

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 08/11/2025																	
ELEMENTARY LUNCH	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
VEGETABLE BROWN RICE:E	4.75 OZ	1	130	0	362	2.00	1.44	20.0	*N/A*	4.8	2.00	*N/A*	3.0	24.01	2.5	0.00	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	*N/A*	1.0	17.0	4.0	1.00	0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			868	*76	1817	6.63	*2.00	*50.4	*5	*53.97	*93.11	*0.00	41.48	136.57	16.27	3.82	*0.01
% of Calories											*42.9%	*0.0%	19.1%	62.9%	16.9%	4.0%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

Tue - 08/12/2025																	
ELEMENTARY LUNCH	Total	1															
QUESADILLA, THREE CHEES	SERVING	1	323	36	582	3.32	*N/A*	*N/A*	*N/A*	*N/A*	2.29	*0.00	17.43	32.51	14.2	8.62	0.00
REFRIED BEANS, V V	1/2 C SE	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
	RVINGS																
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
COOKIE, PUMPKIN CHOCOL	COOKIE	1	146	1	137	4.13	*1.00	*42.3	*0	*0.0	*8.09	*8.07	2.67	22.3	5.99	2.39	*0.00
ATE CHIP																	
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	148	10	292	2.62	0.96	9.8	*2	*7.26	*1.09	*0.00	2.23	5.32	12.17	1.50	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1229	*67	2104	21.58	*2.16	*66.5	*7	*35.44	*81.91	*8.07	55.41	168.65	37.78	14.09	*0.00
% of Calories											*26.6%	*2.6%	18.0%	54.9%	27.7%	10.3%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 08/13/2025																	
ELEMENTARY LUNCH	Total	1															
CHICKEN NOODLE SOUP: U SDA 1C.	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
BREADSTICK, CHEESE - BO SCO'S	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
TOMATOES, CUCUMBER, C ARROTS:EL	3/4 CUP	1	125	20	285	1.89	0.54	20.2	*1	6.88	*1.39	*0.00	0.77	9.38	9.17	2.03	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			863	*102	1422	8.14	*0.82	*55.0	*104	*36.74	*61.31 *28.4%	*0.00 *0.0%	52.81 24.5%	110.84 51.4%	22.03 23.0%	7.32 7.6%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

Thu - 08/14/2025																	
ELEMENTARY LUNCH	Total	1															
POPCORN CHICKEN - FR100	10 PIECE	1	240	75	480	3.00	*N/A*	*N/A*	*N/A*	0.0	0.00	*N/A*	18.0	19.0	11.0	2.00	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
SCOOBY-DOO GRAHAM CR ACKER STIC	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	79	10	108	0.66	0.17	9.9	*2	9.09	*1.12	*0.00	1.45	3.76	6.08	0.51	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1155	*105	2092	11.58	*1.56	*124.3	*7	*45.90	*95.05 *32.9%	*9.00 *3.1%	48.88 16.9%	174.52 60.4%	30.36 23.7%	7.02 5.5%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 08/15/2025																	
ELEMENTARY LUNCH	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	19	0	37	1.67	0.56	30.2	*216	*5.74	1.97	*0.00	0.89	3.93	0.22	0.04	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
PINEAPPLE, TIDBITS, CAN	1/2 C SE RVING	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	1.0	2.0	6.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1001	*61	1809	10.80	*1.66	*74.6	*221	*33.90	*91.81 *36.7%	*0.00 *0.0%	46.94 18.7%	142.87 57.1%	27.42 24.6%	8.11 7.3%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

Mon - 08/18/2025																	
ELEMENTARY LUNCH	Total	1															
ORANGE CHICKEN	2.94 OZ	1	123	33	247	0.00	*N/A*	0.0	*N/A*	*N/A*	9.05	*N/A*	9.05	16.45	2.47	0.41	0.00
RICE: COOKED BROWN RIC E (ELE)	1/2 CUP	1	78	0	70	0.98	*0.00	1.1	*0	0.0	*0.00	0.00	1.95	16.12	0.73	0.00	*0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
COOKIE, FORTUNE COOKIE	COOKIE	1	35	0	10	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	7.05	0.0	0.00	0.00
MANDARIN ORANGE, FESTI VAL, CAN	1/2 C SE RVING	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			772	*54	1338	4.60	*0.56	*31.5	*5	*49.17	*84.73 *43.9%	*0.00 *0.0%	37.77 19.6%	128.04 66.3%	10.47 12.2%	2.52 2.9%	*0.01 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 08/19/2025																	
ELEMENTARY LUNCH	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	148	10	292	2.62	0.96	9.8	*2	*7.26	*1.09	*0.00	2.23	5.32	12.17	1.50	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1334	*77	2172	18.89	*4.74	*379.5	*7	*35.43	*89.57	*15.04	57.63	184.16	41.83	14.02	*0.00
% of Calories											*26.9%	*4.5%	17.3%	55.2%	28.2%	9.5%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	
Wed - 08/20/2025																	
ELEMENTARY LUNCH	Total	1															
CHICKEN STRIPS, ELEM FRO	SERVING	1	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	15.0	16.0	15.0	2.50	*N/A*
MASHED POTATOES, Dry mi	1/2 CUP	1	80	0	314	1.00	0.37	22.4	*N/A*	30.04	1.00	*N/A*	2.0	17.03	1.0	0.00	*0.00
x,1/2 GRAVY, CHICKEN: LOW SO	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	0.00	0.0	3.0	0.5	0.00	0.00
DIUM																	
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
GARLIC TOAST-WG	SLICES	1	79	0	179	1.99	1.07	0.0	*N/A*	0.0	0.00	*N/A*	2.98	14.89	1.99	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			890	*45	1841	10.31	*1.65	*37.9	*5	*58.21	*69.83	*9.00	45.82	130.03	21.29	4.07	*0.00
% of Calories											*31.4%	*4.0%	20.6%	58.4%	21.5%	4.1%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 08/21/2025																	
ELEMENTARY LUNCH	Total	1															
CHICKEN SANDWICH	SANDWICH	1	323	46	504	5.04	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	24.24	31.11	10.61	1.52	0.00
LETTUCE & TOMATO:1/2 CUP	1/2 CUP	1	9	0	5	0.79	0.25	7.5	*9	4.02	1.11	0.00	0.72	1.92	0.04	0.01	0.00
P-TACOS																	
TATER TOTS - MCCAIN	8 PIECES	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
COLESLAW	1/2 C. SERVINGS	1	34	1	40	1.58	0.29	24.7	*44	21.21	*3.56	*1.26	0.8	6.02	1.15	0.21	*0.00
COOKIE, CHOCOLATE CHIP	1 EACH	1	96	1	123	0.73	*0.46	*25.5	*0	*0.0	*5.90	*5.90	1.24	13.5	4.34	1.85	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	79	10	108	0.66	0.17	9.9	*2	9.09	*1.12	*0.00	1.45	3.76	6.08	0.51	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1121	*83	2219	13.13	*2.45	*142.0	*61	*67.31	*100.62	*16.15	53.29	159.56	29.03	6.16	*0.00
% of Calories											*35.9%	*5.8%	19.0%	56.9%	23.3%	4.9%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 11, 2025 thru Aug 29, 2025

ELEMENTARY LUNCH

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 08/26/2025																	
ELEMENTARY LUNCH	Total	1															
NACHOS, MACHO	SERVING	1	359	54	354	2.46	*0.16	*110.6	*N/A*	*0.0	*0.00	*0.00	14.92	19.96	24.09	8.45	*0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
CINNAMON ROLL W. W.W. B RIDGFOR	ROLL	1	210	0	250	3.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	*N/A*	6.0	34.0	5.0	1.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	148	10	292	2.62	0.96	9.8	*2	*7.26	*1.09	*0.00	2.23	5.32	12.17	1.50	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1378	*84	1864	19.60	*1.33	*134.8	*7	*35.43	*82.54 *24.0%	*0.00 *0.0%	57.23 16.6%	179.80 52.2%	47.68 31.1%	12.53 8.2%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

Wed - 08/27/2025																	
ELEMENTARY LUNCH	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
MASHED POTATOES, Dry mi x,1/2	1/2 CUP	1	80	0	314	1.00	0.37	22.4	*N/A*	30.04	1.00	*N/A*	2.0	17.03	1.0	0.00	*0.00
GRAVY, BROWN LOW SODI	1/4 CUP	1	2	0	19	0.00	0.01	1.1	*N/A*	0.0	0.12	*N/A*	0.0	0.37	0.0	0.00	*0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	4.0	1.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			863	*61	1632	8.01	*3.22	*85.6	*5	*58.21	*64.94 *30.1%	*2.14 *1.0%	47.12 21.8%	118.44 54.9%	22.85 23.8%	7.50 7.8%	*0.51 *0.5%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 08/28/2025																	
ELEMENTARY LUNCH	Total	1															
HAMBURGER - RAW - FR003 - ELEM	HAMBU RGRS	1	262	40	248	2.00	*1.08	*60.0	*N/A*	*2.4	2.00	*0.00	14.62	22.0	12.7	4.29	*0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
SWEET CAKE	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*13.58	1.94	44.38	11.07	4.80	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	79	10	108	0.66	0.17	9.9	*2	9.09	*1.12	*0.00	1.45	3.76	6.08	0.51	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1309	*80	2139	12.37	*2.87	*120.6	*67	*66.88	*117.00 *35.8%	*13.58 *4.2%	46.54 14.2%	189.04 57.8%	41.42 28.5%	12.98 8.9%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 11, 2025 thru Aug 29, 2025

ELEMENTARY LUNCH

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 08/29/2025																	
ELEMENTARY LUNCH	Total	1															
CORN DOG, MINI PROVIEU (	4 NUGG	1	166	40	232	1.99	*N/A*	*N/A*	*N/A*	*N/A*	0.66	*N/A*	6.63	19.9	6.63	1.66	0.00
ETS																	
CARROT STICKS 3/4 CUP	3/4 CUP	1	109	10	161	2.70	*0.00	*0.0	*N/A*	*0.0	5.58	*N/A*	1.9	11.0	6.22	0.57	0.00
COOKIE, SNICKERDOODLE,	SERVING	1	104	7	69	0.50	*N/A*	*N/A*	*N/A*	*N/A*	7.00	*N/A*	1.0	16.0	4.0	1.00	0.00
WG																	
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
FRUIT BAR :FALL ELEM.	1/2 CUP	1	60	*0	1	2.33	0.20	14.4	*5	28.17	*8.83	0.00	0.84	15.12	0.3	0.07	*0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
SALAD BAR: 3 THURSDAY'S:	.5 CUP	1	79	10	108	0.66	0.17	9.9	*2	9.09	*1.12	*0.00	1.45	3.76	6.08	0.51	0.00
ELE																	
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			951	*87	1438	10.40	*0.37	*24.3	*7	*39.68	*91.29	*0.00	36.04	143.24	25.96	5.31	*0.00
% of Calories											*38.4%	*0.0%	15.2%	60.2%	24.6%	5.0%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00			8.87		<=30.0	<10.00	
Weighted Average			1057	*75	1837	12.00	*1.95	*102.1	*39	*47.41	*86.44	*5.61	48.23	151.21	28.80	8.11	*0.04
											*73.6%	*4.8%	18.3%	57.2%	24.5%	6.9%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	1057		645		164%													
Cholesterol (mg)	75					Missing												
Sodium 1 (mg)	1837							1837										
Fiber (g)	12.00																	
Iron (mg)	1.95			3.30	59%	Missing		1.35										
Calcium (mg)	102.1			267.00	38%	Missing		164.93										
Vitamin A (RAE)	39			1055	4%	Missing		1016										
Total Sugars (g)	86.44	32.72%				Missing												
Added Sugars (g)	5.61	2.13%				Missing												
Vitamin C (mg)	47.41			15.00	316%	Missing												
Protein (g)	48.23	18.26%		8.87	544%													
Carbohydrate (g)	151.21	57.24%																
Total Fat (g)	28.80	24.53%		<=30.00%														
Saturated Fat (g)	8.11	6.91%		<10.00%														
Trans Fat (g)	0.04	0.04%				Missing												

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.