

Washington County School District

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Recipe

Sep 25, 2025

Recipe: 001939 SLOPPY JOE: GREEK - ELEM

Recipe HACCP Process: #2 Same Day Service

Recipe Source:

Recipe Group: ENTREES

Alternate Recipe Name: MEDITERRANEAN SLOPPY JOE

Number of Portions: 240

Size of Portion: 2 OZ

900338 SLOPPY JOE..... 799905 OREGANO LEAVES,DRIED...	1 CASE/6/5# 13 TBSP, ground	
001019 CHEESE,FETA..... 903762 FLATBREAD, MINI.....	15 CUP, crumbled 240 (2 FLATBREAD)	

*Nutrients are based upon 1 Portion Size (2 OZ)

Calories	256 kcal	Cholesterol	32.50 mg	Total Sugars	*6.14* g	Calcium	*0.15* mg	30.71%	Calories from Total Fat
				Added Sug	*6.14* g				
Total Fat	8.72 g	Sodium	775.31 mg	Protein	*1.00* g	Iron	*50.83* mg	10.44%	Calories from Saturated Fat
Saturated Fat	2.97 g	Carbohydrates	31.08 g	Vitamin A	13.68 RAE	Water ¹	*0.19* g	*0.78%*	Calories from Trans Fat
Trans Fat	*0.22* g	Dietary Fiber	2.55 g	Vitamin C	*11.72* mg	Ash ¹	*5.20* g	48.62%	Calories from Carbohydrates
								1.56%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values.

<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	1.000 oz				? - Milk
Grain.....	2.000 oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	cup				? - Tree Nut
Milk.....	cup				? - Fish
<u>Moisture & Fat Change</u>					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
					? - Sesame

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Recipe

Sep 25, 2025

Recipe: 001944 SLOPPY JOE: GREEK SECONDARY

Recipe HACCP Process: #2 Same Day Service

Recipe Source:

Recipe Group: ENTREES

Alternate Recipe Name:

Number of Portions: 132

Size of Portion: 3.63oz SERVING

900338 SLOPPY JOE..... 799905 OREGANO LEAVES,DRIED...	1 CASE/6/5# 13 TBSP, ground	
001019 CHEESE,FETA..... 903762 FLATBREAD, MINI.....	8 1/4 CUP, crumbled 132 (2 FLATBREAD)	

*Nutrients are based upon 1 Portion Size (3.63oz SERVING)

Calories	322 kcal	Cholesterol	52.27 mg	Total Sugars	*9.52* g	Calcium	*0.27* mg	31.74%	Calories from Total Fat
				Added Sug	*9.52* g				
Total Fat	11.35 g	Sodium	1076.83 mg	Protein	*1.00* g	Iron	*54.60* mg	11.09%	Calories from Saturated Fat
Saturated Fat	3.97 g	Carbohydrates	35.75 g	Vitamin A	19.69 RAE	Water ¹	*0.29* g	*1.12%*	Calories from Trans Fat
Trans Fat	*0.40* g	Dietary Fiber	3.01 g	Vitamin C	*11.72* mg	Ash ¹	*5.21* g	44.44%	Calories from Carbohydrates
								1.24%	Calories from Protein

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<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	2 oz				? - Milk
Grain.....	2.5 oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	0.125 cup				? - Tree Nut
Milk.....	cup				? - Fish
<u>Moisture & Fat Change</u>					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
Type of Fat.....					? - Sesame

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Recipe

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Recipe: 001940 DINNER SALAD, GREEK

Recipe Source:

Recipe Group: SALADS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: DINNER SALAD

Number of Portions: 60

Size of Portion: CUP

011251 LETTUCE,COS OR ROMAINE,RAW.....	60 cup shredded	
011206 CUCUMBER,PEELED,RAW.....	8 CUP, chopped	
011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE...	8 CUP, chopped or sliced	
903278 ONIONS,RED.....	3 CUP, chopped	
903548 OLIVE, RIPE SLICED.....	2 1/2 (1 CUP)	
001019 CHEESE,FETA.....	60 TBSP, crumbled	

*Nutrients are based upon 1 Portion Size (CUP)

Calories	47 kcal	Cholesterol	8.34 mg	Total Sugars	*1.44* g	Calcium	*6.33* mg	52.33%	Calories from Total Fat
				Added Sug	*1.44* g				
Total Fat	2.74 g	Sodium	154.08 mg	Protein	*0.00* g	Iron	68.45 mg	24.62%	Calories from Saturated Fat
Saturated Fat	1.29 g	Carbohydrates	4.31 g	Vitamin A	2.31 RAE	Water ¹	*0.64* g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00* g	Dietary Fiber	1.54 g	Vitamin C	*227.43* mg	Ash ¹	*96.61* g	36.56%	Calories from Carbohydrates
								0.00%	Calories from Protein

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<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz				? - Milk
Grain.....	oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	0.875 cup				? - Tree Nut
Milk.....	cup				? - Fish
<u>Moisture & Fat Change</u>					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
					? - Sesame
Type of Fat.....					

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