

Portion Values - Detailed

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protrn (g)    | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat (g)   |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|---------------|-----------------|----------------|--------------|--------------|
| Tue - 12/02/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |               |                 |                |              |              |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |               |                 |                |              |              |
| DUTCH WAFFLE                         | 1 EACH       | 1         | 300         | 20          | 350       | 3.00      | 1.80      | 40.0       | *N/A*       | 0.0        | 12.00            | *N/A*               | 4.0           | 43.0            | 13.0           | 3.00         | 0.00         |
| SCRAMBLED EGGS: SUNNY FRESH          | 1oz SER VING | 1         | 45          | 95          | 130       | 0.00      | 0.40      | 17.0       | *N/A*       | 0.0        | *N/A*            | *N/A*               | 3.0           | 1.0             | 3.0            | 1.00         | 0.00         |
| SAUSAGE LINK - CLOVERDA              | 1 LINK       | 1         | 115         | 20          | 170       | 0.00      | 0.36      | *N/A*      | *N/A*       | *N/A*      | 0.00             | *N/A*               | 4.0           | 1.0             | 10.5           | 3.50         | 0.00         |
| HASHBROWN PATTY:1/2 CUP              | 2 EACH       | 1         | 220         | 0           | 450       | 2.00      | 0.72      | 0.0        | *N/A*       | 2.4        | 1.00             | *N/A*               | 2.0           | 27.0            | 11.0           | 1.50         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68          | 15.35           | 0.19           | 0.02         | 0.00         |
| JUICE, PARADISE PUNCH                | CARTON       | 1         | 60          | 0           | 5         | 0.00      | 0.00      | *N/A*      | *N/A*       | *N/A*      | 12.91            | 0.00                | 0.0           | 13.9            | 0.0            | 0.00         | 0.00         |
| SYRUP                                | 1 EA         | 1         | 10          | 0           | 80        | 0.00      | 0.00      | 0.0        | *N/A*       | 0.0        | *N/A*            | *N/A*               | 0.0           | 4.0             | 0.0            | 0.00         | 0.00         |
| KETCHUP : P/C                        | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | *N/A*       | *N/A*      | 8.10             | 8.10                | 0.0           | 10.12           | 0.0            | 0.00         | 0.00         |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0           | 17.0            | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |              |           | 960         | 142         | 1677      | 6.95      | *3.36     | *65.1      | *3          | *12.96     | *61.13<br>*25.5% | *12.77<br>*5.3%     | 21.68<br>9.0% | 132.38<br>55.1% | 38.52<br>36.1% | 9.52<br>8.9% | 0.00<br>0.0% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87          |                 | <=30.0         | <10.00       |              |

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

|                                      |         |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
|--------------------------------------|---------|---|-----|----|------|------|-------|--------|-------|--------|------------------|---------------------|----------------|----------------|----------------|--------------|--------------|
| Wed - 12/03/2025                     |         |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
| ELEMENTARY LUNCH                     | Total   | 1 |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
| CHICKEN NOODLE SOUP: U SDA 1C.       | 1 CUP   | 1 | 199 | 47 | 451  | 1.92 | *0.08 | *20.5  | *98   | *1.69  | *2.10            | *0.00               | 17.21          | 18.34          | 5.05           | 1.23         | 0.00         |
| BREADSTICK, CHEESE - BO SCO'S        | SERVING | 1 | 150 | 15 | 220  | 2.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 1.00             | *N/A*               | 10.0           | 17.0           | 5.0            | 2.50         | 0.00         |
| TOMATOES, CUCUMBER, C ARROTS:EL      | 3/4 CUP | 1 | 25  | 0  | 35   | 1.89 | 0.54  | 20.2   | *1    | 6.88   | *1.39            | *0.00               | 0.77           | 9.38           | 0.17           | 0.03         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP | 1 | 60  | 0  | 3    | 1.95 | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00         |
| RANCH: (WILD COYOTE LITE)            | PC CUP  | 1 | 60  | 10 | 260  | 0.00 | 0.00  | 0.0    | *N/A* | 0.0    | 0.00             | 0.00                | 0.0            | 0.0            | 8.0            | 2.00         | 0.00         |
| MILK                                 | CARTON  | 1 | 110 | 7  | 155  | 0.00 | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |         |   | 604 | 79 | 1124 | 7.76 | *0.69 | *48.8  | *102  | *19.13 | *31.60<br>*20.9% | *4.67<br>*3.1%      | 36.66<br>24.3% | 77.07<br>51.1% | 19.25<br>28.7% | 6.28<br>9.4% | 0.00<br>0.0% |
| Nutrient Guideline                   |         |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |              |

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat (g)   |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|----------------|-----------------|----------------|--------------|--------------|
| Thu - 12/04/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |              |              |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |              |              |
| POPCORN CHICKEN - FR100              | 10 PIECE     | 1         | 240         | 75          | 480       | 3.00      | *N/A*     | *N/A*      | *N/A*       | 0.0        | 0.00             | *N/A*               | 18.0           | 19.0            | 11.0           | 2.00         | 0.00         |
| FRENCH FRIES- S.S. 3/4 CUP           | 3.7 oz       | 1         | 181         | 0           | 389       | 2.59      | 0.47      | 0.0        | *N/A*       | 6.22       | 0.00             | *N/A*               | 2.59           | 28.51           | 6.48           | 1.94         | 0.00         |
| SCOOBY-DOO GRAHAM CR ACKER STIC      | BAG          | 1         | 120         | 0           | 100       | 1.00      | 0.72      | 100.0      | *N/A*       | 0.0        | 8.00             | *N/A*               | 2.0            | 21.0            | 4.0            | 1.00         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68           | 15.35           | 0.19           | 0.02         | 0.00         |
| SALAD BAR: 3 THURSDAY'S: ELE         | .5 CUP       | 1         | 53          | 3           | 451       | 1.02      | 0.29      | 16.6       | *2          | 12.09      | *3.70            | *0.00               | 0.79           | 7.17            | 2.76           | 0.68         | 0.00         |
| BARBAQUE SAUCE: P/C                  | 1 Each       | 1         | 44          | 0           | 209       | 0.35      | *N/A*     | *N/A*      | *N/A*       | *N/A*      | 8.67             | *N/A*               | 0.42           | 10.13           | 0.07           | 0.01         | 0.00         |
| KETCHUP : P/C                        | PC           | 1         | 40          | 0           | 334       | 0.00      | 0.00      | 0.0        | *N/A*       | *N/A*      | 8.10             | 8.10                | 0.0            | 10.12           | 0.0            | 0.00         | 0.00         |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0            | 17.0            | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |              |           | 849         | 85          | 2120      | 9.91      | *1.56     | *124.7     | *5          | *28.87     | *55.60<br>*26.2% | *12.77<br>*6.0%     | 32.48<br>15.3% | 128.28<br>60.4% | 25.32<br>26.8% | 6.16<br>6.5% | 0.00<br>0.0% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87           |                 | <=30.0         | <10.00       |              |

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|                                      |         |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |               |              |
|--------------------------------------|---------|---|-----|----|------|------|-------|--------|-------|--------|------------------|---------------------|----------------|----------------|----------------|---------------|--------------|
| Fri - 12/05/2025                     |         |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |               |              |
| ELEMENTARY LUNCH                     | Total   | 1 |     |    |      |      |       |        |       |        |                  |                     |                |                |                |               |              |
| PEPPERONI PIZZA RIPPERS              | SERVING | 1 | 290 | 25 | 550  | 3.00 | *N/A* | *N/A*  | *N/A* | 0.0    | 3.00             | *N/A*               | 16.0           | 27.0           | 13.0           | 5.00          | 0.00         |
| DINNER SALAD ELEM.                   | 1 CUP   | 1 | 59  | 3  | 472  | 1.69 | 0.56  | 30.2   | *216  | *5.74  | *4.89            | *0.00               | 0.9            | 8.34           | 2.89           | 0.71          | 0.00         |
| COOKIE, CHOCOLATE CHUN               | COOKIE  | 1 | 102 | 6  | 100  | 0.80 | 0.54  | 10.0   | *N/A* | 0.0    | 9.00             | *N/A*               | 1.2            | 15.8           | 3.9            | 1.00          | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP | 1 | 60  | 0  | 3    | 1.95 | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35          | 0.19           | 0.02          | 0.00         |
| MARINARA SAUCE                       | 1/2 CUP | 1 | 70  | 0  | 561  | 2.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 7.01             | *N/A*               | 2.0            | 12.02          | 1.5            | 0.00          | 0.00         |
| RANCH: (WILD COYOTE LITE)            | PC CUP  | 1 | 60  | 10 | 260  | 0.00 | 0.00  | 0.0    | *N/A* | 0.0    | 0.00             | 0.00                | 0.0            | 0.0            | 8.0            | 2.00          | 0.00         |
| MILK                                 | CARTON  | 1 | 110 | 7  | 155  | 0.00 | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0           | 0.83           | 0.50          | 0.00         |
| Weighted Daily Average % of Calories |         |   | 751 | 51 | 2100 | 9.44 | *1.18 | *48.3  | *218  | *16.29 | *51.02<br>*27.2% | *4.67<br>*2.5%      | 28.79<br>15.3% | 95.51<br>50.8% | 30.32<br>36.3% | 9.23<br>11.1% | 0.00<br>0.0% |
| Nutrient Guideline                   |         |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00        |              |

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Dec 1, 2025 thru Dec 19, 2025

ELEMENTARY LUNCH

Generated on: 11/21/2025 7:54:25 AM

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protn (g)      | Carb (g)       | T-Fat (g)     | S-Fat (g)    | Tr-Fat (g)     |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|----------------|----------------|---------------|--------------|----------------|
| Mon - 12/08/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |                |                |               |              |                |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |                |                |               |              |                |
| ORANGE CHICKEN                       | 2.94 OZ      | 1         | 123         | 33          | 247       | 0.00      | *N/A*     | 0.0        | *N/A*       | *N/A*      | 9.05             | *N/A*               | 9.05           | 16.45          | 2.47          | 0.41         | 0.00           |
| RICE: COOKED BROWN RICE (ELE)        | 1/2 CUP      | 1         | 78          | 0           | 70        | 0.98      | *0.00     | 1.1        | *0          | 0.0        | *0.00            | *0.00               | 1.95           | 16.12          | 0.73          | 0.00         | *0.00          |
| BROCCOLI, ROASTED, 3/4 CUP           | 3/4 CUP      | 1         | 55          | 1           | 35        | 1.30      | *0.00     | *16.0      | *0          | *0.0       | *0.85            | *0.00               | 1.93           | 3.29           | 4.47          | 0.54         | 0.01           |
| COOKIE, FORTUNE COOKIE               | COOKIE       | 1         | 35          | 0           | 5         | 0.00      | 0.00      | 0.0        | 0           | 0.0        | 3.00             | 0.50                | 0.5            | 7.0            | 0.5           | 0.00         | 0.00           |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68           | 15.35          | 0.19          | 0.02         | 0.00           |
| SOY SAUCE: PC                        | PC           | 1         | 0           | 0           | 230       | 0.00      | 0.00      | 0.0        | *N/A*       | 0.0        | *N/A*            | *N/A*               | 1.0            | 1.0            | 0.0           | 0.00         | 0.00           |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0            | 17.0           | 0.83          | 0.50         | 0.00           |
| Weighted Daily Average % of Calories |              |           | 462         | 41          | 744       | 4.22      | *0.08     | *25.2      | *3          | *10.56     | *40.02<br>*34.6% | *5.17<br>*4.5%      | 23.12<br>20.0% | 76.21<br>66.0% | 9.19<br>17.9% | 1.48<br>2.9% | *0.01<br>*0.0% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0        | <10.00       |                |

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|                                      |                |   |      |    |      |       |       |        |       |        |                  |                     |                |                 |                |                |                |
|--------------------------------------|----------------|---|------|----|------|-------|-------|--------|-------|--------|------------------|---------------------|----------------|-----------------|----------------|----------------|----------------|
| Tue - 12/09/2025                     |                |   |      |    |      |       |       |        |       |        |                  |                     |                |                 |                |                |                |
| ELEMENTARY LUNCH                     | Total          | 1 |      |    |      |       |       |        |       |        |                  |                     |                |                 |                |                |                |
| BEEF TACO STICK                      | 1 EACH         | 1 | 328  | 46 | 752  | 3.07  | 2.63  | 312.5  | *N/A* | *N/A*  | 1.00             | *N/A*               | 18.52          | 28.97           | 15.17          | 7.69           | 0.00           |
| REFRIED BEANS, V V                   | 1/2 C SERVINGS | 1 | 140  | 0  | 320  | 7.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | 1.00             | *N/A*               | 7.0            | 24.0            | 2.5            | 0.00           | 0.00           |
| CORN 1/2 CUP                         | 1/2 CUP        | 1 | 65   | 0  | 15   | 2.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | 3.00             | *N/A*               | 2.0            | 15.0            | 1.0            | 0.00           | 0.00           |
| SWEET CAKE                           | SERVING        | 1 | 279  | 5  | 223  | 1.23  | *0.54 | *16.9  | *0    | *0.31  | *31.70           | *13.58              | 1.94           | 44.38           | 11.07          | 4.80           | *0.00          |
| SALAD BAR: 2 TUESDAY (ELE)           | .5 CUP         | 1 | 88   | 3  | 589  | 1.81  | *0.35 | 23.2   | *2    | *10.87 | *4.35            | *0.00               | 1.41           | 9.18            | 5.9            | 1.17           | 0.00           |
| SALSA PICANTE                        | 1 OZ           | 1 | 4    | 0  | 159  | 0.00  | 0.00  | 0.0    | 0     | 0.0    | 0.89             | 0.00                | 0.0            | 1.77            | 0.0            | 0.00           | 0.00           |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP        | 1 | 60   | 0  | 3    | 1.95  | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35           | 0.19           | 0.02           | 0.00           |
| MILK                                 | CARTON         | 1 | 110  | 7  | 155  | 0.00  | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0            | 0.83           | 0.50           | 0.00           |
| Weighted Daily Average % of Calories |                |   | 1074 | 61 | 2217 | 17.06 | *3.60 | *360.7 | *5    | *21.74 | *69.05<br>*25.7% | *18.25<br>*6.8%     | 39.54<br>14.7% | 155.65<br>58.0% | 36.66<br>30.7% | 14.18<br>11.9% | *0.00<br>*0.0% |
| Nutrient Guideline                   |                |   | 645  |    |      |       | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                 | <=30.0         | <10.00         |                |

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Dec 1, 2025 thru Dec 19, 2025

ELEMENTARY LUNCH

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat (g)     |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|----------------|----------------|----------------|--------------|----------------|
| Wed - 12/10/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |                |                |                |              |                |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |                |                |                |              |                |
| TERIYAKI BEEF NUGGETS                | 4 Nugget     | 1         | 160         | 40          | 440       | 1.00      | 1.44      | 20.0       | *N/A*       | 0.0        | 4.00             | *N/A*               | 14.0           | 6.0            | 8.0            | 3.50         | 0.50           |
| MASHED POTATOES, Dry mix, 1/2        | 1/2 CUP      | 1         | 80          | 0           | 314       | 1.00      | 0.37      | 22.4       | *N/A*       | 30.04      | 1.00             | *N/A*               | 2.0            | 17.03          | 1.0            | 0.00         | *0.00          |
| GRAVY, BROWN LOW SODIUM              | 1/4 CUP      | 1         | 2           | 0           | 19        | 0.00      | 0.01      | 1.1        | *N/A*       | 0.0        | 0.12             | *N/A*               | 0.0            | 0.37           | 0.0            | 0.00         | *0.00          |
| GREEN BEANS: 1/2 C.                  | 1/2 CUP      | 1         | 16          | 0           | 140       | 2.00      | *N/A*     | *N/A*      | *N/A*       | *N/A*      | 1.00             | *N/A*               | 1.0            | 3.0            | 0.0            | 0.00         | 0.00           |
| FRUIT BAR :WINTER:ELEMENTARY         | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00           |
| ROLLS - NO EGGS                      | SERVING      | 1         | 140         | 0           | 317       | 2.38      | 1.21      | 11.7       | *0          | 0.0        | *2.14            | *2.14               | 4.34           | 25.63          | 2.58           | 0.89         | *0.00          |
| MARGARINE REDDIES: (1)               | 1 Patty      | 1         | 20          | 0           | 30        | 0.00      | 0.00      | 0.0        | *N/A*       | 0.0        | 0.00             | 0.00                | 0.0            | 0.0            | 2.5            | 0.00         | 0.00           |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00           |
| Weighted Daily Average % of Calories |              |           | 589         | 47          | 1418      | 8.33      | *3.10     | *63.3      | *3          | *40.60     | *35.39<br>*24.0% | *6.81<br>*4.6%      | 30.03<br>20.4% | 84.38<br>57.3% | 15.11<br>23.1% | 4.91<br>7.5% | *0.50<br>*0.8% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |                |

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|                                      |              |   |     |    |      |       |       |        |       |        |                  |                     |                |                 |                |              |                |
|--------------------------------------|--------------|---|-----|----|------|-------|-------|--------|-------|--------|------------------|---------------------|----------------|-----------------|----------------|--------------|----------------|
| Thu - 12/11/2025                     |              |   |     |    |      |       |       |        |       |        |                  |                     |                |                 |                |              |                |
| ELEMENTARY LUNCH                     | Total        | 1 |     |    |      |       |       |        |       |        |                  |                     |                |                 |                |              |                |
| CHICKEN SANDWICH                     | SANDWICH     | 1 | 323 | 46 | 504  | 5.04  | *1.08 | *60.0  | *N/A* | *2.4   | 2.00             | *N/A*               | 24.24          | 31.11           | 10.61          | 1.52         | 0.00           |
| LETTUCE & TOMATO: 1/2 CUP            | 1/2 CUP      | 1 | 9   | 0  | 5    | 0.79  | 0.25  | 7.5    | *9    | 4.02   | 1.11             | *0.00               | 0.72           | 1.92            | 0.04           | 0.01         | 0.00           |
| P-TACOS                              |              |   |     |    |      |       |       |        |       |        |                  |                     |                |                 |                |              |                |
| TATER TOTS - MCCAIN                  | 8 PIECES     | 1 | 90  | 0  | 160  | 2.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | 1.00             | *N/A*               | 1.0            | 14.0            | 3.5            | 0.00         | 0.00           |
| PEAR CRISP                           | 4 oz SERVING | 1 | 145 | 0  | 117  | 2.76  | *0.39 | *7.6   | *0    | *0.0   | *16.70           | *8.62               | 1.26           | 27.06           | 4.07           | 1.58         | *0.00          |
| FRUIT BAR :WINTER:ELEMENTARY         | 1/2 CUP      | 1 | 60  | 0  | 3    | 1.95  | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35           | 0.19           | 0.02         | 0.00           |
| SALAD BAR: 3 THURSDAY'S: ELEMENTARY  | .5 CUP       | 1 | 53  | 3  | 451  | 1.02  | 0.29  | 16.6   | *2    | 12.09  | *3.70            | *0.00               | 0.79           | 7.17            | 2.76           | 0.68         | 0.00           |
| CONDIMENT - CHICKEN SANDWICH         | SERVING      | 1 | 31  | 1  | 224  | 0.15  | 0.05  | 2.5    | *N/A* | *0.75  | 4.68             | *2.02               | 0.14           | 5.8             | 0.78           | 0.13         | 0.02           |
| MILK                                 | CARTON       | 1 | 110 | 7  | 155  | 0.00  | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0            | 0.83           | 0.50         | 0.00           |
| Weighted Daily Average % of Calories |              |   | 821 | 57 | 1618 | 13.70 | *2.13 | *102.2 | *14   | *29.82 | *56.32<br>*27.4% | *15.31<br>*7.5%     | 36.84<br>17.9% | 119.41<br>58.2% | 22.79<br>25.0% | 4.44<br>4.9% | *0.02<br>*0.0% |
| Nutrient Guideline                   |              |   | 645 |    |      |       | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                 | <=30.0         | <10.00       |                |

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)    | Add Su (g)          | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat (g)   |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|----------------|---------------------|----------------|----------------|----------------|--------------|--------------|
| Fri - 12/12/2025                     |              |           |             |             |           |           |           |            |             |            |                |                     |                |                |                |              |              |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                |                     |                |                |                |              |              |
| SLOPPY JOE: JTM ELEMEN TARY          | 2 OZ         | 1         | 200         | 24          | 578       | 2.43      | 1.08      | 60.0       | *N/A*       | 2.4        | 6.14           | *N/A*               | 12.32          | 27.53          | 4.68           | 1.21         | 0.22         |
| CARROT STICKS 3/4 CUP                | 3/4 CUP      | 1         | 99          | 10          | 326       | 2.70      | *0.00     | *0.0       | *N/A*       | *0.0       | 4.58           | *0.00               | 0.9            | 9.0            | 8.22           | 2.07         | 0.00         |
| SUN CHIPS                            | BAG          | 1         | 140         | 0           | 140       | 2.00      | 0.00      | 0.0        | *N/A*       | 0.0        | 2.00           | *N/A*               | 2.0            | 19.0           | 6.0            | 0.50         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12          | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00         |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00          | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |              |           | 609         | 41          | 1202      | 9.08      | *1.16     | *68.1      | *3          | *12.96     | 39.84<br>26.2% | *4.67<br>*3.1%      | 23.90<br>15.7% | 87.88<br>57.7% | 19.93<br>29.4% | 4.31<br>6.4% | 0.22<br>0.3% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |              |

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|                                      |                |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
|--------------------------------------|----------------|---|-----|----|------|------|-------|--------|-------|--------|------------------|---------------------|----------------|----------------|----------------|--------------|--------------|
| Mon - 12/15/2025                     |                |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
| ELEMENTARY LUNCH                     | Total          | 1 |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |              |
| TERIYAKI CHICKEN - ELEM.             | 2 oz           | 1 | 93  | 50 | 343  | 0.00 | *N/A* | 0.0    | *N/A* | 0.0    | 6.43             | *N/A*               | 10.71          | 7.14           | 2.5            | 0.71         | 0.00         |
| CHOW MEIN - ELEM                     | 2.36oz SERVING | 1 | 96  | 0  | 285  | 2.14 | *0.09 | *8.8   | *72   | *4.8   | 2.10             | *0.00               | 2.3            | 17.23          | 2.04           | 0.01         | 0.00         |
| CARROTS & EDAMAME 3/4 CUP            | 3/4 CUP        | 1 | 73  | 0  | 22   | 3.59 | *N/A* | *N/A*  | *N/A* | *N/A*  | 2.64             | *N/A*               | 6.84           | 6.65           | 2.74           | 0.00         | 0.00         |
| BISCUIT                              | BISCUIT        | 1 | 90  | 0  | 160  | 1.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 2.00             | 2.00                | 2.0            | 14.0           | 2.5            | 1.00         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP        | 1 | 60  | 0  | 3    | 1.95 | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00         |
| SOY SAUCE: PC                        | PC             | 1 | 0   | 0  | 230  | 0.00 | 0.00  | 0.0    | *N/A* | 0.0    | *N/A*            | *N/A*               | 1.0            | 1.0            | 0.0            | 0.00         | 0.00         |
| MILK                                 | CARTON         | 1 | 110 | 7  | 155  | 0.00 | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |                |   | 522 | 57 | 1197 | 8.67 | *0.17 | *16.9  | *74   | *15.36 | *40.30<br>*30.9% | *6.67<br>*5.1%      | 31.54<br>24.2% | 78.37<br>60.0% | 10.80<br>18.6% | 2.25<br>3.9% | 0.00<br>0.0% |
| Nutrient Guideline                   |                |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |              |

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)     | Tr-Fat (g)     |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|----------------|-----------------|----------------|---------------|----------------|
| Tue - 12/16/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |               |                |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |               |                |
| HAM - COBBLE STREET                  | 2oz SERVING  | 1         | 93          | 30          | 560       | 0.00      | *N/A*     | 0.0        | *N/A*       | 0.0        | 0.67             | *N/A*               | 8.67           | 1.33            | 6.0            | 2.00          | 0.00           |
| SCALLOPED POTATOES:ELE               | 1/2 CUP      | 1         | 111         | 6           | 460       | 0.00      | 0.01      | 1.1        | *N/A*       | 0.0        | *2.03            | *N/A*               | 2.03           | 17.29           | 4.11           | 2.47          | *0.00          |
| ROLLS - NO EGGS                      | SERVING      | 1         | 140         | 0           | 317       | 2.38      | 1.21      | 11.7       | *0          | 0.0        | *2.14            | *2.14               | 4.34           | 25.63           | 2.58           | 0.89          | *0.00          |
| GREEN BEANS: 1/2 C.                  | 1/2 CUP      | 1         | 16          | 0           | 140       | 2.00      | *N/A*     | *N/A*      | *N/A*       | *N/A*      | 1.00             | *N/A*               | 1.0            | 3.0             | 0.0            | 0.00          | 0.00           |
| CAKE, JELLO                          | SLICE        | 1         | 125         | 0           | 185       | 0.50      | 0.36      | 10.5       | *N/A*       | 0.67       | *12.01           | *N/A*               | 1.15           | 21.29           | 4.25           | 3.00          | *0.00          |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68           | 15.35           | 0.19           | 0.02          | 0.00           |
| MARGARINE REDDIES: (1)               | 1 Patty      | 1         | 20          | 0           | 30        | 0.00      | 0.00      | 0.0        | *N/A*       | 0.0        | 0.00             | 0.00                | 0.0            | 0.0             | 2.5            | 0.00          | 0.00           |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0            | 17.0            | 0.83           | 0.50          | 0.00           |
| Weighted Daily Average % of Calories |              |           | 676         | 43          | 1850      | 6.83      | *1.65     | *31.4      | *3          | *11.23     | *44.98<br>*26.6% | *6.81<br>*4.0%      | 25.88<br>15.3% | 100.90<br>59.7% | 20.47<br>27.2% | 8.88<br>11.8% | *0.00<br>*0.0% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87           |                 | <=30.0         | <10.00        |                |

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|                                      |          |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |                |
|--------------------------------------|----------|---|-----|----|------|------|-------|--------|-------|--------|------------------|---------------------|----------------|----------------|----------------|--------------|----------------|
| Wed - 12/17/2025                     |          |   |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |                |
| ELEMENTARY LUNCH                     | Total    | 1 |     |    |      |      |       |        |       |        |                  |                     |                |                |                |              |                |
| CHICKEN STRIPS, ELEM FRO             | 3 STRIPS | 1 | 260 | 25 | 390  | 3.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 1.00             | *N/A*               | 15.0           | 16.0           | 15.0           | 2.50         | *N/A*          |
| MASHED POTATOES, Dry mix, 1/2        | 1/2 CUP  | 1 | 80  | 0  | 314  | 1.00 | 0.37  | 22.4   | *N/A* | 30.04  | 1.00             | *N/A*               | 2.0            | 17.03          | 1.0            | 0.00         | *0.00          |
| GRAVY, CHICKEN: LOW SODIUM           | 1/4 CUP  | 1 | 20  | 0  | 142  | 0.00 | 0.01  | 1.1    | *0    | 0.0    | *1.00            | *0.00               | 0.0            | 3.0            | 0.5            | 0.00         | 0.00           |
| BROCCOLI, ROASTED, 3/4 C             | 3/4 CUP  | 1 | 55  | 1  | 35   | 1.30 | *0.00 | *16.0  | *0    | *0.0   | *0.85            | *0.00               | 1.93           | 3.29           | 4.47           | 0.54         | 0.01           |
| GARLIC TOAST - WG - BC               | SERVING  | 1 | 100 | 0  | 125  | 1.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | 1.00             | 0.00                | 3.0            | 14.0           | 3.5            | 0.50         | 0.00           |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP  | 1 | 60  | 0  | 3    | 1.95 | *0.08 | *8.1   | *3    | *10.56 | 11.12            | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00           |
| BARBAQUE SAUCE: P/C                  | 1 Each   | 1 | 44  | 0  | 209  | 0.35 | *N/A* | *N/A*  | *N/A* | *N/A*  | 8.67             | *N/A*               | 0.42           | 10.13          | 0.07           | 0.01         | 0.00           |
| MILK                                 | CARTON   | 1 | 110 | 7  | 155  | 0.00 | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00            | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00           |
| Weighted Daily Average % of Calories |          |   | 729 | 33 | 1373 | 8.60 | *0.45 | *47.7  | *3    | *40.60 | *40.65<br>*22.3% | *4.67<br>*2.6%      | 31.03<br>17.0% | 95.80<br>52.5% | 25.56<br>31.5% | 4.07<br>5.0% | *0.01<br>*0.0% |
| Nutrient Guideline                   |          |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |                  | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |                |

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Portion Values - Detailed

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (RAE) | Vit-C (mg) | Tot Sug (g)      | Add Su (g)          | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)      | Tr-Fat (g)     |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|-------------|------------|------------------|---------------------|----------------|-----------------|----------------|----------------|----------------|
| Thu - 12/18/2025                     |              |           |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |                |                |
| ELEMENTARY LUNCH                     | Total        | 1         |             |             |           |           |           |            |             |            |                  |                     |                |                 |                |                |                |
| HAMBURGER, TYSON                     | HAMBU RERS   | 1         | 273         | 46          | 475       | 2.00      | *1.08     | *60.0      | *N/A*       | *2.4       | 2.00             | *N/A*               | 17.23          | 22.0            | 12.71          | 4.59           | 0.51           |
| SHREDDED LETTUCE & TO MATO-DELI      | 1/2 CUP      | 1         | 31          | 0           | 11        | 2.22      | 0.57      | 19.4       | *60         | 20.39      | 4.26             | *0.00               | 1.77           | 6.57            | 0.28           | 0.04           | 0.00           |
| FRENCH FRIES- S.S. 1/2 CUP           | 2.5 OZ       | 1         | 119         | 0           | 256       | 1.71      | 0.31      | 0.0        | *N/A*       | 4.09       | 0.00             | *N/A*               | 1.71           | 18.76           | 4.26           | 1.28           | 0.00           |
| COOKIE, COWBOY                       | 1 oz.        | 1         | 198         | 1           | 159       | 1.69      | *0.95     | *42.8      | *0          | *0.0       | *15.04           | *15.04              | 2.79           | 29.36           | 8.06           | 3.25           | *0.00          |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP      | 1         | 60          | 0           | 3         | 1.95      | *0.08     | *8.1       | *3          | *10.56     | 11.12            | *0.00               | 0.68           | 15.35           | 0.19           | 0.02           | 0.00           |
| SALAD BAR: 3 THURSDAY'S: ELE         | .5 CUP       | 1         | 53          | 3           | 451       | 1.02      | 0.29      | 16.6       | *2          | 12.09      | *3.70            | *0.00               | 0.79           | 7.17            | 2.76           | 0.68           | 0.00           |
| CONDIMENT - BURGER                   | SERVING      | 1         | 20          | 1           | 205       | 0.06      | 0.00      | 0.0        | *N/A*       | *0.0       | 2.28             | *2.02               | 0.08           | 3.02            | 0.83           | 0.12           | 0.02           |
| MILK                                 | CARTON       | 1         | 110         | 7           | 155       | 0.00      | *0.00     | *N/A*      | *N/A*       | *N/A*      | 16.00            | 4.67                | 8.0            | 17.0            | 0.83           | 0.50           | 0.00           |
| Weighted Daily Average % of Calories |              |           | 864         | 58          | 1714      | 10.64     | *3.28     | *146.9     | *64         | *49.53     | *54.39<br>*25.2% | *21.73<br>*10.1%    | 33.05<br>15.3% | 119.22<br>55.2% | 29.93<br>31.2% | 10.48<br>10.9% | *0.53<br>*0.5% |
| Nutrient Guideline                   |              |           | 645         |             |           |           | 3.30      | 267.00     | 1055        | 15.00      |                  | <10.00 <sup>1</sup> | 8.87           |                 | <=30.0         | <10.00         |                |

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|                                      |            |   |     |    |      |      |       |        |       |        |                |                     |                |                |                |              |              |
|--------------------------------------|------------|---|-----|----|------|------|-------|--------|-------|--------|----------------|---------------------|----------------|----------------|----------------|--------------|--------------|
| Fri - 12/19/2025                     |            |   |     |    |      |      |       |        |       |        |                |                     |                |                |                |              |              |
| ELEMENTARY LUNCH                     | Total      | 1 |     |    |      |      |       |        |       |        |                |                     |                |                |                |              |              |
| CORN DOG, MINI PROVIEU (             | 4 NUGG ETS | 1 | 166 | 40 | 232  | 1.99 | *N/A* | *N/A*  | *N/A* | *N/A*  | 0.66           | *N/A*               | 6.63           | 19.9           | 6.63           | 1.66         | 0.00         |
| CARROT STICKS 3/4 CUP                | 3/4 CUP    | 1 | 99  | 10 | 326  | 2.70 | *0.00 | *0.0   | *N/A* | *0.0   | 4.58           | *0.00               | 0.9            | 9.0            | 8.22           | 2.07         | 0.00         |
| COOKIE, SNICKERDOODLE, WG            | SERVING    | 1 | 104 | 7  | 69   | 0.50 | *N/A* | *N/A*  | *N/A* | *N/A*  | 7.00           | *N/A*               | 1.0            | 16.0           | 4.0            | 1.00         | 0.00         |
| FRUIT BAR :WINTER:ELE                | 1/2 CUP    | 1 | 60  | 0  | 3    | 1.95 | *0.08 | *8.1   | *3    | *10.56 | 11.12          | *0.00               | 0.68           | 15.35          | 0.19           | 0.02         | 0.00         |
| KETCHUP : P/C                        | PC         | 1 | 40  | 0  | 334  | 0.00 | 0.00  | 0.0    | *N/A* | *N/A*  | 8.10           | 8.10                | 0.0            | 10.12          | 0.0            | 0.00         | 0.00         |
| MUSTARD:, P/C                        | 1 Each     | 1 | 3   | 0  | 63   | 0.22 | 0.00  | 0.0    | *N/A* | 0.0    | 0.00           | *N/A*               | 0.22           | 0.33           | 0.22           | 0.00         | 0.00         |
| MILK                                 | CARTON     | 1 | 110 | 7  | 155  | 0.00 | *0.00 | *N/A*  | *N/A* | *N/A*  | 16.00          | 4.67                | 8.0            | 17.0           | 0.83           | 0.50         | 0.00         |
| Weighted Daily Average % of Calories |            |   | 583 | 63 | 1182 | 7.36 | *0.08 | *8.1   | *3    | *10.56 | 47.46<br>32.6% | *12.77<br>*8.8%     | 17.44<br>12.0% | 87.71<br>60.2% | 20.10<br>31.0% | 5.26<br>8.1% | 0.00<br>0.0% |
| Nutrient Guideline                   |            |   | 645 |    |      |      | 3.30  | 267.00 | 1055  | 15.00  |                | <10.00 <sup>1</sup> | 8.87           |                | <=30.0         | <10.00       |              |

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

|                  |  |  |     |    |      |      |       |       |     |        |                  |                 |                |                 |                |              |                |
|------------------|--|--|-----|----|------|------|-------|-------|-----|--------|------------------|-----------------|----------------|-----------------|----------------|--------------|----------------|
| Weighted Average |  |  | 721 | 61 | 1538 | 9.18 | *1.61 | *82.7 | *36 | *22.87 | *47.70<br>*59.5% | *9.84<br>*12.3% | 29.43<br>16.3% | 102.77<br>57.0% | 23.14<br>28.9% | 6.53<br>8.2% | *0.09<br>*0.1% |
|------------------|--|--|-----|----|------|------|-------|-------|-----|--------|------------------|-----------------|----------------|-----------------|----------------|--------------|----------------|

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
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|                   | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal)       | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcm<br>(mg)           | Vit-A<br>(RAE) | Vit-C<br>(mg) | Tot Sug<br>(g) | Add Su<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat<br>(g) |
|-------------------|-----------------|--------------|----------------------|----------------|--------------|--------------|--------------|-------------------------|----------------|---------------|----------------|---------------|--------------|-------------|--------------|--------------|---------------|
| Nutrient          | Menu AVG        | % of Cals    | Weekly Target        | % of Target    | Miss Data    | Shortfall    | Overage      | Error Messages (if any) |                |               |                |               |              |             |              |              |               |
| Calories          | 721             |              | 645                  | 112%           |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Cholesterol (mg)  | 61              |              |                      |                |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Sodium 1 (mg)     | 1538            |              |                      |                |              |              |              | 1538                    |                |               |                |               |              |             |              |              |               |
| Fiber (g)         | 9.18            |              |                      |                |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Iron (mg)         | 1.61            |              | 3.30                 | 49%            | Missing      | 1.69         |              |                         |                |               |                |               |              |             |              |              |               |
| Calcium (mg)      | 82.7            |              | 267.00               | 31%            | Missing      | 184.33       |              |                         |                |               |                |               |              |             |              |              |               |
| Vitamin A (RAE)   | 36              |              | 1055                 | 3%             | Missing      | 1019         |              |                         |                |               |                |               |              |             |              |              |               |
| Total Sugars (g)  | 47.70           | 26.46%       |                      |                | Missing      |              |              |                         |                |               |                |               |              |             |              |              |               |
| Added Sugars (g)  | 9.84            | 5.46%        | <10.00% <sup>1</sup> | 98%            | Missing      | 0            |              |                         |                |               |                |               |              |             |              |              |               |
| Vitamin C (mg)    | 22.87           |              | 15.00                | 152%           | Missing      |              |              |                         |                |               |                |               |              |             |              |              |               |
| Protein (g)       | 29.43           | 16.32%       | 8.87                 | 332%           |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Carbohydrate (g)  | 102.77          | 57.01%       |                      |                |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Total Fat (g)     | 23.14           | 28.88%       | <=30.00%             |                |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Saturated Fat (g) | 6.53            | 8.15%        | <10.00%              |                |              |              |              |                         |                |               |                |               |              |             |              |              |               |
| Trans Fat (g)     | 0.09            | 0.12%        |                      |                | Missing      |              |              |                         |                |               |                |               |              |             |              |              |               |

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

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