

# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Tue - 09/02/2025               |                 |              |             |
| INTERMEDIATE LUNCH 6-8         | Total           | 1            |             |
| SOFT FLOUR TACO:SEC            | serving         | 1            | 23.0        |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ          | 1            | 0.25        |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| JELL-O                         | GEL CUP         | 1            | 25.0        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP           | 1            | 5.09        |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| NACHOS                         | SERVINGS        | 1            | 38.19       |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 155.61      |
| % of Calories                  |                 |              | 55.4%       |
| Nutrient Guideline             |                 |              |             |

|                                |               |   |       |
|--------------------------------|---------------|---|-------|
| Wed - 09/03/2025               |               |   |       |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |       |
| ROTINI ALFREDO: SEC            | 1 CUP         | 1 | 36.65 |
| CHICKEN, DICED L/S TYSON       | 1.5oz SERVING | 1 | 0.51  |
| BREADSTICK, CHEESY GARLIC      | SERVINGS      | 1 | 15.0  |
| BROCCOLI, ROASTED, 3/4 C       | 3/4 CUP       | 1 | 3.29  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12 |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0  |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0  |
| ALT INT WEEKLY 1st CHOI        | Total         | 1 |       |
| SPICY CHICKEN SANDWICH         | SERVINGS      | 1 | 44.0  |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP       | 1 | 6.57  |
| FRENCH FRIES- S.S. 1/2 CUP     | 2.5 OZ        | 1 | 18.76 |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12 |
| PICKLE:, CHIPS                 | 1 OZ.         | 1 | 1.0   |
| KETCHUP : P/C                  | PC            | 1 | 10.12 |
| BARBAQUE SAUCE: P/C            | 1 Each        | 1 | 10.0  |
| MAYONNAISE, LIGHT              | POUCH         | 1 | 0.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0  |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                        | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|------------------------|-----------------|--------------|-------------|
| Weighted Daily Average |                 |              | 139.07      |
| % of Calories          |                 |              | 57.1%       |
| Nutrient Guideline     |                 |              |             |

|                             |          |   |        |
|-----------------------------|----------|---|--------|
| Thu - 09/04/2025            |          |   |        |
| INTERMEDIATE LUNCH 6-8      | Total    | 1 |        |
| HOT DOG, BEEF CLOVERDALE    | SERVINGS | 1 | 23.0   |
| TATER TOTS - MCCAIN         | 8 PIECES | 1 | 14.0   |
| CARROT STICKS 1/2 CUP       | 1/2 CUP  | 1 | 2.0    |
| COOKIE, OATMEAL             | 1 EACH   | 1 | 19.44  |
| PEARS, DICED, CANNED        | 1/2 CUP  | 1 | 16.0   |
| FRUIT BAR :FALL ELEM.       | 1/2 CUP  | 1 | 15.12  |
| SALAD BAR: 3 THURSDAY'S:ELE | .5 CUP   | 1 | 3.76   |
| KETCHUP : P/C               | PC       | 1 | 10.12  |
| MUSTARD:, P/C               | 1 Each   | 1 | 0.33   |
| MILK : CHOCOLATE MILK F/F   | CARTON   | 1 | 19.0   |
| MILK 1% WHITE               | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF         | CARTON   | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI     | Total    | 1 |        |
| WRAP, CHICKEN - FR091       | WRAP     | 1 | 39.57  |
| MIXED FRESH VEGETABLES      | 3/4 CUP  | 1 | 8.31   |
| SUN CHIPS                   | BAG      | 1 | 19.0   |
| PEARS, DICED, CANNED        | 1/2 CUP  | 1 | 16.0   |
| FRUIT BAR :FALL ELEM.       | 1/2 CUP  | 1 | 15.12  |
| BARBAQUE SAUCE: P/C         | 1 Each   | 1 | 10.0   |
| MILK : CHOCOLATE MILK F/F   | CARTON   | 1 | 19.0   |
| MILK 1% WHITE               | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF         | CARTON   | 1 | 19.0   |
| Weighted Daily Average      |          |   | 156.88 |
| % of Calories               |          |   | 55.7%  |
| Nutrient Guideline          |          |   |        |

|                           |               |   |       |
|---------------------------|---------------|---|-------|
| Fri - 09/05/2025          |               |   |       |
| INTERMEDIATE LUNCH 6-8    | Total         | 1 |       |
| CALZONE, MINI, WG         | 3 CALZONES    | 1 | 40.01 |
| CARROT STICKS 1/2 CUP     | 1/2 CUP       | 1 | 2.0   |
| CREAMIES JR.              | CREAMIE       | 1 | 14.0  |
| PINEAPPLE, TIDBITS, CAN   | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.     | 1/2 CUP       | 1 | 15.12 |
| MARINARA SAUCE            | 1/2 CUP       | 1 | 12.02 |
| RANCH: (WILD COYOTE LITE) | PC CUP        | 1 | 2.0   |
| MILK : CHOCOLATE MILK F/F | CARTON        | 1 | 19.0  |
| MILK 1% WHITE             | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF       | CARTON        | 1 | 19.0  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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|                            | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|----------------------------|-----------------|--------------|-------------|
| ALT INT WEEKLY 1st CHOI    | Total           | 1            |             |
| CHEESESTEAK SANDWICH       | SANDWICHES      | 1            | 33.9        |
| TATER TOTS - MCCAIN        | 8 PIECES        | 1            | 14.0        |
| CARROT & CELERY STICKS:ELE | 3/4 CUP         | 1            | 10.53       |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING   | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP         | 1            | 15.12       |
| MAYONNAISE, LIGHT          | POUCH           | 1            | 0.0         |
| KETCHUP : P/C              | PC              | 1            | 10.12       |
| MILK : CHOCOLATE MILK F/F  | CARTON          | 1            | 19.0        |
| MILK 1% WHITE              | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF        | CARTON          | 1            | 19.0        |
| Weighted Daily Average     |                 |              | 151.41      |
| % of Calories              |                 |              | 54.6%       |
| Nutrient Guideline         |                 |              |             |

|                                |                 |   |        |
|--------------------------------|-----------------|---|--------|
| Mon - 09/08/2025               |                 |   |        |
| INTERMEDIATE LUNCH 6-8         | Total           | 1 |        |
| TERIYAKI CHICKEN - ELEM.       | 2 oz            | 1 | 7.14   |
| CHOW MEIN - 1.4oz              | 1/2 CUP SERVING | 1 | 19.31  |
| BROCCOLI, ROASTED, 3/4 C       | 3/4 CUP         | 1 | 3.29   |
| COOKIE, CELEBRATION            | SERVINGS        | 1 | 17.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING   | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1 | 15.12  |
| SOY SAUCE: PC                  | PC              | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON          | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON          | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total           | 1 |        |
| DOMINOS PIZZA                  | SLICE           | 1 | 30.0   |
| DINNER SALAD - ALT LINE        | SERVINGS        | 1 | 6.07   |
| COOKIE, CELEBRATION            | SERVINGS        | 1 | 17.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING   | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1 | 15.12  |
| RANCH: (WILD COYOTE LITE)      | PC CUP          | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON          | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON          | 1 | 19.0   |
| Weighted Daily Average         |                 |   | 136.03 |
| % of Calories                  |                 |   | 60.8%  |
| Nutrient Guideline             |                 |   |        |

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WEEKLY 1st CHOICE

## Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Tue - 09/09/2025               |                 |              |             |
| INTERMEDIATE LUNCH 6-8         | Total           | 1            |             |
| QUESADILLA, THREE CHEESE       | SERVINGS        | 1            | 32.51       |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| GREEN BEANS: 1/2 C.            | 1/2 CUP         | 1            | 3.0         |
| COOKIE, PUMPKIN CHOCOLATE CHIP | COOKIE          | 1            | 22.3        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP           | 1            | 5.09        |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| NACHOS                         | SERVINGS        | 1            | 38.19       |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 158.23      |
| % of Calories                  |                 |              | 54.0%       |
| Nutrient Guideline             |                 |              |             |

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| Wed - 09/10/2025               |          |   |        |
| INTERMEDIATE LUNCH 6-8         | Total    | 1 |        |
| CHICKEN NOODLE SOUP: USDA 1C.  | 1 CUP    | 1 | 18.34  |
| BREADSTICK, CHEESE - BOSCO'S   | SERVINGS | 1 | 17.0   |
| TOMATO, CUCUMBER, CARROTS:INTE | 3/4 CUP  | 1 | 9.38   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP  | 1 | 15.12  |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON   | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total    | 1 |        |
| SPICY CHICKEN SANDWICH         | SERVINGS | 1 | 44.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP  | 1 | 6.57   |
| FRENCH FRIES- S.S. 1/2 CUP     | 2.5 OZ   | 1 | 18.76  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP  | 1 | 15.12  |
| PICKLE:, CHIPS                 | 1 OZ.    | 1 | 1.0    |
| KETCHUP : P/C                  | PC       | 1 | 10.12  |
| BARBAQUE SAUCE: P/C            | 1 Each   | 1 | 10.0   |
| MAYONNAISE, LIGHT              | POUCH    | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON   | 1 | 19.0   |
| Weighted Daily Average         |          |   | 133.70 |
| % of Calories                  |          |   | 57.7%  |
| Nutrient Guideline             |          |   |        |

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Thu - 09/11/2025               |                 |              |             |
| INTERMEDIATE LUNCH 6-8         | Total           | 1            |             |
| CHICKEN CHUNKS, TYSON          | 5 NUGGETS       | 1            | 15.0        |
| FRENCH FRIES- S.S. 3/4 CUP     | 3.7 oz          | 1            | 28.51       |
| SCOOBY-DOO GRAHAM CRACKER STIC | BAG             | 1            | 21.0        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP         | 1            | 1.88        |
| KETCHUP : P/C                  | PC              | 1            | 10.12       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 10.0        |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| WRAP, CHICKEN - FR091          | WRAP            | 1            | 39.57       |
| MIXED FRESH VEGETABLES         | 3/4 CUP         | 1            | 8.31        |
| SUN CHIPS                      | BAG             | 1            | 19.0        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 10.0        |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 163.81      |
| % of Calories                  |                 |              | 58.7%       |
| Nutrient Guideline             |                 |              |             |

|                            |               |   |       |
|----------------------------|---------------|---|-------|
| Fri - 09/12/2025           |               |   |       |
| INTERMEDIATE LUNCH 6-8     | Total         | 1 |       |
| PEPPERONI PIZZA RIPPERS    | SERVING       | 1 | 27.0  |
| DINNER SALAD ELEM.         | 1 CUP         | 1 | 3.93  |
| COOKIE, CHOCOLATE CHUNK    | COOKIE        | 1 | 15.8  |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP       | 1 | 15.12 |
| MARINARA SAUCE             | 1/2 CUP       | 1 | 12.02 |
| RANCH: (WILD COYOTE LITE)  | PC CUP        | 1 | 2.0   |
| MILK : CHOCOLATE MILK F/F  | CARTON        | 1 | 19.0  |
| MILK 1% WHITE              | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF        | CARTON        | 1 | 19.0  |
| ALT INT WEEKLY 1st CHOI    | Total         | 1 |       |
| CHEESESTEAK SANDWICH       | SANDWICHES    | 1 | 33.9  |
| TATER TOTS - MCCAIN        | 8 PIECES      | 1 | 14.0  |
| CARROT & CELERY STICKS:ELE | 3/4 CUP       | 1 | 10.53 |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP       | 1 | 15.12 |
| MAYONNAISE, LIGHT          | POUCH         | 1 | 0.0   |
| KETCHUP : P/C              | PC            | 1 | 10.12 |
| MILK : CHOCOLATE MILK F/F  | CARTON        | 1 | 19.0  |
| MILK 1% WHITE              | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF        | CARTON        | 1 | 19.0  |

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|                        | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|------------------------|-----------------|--------------|-------------|
| Weighted Daily Average |                 |              | 146.77      |
| % of Calories          |                 |              | 54.8%       |
| Nutrient Guideline     |                 |              |             |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| Mon - 09/15/2025               |               |   |        |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |        |
| ORANGE CHICKEN: (SEC.)         | 3.6 OZ        | 1 | 20.14  |
| RICE: COOKED BROWN RICE (ELE)  | 1/2 CUP       | 1 | 16.12  |
| BROCCOLI, ROASTED, 3/4 C       | 3/4 CUP       | 1 | 3.29   |
| COOKIE, FORTUNE COOKIE         | COOKIE        | 1 | 7.05   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12  |
| SOY SAUCE: PC                  | PC            | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total         | 1 |        |
| DOMINOS PIZZA                  | SLICE         | 1 | 30.0   |
| DINNER SALAD - ALT LINE        | SERVINGS      | 1 | 6.07   |
| COOKIE, CELEBRATION            | SERVINGS      | 1 | 17.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12  |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0   |
| Weighted Daily Average         |               |   | 135.95 |
| % of Calories                  |               |   | 62.0%  |
| Nutrient Guideline             |               |   |        |

|                               |                |   |       |
|-------------------------------|----------------|---|-------|
| Tue - 09/16/2025              |                |   |       |
| INTERMEDIATE LUNCH 6-8        | Total          | 1 |       |
| BEEF TACO STICK               | 1 EACH         | 1 | 28.97 |
| REFRIED BEANS, V V            | 1/2 C SERVINGS | 1 | 24.0  |
| CORN 1/2 CUP                  | 1/2 CUP        | 1 | 15.0  |
| COOKIE, COWBOY                | 1 oz.          | 1 | 29.36 |
| PEACH, DICED, CANNED          | 1/2 CUP        | 1 | 14.0  |
| FRUIT BAR :FALL ELEM.         | 1/2 CUP        | 1 | 15.12 |
| SALAD BAR: 2 TUESDAY- INTERM. | 1 CUP          | 1 | 5.09  |
| SALSA PICANTE                 | 1 OZ           | 1 | 1.4   |
| MILK : CHOCOLATE MILK F/F     | CARTON         | 1 | 19.0  |
| MILK 1% WHITE                 | CARTON         | 1 | 13.0  |
| MILK, STRAWBERRY FF           | CARTON         | 1 | 19.0  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| NACHOS                         | SERVINGS        | 1            | 38.19       |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 165.98      |
| % of Calories                  |                 |              | 54.3%       |
| Nutrient Guideline             |                 |              |             |

|                                |           |   |        |
|--------------------------------|-----------|---|--------|
| Wed - 09/17/2025               |           |   |        |
| INTERMEDIATE LUNCH 6-8         | Total     | 1 |        |
| CHICKEN TENDERS - FR091        | 2 TENDERS | 1 | 12.0   |
| BUTTER MASHED POTATOES-sec     | 2/3 cup   | 1 | 18.0   |
| GRAVY, CHICKEN: LOW SODIUM     | 1/4 CUP   | 1 | 3.0    |
| GREEN BEANS: 1/2 C.            | 1/2 CUP   | 1 | 3.0    |
| GARLIC TOAST-WG                | SLICES    | 1 | 14.89  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP   | 1 | 15.12  |
| BARBAQUE SAUCE: P/C            | 1 Each    | 1 | 10.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON    | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON    | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON    | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total     | 1 |        |
| SPICY CHICKEN SANDWICH         | SERVINGS  | 1 | 44.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP   | 1 | 6.57   |
| FRENCH FRIES- S.S. 1/2 CUP     | 2.5 OZ    | 1 | 18.76  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP   | 1 | 15.12  |
| PICKLE:, CHIPS                 | 1 OZ.     | 1 | 1.0    |
| KETCHUP : P/C                  | PC        | 1 | 10.12  |
| BARBAQUE SAUCE: P/C            | 1 Each    | 1 | 10.0   |
| MAYONNAISE, LIGHT              | POUCH     | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON    | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON    | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON    | 1 | 19.0   |
| Weighted Daily Average         |           |   | 141.79 |
| % of Calories                  |           |   | 56.7%  |
| Nutrient Guideline             |           |   |        |

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Thu - 09/18/2025               |                 |              |             |
| INTERMEDIATE LUNCH 6-8         | Total           | 1            |             |
| CHICKEN SANDWICH               | SANDWICH        | 1            | 31.11       |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP         | 1            | 6.57        |
| TATER TOTS - MCCAIN            | 8 PIECES        | 1            | 14.0        |
| COLESLAW                       | 1/2 C. SERVINGS | 1            | 6.02        |
| COOKIE, CHOCOLATE CHIP         | 1 EACH          | 1            | 13.5        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP         | 1            | 1.88        |
| KETCHUP : P/C                  | PC              | 1            | 10.12       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 10.0        |
| MAYONNAISE, LIGHT              | POUCH           | 1            | 0.0         |
| PICKLE:, CHIPS                 | 1 OZ.           | 1            | 1.0         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| WRAP, CHICKEN - FR091          | WRAP            | 1            | 39.57       |
| MIXED FRESH VEGETABLES         | 3/4 CUP         | 1            | 8.31        |
| SUN CHIPS                      | BAG             | 1            | 19.0        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 10.0        |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 167.65      |
| % of Calories                  |                 |              | 58.1%       |
| Nutrient Guideline             |                 |              |             |

|                            |               |   |       |
|----------------------------|---------------|---|-------|
| Fri - 09/19/2025           |               |   |       |
| INTERMEDIATE LUNCH 6-8     | Total         | 1 |       |
| SLOPPY JOE: JTM ELEMENTARY | 2 OZ          | 1 | 27.53 |
| FRESH MIXED VEGETABLE CUP  | 3/4 CUP       | 1 | 8.31  |
| SUN CHIPS                  | BAG           | 1 | 19.0  |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP       | 1 | 15.12 |
| MILK : CHOCOLATE MILK F/F  | CARTON        | 1 | 19.0  |
| MILK 1% WHITE              | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF        | CARTON        | 1 | 19.0  |
| ALT INT WEEKLY 1st CHOI    | Total         | 1 |       |
| CHEESESTEAK SANDWICH       | SANDWICHES    | 1 | 33.9  |
| TATER TOTS - MCCAIN        | 8 PIECES      | 1 | 14.0  |
| CARROT & CELERY STICKS:ELE | 3/4 CUP       | 1 | 10.53 |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP       | 1 | 15.12 |
| MAYONNAISE, LIGHT          | POUCH         | 1 | 0.0   |
| KETCHUP : P/C              | PC            | 1 | 10.12 |
| MILK : CHOCOLATE MILK F/F  | CARTON        | 1 | 19.0  |
| MILK 1% WHITE              | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF        | CARTON        | 1 | 19.0  |

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|   | Portion<br>Size | Reimb<br>Qty | Carb<br>(g)     |
|---|-----------------|--------------|-----------------|
| Weighted Daily Average<br>% of Calories |                 |              | 143.81<br>56.6% |
| Nutrient Guideline                      |                 |              |                 |

|   |                 |   |                 |
|---|-----------------|---|-----------------|
| Mon - 09/22/2025                        |                 |   |                 |
| INTERMEDIATE LUNCH 6-8                  | Total           | 1 |                 |
| TERIYAKI CHICKEN - ELEM.                | 2 oz            | 1 | 7.14            |
| CHOW MEIN - 1.4oz                       | 1/2 CUP SERVING | 1 | 19.31           |
| GREEN BEANS 3/4 CUP                     | 3/4 CUP         | 1 | 4.5             |
| BISCUIT                                 | BISCUIT         | 1 | 14.0            |
| FRUIT BAR :FALL ELEM.                   | 1/2 CUP         | 1 | 15.12           |
| MANDARIN ORANGE, FESTIVAL, CAN          | 1/2 C SERVING   | 1 | 19.0            |
| SOY SAUCE: PC                           | PC              | 1 | 0.0             |
| MILK : CHOCOLATE MILK F/F               | CARTON          | 1 | 19.0            |
| MILK 1% WHITE                           | CARTON          | 1 | 13.0            |
| MILK, STRAWBERRY FF                     | CARTON          | 1 | 19.0            |
| ALT INT WEEKLY 1st CHOI                 | Total           | 1 |                 |
| DOMINOS PIZZA                           | SLICE           | 1 | 30.0            |
| DINNER SALAD - ALT LINE                 | SERVINGS        | 1 | 6.07            |
| COOKIE, CELEBRATION                     | SERVINGS        | 1 | 17.0            |
| MANDARIN ORANGE, FESTIVAL, CAN          | 1/2 C SERVING   | 1 | 19.0            |
| FRUIT BAR :FALL ELEM.                   | 1/2 CUP         | 1 | 15.12           |
| RANCH: (WILD COYOTE LITE)               | PC CUP          | 1 | 2.0             |
| MILK : CHOCOLATE MILK F/F               | CARTON          | 1 | 19.0            |
| MILK 1% WHITE                           | CARTON          | 1 | 13.0            |
| MILK, STRAWBERRY FF                     | CARTON          | 1 | 19.0            |
| Weighted Daily Average<br>% of Calories |                 |   | 135.13<br>62.2% |
| Nutrient Guideline                      |                 |   |                 |

|                                |                |   |       |
|--------------------------------|----------------|---|-------|
| Tue - 09/23/2025               |                |   |       |
| INTERMEDIATE LUNCH 6-8         | Total          | 1 |       |
| TACO SALAD - RAW               | SERVING        | 1 | 32.67 |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL           | 1 | 34.0  |
| REFRIED BEANS, V V             | 1/2 C SERVINGS | 1 | 24.0  |
| SALAD BAR: 2 TUESDAY- INTERM.  | 1 CUP          | 1 | 5.09  |
| PEACH, DICED, CANNED           | 1/2 CUP        | 1 | 14.0  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP        | 1 | 15.12 |
| SALSA PICANTE                  | 1 OZ           | 1 | 1.4   |
| RANCH: (WILD COYOTE LITE)      | PC CUP         | 1 | 2.0   |
| MILK : CHOCOLATE MILK F/F      | CARTON         | 1 | 19.0  |
| MILK 1% WHITE                  | CARTON         | 1 | 13.0  |
| MILK, STRAWBERRY FF            | CARTON         | 1 | 19.0  |

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Sep 1, 2025 thru Sep 30, 2025

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WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| NACHOS                         | SERVINGS        | 1            | 38.19       |
| REFRIED BEANS, V V             | 1/2 C SERVINGS  | 1            | 24.0        |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| PEACH, DICED, CANNED           | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALSA PICANTE                  | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 163.65      |
| % of Calories                  |                 |              | 49.6%       |
| Nutrient Guideline             |                 |              |             |

|                                |          |   |        |
|--------------------------------|----------|---|--------|
| Wed - 09/24/2025               |          |   |        |
| INTERMEDIATE LUNCH 6-8         | Total    | 1 |        |
| TERIYAKI BEEF NUGGETS          | 4 Nugget | 1 | 6.0    |
| BUTTER MASHED POTATOES-sec     | 2/3 cup  | 1 | 18.0   |
| GRAVY, BROWN : (CUSTOM)        | 1/4 CUP  | 1 | 2.82   |
| BROCCOLI, ROASTED, 3/4 C       | 3/4 CUP  | 1 | 3.29   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP  | 1 | 15.12  |
| ROLLS - NO EGGS                | SERVINGS | 1 | 25.63  |
| MARGARINE REDDIES: (1)         | 1 Patty  | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON   | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total    | 1 |        |
| SPICY CHICKEN SANDWICH         | SERVINGS | 1 | 44.0   |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP  | 1 | 6.57   |
| FRENCH FRIES- S.S. 1/2 CUP     | 2.5 OZ   | 1 | 18.76  |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP  | 1 | 15.12  |
| PICKLE:, CHIPS                 | 1 OZ.    | 1 | 1.0    |
| KETCHUP : P/C                  | PC       | 1 | 10.12  |
| BARBAQUE SAUCE: P/C            | 1 Each   | 1 | 10.0   |
| MAYONNAISE, LIGHT              | POUCH    | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON   | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON   | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON   | 1 | 19.0   |
| Weighted Daily Average         |          |   | 139.21 |
| % of Calories                  |          |   | 55.6%  |
| Nutrient Guideline             |          |   |        |

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|--------------------------------|-----------------|--------------|-------------|
| Thu - 09/25/2025               |                 |              |             |
| INTERMEDIATE LUNCH 6-8         | Total           | 1            |             |
| HAMBURGER, RAW- FR002 -SEC     | HAMBURGERS      | 1            | 27.0        |
| CHEESE: PROCESS SLICE          | 1 oz.           | 1            | 1.98        |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP         | 1            | 6.57        |
| TATER TOTS - MCCAIN            | 8 PIECES        | 1            | 14.0        |
| SWEET CAKE                     | SERVING         | 1            | 44.38       |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| SALAD BAR: 3 THURS. - INTERM   | 1/2 CUP         | 1            | 1.88        |
| PICKLE:, CHIPS                 | 1 OZ.           | 1            | 1.0         |
| MUSTARD:, P/C                  | 1 Each          | 1            | 0.33        |
| KETCHUP : P/C                  | PC              | 1            | 10.12       |
| MAYONNAISE, LIGHT              | POUCH           | 1            | 0.0         |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI        | Total           | 1            |             |
| WRAP, CHICKEN - FR091          | WRAP            | 1            | 39.57       |
| MIXED FRESH VEGETABLES         | 3/4 CUP         | 1            | 8.31        |
| SUN CHIPS                      | BAG             | 1            | 19.0        |
| PEARS, DICED, CANNED           | 1/2 CUP         | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP         | 1            | 15.12       |
| BARBAQUE SAUCE: P/C            | 1 Each          | 1            | 10.0        |
| MILK : CHOCOLATE MILK F/F      | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                  | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF            | CARTON          | 1            | 19.0        |
| Weighted Daily Average         |                 |              | 174.18      |
| % of Calories                  |                 |              | 52.9%       |
| Nutrient Guideline             |                 |              |             |

|                            |               |   |       |
|----------------------------|---------------|---|-------|
| Fri - 09/26/2025           |               |   |       |
| INTERMEDIATE LUNCH 6-8     | Total         | 1 |       |
| CORN DOG, MINI PROVIEW (5) | 5 NUGGETS     | 1 | 24.88 |
| CARROT STICKS 3/4 CUP      | 3/4 CUP       | 1 | 11.0  |
| COOKIE, SNICKERDOODLE, WG  | SERVINGS      | 1 | 16.0  |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING | 1 | 16.0  |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP       | 1 | 15.12 |
| KETCHUP : P/C              | PC            | 1 | 10.12 |
| MUSTARD:, P/C              | 1 Each        | 1 | 0.33  |
| MILK : CHOCOLATE MILK F/F  | CARTON        | 1 | 19.0  |
| MILK 1% WHITE              | CARTON        | 1 | 13.0  |
| MILK, STRAWBERRY FF        | CARTON        | 1 | 19.0  |

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

## Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

## Portion Values - Detailed

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|                            | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|----------------------------|-----------------|--------------|-------------|
| ALT INT WEEKLY 1st CHOI    | Total           | 1            |             |
| CHEESESTEAK SANDWICH       | SANDWICHES      | 1            | 33.9        |
| TATER TOTS - MCCAIN        | 8 PIECES        | 1            | 14.0        |
| CARROT & CELERY STICKS:ELE | 3/4 CUP         | 1            | 10.53       |
| PINEAPPLE, TIDBITS, CAN    | 1/2 C SERVING   | 1            | 16.0        |
| FRUIT BAR :FALL ELEM.      | 1/2 CUP         | 1            | 15.12       |
| MAYONNAISE, LIGHT          | POUCH           | 1            | 0.0         |
| KETCHUP : P/C              | PC              | 1            | 10.12       |
| MILK : CHOCOLATE MILK F/F  | CARTON          | 1            | 19.0        |
| MILK 1% WHITE              | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF        | CARTON          | 1            | 19.0        |
| Weighted Daily Average     |                 |              | 147.56      |
| % of Calories              |                 |              | 57.4%       |
| Nutrient Guideline         |                 |              |             |

|                                |               |   |        |
|--------------------------------|---------------|---|--------|
| Mon - 09/29/2025               |               |   |        |
| INTERMEDIATE LUNCH 6-8         | Total         | 1 |        |
| GENERAL TSO - YANGS            | 3.6oz SERVING | 1 | 22.15  |
| RICE: COOKED BROWN RICE (ELE)  | 1/2 CUP       | 1 | 16.12  |
| GREEN BEANS 3/4 CUP            | 3/4 CUP       | 1 | 4.5    |
| BROWNIE MIX, SHIRLEY J         | SERVINGS      | 1 | 23.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12  |
| SOY SAUCE: PC                  | PC            | 1 | 0.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0   |
| ALT INT WEEKLY 1st CHOI        | Total         | 1 |        |
| DOMINOS PIZZA                  | SLICE         | 1 | 30.0   |
| DINNER SALAD - ALT LINE        | SERVINGS      | 1 | 6.07   |
| COOKIE, CELEBRATION            | SERVINGS      | 1 | 17.0   |
| MANDARIN ORANGE, FESTIVAL, CAN | 1/2 C SERVING | 1 | 19.0   |
| FRUIT BAR :FALL ELEM.          | 1/2 CUP       | 1 | 15.12  |
| RANCH: (WILD COYOTE LITE)      | PC CUP        | 1 | 2.0    |
| MILK : CHOCOLATE MILK F/F      | CARTON        | 1 | 19.0   |
| MILK 1% WHITE                  | CARTON        | 1 | 13.0   |
| MILK, STRAWBERRY FF            | CARTON        | 1 | 19.0   |
| Weighted Daily Average         |               |   | 145.54 |
| % of Calories                  |               |   | 64.0%  |
| Nutrient Guideline             |               |   |        |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT  
WEEKLY 1st CHOICE

Portion Values - Detailed

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|                                 | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|---------------------------------|-----------------|--------------|-------------|
| Tue - 09/30/2025                |                 |              |             |
| INTERMEDIATE LUNCH 6-8          | Total           | 1            |             |
| DUTCH WAFFLE                    | 1 EACH          | 1            | 43.0        |
| SCRAMBLED EGGS: SUNNY FRESH     | 1oz SERVING     | 1            | 1.0         |
| SAUSAGE LINK - CLOVERDALE       | 1 LINK          | 1            | 1.0         |
| HASHBROWN PATTY: 1/2 CUP        | 2 EACH          | 1            | 27.0        |
| JUICE, PARADISE PUNCH           | CARTON          | 1            | 13.9        |
| FRUIT BAR :FALL ELEM.           | 1/2 CUP         | 1            | 15.12       |
| SYRUP                           | 1 EA            | 1            | 4.0         |
| KETCHUP : P/C                   | PC              | 1            | 10.12       |
| MILK : CHOCOLATE MILK F/F       | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                   | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF             | CARTON          | 1            | 19.0        |
| ALT INT WEEKLY 1st CHOI         | Total           | 1            |             |
| NACHOS                          | SERVINGS        | 1            | 38.19       |
| REFRIED BEANS, V V              | 1/2 C SERVINGS  | 1            | 24.0        |
| LETTUCE & TOMATO: 3/4 CUP-TACOS | 3/4 CUP         | 1            | 4.32        |
| PEACH, DICED, CANNED            | 1/2 CUP         | 1            | 14.0        |
| FRUIT BAR :FALL ELEM.           | 1/2 CUP         | 1            | 15.12       |
| SALSA PICANTE                   | 1 OZ            | 1            | 1.4         |
| MILK : CHOCOLATE MILK F/F       | CARTON          | 1            | 19.0        |
| MILK 1% WHITE                   | CARTON          | 1            | 13.0        |
| MILK, STRAWBERRY FF             | CARTON          | 1            | 19.0        |
| Weighted Daily Average          |                 |              | 157.09      |
| % of Calories                   |                 |              | 55.1%       |
| Nutrient Guideline              |                 |              |             |

|                  |  |  |                 |
|------------------|--|--|-----------------|
| Weighted Average |  |  | 150.43<br>56.5% |
|------------------|--|--|-----------------|

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 150.43   | 56.47%    |               |             |           |           |         |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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