

# Product Information

**Post**  
FOODSERVICE

## Marshmallow Mateys Special Edition - small bowl pack

<b>Malt-O-Meal Marshmallow Mateys Bowl Pack</b>	<b>Special Edition</b>	<b>MRK-2 BP</b>	Puffed sweetened toasted whole grain oat cereal in anchor shaped pieces with marshmallows. Only 6g sugar per 1 oz eq grain serving. 12 essential vitamins and minerals
<b>Pack &amp; Size</b>	96 / 1 oz		
<b>Top Seller - Meets K12 1 oz Equivalent Grain</b>			
<b>Case</b>	27596		<b>All Family Favorite</b>
<b>Case GTIN</b>	1 00 42400 27596 8		<b>6g Sugar - CACFP Qualified</b>
<b>Shipping Weight (lbs.)</b>	8.87		<b>Whole Grain Oat Flour 1st Ingredient</b>
<b>Case Cube (cu. ft.)</b>	2.29		<b>1 bowl = 1 oz equivalent grain</b>
<b>Case Dimensions LxWxH (inches)</b>	16.56 x 13 x 18.38		<b>Smart Snack Qualifited</b>
<b>Pallet: Tier (Cases per layer)</b>	9		<b>Marshmallow Mateys - Special Edition Cereal contains 50% less sugar than our regular Marshmallow Mateys cereal.</b>
<b>Pallet: Hi (Number of Layers)</b>	2		
<b>Cases per pallet</b>	18		
<b>Meets USDA Whole Grain Criteria</b>	yes: 1st Ingredient = Whole Grain Oat Flour		<b>No Artificial Flavors</b>
<b>Allergens Present</b>	Wheat		<b>No BHT</b>
<b>Country of Origin</b>	USA		<b>No High Fructose</b>
			<b>No Nuts</b>

Actual Bowl Pack Lid pictured below



**Malt O Meal**

**Marshmallow Mateys**

**Special Edition**

**CEREAL**

**Nutrition Facts**

Serving Size 1 bowl (28g)  
Calories 110  
Calories from Fat 15

\*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 1.5g	2%	Potassium 75mg	2%
Saturated Fat 0g	0%	Total Carbohydrate 22g	7%
Trans Fat 0g		Dietary Fiber 2g	8%
Cholesterol 0mg	0%	Sugars 6g	
Sodium 270mg	11%	Protein 3g	

Vitamin A 0% • Vitamin C 0% • Calcium 15% • Iron 25% • Thiamin 35%  
Niacin 8% • Vitamin B6 10% • Folic Acid 4% • Pantothenic Acid 6%  
Phosphorus 8% • Zinc 10%

**INGREDIENTS:** WHOLE GRAIN OAT FLOUR, SUGAR, WHEAT STARCH, CORN SYRUP, SALT, MODIFIED CORNSTARCH, CALCIUM CARBONATE, DEXTROSE, GELATIN, TRISODIUM PHOSPHATE, ARTIFICIAL FLAVOR, YELLOW 5, RED 40, BLUE 1, YELLOW 6. **VITAMINS & MINERALS:** FERRIC ORTHOPHOSPHATE (SOURCE OF IRON), NIACINAMIDE (VITAMIN B3), ZINC OXIDE (SOURCE OF ZINC), THIAMIN MONONITRATE (VITAMIN B1), CALCIUM PANTOTHENATE (VITAMIN B5), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), FOLIC ACID. **CONTAINS WHEAT.**

**1 BOWL = 1 OZ EQUIVALENT GRAIN**

28648 1708 MRK-2 BP

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[PostConsumerBrands.com](http://PostConsumerBrands.com)

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**NET WT 1 OZ (28g)**

oz equivalent grain	1 oz
% Whole Grain	90%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	110
Total Fat	1.5g
Sodium	270mg
Total Carbs	22g
Dietary Fiber	2g
Sugar	6g
Protein	3g

# Product Information

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## Frosted Shredded Wheat Strawberry - Small Bowl Pack

<b>Post</b> <b>Frosted Shredded Wheat</b> <b>Strawberry Bowl Pack</b>	<b>FSA-2 BP</b>	Lightly frosted shredded wheat biscuits naturally flavored with strawberry. 6g sugar per 1 oz grain. Contains 8 essential vitamins and minerals. No artificial flavors or certified synthetic flavors.
<b>Pack &amp; Size</b>	96 / 1 oz	
<b>Top Seller - Meets K12 1 oz Equivalent Grain</b>		
<b>Case</b>	27150	<b>All Family Favorite</b>  <b>Only 5g Sugar - CACFP Qualified</b>  <b>Whole Grain Wheat 1st Ingredient</b>  <b>Smart Snack Qualified</b>  <b>1 bowl = 1 oz equivalent grain</b>  <b>No Artificial Flavors</b> <b>No Certified Synthetic Colors</b> <b>No BHT</b> <b>No High Fructose</b> <b>No Nuts</b>
<b>Case GTIN</b>	1 08 84912 27150 8	
<b>Shipping Weight (lbs.)</b>	8.67	
<b>Case Cube (cu. ft.)</b>	1.79	
<b>Case Dimensions LxWxH (inches)</b>	16.56 x 13 x 14.38	
<b>Pallet: Tier (Cases per layer)</b>	9	
<b>Pallet: Hi (Number of Layers)</b>	3	
<b>Cases per pallet</b>	27	
<b>Meets USDA Whole Grain Criteria</b>	yes: 1st Ingredient = Whole Grain Wheat	
<b>Allergens Present</b>	Wheat	
<b>Country of Origin</b>	USA	

Actual Bowl Pack Lid pictured below




Amount/Serving	%DV*	Amount/Serving	%DV*
<b>Total Fat</b> 0.5g	<b>1%</b>	<b>Potassium</b> 100mg	<b>3%</b>
Saturated Fat 0g	<b>0%</b>	<b>Total Carbohydrate</b> 23g	<b>8%</b>
Trans Fat 0g		Dietary Fiber 3g	<b>12%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>	Sugars 5g	
<b>Sodium</b> 0mg	<b>0%</b>	<b>Protein</b> 3g	
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 25%			
Thiamin 40% • Niacin 10% • Vitamin B6 10% • Folic Acid 6%			
Pantothenic Acid 6%			

**Ingredients:** Whole Grain Wheat, Sugar, Gelatin, Natural Flavor, Vegetable Juice (color). Freshness preserved with Vitamin E (mixed tocopherols).

**Vitamins & Minerals:** Reduced Iron, Folic Acid, Niacinamide (Vitamin B3), Calcium Pantothenate (Vitamin B5), Thiamin Mononitrate (Vitamin B1), Pyridoxine Hydrochloride (Vitamin B6).

**Contains Wheat.**

**1 BOWL = 1 OZ EQUIVALENT GRAIN**

1-800-431-7678 or visit us on the web at: [PostConsumerBrands.com](http://PostConsumerBrands.com)

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**5g sugar** per serving

**NET WT 1 OZ (28g)**

**100% WHOLE GRAIN** 22g or more per serving 100% OF THE GRAIN IS WHOLE GRAIN

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Barcode: 8 84912 27150 1

27837 1705 FSA-2 BP

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0g
Total Carbs	23g
Dietary Fiber	3g
Sugar	5g
Protein	3g



FOODSERVICE

# Honey Bunches of Oats Honey Crunch

## 96/1 oz Bowl #27315



*A delightful  
combination of crispy  
flakes, crunchy oat  
clusters and honey*

### Nutritional and Program Specifications

HWH- 102 BP

Oz Eq Grain Credit	1	Smart Snacks Qualified Snack	Yes
Whole Grain Rich	Yes	200 or less Calories	Yes
Whole Grain 1 <sup>st</sup> Ingredient	Yes	200 mg or less Sodium	Yes
6 g or less Sugar per oz	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Allergens	Wheat	0g Trans Fat	Yes
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	No	CACFP Qualified	Yes
Nuts	No	Buy American Compliant	Yes – Made in the USA
BHT/BHA/TBHQ	No	Kosher	OU
HFCS	No	Shelf Life	270 Days

### Case Specifications

Pack	96/ 1 oz	Ship Weight (pounds)	8.67
GTIN	108-84912-27315-1	Case Cube (cu. Ft.)	1.79
Ti/Hi	9/3	Case Dimensions L x W x H (inches)	16.56 X 13 X 14.38
Cases per Pallet	27	Storage	Cool /Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>