

Washington County School District

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Recipe

Sep 25, 2025

Recipe: 001937 BEEF TACO ENCHILADA

Recipe Source:

Recipe Group: ENTREES

Recipe HACCP Process:

Alternate Recipe Name: ENCHILADA

Number of Portions: 75

Size of Portion: ENCHILADA

900619 BEEF TACO STICK.....	75 EA	
990086 BROWN GRAVY: (Custom)..... 011549 TOMATO PRODUCTS,CND,SAU..... 990074 Salsa, Chunky (USDA)..... 002047 SALT, TABLE..... 002030 PEPPER,BLACK..... 002009 CHILI POWDER..... 990035 CUMIN,GROUND..... 002020 GARLIC POWDER..... 019335 SUGARS, GRANULATED..... 014429 BEVERAGES,H2O,TAP,MUNICIPAL...	1 BAG 1 LB 1 LB 1 dash 1 dash 2 TBSP 1 TBSP 1/2 TBSP 1/4 CUP 1 AS NEEDED	
903462 CHEDDAR/ JACK FANCY SHRED.....	37 1/2 OZ	

*Nutrients are based upon 1 Portion Size (ENCHILADA)

Calories	393 kcal	Cholesterol	58.57 mg	Total Sugars	*2.01* g	Calcium	*0.67* mg	45.63%	Calories from Total Fat
				Added Sug	*2.01* g				
Total Fat	19.90 g	Sodium	916.44 mg	Protein	*0.67* g	Iron	420.07 mg	24.62%	Calories from Saturated Fat
Saturated Fat	10.74 g	Carbohydrates	31.37 g	Vitamin A	21.68 RAE	Water ¹	2.79 g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00* g	Dietary Fiber	3.25 g	Vitamin C	*4.53* mg	Ash ¹	5.57 g	31.97%	Calories from Carbohydrates
								0.68%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Recipe

Sep 25, 2025

Recipe: 001831 CORN, STREET

Recipe HACCP Process: #2 Same Day Service

Recipe Source:

Recipe Group: VEGETABLES

Alternate Recipe Name: STREET CORN

Number of Portions: 50

Size of Portion: 1/2 CUP SERVING

043355 MAYONNAISE,LO NA,LO CAL OR DIET....	2 1/2 LB	
002009 CHILI POWDER.....	1 1/4 TSP	
900099 PARMESAN CHEESE.....	2 1/2 CUP	
903554 CORN, NO SALT, CANNED.....	30 CUP	

*Nutrients are based upon 1 Portion Size (1/2 CUP SERVING)

Calories	147	kcal	Cholesterol	9.44	mg	Total Sugars	*4.56*	g	Calcium	*0.00*	mg	43.99%	Calories from Total Fat
						Added Sug	*4.56*	g					
Total Fat	7.16	g	Sodium	100.88	mg	Protein	*0.00*	g	Iron	*48.22*	mg	9.52%	Calories from Saturated Fat
Saturated Fat	1.55	g	Carbohydrates	21.66	g	Vitamin A	4.08	RAE	Water ¹	*0.01*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fiber	2.42	g	Vitamin C	*1.00*	mg	Ash ¹	*14.23*	g	59.11%	Calories from Carbohydrates
												0.00%	Calories from Protein

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<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz				? - Milk
Grain.....	oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	0.500 cup				? - Tree Nut
Milk.....	cup				? - Fish
<u>Moisture & Fat Change</u>					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
					? - Sesame
Type of Fat.....					

Production Specification

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