



Sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a bowlpak format. Gluten-free. Whole grain oats - first ingredient. In a ready-to-eat bowl for convenient, single serve portion control. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



## Product Information:

|                      |  |
|----------------------|--|
| <b>PRODUCT CODE:</b> | 18447000   |
| <b>UPC:</b>          | 16000184473  |
| <b>GTIN:</b>         | 10016000184470   |
| <b>UNIT SIZE:</b>    | 1  |
| <b>CASE COUNT:</b>   | 96   |
| <b>ATTRIBUTES:</b>   | Kosher<br>No Artificial Colors<br>No Artificial Flavors<br>1 oz. Eq. Grain<br>Zero Trans Fat<br>No Colors from Artificial Sources<br>Whole Grain<br>No Gelatin<br>Smart Snacks Compliant<br>No High Fructose Corn Syrup<br>Gluten Free<br>CACFP eligible |

## Ingredients & Allergens

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## Preparation Instructions

Ready to eat

## Package Information:

|                    |        |
|--------------------|--------|
| <b>NET WEIGHT:</b> | N/A    |
| <b>VOLUME:</b>     | 2.3 CF |
| <b>HEIGHT:</b>     | 18.6   |
| <b>LENGTH:</b>     | 16.8   |
| <b>WIDTH:</b>      | 96     |
| <b>CASE SIZE:</b>  | 13     |

Nutrition Facts

| Serving Size       |  |       |     | 1 bowl (28g)       | 100 g (100g)       |
|--------------------|--|-------|-----|--------------------|--------------------|
| Calories           |  |       |     | As Packaged<br>110 | As Packaged<br>380 |
|                    |  |       |     | % DV               |                    |
| Total Fat          |  | 2g    | 2%  | 6g                 |                    |
| Saturated Fat      |  | 0g    | -   | 1g                 |                    |
| Trans Fat          |  | 0g    |     | 0g                 |                    |
| Cholesterol        |  | 0mg   | -   | 0mg                |                    |
| Sodium             |  | 170mg | 7%  | 602mg              |                    |
| Total Carbohydrate |  | 22g   | 8%  | 78g                |                    |
| Dietary Fiber      |  | 2g    | 9%  | 9g                 |                    |
| Total Sugars       |  | 6g    | -   | 22g                |                    |
| Incl. Added Sugars |  | 6g    | 12% | 21g                |                    |
| Protein            |  | 3g    |     | 10g                |                    |
| Vitamin D          |  | 3µg   | 10% | 10µg               |                    |
| Calcium            |  | 80mg  | 6%  | 357mg              |                    |
| Iron               |  | 2mg   | 10% | 10mg               |                    |
| Potassium          |  | 130mg | 2%  | 467mg              |                    |
| Vitamin A          |  | -     | 6%  |                    |                    |
| Vitamin C          |  | -     | 6%  |                    |                    |
| Thiamin            |  | -     | 10% |                    |                    |
| Riboflavin         |  | -     | 6%  |                    |                    |
| Niacin             |  | -     | 6%  |                    |                    |
| Vitamin B6         |  | -     | 10% |                    |                    |
| Folate             |  | -     | 10% |                    |                    |
| Folic Acid         |  | 30µg  | -   | 107µg              |                    |
| Vitamin B12        |  | -     | 10% |                    |                    |
| Zinc               |  | -     | 10% |                    |                    |
| Water              |  | -     | -   | 1g                 |                    |
| Ash                |  | -     | -   | 5g                 |                    |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.