

Washington County School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/01/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
ROTINI ALFREDO: SEC	1 CUP	1	36.65
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			119.95
% of Calories			55.8%
Nutrient Guideline			

Thu - 10/02/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
COOKIE, OATMEAL	1 EACH	1	19.44
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
CONDIMENTS - HOT DOG	PACKETS	1	4.15
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			127.89
% of Calories			52.9%
Nutrient Guideline			

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WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/03/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	36.0
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			125.07
% of Calories			47.9%
Nutrient Guideline			

Mon - 10/06/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	19.31
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			107.84
% of Calories			58.7%
Nutrient Guideline			

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WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/07/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	23.08
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			139.55
% of Calories			53.3%
Nutrient Guideline			

Wed - 10/08/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATO, CUCUMBER, CARROTS:INTE	3/4 CUP	1	9.38
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			115.58
% of Calories			54.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/14/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
BEEF TACO ENCHILADA	ENCHILADA	1	31.37
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN, STREET	1/2 CUP SERVING	1	21.66
CHURRO- APPLE WG	SERVINGS	1	25.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			155.22
% of Calories			52.8%
Nutrient Guideline			

Wed - 10/15/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN PARMESIAN - SEC	2 TENDERS	1	39.08
GREEN BEANS, ZESTY - SEC	1 CUP	1	6.69
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			121.06
% of Calories			51.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/16/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	8 PIECES	1	14.0
TERIYAKI SAUCE - KIKKOMAN	2oz SERVING	1	16.2
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
CONDIMENT - CHICKEN SAND.	SERVING	1	8.93
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			149.90
% of Calories			57.9%
Nutrient Guideline			

Fri - 10/17/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
SLOPPY JOE: GREEK - ELEM	2 OZ	1	31.08
DINNER SALAD, GREEK	1 CUP	1	3.97
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			129.55
% of Calories			50.5%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/20/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	19.31
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			106.95
% of Calories			60.3%
Nutrient Guideline			

Tue - 10/21/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TACO SOUP - RAW - 1 CUP	1 CUP	1	22.68
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
VEGETABLES, EDAMAME & CARROTS	3/4 CUP	1	7.49
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	52.46
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			138.99
% of Calories			50.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/22/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			120.10
% of Calories			54.1%
Nutrient Guideline			

Thu - 10/23/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER, TYSON	HAMBURGERS	1	22.0
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
SWEET CAKE	SERVING	1	44.38
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
CONDIMENT - BURGER	SERVING	1	4.64
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			146.96
% of Calories			53.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/24/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CORN DOG, MINI PROVIEW (5)	5 NUGGETS	1	24.88
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			125.74
% of Calories			51.6%
Nutrient Guideline			

Mon - 10/27/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
GENERAL TSO - YANGS	3.6oz SERVING	1	22.15
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			117.36
% of Calories			62.6%
Nutrient Guideline			

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Washington County School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/28/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CHURRO- APPLE WG	SERVINGS	1	25.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			136.54
% of Calories			53.2%
Nutrient Guideline			

Wed - 10/29/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
ROTINI ALFREDO: SEC	1 CUP	1	36.65
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
CONDIMENT - CHICKEN SAND.	SERVING	1	8.93
MILK	CARTON	1	17.0
Weighted Daily Average			97.79
% of Calories			55.2%
Nutrient Guideline			

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Washington County School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/30/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	14.98
MARINARA SAUCE	1/2 CUP	1	12.02
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	9.59
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK	CARTON	1	17.0
Weighted Daily Average			127.02
% of Calories			54.7%
Nutrient Guideline			

Fri - 10/31/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
MUMMY DOG	MUMMY DOGS	1	17.0
COOKIE: HALLOWEEN	1 EACH	1	28.0
DINNER SALAD ELEM.	1 CUP	1	8.34
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK 1% WHITE	CARTON	1	13.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
COOKIE: HALLOWEEN	1 EACH	1	28.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	12.89
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			125.19
% of Calories			48.7%
Nutrient Guideline			

Weighted Average			126.71
			53.7%

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Washington County School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

			Portion Size	Reimb Qty	Carb (g)			
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	126.71	53.67%						

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