

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 08/11/2025																	
SECONDARY LUNCH 9-12	Total	1															
TERIYAKI CHICKEN	2.8 oz	1	130	70	480	0.00	*N/A*	0.0	*N/A*	0.0	9.00	*N/A*	15.0	10.0	3.5	1.00	0.00
RICE: COOKED BROWN (SE	1 CUP	1	156	0	139	1.95	*0.00	2.2	*0	0.0	*0.00	0.00	3.91	32.23	1.46	0.00	*0.00
BROCCOLI, ROASTED, CUP	1 CUP	1	69	2	44	1.74	0.49	50.7	*0	59.72	*0.00	0.00	2.53	4.45	5.37	0.68	*0.02
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	*N/A*	1.0	17.0	4.0	1.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	1.0	2.0	6.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1045	*76	1602	10.63	*2.75	*77.9	*53	*107.37	*95.34	*0.67	53.60	153.68	25.09	5.79	*0.01
% of Calories											*36.5%	*0.3%	20.5%	58.8%	21.6%	5.0%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 11, 2025 thru Aug 29, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Generated on: 8/5/2025 1:54:05 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 08/12/2025																	
SECONDARY LUNCH 9-12	Total	1															
QUESADILLA, THREE CHEES	SERVING	1	323	36	582	3.32	*N/A*	*N/A*	*N/A*	*N/A*	2.29	*0.00	17.43	32.51	14.2	8.62	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
COOKIE, PUMPKIN CHOCOL	COOKIE	1	146	1	137	4.13	*1.00	*42.3	*0	*0.0	*8.09	*8.07	2.67	22.3	5.99	2.39	*0.00
ATE CHIP																	
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	229	10	282	7.07	*0.59	*19.6	*3	*12.13	*3.11	*0.00	12.06	12.4	14.92	1.51	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1227	*70	1925	21.64	*1.39	*87.6	*23	*49.51	*81.00	*4.03	58.65	167.01	37.93	12.35	*0.00
% of Calories											*26.4%	*1.3%	19.1%	54.5%	27.8%	9.1%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 08/13/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN NOODLE SOUP: U SDA 1C.	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
BREADSTICK, CHEESE - BO SCO'S	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
TOMATOES, CUCUMBER, C ARROTS:SE	1 CUP	1	98	10	131	2.10	0.60	24.3	*2	7.83	*2.80	*0.00	1.94	12.03	6.22	0.55	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1153	*71	2000	15.12	*3.16	*91.3	*88	*67.89	*88.53	*4.50	57.64	164.68	29.60	6.49	*0.00
% of Calories											*30.7%	*1.6%	20.0%	57.1%	23.1%	5.1%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 11, 2025 thru Aug 29, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 08/14/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN CHUNKS, TYSON	5 NUGG	1	240	55	570	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	23.0	15.0	10.0	2.00	0.00
ETS																	
TATER TOTS - MCCAIN	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
MIXED FRESH VEGETABLES	1 CUP	1	37	0	56	2.92	0.80	38.4	*11	50.91	*1.35	*0.00	2.0	7.73	0.29	0.10	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
SCOOBY-DOO GRAHAM CR	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
ACKER STIC																	
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*0.00	25.77	39.57	14.78	2.54	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	99	10	144	2.36	0.66	30.1	*7	34.31	*1.90	*0.00	2.42	8.31	6.21	0.57	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MAYONNAISE, CHIPOTLE	1oz SER	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*0.00	0.0	2.03	20.25	3.04	*N/A*
VING																	
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1214	*85	1831	16.45	*3.50	*123.1	*47	*100.83	*96.21	*9.00	58.98	163.27	38.35	6.48	*0.00
% of Calories											*31.7%	*3.0%	19.4%	53.8%	28.4%	4.8%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 08/15/2025																	
SECONDARY LUNCH 9-12	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	19	0	37	1.67	0.56	30.2	*216	*5.74	1.97	*0.00	0.89	3.93	0.22	0.04	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
COOKIE, CHOCOLATE CHUNK	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	1.0	2.0	6.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHOICE	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	399	74	662	2.00	*N/A*	*N/A*	*N/A*	*N/A*	4.34	*1.00	21.25	33.9	19.69	8.04	0.70
TATER TOTS - MCCAIN	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	123	12	214	3.05	0.84	41.9	*8	3.41	*1.75	*N/A*	2.04	10.53	7.67	0.66	0.00
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1047	*86	1785	10.38	*1.59	*80.3	*119	*43.51	*90.91	*0.50	48.32	144.90	30.90	9.46	*0.35
% of Calories											*34.7%	*0.2%	18.5%	55.3%	26.6%	8.1%	*0.3%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 08/18/2025																	
SECONDARY LUNCH 9-12	Total	1															
ORANGE CHICKEN	3.92 OZ	1	150	55	208	1.00	0.00	0.0	*N/A*	0.0	9.02	*N/A*	15.04	17.04	3.01	3.01	0.00
RICE: COOKED BROWN (SE	1 CUP	1	156	0	139	1.95	*0.00	2.2	*0	0.0	*0.00	0.00	3.91	32.23	1.46	0.00	*0.00
BROCCOLI, ROASTED, CUP	1 CUP	1	69	2	44	1.74	0.49	50.7	*0	59.72	*0.00	0.00	2.53	4.45	5.37	0.68	*0.02
COOKIE, FORTUNE COOKIE	COOKIE	1	35	0	10	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	7.05	0.0	0.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	1.0	2.0	6.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1018	*66	1421	10.63	*2.75	*77.9	*53	*107.37	*90.86	*0.67	53.11	152.22	22.84	6.30	*0.01
% of Calories											*35.7%	*0.3%	20.9%	59.8%	20.2%	5.6%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 08/19/2025																	
SECONDARY LUNCH 9-12	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	229	10	282	7.07	*0.59	*19.6	*3	*12.13	*3.11	*0.00	12.06	12.4	14.92	1.51	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1279	*75	1959	20.30	*2.68	*244.1	*23	*49.51	*84.83	*7.52	59.76	174.77	39.96	12.31	*0.00
% of Calories											*26.5%	*2.4%	18.7%	54.6%	28.1%	8.7%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 11, 2025 thru Aug 29, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 08/20/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN TENDERS - FR091	2 TENDERS	1	230	45	400	2.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	20.0	12.0	11.0	2.00	0.00
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, CHICKEN: LOW SO DIUM	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	0.00	0.0	3.0	0.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
GARLIC TOAST-WG	SLICES	1	79	0	179	1.99	1.07	0.0	*N/A*	0.0	0.00	*N/A*	2.98	14.89	1.99	0.00	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1190	*60	2345	19.60	*3.54	*79.4	*38	*63.13	*92.09 *30.9%	*9.00 *3.0%	56.05 18.8%	171.45 57.6%	30.71 23.2%	6.60 5.0%	*0.00 *0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 08/21/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN SANDWICH	SANDWICH	1	353	46	554	6.04	*1.44	*60.0	*N/A*	*3.6	3.00	*N/A*	25.24	36.11	11.11	1.52	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
TATER TOTS - MCCAIN	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
COOKIE, CHOCOLATE CHIP	1 EACH	1	96	1	123	0.73	*0.46	*25.5	*0	*0.0	*5.90	*5.90	1.24	13.5	4.34	1.85	*0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*0.00	25.77	39.57	14.78	2.54	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	99	10	144	2.36	0.66	30.1	*7	34.31	*1.90	*0.00	2.42	8.31	6.21	0.57	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MAYONNAISE, CHIPOTLE	1oz SERVING	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*0.00	0.0	2.03	20.25	3.04	*N/A*
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1257	*83	1950	18.10	*3.97	*106.4	*72	*87.37	*93.61 *29.8%	*7.45 *2.4%	59.71 19.0%	165.17 52.6%	41.18 29.5%	6.88 4.9%	*0.00 *0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 11, 2025 thru Aug 29, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 08/22/2025																	
SECONDARY LUNCH 9-12	Total	1															
SLOPPY JOE: JTM SECONDARY	3.63oz SERVING	1	295	44	930	3.78	1.44	60.0	*N/A*	3.6	10.52	*N/A*	19.3	37.05	7.78	2.20	0.40
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
CARROTS 1 CUP	1 CUP	1	130	10	227	4.92	1.53	54.0	*N/A*	4.51	*1.00	*N/A*	2.07	15.86	6.2	0.53	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHOICE	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	399	74	662	2.00	*N/A*	*N/A*	*N/A*	*N/A*	4.34	*1.00	21.25	33.9	19.69	8.04	0.70
TATER TOTS - MCCAIN	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	123	12	214	3.05	0.84	41.9	*8	3.41	*1.75	*N/A*	2.04	10.53	7.67	0.66	0.00
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1054	*93	1763	11.99	*2.53	*117.2	*11	*44.70	*86.68	*0.50	49.46	150.48	28.58	7.81	*0.55
% of Calories											*32.9%	*0.2%	18.8%	57.1%	24.4%	6.7%	*0.5%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 08/25/2025																	
SECONDARY LUNCH 9-12	Total	1															
TERIYAKI CHICKEN	2.8 oz	1	130	70	480	0.00	*N/A*	0.0	*N/A*	0.0	9.00	*N/A*	15.0	10.0	3.5	1.00	0.00
RICE: COOKED BROWN (SE	1 CUP	1	156	0	139	1.95	*0.00	2.2	*0	0.0	*0.00	0.00	3.91	32.23	1.46	0.00	*0.00
GREEN BEANS 1 CUP	1 CUP	1	32	0	280	4.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	2.0	6.0	0.0	0.00	0.00
BISCUIT	BISCUIT	1	90	0	160	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*2.00	2.0	14.0	2.5	1.00	0.00
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MANDARIN ORANGE, FESTI	1/2 C SE	1	80	0	10	0.00	0.36	0.0	*N/A*	21.0	18.00	*N/A*	0.0	19.0	0.0	0.00	0.00
VAL, CAN	RVING																
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	1.0	2.0	6.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1017	*73	1750	11.76	*2.51	*52.6	*53	*77.51	*92.84	*1.67	53.83	152.95	21.65	5.45	*0.00
% of Calories											*36.5%	*0.7%	21.2%	60.2%	19.2%	4.8%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 08/26/2025																	
SECONDARY LUNCH 9-12	Total	1															
TACO SALAD - RAW	SERVING	1	381	54	364	4.35	*0.73	*127.7	*30	*11.6	*2.91	*0.00	16.56	24.71	24.17	8.45	*0.00
CINNAMON ROLL W. W.W. B RIDGFOR	ROLL	1	210	0	250	3.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	*N/A*	6.0	34.0	5.0	1.00	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	229	10	282	7.07	*0.59	*19.6	*3	*12.13	*3.11	*0.00	12.06	12.4	14.92	1.51	0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEACH, DICED, CANNED	1/2 CUP	1	60	0	10	0.00	*N/A*	*N/A*	*N/A*	*N/A*	11.00	*N/A*	0.0	14.0	0.0	0.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	*N/A*	0.0	0.61	*N/A*	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1276	*79	1724	20.50	*1.25	*130.3	*38	*55.31	*80.96	*0.00	59.26	166.76	42.37	11.56	*0.00
% of Calories											*25.4%	*0.0%	18.6%	52.3%	29.9%	8.2%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 08/27/2025																	
SECONDARY LUNCH 9-12	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
BUTTER MASHED POTATOE	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
S-sec																	
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	19	0	133	0.00	0.01	1.1	*N/A*	0.0	*0.94	*N/A*	0.0	2.82	0.94	0.00	0.00
BROCCOLI, ROASTED, CUP	1 CUP	1	69	2	44	1.74	0.49	50.7	*0	59.72	*0.00	0.00	2.53	4.45	5.37	0.68	*0.02
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	0.0	4.0	1.00	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
FRUIT, CANNED - CHOOSE	1/2 C SE	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
ONE	RVING																
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
MATO-DELI																	
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
FRUIT, CANNED - CHOOSE	1/2 C SE	1	60	0	8	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11.50	*N/A*	0.0	15.0	0.0	0.00	0.00
ONE	RVING																
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1206	*58	2297	19.17	*4.57	*120.6	*38	*92.99	*89.13	*5.57	54.50	169.45	34.41	8.63	*0.26
% of Calories											*29.6%	*1.8%	18.1%	56.2%	25.7%	6.4%	*0.2%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 08/28/2025																	
SECONDARY LUNCH 9-12	Total	1															
HAMBURGER, RAW- FR002 - SEC	HAMBU	1	434	80	336	3.00	*1.44	*60.0	*N/A*	*3.6	3.00	*0.00	25.24	27.0	24.4	8.58	*0.00
CHEESE: PROCESS SLICE	RGERS																
SHREDDED LETTUCE & TO	1 oz.	1	109	25	395	0.00	0.00	148.2	*N/A*	0.0	0.99	*N/A*	4.94	1.98	8.89	4.94	*N/A*
MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
SWEET CAKE	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*13.58	1.94	44.38	11.07	4.80	*0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	0.00	0.0	*N/A*	0.0	1.00	*N/A*	0.0	1.0	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*0.00	25.77	39.57	14.78	2.54	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	99	10	144	2.36	0.66	30.1	*7	34.31	*1.90	*0.00	2.42	8.31	6.21	0.57	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR : FALL SECONDARY	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	2.00	*N/A*	*N/A*	*N/A*	*N/A*	12.00	*N/A*	0.0	16.0	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	45	0	210	0.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	9.00	0.0	10.0	0.0	0.00	0.00
MAYONNAISE, CHIPOTLE	1oz SERVING	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*0.00	0.0	2.03	20.25	3.04	*N/A*
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			1534	*115	2283	18.13	*4.25	*176.1	*72	*90.64	*107.00 *27.9%	*11.29 *2.9%	63.83 16.6%	191.29 49.9%	58.87 34.5%	15.33 9.0%	*0.00 *0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 08/29/2025																	
SECONDARY LUNCH 9-12	Total	1															
CORN DOG, MINI PROVIEU (	6 NUGG	1	249	60	348	2.98	*N/A*	*N/A*	*N/A*	*N/A*	0.99	*N/A*	9.95	29.85	9.95	2.49	0.00
ETS	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
TATER TOTS - MCCAIN	3/4 CUP	1	109	10	161	2.70	*0.00	*0.0	*N/A*	*0.0	5.58	*N/A*	1.9	11.0	6.22	0.57	0.00
CARROT STICKS 3/4 CUP	SERVING	1	104	7	69	0.50	*N/A*	*N/A*	*N/A*	*N/A*	7.00	*N/A*	1.0	16.0	4.0	1.00	0.00
COOKIE, SNICKERDOODLE, WG																	
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	90	0	0	1.00	0.00	0.0	*N/A*	0.0	18.00	*N/A*	0.0	18.0	0.0	0.00	0.00
SALAD BAR: HIGH	1 CUP	1	157	0	222	5.17	*2.63	*19.8	*4	*18.17	*2.17	*0.00	10.51	9.31	9.35	0.03	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
CHEESESTEAK SANDWICH	SANDWI	1	399	74	662	2.00	*N/A*	*N/A*	*N/A*	*N/A*	4.34	*1.00	21.25	33.9	19.69	8.04	0.70
CHES	12pc	1	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	0.0	0.0	0.0	0.00	0.00
TATER TOTS - MCCAIN	3/4 CUP	1	123	12	214	3.05	0.84	41.9	*8	3.41	*1.75	*N/A*	2.04	10.53	7.67	0.66	0.00
CARROT & CELERY STICKS: ELE																	
PINEAPPLE, TIDBITS, CAN	1/2 C SE	1	60	0	0	1.00	0.36	20.0	*N/A*	*N/A*	13.00	*N/A*	1.0	16.0	0.0	0.00	0.00
RVING																	
FRUIT BAR : FALL SECONDA	1 CUP	1	80	*0	1	3.12	0.27	19.2	*7	37.73	*11.82	0.00	1.13	20.24	0.41	0.09	*0.00
RY																	
MAYONNAISE, LIGHT	POUCH	1	40	5	85	0.00	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.0	0.0	4.0	0.50	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	2.43	8.10	*N/A*	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK F/F	CARTON	1	110	5	210	0.00	0.00	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	*N/A*	*N/A*	*N/A*	12.00	*N/A*	8.0	13.0	2.5	1.50	0.00
MILK, STRAWBERRY	CARTON	1	110	5	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	18.00	*N/A*	8.0	19.0	0.0	0.00	0.00
Weighted Daily Average			1118	*104	1713	12.43	*2.18	*60.1	*13	*50.94	*94.34	*0.50	49.06	153.83	33.46	8.24	*0.35
% of Calories											*33.8%	*0.2%	17.6%	55.0%	26.9%	6.6%	*0.3%
Nutrient Guideline			846				4.50	400.00	1500	19.20			16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Average			1176	*80	1890	15.79	*2.84	*108.3	*49	*72.57	*90.96 *69.6%	*4.19 *3.2%	55.72 19.0%	162.79 55.4%	34.39 26.3%	8.64 6.6%	*0.10 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1176		846	139%				
Cholesterol (mg)	80				Missing			
Sodium 1 (mg)	1890						1890	
Fiber (g)	15.79							
Iron (mg)	2.84		4.50	63%	Missing	1.66		Correction Required - Iron is Low
Calcium (mg)	108.3		400.00	27%	Missing	291.69		Correction Required - Calcium is Low
Vitamin A (RAE)	49		1500	3%	Missing	1451		Correction Required - Vitamin A is Low
Total Sugars (g)	90.96	30.94%			Missing			
Added Sugars (g)	4.19	1.43%			Missing			
Vitamin C (mg)	72.57		19.20	378%	Missing			
Protein (g)	55.72	18.95%	16.70	334%				
Carbohydrate (g)	162.79	55.38%						
Total Fat (g)	34.39	26.33%	<=30.00%					
Saturated Fat (g)	8.64	6.62%	<10.00%					
Trans Fat (g)	0.10	0.08%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.