#### Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1 Generated on: 8/5/2025 1:56:28 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 08/11/2025	Size	T QIY	(9)
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			134.43
% of Calories			60.7%
Nutrient Guideline			

INTERMEDIATE LUNCH 6-8   QUESADILLA, THREE CHEESE   SERVINGS   1   32.51     REFRIED BEANS, V V   1/2 C SERVINGS   1   24.0     GREEN BEANS: 1/2 C.   1/2 CUP   1   3.0     COOKIE, PUMPKIN CHOCOLATE CHIP   COOKIE   1   22.3     PEACH, DICED, CANNED   1/2 CUP   1   14.0     FRUIT BAR :FALL ELEM.   1/2 CUP   1   15.12     SALAD BAR: 2 TUESDAY- INTERM.   1 CUP   1   5.09     SALSA PICANTE   1 OZ   1   1.4     MILK : CHOCOLATE MILK F/F   CARTON   1   19.0     MILK 1% WHITE   CARTON   1   19.0     MILK 1% WHITE   CARTON   1   19.0     ALT INT WEEKLY 1st CHOI   Total   1     NACHOS   SERVINGS   1   38.19     REFRIED BEANS, V V   1/2 C SERVINGS   1   24.0     LETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   1   4.32     PEACH, DICED, CANNED   1/2 CUP   1   14.0     FRUIT BAR :FALL ELEM.   1/2 CUP   1   15.12     SALSA PICANTE   1 OZ   1   1.4     MILK : CHOCOLATE MILK F/F   CARTON   1   19.0     MILK : CHOCOLATE MILK F/F   CARTON   1   19.0     MILK : CHOCOLATE MILK F/F   CARTON   1   19.0     MILK : STRAWBERRY   CARTON   1   19.0     MILK : STRAWBERRY   CARTON   1   19.0     MILK : STRAWBERRY   CARTON   1   19.0     Weighted Daily Average   158.23     % of Calories   54.0%	Tue - 08/12/2025			
REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         GREEN BEANS: 1/2 C.       1/2 CUP       1       3.0         COOKIE, PUMPKIN CHOCOLATE CHIP       COOKIE       1       22.3         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALAD BAR: 2 TUESDAY- INTERM.       1 CUP       1       5.09         SALSA PICANTE       1 OZ       1       1.4         MILK: CHOCOLATE MILK F/F       CARTON       1       19.0         MILK, 3W WHITE       CARTON       1       19.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR: FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1       0       1       1.9       1         MILK : CHOCOLATE MILK F/F	INTERMEDIATE LUNCH 6-8	Total	1	
GREEN BEANS: 1/2 C.       1/2 CUP       1       3.0         COOKIE, PUMPKIN CHOCOLATE CHIP       COOKIE       1       22.3         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR: FALL ELEM.       1/2 CUP       1       15.12         SALAD BAR: 2 TUESDAY- INTERM.       1 CUP       1       5.09         SALSA PICANTE       1 OZ       1       1.4         MILK: CHOCOLATE MILK F/F       CARTON       1       19.0         MILK, STRAWBERRY       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       15.12         SALSA PICANTE       1       10Z       1       1.4         MILK: CHOCOLATE MILK F/F       CARTON       1       19.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23 <td>QUESADILLA, THREE CHEESE</td> <td>SERVINGS</td> <td>1</td> <td>32.51</td>	QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
COOKIE, PUMPKIN CHOCOLATE CHIP       COOKIE       1       22.3         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALAD BAR: 2 TUESDAY- INTERM.       1 CUP       1       5.09         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALAD BAR: 2 TUESDAY- INTERM.       1 CUP       1       5.09         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
FRUIT BAR :FALL ELEM.		COOKIE	1	22.3
SALAD BAR: 2 TUESDAY- INTERM.       1 CUP       1 5.09         SALSA PICANTE       1 OZ       1 1.4         MILK: CHOCOLATE MILK F/F       CARTON       1 19.0         MILK 1% WHITE       CARTON       1 13.0         MILK, STRAWBERRY       CARTON       1 19.0         ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1 38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1 24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1 4.32         PEACH, DICED, CANNED       1/2 CUP       1 14.0         FRUIT BAR: FALL ELEM.       1/2 CUP       1 15.12         SALSA PICANTE       1 OZ       1 1.4         MILK: CHOCOLATE MILK F/F       CARTON       1 19.0         MILK, STRAWBERRY       CARTON       1 13.0         MILK, STRAWBERRY       CARTON       1 19.0         Weighted Daily Average       158.23	PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE       1 OZ       1 1.4         MILK : CHOCOLATE MILK F/F       CARTON       1 19.0         MILK 1% WHITE       CARTON       1 13.0         MILK, STRAWBERRY       CARTON       1 19.0         ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1 38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1 24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1 4.32         PEACH, DICED, CANNED       1/2 CUP       1 14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1 15.12         SALSA PICANTE       1 OZ       1 1.4         MILK : CHOCOLATE MILK F/F       CARTON       1 19.0         MILK 1% WHITE       CARTON       1 13.0         MILK, STRAWBERRY       CARTON       1 19.0         Weighted Daily Average       158.23	FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	5.09
MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	SALSA PICANTE	1 OZ	1	1.4
MILK, STRAWBERRY         CARTON         1         19.0           ALT INT WEEKLY 1st CHOI         Total         1           NACHOS         SERVINGS         1         38.19           REFRIED BEANS, V V         1/2 C SERVINGS         1         24.0           LETTUCE & TOMATO:3/4 CUP-TACOS         3/4 CUP         1         4.32           PEACH, DICED, CANNED         1/2 CUP         1         14.0           FRUIT BAR :FALL ELEM.         1/2 CUP         1         15.12           SALSA PICANTE         1 OZ         1         1.4           MILK : CHOCOLATE MILK F/F         CARTON         1         19.0           MILK 1% WHITE         CARTON         1         13.0           MILK, STRAWBERRY         CARTON         1         19.0           Weighted Daily Average         158.23	MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI       Total       1         NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	MILK 1% WHITE	CARTON	1	13.0
NACHOS       SERVINGS       1       38.19         REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	MILK, STRAWBERRY	CARTON	1	19.0
REFRIED BEANS, V V       1/2 C SERVINGS       1       24.0         LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	ALT INT WEEKLY 1st CHOI	Total	1	
LETTUCE & TOMATO:3/4 CUP-TACOS       3/4 CUP       1       4.32         PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	NACHOS	SERVINGS	1	38.19
PEACH, DICED, CANNED       1/2 CUP       1       14.0         FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
FRUIT BAR :FALL ELEM.       1/2 CUP       1       15.12         SALSA PICANTE       1 OZ       1       1.4         MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
SALSA PICANTE       1 OZ       1 1.4         MILK: CHOCOLATE MILK F/F       CARTON       1 19.0         MILK 1% WHITE       CARTON       1 13.0         MILK, STRAWBERRY       CARTON       1 19.0         Weighted Daily Average       158.23	PEACH, DICED, CANNED	1/2 CUP	1	14.0
MILK : CHOCOLATE MILK F/F       CARTON       1       19.0         MILK 1% WHITE       CARTON       1       13.0         MILK, STRAWBERRY       CARTON       1       19.0         Weighted Daily Average       158.23	FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK 1% WHITE         CARTON         1         13.0           MILK, STRAWBERRY         CARTON         1         19.0           Weighted Daily Average         158.23	SALSA PICANTE	1 OZ	1	1.4
MILK, STRAWBERRYCARTON119.0Weighted Daily Average158.23	MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
Weighted Daily Average 158.23	MILK 1% WHITE	CARTON	1	13.0
13 11 1	MILK, STRAWBERRY	CARTON	1	19.0
% of Calories 54.0%	Weighted Daily Average			158.23
	% of Calories			54.0%
Nutrient Guideline	Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

#### Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 2 Generated on: 8/5/2025 1:56:28 PM

	Portion Size	Reimb Qty	Carb (g)
	OIZE .	<u> Qty</u>	(9)
Wed - 08/13/2025			
INTERMEDIATE LUNCH 6-8	Total	1 1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATO, CUCUMBER, CARROTS:INTE	3/4 CUP	1	11.38
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PICKLE:. CHIPS	1 OZ.	1	1.0
KETCHUP: P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1 1	10.0
MAYONNAISE, LIGHT	POUCH	1 1	0.0
MILK : CHOCOLATE MILK F/F	CARTON		19.0
MILK 1% WHITE	CARTON		13.0
MILK. STRAWBERRY	CARTON		19.0
Weighted Daily Average	5, 4(1014	•	134.70
% of Calories			56.0%
70 01 Odio1103			30.070
Nutrient Guideline			

Thu - 08/14/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURS INTERM	1/2 CUP	1	1.88
KETCHUP: P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 3 Generated on: 8/5/2025 1:56:28 PM

	Portion	Reimb	Carb
	Size	Qty	(g)
Weighted Daily Average % of Calories			164.82 54.6%
Nutrient Guideline			

Fri - 08/15/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	3.93
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	0.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP: P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			139.77
% of Calories			54.4%
Nutrient Guideline			

Mon - 08/18/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	20.14
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 4 Generated on: 8/5/2025 1:56:28 PM

	Portion	Reimb	Carb
	Size	Qty	(g)
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			135.95
% of Calories			62.0%
Nutrient Guideline			

Tue - 08/19/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	5.09
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			165.98
% of Calories			54.3%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 5 Generated on: 8/5/2025 1:56:28 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 08/20/2025	0120		(9/
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN TENDERS - FR091	2 TENDERS	1	12.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CÚP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK: CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP: P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			141.79
% of Calories			56.7%
Nutrient Guideline			

Thu - 08/21/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	8 PIECES	1	0.0
COLESLAW	1/2 C. SERVINGS	1	6.02
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURS INTERM	1/2 CUP	1	1.88
KETCHUP: P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 6 Generated on: 8/5/2025 1:56:28 PM

	Portion	Reimb	Carb
	Size	Qty	(g)
ALT INT WEEKLY 1st CHOI	Total	1	107
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			155.82
% of Calories			57.3%
Nutrient Guideline			

Fri - 08/22/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
SLOPPY JOE: JTM ELEMENTARY	2 OZ	1	27.53
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	0.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP: P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			136.81
% of Calories			56.4%
Nutrient Guideline			

Mon - 08/25/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 7 Generated on: 8/5/2025 1:56:28 PM

	Portion	Reimb	Carb
	Size	Qty	(g)
ALT INT WEEKLY 1st CHOI	Total	1	107
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			133.53
% of Calories			62.1%
Nutrient Guideline			

Tue - 08/26/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TACO SALAD - RAW	SERVING	1	24.71
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	5.09
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			157.98
% of Calories			51.8%
Nutrient Guideline			

Wed - 08/27/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN: (CUSTOM)	1/4 CÚP	1	2.82
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 8 Generated on: 8/5/2025 1:56:28 PM

	Portion Size	Reimb Qty	Carb (g)
ALT INT WEEKLY 1st CHOI	Total	1	(9/
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP: P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			139.21
% of Calories			55.2%
Nutrient Guideline			

Thu - 08/28/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER, RAW- FR002 -SEC	HAMBURGERS	1	27.0
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	8 PIECES	1	0.0
SWEET CAKE	SERVING	1	44.38
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURS INTERM	1/2 CUP	1	1.88
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP: P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			167.18
% of Calories			52.5%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## Aug 11, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 9 Generated on: 8/5/2025 1:56:28 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 08/29/2025	0.20		
INTERMEDIATE LUNCH 6-8	Total	1	
CORN DOG, MINI PROVIEW (5)	5 NUGGETS	1	24.88
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURS INTERM	1/2 CUP	1	1.88
KETCHUP: P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	0.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP: P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY	CARTON	1	19.0
Weighted Daily Average			141.27
% of Calories			56.0%
Nutrient Guideline			

Weighted Average		147.16
		55.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if
								any)
Carbohydrate (g)	147.16							
		55.93%						

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data