

Washington County School District

May 1, 2025 thru May 22, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/01/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
TATER TOTS - MCCAIN	8 PIECES	1	14.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.12
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			142.63
% of Calories			56.4%
Nutrient Guideline			

Fri - 05/02/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HOT DOG w/ CHILI	SERVINGS	1	32.5
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			146.49
% of Calories			55.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Mon - 05/05/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SOY SAUCE: PC	PC	1	0.0
MILK, STRAWBERRY	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			121.67
% of Calories			60.5%
Nutrient Guideline			

Tue - 05/06/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TACO SOUP - RAW - 1 CUP	1 CUP	1	21.65
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	19.57
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.0
CHILI, THREE BEAN JTM	1/2 CUP	1	19.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			135.24
% of Calories			49.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/07/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
ROLLS - NO EGGS	SERVINGS	1	22.59
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			118.69
% of Calories			50.7%
Nutrient Guideline			

Thu - 05/08/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
TATER TOTS - MCCAIN	9 PIECES	1	14.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.12
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			147.01
% of Calories			57.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/09/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHEESE RIPPER	SERVING	1	29.0
DINNER SALAD	1 CUP	1	7.49
COOKIE, OATMEAL	1 EACH	1	19.44
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			146.02
% of Calories			55.5%
Nutrient Guideline			

Mon - 05/12/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
GENERAL TSO'S CHICKEN	3.9oz SERVING	1	24.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			125.91
% of Calories			61.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/13/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
SOFT FLOUR TACO:SEC	serving	1	21.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	7.36
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	19.57
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
NACHOS	Total	1	
CHILI, THREE BEAN JTM	SERVINGS	1	38.0
LETTUCE & TOMATO:3/4 CUP-TACOS	1/2 CUP	1	19.0
PEACH, DICED, CANNED	3/4 CUP	1	7.36
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.0
SALSA PICANTE	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	1 OZ	1	1.4
MILK 1% WHITE	CARTON	1	19.0
	CARTON	1	13.0
Weighted Daily Average			150.14
% of Calories			54.8%
Nutrient Guideline			

Wed - 05/14/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
ROTINI ALFREDO: SEC	1 CUP	1	36.65
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC DOUG	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI			
SPICY CHICKEN PATTY - A PIERRE	Total	1	
SHREDDED LETTUCE & TOMATO-DELI	SERVINGS	1	44.0
WAFFLE FRIES, SKIN ON MCCAIN	1/2 CUP	1	2.6
CARROT STICKS 1/2 CUP	3oz SERVINGS	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	2.0
PICKLE:, CHIPS	1/2 CUP	1	14.48
KETCHUP : P/C	1 OZ.	1	1.0
BARBAQUE SAUCE: P/C	PC	1	10.12
MAYONNAISE, LIGHT	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	POUCH	1	0.0
MILK 1% WHITE	CARTON	1	19.0
	CARTON	1	13.0
Weighted Daily Average			120.06
% of Calories			52.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/15/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CORN DOG, MINI PROVIEW (5)	5 NUGGETS	1	24.88
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.12
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN	WRAP	1	37.6
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
CHIPS: DORITOS	BAG	1	19.62
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			139.86
% of Calories			58.0%
Nutrient Guideline			

Fri - 05/16/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
DINNER SALAD	1 CUP	1	7.49
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
LUNCH BASKET	BASKET	1	44.48
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			148.81
% of Calories			55.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 05/19/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			
Tue - 05/20/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			
Wed - 05/21/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			
Thu - 05/22/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			
Weighted Average			136.88 55.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	136.88	55.53%						

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