

# Washington County School District

## Base Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2025 thru May 22, 2025

ELEMENTARY LUNCH

Generated on: 4/24/2025 9:37:34 AM

|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Thu - 05/01/2025               |                 |              |             |
| ELEMENTARY LUNCH               | Total           | 1            |             |
| CHICKEN SANDWICH               | SANDWICH        | 1            | 31.11       |
| LETTUCE & TOMATO:1/2 CUP-TACOS | 1/2 CUP         | 1            | 1.92        |
| TATER TOTS - MCCAIN            | 8 PIECES        | 1            | 14.0        |
| COOKIE, CHOCOLATE CHIP         | 1 EACH          | 1            | 13.5        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP         | 1            | 14.48       |
| SALAD BAR: 3 THURSDAY'S:ELE    | .5 CUP          | 1            | 18.24       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 13.0        |
| MAYONNAISE, LIGHT              | POUCH           | 1            | 0.0         |
| KETCHUP : P/C                  | PC              | 1            | 10.12       |
| PICKLE:, CHIPS                 | 1 OZ.           | 1            | 1.0         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| Weighted Daily Average         |                 |              | 165.37      |
| % of Calories                  |                 |              | 58.7%       |
| Nutrient Guideline             |                 |              |             |

|                           |               |   |        |
|---------------------------|---------------|---|--------|
| Fri - 05/02/2025          |               |   |        |
| ELEMENTARY LUNCH          | Total         | 1 |        |
| HOT DOG, BEEF CLOVERDALE  | SERVINGS      | 1 | 23.0   |
| CHIPS: DORITOS            | BAG           | 1 | 19.62  |
| MIXED FRESH VEGETABLES    | 3/4 CUP       | 1 | 8.31   |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SERVING | 1 | 16.0   |
| FRUIT BAR :ELEMENTARY     | 1/2 CUP       | 1 | 14.48  |
| KETCHUP : P/C             | PC            | 1 | 10.12  |
| MUSTARD:, P/C             | 1 Each        | 1 | 0.33   |
| RELISH- DILL PICKLE       | SERVING       | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F | CARTON        | 1 | 19.0   |
| MILK 1% WHITE             | CARTON        | 1 | 13.0   |
| Weighted Daily Average    |               |   | 123.86 |
| % of Calories             |               |   | 55.6%  |
| Nutrient Guideline        |               |   |        |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| Mon - 05/05/2025               |               |   |        |
| ELEMENTARY LUNCH               | Total         | 1 |        |
| TERIYAKI CHICKEN               | 2.8 oz        | 1 | 10.0   |
| VEGETABLE BROWN RICE:ELE       | 4.75 OZ       | 1 | 24.01  |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1 | 4.5    |
| GRAHAM, TIGER BITES, CHOCOLATE | SERVINGS      | 1 | 21.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP       | 1 | 14.48  |
| SOY SAUCE: PC                  | PC            | 1 | 0.0    |
| MILK, STRAWBERRY               | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| Weighted Daily Average         |               |   | 124.99 |
| % of Calories                  |               |   | 64.8%  |
| Nutrient Guideline             |               |   |        |

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ELEMENTARY LUNCH

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Tue - 05/06/2025               |                 |              |             |
| ELEMENTARY LUNCH               | Total           | 1            |             |
| TACO SOUP - RAW - 3/4 CUP      | 1 CUP           | 1            | 21.65       |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ          | 1            | 0.25        |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL            | 1            | 34.0        |
| MIXED FRESH VEGETABLES         | 3/4 CUP         | 1            | 8.31        |
| SALAD BAR: 2 TUESDAY (ELE)     | .5 CUP          | 1            | 19.8        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP         | 1            | 14.48       |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| Weighted Daily Average         |                 |              | 144.48      |
| % of Calories                  |                 |              | 52.9%       |
| Nutrient Guideline             |                 |              |             |

|                              |          |   |       |
|------------------------------|----------|---|-------|
| Wed - 05/07/2025             |          |   |       |
| ELEMENTARY LUNCH             | Total    | 1 |       |
| TERIYAKI BEEF NUGGETS        | 4 Nugget | 1 | 6.0   |
| MASHED POTATOES, Dry mix,1/2 | 1/2 CUP  | 1 | 17.03 |
| GRAVY, BROWN LOW SODIUM      | 1/4 CUP  | 1 | 0.37  |
| BROCCOLI, ROASTED, 3/4 C     | 3/4 CUP  | 1 | 3.29  |
| FRUIT BAR :ELEMENTARY        | 1/2 CUP  | 1 | 14.48 |
| ROLLS - NO EGGS              | SERVINGS | 1 | 22.59 |
| MARGARINE REDDIES: (1)       | 1 Patty  | 1 | 0.0   |
| MILK : CHOCOLATE MILK F/F    | CARTON   | 1 | 19.0  |
| MILK 1% WHITE                | CARTON   | 1 | 13.0  |
| Weighted Daily Average       |          |   | 95.75 |
| % of Calories                |          |   | 52.2% |
| Nutrient Guideline           |          |   |       |

|                                |            |   |        |
|--------------------------------|------------|---|--------|
| Thu - 05/08/2025               |            |   |        |
| ELEMENTARY LUNCH               | Total      | 1 |        |
| CHICKEN CHUNKS, POPCORN TYSON  | 10 NUGGETS | 1 | 15.18  |
| TATER TOTS - MCCAIN            | 9 PIECES   | 1 | 14.0   |
| SCOOBY-DOO GRAHAM CRACKER STIC | BAG        | 1 | 21.0   |
| PEARS, DICED, CANNED           | 1/2 CUP    | 1 | 16.0   |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP    | 1 | 14.48  |
| MIXED FRESH VEGETABLES         | 3/4 CUP    | 1 | 8.31   |
| SALAD BAR: 3 THURSDAY'S:ELE    | .5 CUP     | 1 | 18.24  |
| BARBAQUE SAUCE: P/C            | 1 Each     | 1 | 13.0   |
| KETCHUP : P/C                  | PC         | 1 | 10.12  |
| MILK : CHOCOLATE MILK F/F      | CARTON     | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON     | 1 | 13.0   |
| Weighted Daily Average         |            |   | 162.33 |
| % of Calories                  |            |   | 55.2%  |
| Nutrient Guideline             |            |   |        |

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Base Menu Spreadsheet

Portion Values - Detailed

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ELEMENTARY LUNCH

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|                           | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|---------------------------|-----------------|--------------|-------------|
| Fri - 05/09/2025          |                 |              |             |
| ELEMENTARY LUNCH          | Total           | 1            |             |
| CHEESE RIPPER             | SERVING         | 1            | 29.0        |
| DINNER SALAD              | 1 CUP           | 1            | 7.49        |
| RANCH: (WILD COYOTE LITE) | PC CUP          | 1            | 2.0         |
| COOKIE, OATMEAL           | 1 EACH          | 1            | 19.44       |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SERVING   | 1            | 16.0        |
| FRUIT BAR :ELEMENTARY     | 1/2 CUP         | 1            | 14.48       |
| MARINARA SAUCE            | 1/2 CUP         | 1            | 12.02       |
| MILK : CHOCOLATE MILK F/F | CARTON          | 1            | 19.0        |
| MILK 1% WHITE             | CARTON          | 1            | 13.0        |
| Weighted Daily Average    |                 |              | 132.43      |
| % of Calories             |                 |              | 55.4%       |
| Nutrient Guideline        |                 |              |             |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| Mon - 05/12/2025               |               |   |        |
| ELEMENTARY LUNCH               | Total         | 1 |        |
| ORANGE CHICKEN                 | 3.92 OZ       | 1 | 17.04  |
| RICE: COOKED BROWN RICE (ELE)  | 1/2 CUP       | 1 | 16.48  |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1 | 4.5    |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP       | 1 | 14.48  |
| BROWNIE MIX, SHIRLEY J         | SERVINGS      | 1 | 23.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| Weighted Daily Average         |               |   | 126.51 |
| % of Calories                  |               |   | 69.2%  |
| Nutrient Guideline             |               |   |        |

|                                |                |   |        |
|--------------------------------|----------------|---|--------|
| Tue - 05/13/2025               |                |   |        |
| ELEMENTARY LUNCH               | Total          | 1 |        |
| SOFT FLOUR TACO: ELE           | servings       | 1 | 23.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP        | 1 | 2.6    |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ         | 1 | 0.25   |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1 | 24.0   |
| CORN 1/2 CUP                   | 1/2 CUP        | 1 | 15.0   |
| SALAD BAR: 2 TUESDAY (ELE)     | .5 CUP         | 1 | 19.8   |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1 | 14.0   |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP        | 1 | 14.48  |
| CHURRO- APPLE WG               | SERVINGS       | 1 | 25.0   |
| SALSA PICANTE                  | 1 OZ           | 1 | 1.4    |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON         | 1 | 13.0   |
| Weighted Daily Average         |                |   | 171.52 |
| % of Calories                  |                |   | 57.8%  |
| Nutrient Guideline             |                |   |        |

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Wed - 05/14/2025               |                 |              |             |
| ELEMENTARY LUNCH               | Total           | 1            |             |
| ROTINI ALFREDO: ELE            | 3/4 CUP         | 1            | 26.31       |
| CHICKEN, DICED L/S TYSON       | 1.5oz SERVING   | 1            | 0.51        |
| BREADSTICK, CHEESY GARLIC DOUG | SERVINGS        | 1            | 15.0        |
| BROCCOLI, ROASTED, 3/4 C       | 3/4 CUP         | 1            | 3.29        |
| FRUIT BAR :ELEMENTARY          | 1/2 CUP         | 1            | 14.48       |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| Weighted Daily Average         |                 |              | 91.59       |
| % of Calories                  |                 |              | 52.5%       |
| Nutrient Guideline             |                 |              |             |

|                             |           |   |        |
|-----------------------------|-----------|---|--------|
| Thu - 05/15/2025            |           |   |        |
| ELEMENTARY LUNCH            | Total     | 1 |        |
| CORN DOG, MINI PROVIEW (4)  | 4 NUGGETS | 1 | 19.9   |
| TATER TOTS - MCCAIN         | 8 PIECES  | 1 | 14.0   |
| CARROT STICKS 1/2 CUP       | 1/2 CUP   | 1 | 2.0    |
| PEARS, DICED, CANNED        | 1/2 CUP   | 1 | 16.0   |
| FRUIT BAR :ELEMENTARY       | 1/2 CUP   | 1 | 14.48  |
| KETCHUP : P/C               | PC        | 1 | 10.12  |
| MUSTARD:, P/C               | 1 Each    | 1 | 0.33   |
| SALAD BAR: 3 THURSDAY'S:ELE | .5 CUP    | 1 | 18.24  |
| CHOCOLATE CHUNK COOKIE      | COOKIE    | 1 | 15.8   |
| MILK : CHOCOLATE MILK F/F   | CARTON    | 1 | 19.0   |
| MILK 1% WHITE               | CARTON    | 1 | 13.0   |
| Weighted Daily Average      |           |   | 142.87 |
| % of Calories               |           |   | 60.5%  |
| Nutrient Guideline          |           |   |        |

|                           |               |   |        |
|---------------------------|---------------|---|--------|
| Fri - 05/16/2025          |               |   |        |
| ELEMENTARY LUNCH          | Total         | 1 |        |
| CALZONE, MINI, WG         | 3 CALZONES    | 1 | 40.01  |
| DINNER SALAD              | 1 CUP         | 1 | 7.49   |
| CREAMIES JR.              | CREAMIE       | 1 | 14.0   |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SERVING | 1 | 16.0   |
| FRUIT BAR :ELEMENTARY     | 1/2 CUP       | 1 | 14.48  |
| MARINARA SAUCE            | 1/2 CUP       | 1 | 12.02  |
| RANCH: (WILD COYOTE LITE) | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F | CARTON        | 1 | 19.0   |
| MILK 1% WHITE             | CARTON        | 1 | 13.0   |
| Weighted Daily Average    |               |   | 137.99 |
| % of Calories             |               |   | 55.9%  |
| Nutrient Guideline        |               |   |        |

|                     |       |   |     |
|---------------------|-------|---|-----|
| Mon - 05/19/2025    |       |   |     |
| ELEMENTARY LUNCH    | Total | 1 |     |
| Cooks Choice Entree | 1each | 1 | 0.0 |

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ELEMENTARY LUNCH

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|                                         | Portion<br>Size | Reimb<br>Qty | Carb<br>(g)  |
|-----------------------------------------|-----------------|--------------|--------------|
| Weighted Daily Average<br>% of Calories |                 |              | 0.00<br>0.0% |
| Nutrient Guideline                      |                 |              |              |

|                                         |       |   |              |
|-----------------------------------------|-------|---|--------------|
| Tue - 05/20/2025                        |       |   |              |
| ELEMENTARY LUNCH                        | Total | 1 |              |
| Cooks Choice Entree                     | 1each | 1 | 0.0          |
| Weighted Daily Average<br>% of Calories |       |   | 0.00<br>0.0% |
| Nutrient Guideline                      |       |   |              |

|                                         |       |   |              |
|-----------------------------------------|-------|---|--------------|
| Wed - 05/21/2025                        |       |   |              |
| ELEMENTARY LUNCH                        | Total | 1 |              |
| Cooks Choice Entree                     | 1each | 1 | 0.0          |
| Weighted Daily Average<br>% of Calories |       |   | 0.00<br>0.0% |
| Nutrient Guideline                      |       |   |              |

|                                         |       |   |              |
|-----------------------------------------|-------|---|--------------|
| Thu - 05/22/2025                        |       |   |              |
| ELEMENTARY LUNCH                        | Total | 1 |              |
| Cooks Choice Entree                     | 1each | 1 | 0.0          |
| Weighted Daily Average<br>% of Calories |       |   | 0.00<br>0.0% |
| Nutrient Guideline                      |       |   |              |

|                  |  |  |                 |
|------------------|--|--|-----------------|
| Weighted Average |  |  | 134.97<br>57.3% |
|------------------|--|--|-----------------|

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 134.97   | 57.35%    |               |             |           |           |         |                         |

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