SE RVING | 1         | 80          | 0           | 10        | 0.00      | 0.36      | 0.0        | *N/A*      | 21.0       | 18         | 0.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| SOY SAUCE: PC                   | PC             | 1         | 10          | 0           | 500       | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F       | CARTON         | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                   | CARTON         | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average          |                |           | 696         | 91          | 2220      | 5.80      | *2.34     | *330.0     | *3046      | *28.20     | *68        | 36.70     | 105.31   | 12.40     | 3.50      | 0.00                    |
| % of Calories                   |                |           |             |             |           |           |           |            |            |            | *38.8%     | 21.1%     | 60.5%    | 16.0%     | 4.5%      | 0.0%                    |
| Nutrient Guideline              |                |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                            | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 01/28/2025           |                 |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH           | Total           | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| QUESADILLA, THREE CHEESE   | SERVINGS        | 1         | 327         | 42          | 581       | 3.26      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 3          | 17.99     | 32.38    | 14.86     | 8.63      | 0.00                    |
| REFRIED BEANS, V V         | 1/2 C SE RVINGS | 1         | 140         | 0           | 320       | 7.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 1          | 7.0       | 24.0     | 2.5       | 0.00      | 0.00                    |
| CORN 1/2 CUP               | 1/2 CUP         | 1         | 65          | 0           | 15        | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 3          | 2.0       | 15.0     | 1.0       | 0.00      | 0.00                    |
| CORNMEAL SUPER STAR        | 1 EA            | 1         | 148         | 11          | 91        | 1.50      | 1.10      | 15.0       | 40         | 0.0        | 12         | 2.8       | 23.0     | 5.0       | 0.90      | 0.00                    |
| PEACH, DICED, CANNED       | 1/2 CUP         | 1         | 60          | 0           | 10        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 11         | 0.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| SALAD BAR: 2 TUESDAY (ELE) | .5 CUP          | 1         | 213         | *10         | 324       | 5.03      | 1.28      | 28.7       | *1298      | *39.3      | *9         | 3.51      | 21.28    | 12.51     | 1.59      | *0.00                   |
| SALSA PICANTE              | 1 OZ            | 1         | 6           | 0           | 158       | 0.19      | 0.00      | 0.0        | 89         | 0.0        | 1          | 0.25      | 1.4      | 0.12      | 0.01      | 0.00                    |
| MILK : CHOCOLATE MILK F/F  | CARTON          | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE              | CARTON          | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average     |                 |           | 1180        | *78         | 1838      | 18.97     | *2.38     | *343.7     | *1927      | *41.70     | *69        | 49.55     | 163.06   | 38.48     | 12.63     | *0.00                   |
| % of Calories              |                 |           |             |             |           |           |           |            |            |            | *23.5%     | 16.8%     | 55.3%    | 29.4%     | 9.6%      | *0.0%                   |
| Nutrient Guideline         |                 |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

## Base Menu Spreadsheet

ELEMENTARY LUNCH

### Portion Values - Detailed

|                             | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 01/29/2025            |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH            | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| DUTCH WAFFLE                | 1 EACH       | 1         | 300         | 20          | 350       | 3.00      | 1.80      | 40.0       | 60         | 0.0        | 12         | 4.0       | 43.0     | 13.0      | 3.00      | 0.00                    |
| SCRAMBLED EGGS: SUNNY FRESH | 1oz SERVING  | 1         | 45          | 110         | 125       | 0.00      | 0.40      | 17.0       | 165        | 0.0        | *N/A*      | 3.0       | 1.0      | 3.0       | 1.00      | 0.00                    |
| SAUSAGE LINK - CLOVERDALE   | 1 LINK       | 1         | 115         | 20          | 170       | 0.00      | 0.36      | *N/A*      | *N/A*      | *N/A*      | 0          | 4.0       | 1.0      | 10.5      | 3.50      | 0.00                    |
| HASHBROWN PATTY:1/2 CUP     | 2 EACH       | 1         | 220         | 0           | 450       | 2.00      | 0.72      | 0.0        | 5          | 2.4        | 1          | 2.0       | 27.0     | 11.0      | 1.50      | 0.00                    |
| FRUIT BAR :ELEMENTARY       | 1/2 CUP      | 1         | 57          | *0          | 1         | 1.87      | 0.19      | 15.4       | 93         | 31.91      | *8         | 0.75      | 14.48    | 0.28      | 0.08      | *0.00                   |
| JUICE, PARADISE PUNCH       | CARTON       | 1         | 60          | 0           | 5         | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 13         | 0.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| SYRUP                       | 1 EA         | 1         | 10          | 0           | 80        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 4.0      | 0.0       | 0.00      | 0.00                    |
| KETCHUP : P/C               | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8          | 0.0       | 10.12    | 0.0       | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F   | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE               | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average      |              |           | 1068        | *165        | 1855      | 6.87      | 3.47      | *372.4     | *1026      | *39.14     | *72        | 29.75     | 146.60   | 40.28     | 10.57     | *0.00                   |
| % of Calories               |              |           |             |             |           |           |           |            |            |            | *26.9%     | 11.1%     | 54.9%    | 34.0%     | 8.9%      | *0.0%                   |
| Nutrient Guideline          |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 01/30/2025               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH               | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| HAMBURGER PATTY, TYSON         | HAMBURGERS   | 1         | 263         | 46          | 455       | 2.00      | *1.08     | *60.0      | *10        | *2.4       | 2          | 17.23     | 21.0     | 12.71     | 4.59      | 0.51                    |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP      | 1         | 12          | 0           | 6         | 1.00      | 0.30      | 9.2        | 515        | 6.42       | 2          | 0.87      | 2.6      | 0.08      | 0.01      | 0.00                    |
| PICKLE:, CHIPS                 | 1 OZ.        | 1         | 5           | 0           | 340       | 0.00      | 0.00      | 0.0        | 5          | 0.0        | 1          | 0.0       | 1.0      | 0.0       | 0.00      | 0.00                    |
| FRENCH FRIES- S.S. 1/2 CUP     | 3 OZ         | 1         | 140         | 0           | 300       | 2.00      | 0.36      | 0.0        | 0          | 4.8        | 0          | 2.0       | 22.0     | 5.0       | 1.50      | 0.00                    |
| PEARS, DICED, CANNED           | 1/2 CUP      | 1         | 60          | 0           | 5         | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 12         | 0.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| SWEET CAKE                     | SERVING      | 1         | 288         | 32          | 232       | 1.23      | *0.54     | *16.9      | *1200      | *0.31      | *32        | 2.71      | 44.51    | 11.65     | 4.99      | *0.00                   |
| SALAD BAR: 3 THURS. -ELEM      | .5 CUP       | 1         | 144         | *10         | 136       | 3.02      | 0.47      | 28.5       | 1138       | 41.11      | *9         | 2.68      | 19.58    | 6.41      | 0.60      | *0.00                   |
| KETCHUP : P/C                  | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | 202        | 2.43       | 8          | 0.0       | 10.12    | 0.0       | 0.00      | 0.00                    |
| MUSTARD:, P/C                  | 1 Each       | 1         | 3           | 0           | 63        | 0.22      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.22      | 0.33     | 0.22      | 0.00      | 0.00                    |
| MAYONNAISE, LIGHT              | POUCH        | 1         | 40          | 5           | 85        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 4.0       | 0.50      | 0.00                    |
| MILK : CHOCOLATE MILK F/F      | CARTON       | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| MILK 1% WHITE                  | CARTON       | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Weighted Daily Average         |              |           | 1216        | *108        | 2296      | 11.47     | *2.75     | *414.6     | *3572      | *59.87     | *95        | 41.71     | 169.13   | 42.57     | 13.69     | *0.51                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *31.3%     | 13.7%     | 55.6%    | 31.5%     | 10.1%     | *0.4%                   |
| Nutrient Guideline             |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

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# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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|                           | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 01/31/2025          |                 |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| ELEMENTARY LUNCH          |                 |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| PEPPERONI PIZZA RIPPERS   | Total SERVING   | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| DINNER SALAD              | 1 CUP           | 1         | 270         | 30          | 580       | 3.00      | *N/A*     | *N/A*      | *N/A*      | 0.0        | 3          | 14.0      | 29.0     | 11.0      | 5.00      | 0.00                    |
| COOKIE, SNICKERDOODLE, WG | SERVINGS        | 1         | 104         | 14          | 157       | 2.06      | 0.68      | 67.1       | 3768       | 13.54      | *3         | 1.92      | 9.3      | 6.13      | 1.04      | 0.00                    |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SE R Ving | 1         | 60          | 7           | 69        | 0.50      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 7          | 1.0       | 16.0     | 4.0       | 1.00      | 0.00                    |
| MARINARA SAUCE            | 1/2 CUP         | 1         | 70          | 0           | 561       | 2.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 13         | 1.0       | 16.0     | 0.0       | 0.00      | 0.00                    |
| RANCH: (WILD COYOTE LITE) | PC CUP          | 1         | 70          | 10          | 95        | 0.00      | 0.00      | 0.0        | 5          | 0.0        | 7          | 2.0       | 12.02    | 1.5       | 0.00      | 0.00                    |
| MILK : CHOCOLATE MILK F/F | CARTON          | 1         | 110         | 5           | 210       | 0.00      | 0.00      | *N/A*      | *N/A*      | *N/A*      | 1          | 1.0       | 2.0      | 6.0       | 0.50      | 0.00                    |
| MILK 1% WHITE             | CARTON          | 1         | 110         | 10          | 130       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 18         | 8.0       | 19.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average    |                 |           | 895         | 76          | 1802      | 8.57      | *1.04     | *387.1     | *4273      | *15.94     | *64        | 36.92     | 116.32   | 31.13     | 9.04      | 0.00                    |
| % of Calories             |                 |           |             |             |           |           |           |            |            |            | *28.6%     | 16.5%     | 52.0%    | 31.3%     | 9.1%      | 0.0%                    |
| Nutrient Guideline        |                 |           | 645         |             |           |           | 3.30      | 267.00     | 1055       | 15.00      |            | 8.87      |          | <=30.0    | <10.00    |                         |

|                  |  |  |     |     |      |       |       |        |       |        |        |       |        |       |      |       |
|------------------|--|--|-----|-----|------|-------|-------|--------|-------|--------|--------|-------|--------|-------|------|-------|
| Weighted Average |  |  | 953 | *84 | 1842 | 11.09 | *2.24 | *416.3 | *3772 | *45.07 | *65    | 40.56 | 131.01 | 29.85 | 8.33 | *0.05 |
|                  |  |  |     |     |      |       |       |        |       |        | *61.1% | 17.0% | 55.0%  | 28.2% | 7.9% | *0.1% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)           |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-----------------------------------|
| Calories                   | 953      |           | 645           | 148%        |           |           |         |                                   |
| Cholesterol (mg)           | 84       |           |               |             | Missing   |           | 1842    |                                   |
| Sodium 1 (mg)              | 1842     |           |               |             |           |           |         |                                   |
| Fiber (g)                  | 11.09    |           |               |             |           |           |         |                                   |
| Iron (mg)                  | 2.24     |           | 3.30          | 68%         | Missing   | 1.06      |         | Correction Required - Iron is Low |
| Calcium (mg)               | 416.3    |           | 267.00        | 156%        | Missing   |           |         |                                   |
| Vitamin A (IU)             | 3772     |           | 1055          | 358%        | Missing   |           |         |                                   |
| Sugars (g)                 | 65       | 27.15%    |               |             | Missing   |           |         |                                   |
| Vitamin C (mg)             | 45.07    |           | 15.00         | 300%        | Missing   |           |         |                                   |
| Protein (g)                | 40.56    | 17.03%    | 8.87          | 457%        |           |           |         |                                   |
| Carbohydrate (g)           | 131.01   | 55.00%    |               |             |           |           |         |                                   |
| Total Fat (g)              | 29.85    | 28.20%    | <=30.00%      |             |           |           |         |                                   |
| Saturated Fat (g)          | 8.33     | 7.87%     | <10.00%       |             |           |           |         |                                   |
| Trans Fat <sup>1</sup> (g) | 0.05     | 0.05%     |               |             | Missing   |           |         |                                   |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.