

Washington County School District

Dec 1, 2025 thru Dec 19, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/02/2025			
ELEMENTARY LUNCH	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK	CARTON	1	17.0
Weighted Daily Average			132.38
% of Calories			55.1%
Nutrient Guideline			

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 12/03/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			77.07
% of Calories			51.1%
Nutrient Guideline			

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Thu - 12/04/2025			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - FR100	10 PIECES	1	19.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
BARBAQUE SAUCE: P/C	1 Each	1	10.13
KETCHUP : P/C	PC	1	10.12
MILK	CARTON	1	17.0
Weighted Daily Average			128.28
% of Calories			60.4%
Nutrient Guideline			

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Fri - 12/05/2025			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	8.34
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			95.51
% of Calories			50.8%
Nutrient Guideline			

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Mon - 12/08/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	2.94 OZ	1	16.45
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
Weighted Daily Average			76.21
% of Calories			66.0%
Nutrient Guideline			

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Tue - 12/09/2025			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SWEET CAKE	SERVING	1	44.38
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.18
SALSA PICANTE	1 OZ	1	1.77
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			155.65
% of Calories			58.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/10/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES, Dry mix,1/2	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			84.38
% of Calories			57.3%
Nutrient Guideline			

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Thu - 12/11/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
PEAR CRISP	4 oz SERVING	1	27.06
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			119.41
% of Calories			58.2%
Nutrient Guideline			

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Fri - 12/12/2025			
ELEMENTARY LUNCH	Total	1	
SLOPPY JOE: JTM ELEMENTARY	2 OZ	1	27.53
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			87.88
% of Calories			57.7%
Nutrient Guideline			

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Mon - 12/15/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
CARROTS & EDAMAME 3/4 CUP	3/4 CUP	1	6.65
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0

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Weighted Daily Average % of Calories			78.37 60.0%
Nutrient Guideline			

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Tue - 12/16/2025			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	2oz SERVING	1	1.33
SCALLOPED POTATOES:ELE	1/2 CUP	1	17.29
ROLLS - NO EGGS	SERVINGS	1	25.63
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
CAKE, JELLO	SLICE	1	21.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			100.90 59.7%
Nutrient Guideline			

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Wed - 12/17/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS, ELEM FR093	3 STRIPS	1	16.0
MASHED POTATOES, Dry mix,1/2	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			95.80 52.5%
Nutrient Guideline			

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Thu - 12/18/2025			
ELEMENTARY LUNCH	Total	1	
HAMBURGER, TYSON	HAMBURGERS	1	22.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
CONDIMENT - BURGER	SERVING	1	3.02
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			119.22 55.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/19/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEW (4)	4 NUGGETS	1	19.9
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK	CARTON	1	17.0
Weighted Daily Average			87.71
% of Calories			60.2%
Nutrient Guideline			

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Weighted Average			102.77 57.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	102.77	57.01%						

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