

Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 09/02/2025			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
JELL-O	GEL CUP	1	25.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	12.4
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			164.39
% of Calories			55.7%
Nutrient Guideline			

Wed - 09/03/2025			
SECONDARY LUNCH 9-12	Total	1	
ROTINI ALFREDO: SEC	1 CUP	1	36.65
CHICKEN, DICED L/S TYSON	2.3oz SERVING	1	0.78
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, CUP	1 CUP	1	4.45
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
SALAD BAR: HIGH	1 CUP	1	9.31
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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WEEKLY 1st CHOICE

Portion Values - Detailed

Page 2

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			169.44 57.0%
Nutrient Guideline			

Thu - 09/04/2025			
SECONDARY LUNCH 9-12	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
COOKIE, OATMEAL	1 EACH	1	19.44
SALAD BAR: HIGH	1 CUP	1	9.31
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			168.34
% of Calories			55.7%
Nutrient Guideline			

Fri - 09/05/2025			
SECONDARY LUNCH 9-12	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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WEEKLY 1st CHOICE

Portion Values - Detailed

Page 3

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			163.59
% of Calories			57.5%
Nutrient Guideline			

Mon - 09/08/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
CHOW MEIN - 2.1oz	2.1 oz SERVING	1	29.15
BROCCOLI, ROASTED, CUP	1 CUP	1	4.45
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: HIGH	1 CUP	1	9.31
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			152.73
% of Calories			58.6%
Nutrient Guideline			

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Portion Values - Detailed

Page 4

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 09/09/2025			
SECONDARY LUNCH 9-12	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.3
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	12.4
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			167.01
% of Calories			54.5%
Nutrient Guideline			

Wed - 09/10/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:SE	1 CUP	1	10.03
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
SALAD BAR: HIGH	1 CUP	1	9.31
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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Page 5

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			163.68 58.5%
Nutrient Guideline			

Thu - 09/11/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
PEARS, DICED, CANNED	1/2 CUP	1	16.0
MIXED FRESH VEGETABLES	1 CUP	1	7.73
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
SALAD BAR: HIGH	1 CUP	1	9.31
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			176.52
% of Calories			58.2%
Nutrient Guideline			

Fri - 09/12/2025			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	3.93
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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Page 6

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			155.45
% of Calories			55.8%
Nutrient Guideline			

Mon - 09/15/2025			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	20.14
RICE: COOKED BROWN (SEC)	1 CUP	1	32.23
BROCCOLI, ROASTED, CUP	1 CUP	1	4.45
COOKIE, FORTUNE COOKIE	COOKIE	1	7.05
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: HIGH	1 CUP	1	9.31
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			154.37
% of Calories			60.4%
Nutrient Guideline			

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Portion Values - Detailed

Page 7

Generated on: 9/2/2025 6:30:44 AM

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Tue - 09/16/2025			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	12.4
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			174.77
% of Calories			54.6%
Nutrient Guideline			

Wed - 09/17/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN TENDERS - FR091	2 TENDERS	1	12.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
SALAD BAR: HIGH	1 CUP	1	9.31
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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Portion Values - Detailed

Page 8

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			171.45
% of Calories			57.6%
Nutrient Guideline			

Thu - 09/18/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH	SANDWICH	1	36.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	12pc	1	21.1
COLESLAW	1/2 C. SERVINGS	1	6.02
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: HIGH	1 CUP	1	9.31
PICKLE:, CHIPS	1 OZ.	1	1.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			182.55
% of Calories			57.4%
Nutrient Guideline			

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Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 9

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/19/2025			
SECONDARY LUNCH 9-12	Total	1	
SLOPPY JOE: JTM SECONDARY	3.63oz SERVING	1	37.05
SUN CHIPS	BAG	1	19.0
CARROTS 1 CUP	1 CUP	1	15.86
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			161.03
% of Calories			57.4%
Nutrient Guideline			

Mon - 09/22/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
CHOW MEIN - 2.1oz	2.1 oz SERVING	1	29.15
GREEN BEANS 1 CUP	1 CUP	1	6.0
BISCUIT	BISCUIT	1	14.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
SALAD BAR: HIGH	1 CUP	1	9.31
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			152.01
% of Calories			59.9%
Nutrient Guideline			

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Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 10

Generated on: 9/2/2025 6:30:44 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 09/23/2025			
SECONDARY LUNCH 9-12	Total	1	
TACO SALAD - RAW	SERVING	1	32.67
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	12.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
SALSA PICANTE	1 OZ	1	1.4
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			172.44
% of Calories			50.1%
Nutrient Guideline			

Wed - 09/24/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
BROCCOLI, ROASTED, CUP	1 CUP	1	4.45
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
SALAD BAR: HIGH	1 CUP	1	9.31
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 11

Generated on: 9/2/2025 6:30:45 AM

	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.0
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			169.45
% of Calories			56.5%
Nutrient Guideline			

Thu - 09/25/2025			
SECONDARY LUNCH 9-12	Total	1	
HAMBURGER, RAW- FR002 -SEC	HAMBURGERS	1	27.0
CHEESE: PROCESS SLICE	1 oz.	1	1.98
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SWEET CAKE	SERVING	1	44.38
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: HIGH	1 CUP	1	9.31
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEARS, DICED, CANNED	1/2 CUP	1	16.0
BARBAQUE SAUCE: P/C	1 Each	1	10.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			190.28
% of Calories			52.8%
Nutrient Guideline			

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Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 12

Generated on: 9/2/2025 6:30:45 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/26/2025			
SECONDARY LUNCH 9-12	Total	1	
CORN DOG, MINI PROVIEW (6)	6 NUGGETS	1	29.85
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	33.9
TATER TOTS - MCCAIN	12pc	1	21.1
CARROT & CELERY STICKS:ELE	3/4 CUP	1	10.53
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			170.27
% of Calories			58.0%
Nutrient Guideline			

Mon - 09/29/2025			
SECONDARY LUNCH 9-12	Total	1	
GENERAL TSO - YANGS	3.6oz SERVING	1	22.15
RICE: COOKED BROWN (SEC)	1 CUP	1	32.23
GREEN BEANS 1 CUP	1 CUP	1	6.0
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
SALAD BAR: HIGH	1 CUP	1	9.31
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0

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Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

Page 13

Generated on: 9/2/2025 6:30:45 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			164.13 62.4%
Nutrient Guideline			

Tue - 09/30/2025			
SECONDARY LUNCH 9-12	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SAUSAGE LINK - CLOVERDALE	2 LINKS	1	2.02
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR : FALL SECONDARY	1 CUP	1	20.24
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average % of Calories			162.73 53.3%
Nutrient Guideline			

Weighted Average			166.98 56.6%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	166.98	56.56%						

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