

Washington County School District

Mar 3, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/03/2025			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
GREEN BEANS 1 CUP	1 CUP	1	6.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: HIGH	1 CUP	1	36.49
SOY SAUCE: PC	PC	1	0.0
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			149.83
% of Calories			62.0%
Nutrient Guideline			

Tue - 03/04/2025			
SECONDARY LUNCH 9-12	Total	1	
BURRITO, BEAN & CHEESE	BURRITO	1	30.99
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.0
CHILI, THREE BEAN JTM	1/2 CUP	1	19.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			172.38
% of Calories			56.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/05/2025			
SECONDARY LUNCH 9-12	Total	1	
SCRAMBLED EGGS W/HAM:SEC	3oz SERVING	1	2.84
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
KETCHUP : P/C	PC	1	10.12
JUICE, PARADISE PUNCH	CARTON	1	13.9
COOKIE, BIRTHDAY	SERVINGS	1	27.13
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			160.67
% of Calories			55.3%
Nutrient Guideline			

Thu - 03/06/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH	SANDWICH	1	36.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
TATER TOTS - MCCAIN	10pc	1	20.31
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: HIGH	1 CUP	1	36.49
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			170.11
% of Calories			57.3%
Nutrient Guideline			

Fri - 03/07/2025			
SECONDARY LUNCH 9-12	Total	1	
HOT DOG w/ CHILI	SERVINGS	1	32.5
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			155.34
% of Calories			57.1%
Nutrient Guideline			

Tue - 03/18/2025			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	21.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CHURRO- APPLE WG	SERVINGS	1	25.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.0
CHILI, THREE BEAN JTM	1/2 CUP	1	19.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			169.14
% of Calories			55.4%
Nutrient Guideline			

Wed - 03/19/2025			
SECONDARY LUNCH 9-12	Total	1	
ROTINI ALFREDO: SEC	1 CUP	1	36.65
CHICKEN, DICED L/S TYSON	2.3oz SERVING	1	1.01
BREADSTICK, CHEESY GARLIC DOUG	SERVINGS	1	15.0
BROCCOLI, ROASTED	1 CUP	1	4.45
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
SALAD BAR: HIGH	1 CUP	1	36.49
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			162.28
% of Calories			54.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/20/2025			
SECONDARY LUNCH 9-12	Total	1	
CORN DOG, MINI PROVIEW (6)	6 NUGGETS	1	29.85
TATER TOTS - MCCAIN	10pc	1	20.31
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
MOOKIE COOKIE	SERVING	1	21.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0
SALAD BAR: HIGH	1 CUP	1	36.49
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			170.93
% of Calories			58.2%
Nutrient Guideline			

Fri - 03/21/2025			
SECONDARY LUNCH 9-12	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
DINNER SALAD	1 CUP	1	7.49
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			156.95
% of Calories			57.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/24/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
GREEN BEANS 1 CUP	1 CUP	1	6.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: HIGH	1 CUP	1	36.49
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			154.41
% of Calories			60.6%
Nutrient Guideline			

Tue - 03/25/2025			
SECONDARY LUNCH 9-12	Total	1	
TACO SALAD	SERVING	1	33.68
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CORNMEAL SUPER STAR	1 EA	1	23.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.0
CHILI, THREE BEAN JTM	1/2 CUP	1	19.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			170.54
% of Calories			54.5%
Nutrient Guideline			

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Wed - 03/26/2025			
SECONDARY LUNCH 9-12	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SAUSAGE LINK - CLOVERDALE	2 LINKS	1	2.02
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			158.50
% of Calories			53.2%
Nutrient Guideline			

Thu - 03/27/2025			
SECONDARY LUNCH 9-12	Total	1	
HAMBURGER, RAW- SEC 85/15, 4oz	HAMBURGERS	1	27.0
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
SWEET CAKE	SERVING	1	44.38
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: HIGH	1 CUP	1	36.49
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			188.33
% of Calories			54.0%
Nutrient Guideline			

Fri - 03/28/2025			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD	1 CUP	1	7.49
FRUIT BAR : SECONDARY	1 CUP	1	22.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
OATMEAL COOKIES	1 EACH	1	19.44
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			153.16
% of Calories			55.7%
Nutrient Guideline			

Mon - 03/31/2025			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
GREEN BEANS 1 CUP	1 CUP	1	6.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: HIGH	1 CUP	1	36.49
SOY SAUCE: PC	PC	1	0.0
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Washington County School District

Mar 3, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
FRUIT BAR : SECONDARY	1 CUP	1	22.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			149.83
% of Calories			62.0%
Nutrient Guideline			

Weighted Average			162.83
			56.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	162.83	56.70%						

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