



Upstate Farms Cooperative Inc**

00469886 - Yogurt, Vanilla

Contains Live and Active Cultures. Excellent Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. 4oz. serving = one Meat Alternate.



NICHOLAS
AND COMPANY



Nutrition Facts

Serving Size: 170 Grams

Number of Servings per 52

Amount Per Serving

Calories: 130

Calories from Fat: 0 D70

% Daily Value*

Total Fat 0 0%

Saturated Fat 0 GRM 0%

Trans Fat 0 GRM

Cholesterol 5 1%

Sodium 80 MGM 3%

Total Carbohydrate 28 GRM 10%

Dietary Fiber 1 GRM 4%

Sugars 22 %

Protein 5 %

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%
Calcium	35%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

Benefits

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Natural Flavors, Citric Acid, Vitamin D3

Allergens

Contains:



dairy

Free From:



shellfish



eggs



fish



peanuts



sesame



soy



tree nuts



wheat

Handling Suggestions

Serving Suggestions

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

Prep & Cooking Suggestions

Keep refrigerated until ready to serve.

Product Specifications

Brand	Manufacturer	Product Category
UPSTATE	Upstate Farms Cooperative Inc**	Yogurt

MFG #	SPC #	GTIN	Pack	Pack Desc.
11323	00469886	10078800113234		4/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21 lb	20 lb	840		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 in	12.25	8.25	0.72 Cubic foot	12x6	75	34°F / 40°F

Post

FOODSERVICE
Malt O Meal

Cinnamon GRANOLA CEREAL



Good
Ingredients
Whole Grain
Rich

Cinnamon Granola Bulk Pack

- Rich granola flavor with a touch of honey
- A good part of a nutritious breakfast
- Contains 14g whole grain per 1 oz eq grain
- Contains 6g Total Sugars per 1 oz eq grain
- Made with whole grain oats
- No artificial colors or flavors

Case Code	07485
Case Pack & Size	4/50 oz
Case GTIN	1 00 42400 07485 1
Case Shipping Weight	13.67 lbs
Case Dimensions (in)	15.94 x 11.94 x 7.44
Case Cube	0.82 cu ft
Pallet Pattern	60 cases, 6 high, 10 tier

Nutrition Facts

About X servings per Container
Serving size **3/4 cup (60g)**

Amount per serving
Calories 260

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 4g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 45g	16%
Dietary Fiber 4g	13%
Total Sugars 13g	
Incl. 12g Added Sugars	24%

Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.8mg	10%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Grain Rolled Oats, Rice, Sugar, Whole Grain Wheat, Canola Oil, Rice Syrup, Molasses, Honey, Cinnamon, Salt, BHT added to preserve freshness.

Minerals: Reduced Iron.
CONTAINS WHEAT.

SNF FOUNDATION FRIEND

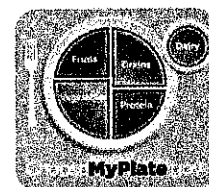
Post

FOODSERVICE

Visit www.postconsumerbrands.com/food-service/ for the latest information.

USDA Foods Product Information Sheet

For Child Nutrition Programs

**100220—Peaches, Diced, Extra Light Syrup, Canned****Category: Fruits****PRODUCT DESCRIPTION**

This item is U.S. Grade B canned diced peaches. This item is packed in extra light syrup that may consist of a variety of different packing mediums and/or sweeteners. This product is available in cases with six #10 cans.

CREDITING/YIELD

- One case yields about 106 ½ -cup servings of drained, diced peaches.
- CN Crediting: ½ cup diced peaches credit as ½ cup fruit.

CULINARY TIPS AND RECIPES

- Peaches can be added to fruit salads, used as a topping for yogurt, or served as a side at breakfast, lunch or afterschool snack.
- Use diced peaches to make a peach sauce or glaze for chicken.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (126 g) peaches, diced, extra light syrup, canned

Amount Per Serving**Calories** 60**Total Fat** 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg**Sodium** 5mg**Total Carbohydrate** 14g

Dietary Fiber 1g

Sugars 13g

Protein 0g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

I # 903562

STRAWBERRIES WHL IQF



STRAW WH 2/5# IQF DOLE

Item # 899428

Nutrition Facts

Serving Size :		1 cup
Serving Per Container :		16
Amount Per Serving		
Calories :	50.00	Calories from Fat : 0.00
	Per Serving	%Daily Value*
Total Fat	0.00	0.00 %
Saturated Fat	0.00	0.00 %
Trans Fat	0.00 g	
Cholesterol	0.00 mg	0.00 %
Sodium	0.00 mg	0.00 %
Total Carbohydrate	13.00 g	4.00 %
Dietary Fiber	3.00 g	12.00 %
Sugars	6.00 g	0.00 %
Protein	1.00 g	
	Per Srv	Per Srv
Vitamin A	0.00 %	Vitamin C 100.00 %
Calcium	2.00 %	Iron 6.00 %

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	Carbohydrate 4	Protein 4	

School Equivalents

Serving Size	
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition*	BG

*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

Product Specifications:

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
17711	10071202177118	2.0	5LB	16

Brand	Class	PBH
DOLE (PACKAGED)	FROZEN FOOD PROCESS	FRUITS FROZEN

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
11.0	10.0			N

Shipping Information:

LenXWidthXHt	TIHt	ShelfLife	TempZone	Wt Flag
11.31X10.31X6.63	1610	730	FROZEN	N

Allergens:

Contains	May contain
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Handling Suggestions:

Keep frozen. Store at 0F or below at all times. Handling & Storage: Baking: Do not thaw. Use fruit while frozen. Thawing: Place unopened bag on shelf rack, in refrigerator (36 to 38F) for 3 to 4 hours, turning over occasionally, until desired firmness or partially thawed. Serve slightly frozen for best results. Refrigerate any unused fruit in airtight container. Do not refreeze fruit.

Benefits:

Frozen DOLE® Whole Strawberries provide premium quality fruit, picked at the peak of ripeness and sliced for labor savings and ease of use. They are convenient, consistent, and ready-to-use, expanding your menu opportunities year round. Frozen DOLE Fruit offers the same benefits of all natural, fresh fruit with no added sugar.

Additional Information:

PEANUT FREE INGREDIENTS

Ingredients:

Strawberries



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.