

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 12/02/2025																	
SECONDARY LUNCH 9-12	Total	1															
DUTCH WAFFLE	1 EACH	1	300	20	350	3.00	1.80	40.0	*N/A*	0.0	12.00	*N/A*	4.0	43.0	13.0	3.00	0.00
SAUSAGE LINK - CLOVERDA	2 LINKS	1	233	40	344	0.00	0.73	*N/A*	*N/A*	*N/A*	0.00	*N/A*	8.1	2.02	21.26	7.09	0.00
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	45	95	130	0.00	0.40	17.0	*N/A*	0.0	*N/A*	*N/A*	3.0	1.0	3.0	1.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
HASHBROWN PATTY:1/2 CUP	2 EACH	1	220	0	450	2.00	0.72	0.0	*N/A*	2.4	1.00	*N/A*	2.0	27.0	11.0	1.50	0.00
JUICE, PARADISE PUNCH	CARTON	1	60	0	5	0.00	0.00	*N/A*	*N/A*	*N/A*	12.91	0.00	0.0	13.9	0.0	0.00	0.00
SYRUP	1 EA	1	10	0	80	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	4.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			1135	162	1852	9.26	*3.84	*80.1	*8	*32.29	*71.18 *25.1%	*12.77 *4.5%	26.49 9.3%	147.83 52.1%	49.50 39.3%	13.14 10.4%	0.00 0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Wed - 12/03/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN NOODLE SOUP: U SDA 1C.	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
BREADSTICK, CHEESE - BO SCO'S	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
TOMATOES, CUCUMBER, C ARROTS:SE	1 CUP	1	27	0	36	2.04	0.59	23.3	*2	7.59	*1.69	*0.00	0.9	9.86	0.21	0.05	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
MATO-DELI																	
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			867	59	1792	15.63	*2.64	*130.1	*91	*80.17	*53.24	*8.57	39.14	125.89	25.96	6.69	0.01
% of Calories											*24.6%	*4.0%	18.0%	58.1%	26.9%	6.9%	0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Thu - 12/04/2025																	
SECONDARY LUNCH 9-12	Total	1															
CHICKEN CHUNKS, TYSON	5 NUGG	1	240	55	570	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	23.0	15.0	10.0	2.00	0.00
	ETS																
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
MIXED FRESH VEGETABLES	1 CUP	1	37	0	56	2.92	0.80	38.4	*11	50.91	*1.35	*0.00	2.0	7.73	0.29	0.10	0.00
SCOOPY-DOO GRAHAM CR	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
ACKER STIC																	
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SE	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
	RVINGS																
LETTUCE & TOMATO:3/4 CU	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	112	3	624	2.92	*0.47	*33.0	*3	*15.73	*4.44	*0.00	2.14	11.05	7.75	1.68	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Dec 1, 2025 thru Dec 19, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Generated on: 11/21/2025 7:55:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			985	64	2194	18.18	*2.17	*168.2	*31	*87.12	*58.83 *23.9%	*10.16 *4.1%	40.14 16.3%	139.73 56.8%	33.30 30.4%	8.75 8.0%	0.00 0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Fri - 12/05/2025																	
SECONDARY LUNCH 9-12	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	59	3	472	1.69	0.56	30.2	*216	*5.74	*4.89	*0.00	0.9	8.34	2.89	0.71	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	89	10	309	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	8.21	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MAYONNAISE, CHIPOTLE	1oz SER	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	0.00	0.0	2.03	20.25	3.04	*N/A*
	VING																
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			949	70	1848	13.97	*1.90	*68.0	*149	*60.11	*58.04	*4.67	35.14	116.87	41.67	9.62	*0.00
% of Calories											*24.5%	*2.0%	14.8%	49.2%	39.5%	9.1%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 12/08/2025																	
SECONDARY LUNCH 9-12	Total	1															
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	151	40	302	0.00	*N/A*	0.0	*N/A*	*N/A*	11.08	*N/A*	11.08	20.14	3.02	0.50	0.00
RICE: COOKED BROWN (SE	1 CUP	1	156	0	139	1.95	*0.00	2.2	*0	0.0	*0.00	*0.00	3.91	32.23	1.46	0.00	*0.00
BROCCOLI, ROASTED, CUP	1 CUP	1	69	2	44	1.74	0.49	50.7	*0	59.72	*0.00	*0.00	2.53	4.45	5.37	0.68	*0.02
COOKIE, FORTUNE COOKIE	COOKIE	1	35	0	5	0.00	0.00	0.0	0	0.0	3.00	0.50	0.5	7.0	0.5	0.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO																	
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			762	48	1493	11.68	*1.59	*111.0	*56	*99.61	*58.36	*11.98	33.24	119.79	21.12	5.44	*0.01
% of Calories											*30.7%	*6.3%	17.5%	62.9%	25.0%	6.4%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Tue - 12/09/2025																	
SECONDARY LUNCH 9-12	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
	RVINGS																
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
SWEET CAKE	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*13.58	1.94	44.38	11.07	4.80	*0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	112	3	624	2.92	*0.47	*33.0	*3	*15.73	*4.44	*0.00	2.14	11.05	7.75	1.68	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT SEC WEEKLY 1st CHO CHEESESTEAK SANDWICH	Total SANDWICHES	2 1															
			404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	12pc	1	136	0	241	3.01	*N/A*	*N/A*	*N/A*	*N/A*	1.51	*N/A*	1.51	21.1	5.28	0.00	0.00
CUCUMBER & CARROTS: 3/4 CUP	3/4 CUP	1	20	0	34	1.59	0.50	20.8	*2	2.79	*0.72	*0.00	0.57	4.59	0.13	0.05	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			689	49	1356	11.48	*1.81	*158.9	*8	*36.30	*44.75 *26.0%	*10.29 *6.0%	25.62 14.9%	99.59 57.8%	23.32 30.4%	8.10 10.6%	*0.24 *0.3%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Wed - 12/10/2025																	
SECONDARY LUNCH 9-12	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	19	0	133	0.00	0.01	1.1	*N/A*	0.0	*0.94	*N/A*	0.0	2.82	0.94	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	*2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	20	0	30	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	2.5	0.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Dec 1, 2025 thru Dec 19, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Generated on: 11/21/2025 7:55:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			892	45	2049	19.83	*3.81	*134.6	*41	*75.53	*54.89 *24.6%	*9.64 *4.3%	35.76 16.0%	131.02 58.8%	26.34 26.6%	7.25 7.3%	*0.26 *0.3%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Thu - 12/11/2025																	
SECONDARY LUNCH 9-12 CHICKEN SANDWICH	Total SANDWICH	1	353	46	554	6.04	*1.44	*60.0	*N/A*	*3.6	3.00	*N/A*	25.24	36.11	11.11	1.52	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
TATER TOTS - MCCAIN	12pc	1	136	0	241	3.01	*N/A*	*N/A*	*N/A*	*N/A*	1.51	*N/A*	1.51	21.1	5.28	0.00	0.00
COLESLAW	1/2 C. SERVINGS	1	34	1	40	1.58	0.29	24.7	*44	21.21	*3.56	*1.26	0.8	6.02	1.15	0.21	*0.00
PEAR CRISP	4 oz SERVING	1	145	0	117	2.76	*0.39	*7.6	*0	*0.0	*16.70	*8.62	1.26	27.06	4.07	1.58	*0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	112	3	624	2.92	*0.47	*33.0	*3	*15.73	*4.44	*0.00	2.14	11.05	7.75	1.68	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			1018	61	1958	21.63	*2.55	*156.1	*78	*81.53	*62.12 *24.4%	*12.07 *4.7%	40.49 15.9%	144.81 56.9%	34.22 30.2%	7.96 7.0%	*0.01 *0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<=10.00 ¹	16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 12/12/2025																	
SECONDARY LUNCH 9-12	Total	1															
SLOPPY JOE: JTM SECONDARY	3.63oz SERVING	1	295	44	930	3.78	1.44	60.0	*N/A*	3.6	10.52	*N/A*	19.3	37.05	7.78	2.20	0.40
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
CARROTS 1 CUP	1 CUP	1	120	10	392	4.92	1.53	54.0	*N/A*	4.51	*0.00	*0.00	1.07	13.86	8.2	2.03	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO																	
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	89	10	309	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	8.21	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MAYONNAISE, CHIPOTLE	1oz SERVING	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	0.00	0.0	2.03	20.25	3.04	*N/A*
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			936	75	1608	15.58	*2.83	*104.9	*41	*61.30	*52.35	*4.67	36.27	120.25	38.02	7.64	*0.20
% of Calories											*22.4%	*2.0%	15.5%	51.4%	36.5%	7.3%	*0.2%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Mon - 12/15/2025																	
SECONDARY LUNCH 9-12	Total	1															
TERIYAKI CHICKEN	2.8 oz	1	130	70	480	0.00	*N/A*	0.0	*N/A*	0.0	9.00	*N/A*	15.0	10.0	3.5	1.00	0.00
CHOW MEIN - SEC.	4.7oz SERVING	1	192	0	570	4.28	*0.18	*17.7	*143	*9.6	4.20	*0.00	4.61	34.45	4.08	0.02	0.00
CARROTS & EDAMAME 3/4 CUP	3/4 CUP	1	73	0	22	3.59	*N/A*	*N/A*	*N/A*	*N/A*	2.64	*N/A*	6.84	6.65	2.74	0.00	0.00
BISCUIT	BISCUIT	1	90	0	160	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	2.00	2.0	14.0	2.5	1.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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ALT SEC WEEKLY 1st CHO	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			799	63	1863	14.27	*1.43	*93.4	*127	*74.55	*60.24	*12.73	38.46	120.44	22.35	5.86	0.00
% of Calories											*30.2%	*6.4%	19.3%	60.3%	25.2%	6.6%	0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Tue - 12/16/2025																	
SECONDARY LUNCH 9-12	Total	1															
HAM - COBBLE STREET	3oz SLIC	1	141	45	846	0.00	*N/A*	0.0	*N/A*	0.0	1.01	*N/A*	13.09	2.01	9.06	3.02	0.00
SCALLOPED POTATOES:SEC	3/4 CUP	1	156	9	644	0.00	0.01	1.6	*N/A*	0.0	*2.85	*N/A*	2.85	24.21	5.76	3.46	*0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	*2.14	4.34	25.63	2.58	0.89	*0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
CAKE, JELLO	SLICE	1	125	0	185	0.50	0.36	10.5	*N/A*	0.67	*12.01	*N/A*	1.15	21.29	4.25	3.00	*0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
MARGARINE REDDIES: (1)	1 Patty	1	20	0	30	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	2.5	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			825	61	2321	9.14	*1.77	*46.9	*8	*30.56	*56.18	*6.81	31.82	122.93	25.38	10.92	*0.00
% of Calories											*27.2%	*3.3%	15.4%	59.6%	27.7%	11.9%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Wed - 12/17/2025																	
SECONDARY LUNCH 9-12 CHICKEN TENDERS - FR091	Total	1															
	2 TENDERS	1	230	45	400	2.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	20.0	12.0	11.0	2.00	0.00
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, CHICKEN: LOW SO DIUM	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	*0.00	0.0	3.0	0.5	0.00	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
GARLIC TOAST - WG - BC	SERVING	1	100	0	125	1.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	0.00	3.0	14.0	3.5	0.50	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			939	49	1974	19.47	*2.49	*126.8	*41	*75.53	*57.61 *24.5%	*8.57 *3.7%	38.76 16.5%	133.50 56.9%	29.10 27.9%	6.58 6.3%	0.02 0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 12/18/2025																	
SECONDARY LUNCH 9-12	Total	1															
HAMBURGER - TYSON -SEC	SERVING	1	303	46	525	3.00	*1.44	*60.0	*N/A*	*3.6	3.00	*N/A*	18.23	27.0	13.21	4.59	0.51
CHEESE: PROCESS SLICE	SLICE	1	50	13	250	0.00	0.00	*N/A*	*N/A*	0.0	0.50	0.00	2.5	1.0	4.5	2.50	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: HIGH	1 CUP	1	91	3	508	2.89	*0.85	*44.1	*4	*30.16	*7.21	*2.89	2.94	14.07	3.32	0.69	0.00
CONDIMENT - BURGER	SERVING	1	20	1	205	0.06	0.00	0.0	*N/A*	*0.0	2.28	*2.02	0.08	3.02	0.83	0.12	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
NACHOS	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
SALAD BAR: 2 TUESDAY (SE	1 CUP	1	112	3	624	2.92	*0.47	*33.0	*3	*15.73	*4.44	*0.00	2.14	11.05	7.75	1.68	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			1045	67	2134	18.53	*2.89	*160.1	*56	*73.66	*57.80	*14.64	39.11	141.21	39.56	12.45	*0.26
% of Calories											*22.1%	*5.6%	15.0%	54.1%	34.1%	10.7%	*0.2%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Dec 1, 2025 thru Dec 19, 2025

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 12/19/2025																	
SECONDARY LUNCH 9-12	Total	1															
CORN DOG, MINI PROVIEU (	6 NUGG	1	249	60	348	2.98	*N/A*	*N/A*	*N/A*	*N/A*	0.99	*N/A*	9.95	29.85	9.95	2.49	0.00
ETS	1 CUP	1	120	10	392	4.92	1.53	54.0	*N/A*	4.51	*0.00	*0.00	1.07	13.86	8.2	2.03	0.00
CARROTS 1 CUP	SERVING	1	104	7	69	0.50	*N/A*	*N/A*	*N/A*	*N/A*	7.00	*N/A*	1.0	16.0	4.0	1.00	0.00
COOKIE, SNICKERDOODLE, WG																	
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT SEC WEEKLY 1st CHO	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	89	10	309	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	8.21	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:SEC	1 CUP	1	117	0	4	4.26	*0.19	*23.1	*8	*29.89	21.17	*0.00	1.39	29.78	0.4	0.06	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MAYONNAISE, CHIPOTLE	1oz SER	1	182	20	162	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	0.00	0.0	2.03	20.25	3.04	*N/A*
VING																	
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			917	86	1480	14.54	*2.11	*74.9	*41	*59.50	*54.13	*8.72	31.20	120.38	38.21	8.03	*0.00
% of Calories											*23.6%	*3.8%	13.6%	52.5%	37.5%	7.9%	*0.0%
Nutrient Guideline			846				4.50	400.00	1500	19.20		<10.00 ¹	16.70		<=30.0	<10.00	

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Weighted Average			911	68	1852	15.23	*2.42	*115.3	*55	*66.27	*57.12	*9.73	35.12	127.45	32.00	8.46	*0.07
											*56.4%	*9.6%	15.4%	55.9%	31.6%	8.4%	*0.1%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)								
Calories	911		846		108%													
Cholesterol (mg)	68																	
Sodium 1 (mg)	1852								1852									
Fiber (g)	15.23																	
Iron (mg)	2.42			4.50	54%	Missing		2.08										
Calcium (mg)	115.3			400.00	29%	Missing		284.70										
Vitamin A (RAE)	55			1500	4%	Missing		1445										
Total Sugars (g)	57.12	25.07%				Missing												
Added Sugars (g)	9.73	4.27%		<10.00% ¹	97%	Missing		0										
Vitamin C (mg)	66.27			19.20	345%	Missing												
Protein (g)	35.12	15.41%		16.70	210%													
Carbohydrate (g)	127.45	55.94%																
Total Fat (g)	32.00	31.61%		<=30.00%														
Saturated Fat (g)	8.46	8.35%		<10.00%														
Trans Fat (g)	0.07	0.07%				Missing												

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