

Washington County School District

Dec 1, 2025 thru Dec 19, 2025

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/02/2025			
SECONDARY LUNCH 9-12	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SAUSAGE LINK - CLOVERDALE	2 LINKS	1	2.02
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK	CARTON	1	17.0
Weighted Daily Average			147.83
% of Calories			52.1%
Nutrient Guideline			

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Wed - 12/03/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:SE	1 CUP	1	9.86
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			125.89
% of Calories			58.1%
Nutrient Guideline			

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Thu - 12/04/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
MIXED FRESH VEGETABLES	1 CUP	1	7.73
SCOOPY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	11.05
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			139.73
% of Calories			56.8%
Nutrient Guideline			

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Fri - 12/05/2025			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	8.34
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			116.87
% of Calories			49.2%
Nutrient Guideline			

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Mon - 12/08/2025			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	20.14
RICE: COOKED BROWN (SEC)	1 CUP	1	32.23
BROCCOLI, ROASTED, CUP	1 CUP	1	4.45
COOKIE, FORTUNE COOKIE	COOKIE	1	7.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			119.79
% of Calories			62.9%
Nutrient Guideline			

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Tue - 12/09/2025			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SWEET CAKE	SERVING	1	44.38
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	11.05
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	2	
CHEESESTEAK SANDWICH	SANDWICHES	1	34.92
TATER TOTS - MCCAIN	12pc	1	21.1
CUCUMBER & CARROTS: 3/4 CUP	3/4 CUP	1	4.59
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT: STEAKWICH	SERVING	1	5.37
MILK	CARTON	1	17.0
Weighted Daily Average			99.59
% of Calories			57.8%
Nutrient Guideline			

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Wed - 12/10/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			131.02
% of Calories			58.8%
Nutrient Guideline			

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Thu - 12/11/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH	SANDWICH	1	36.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	12pc	1	21.1
COLESLAW	1/2 C. SERVINGS	1	6.02
PEAR CRISP	4 oz SERVING	1	27.06
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	11.05
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			144.81
% of Calories			56.9%
Nutrient Guideline			

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Fri - 12/12/2025			
SECONDARY LUNCH 9-12	Total	1	
SLOPPY JOE: JTM SECONDARY	3.63oz SERVING	1	37.05
SUN CHIPS	BAG	1	19.0
CARROTS 1 CUP	1 CUP	1	13.86
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			120.25
% of Calories			51.4%
Nutrient Guideline			

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Mon - 12/15/2025			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
CHOW MEIN - SEC.	4.7oz SERVING	1	34.45
CARROTS & EDAMAME 3/4 CUP	3/4 CUP	1	6.65
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			120.44
% of Calories			60.3%
Nutrient Guideline			

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Tue - 12/16/2025			
SECONDARY LUNCH 9-12	Total	1	
HAM - COBBLE STREET	3oz SLICE	1	2.01
SCALLOPED POTATOES:SEC	3/4 CUP	1	24.21
ROLLS - NO EGGS	SERVINGS	1	25.63
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
CAKE, JELLO	SLICE	1	21.29
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			122.93
% of Calories			59.6%
Nutrient Guideline			

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Portion Size Reimb Qty Carb (g)
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Wed - 12/17/2025			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN TENDERS - FR091	2 TENDERS	1	12.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			133.50
% of Calories			56.9%
Nutrient Guideline			

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Thu - 12/18/2025			
SECONDARY LUNCH 9-12	Total	1	
HAMBURGER - TYSON -SEC	SERVINGS	1	27.0
CHEESE: PROCESS SLICE	SLICE	1	1.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: HIGH	1 CUP	1	14.07
CONDIMENT - BURGER	SERVING	1	3.02
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	11.05
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			141.21
% of Calories			54.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/19/2025			
SECONDARY LUNCH 9-12	Total	1	
CORN DOG, MINI PROVIEW (6)	6 NUGGETS	1	29.85
CARROTS 1 CUP	1 CUP	1	13.86
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK	CARTON	1	17.0
ALT SEC WEEKLY 1st CHO	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:SEC	1 CUP	1	29.78
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			120.38
% of Calories			52.5%
Nutrient Guideline			

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Weighted Average			127.45
			55.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	127.45	55.94%						

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