

# Washington County School District

Aug 11, 2025 thru Aug 29, 2025

## Base Menu Spreadsheet

## ELEMENTARY LUNCH

### Portion Values - Detailed

Page 1

Generated on: 8/5/2025 1:55:57 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 08/11/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
COOKIE, CELEBRATION	SERVINGS	1	17.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			136.57
% of Calories			62.9%
Nutrient Guideline			

Tue - 08/12/2025			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.3
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			168.65
% of Calories			54.9%
Nutrient Guideline			

Wed - 08/13/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			110.84
% of Calories			51.4%
Nutrient Guideline			

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
Thu - 08/14/2025			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - FR100	10 PIECES	1	19.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
BARBAQUE SAUCE: P/C	1 Each	1	10.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			174.52
% of Calories			60.4%
Nutrient Guideline			

Fri - 08/15/2025			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	3.93
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			142.87
% of Calories			57.1%
Nutrient Guideline			

Mon - 08/18/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	2.94 OZ	1	16.45
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			128.04
% of Calories			66.3%
Nutrient Guideline			

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Page 3

Generated on: 8/5/2025 1:55:57 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 08/19/2025			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			184.16
% of Calories			55.2%
Nutrient Guideline			

Wed - 08/20/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS, ELEM FR093	SERVINGS	1	16.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			130.03
% of Calories			58.4%
Nutrient Guideline			

Thu - 08/21/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO: 1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	0.0
COLESLAW	1/2 C. SERVINGS	1	6.02
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	3.76
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

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Page 4

Generated on: 8/5/2025 1:55:57 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			159.56 56.9%
Nutrient Guideline			

Tue - 08/26/2025			
ELEMENTARY LUNCH	Total	1	
NACHOS, MACHO	SERVINGS	1	19.96
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average % of Calories			179.80 52.2%
Nutrient Guideline			

Wed - 08/27/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average % of Calories			118.44 54.9%
Nutrient Guideline			

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Page 5

Generated on: 8/5/2025 1:55:57 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 08/28/2025			
ELEMENTARY LUNCH	Total	1	
HAMBURGER - RAW - FR003- ELEM	HAMBURGERS	1	22.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
SWEET CAKE	SERVING	1	44.38
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			189.04
% of Calories			57.8%
Nutrient Guideline			

Fri - 08/29/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEU (4)	4 NUGGETS	1	19.9
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			143.24
% of Calories			60.2%
Nutrient Guideline			

Weighted Average			151.21
			57.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	151.21	57.24%						

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