

Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 6, 2026 thru Jan 30, 2026

ELEMENTARY LUNCH

Generated on: 12/16/2025 10:43:19 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/06/2026			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.18
SALSA PICANTE	1 OZ	1	1.77
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			140.63
% of Calories			56.7%
Nutrient Guideline			

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Wed - 01/07/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS, ELEM FR093	3 STRIPS	1	16.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0
Weighted Daily Average			95.50
% of Calories			55.4%
Nutrient Guideline			

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Thu - 01/08/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO: 1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			105.86
% of Calories			54.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 01/09/2026			
ELEMENTARY LUNCH	Total	1	
TOTCHOS - ELEM.	SERVING	1	25.06
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			87.33
% of Calories			40.2%
Nutrient Guideline			

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Mon - 01/12/2026			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
BISCUIT	BISCUIT	1	14.0
SALAD BAR: MONDAYS:ELE	.5 CUP	1	7.84
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
Weighted Daily Average			84.06
% of Calories			63.6%
Nutrient Guideline			

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Tue - 01/13/2026			
ELEMENTARY LUNCH	Total	1	
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	22.55
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
VEGETABLES, EDAMAME & CARROTS	3/4 CUP	1	7.49
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	52.46
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.18
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			124.03
% of Calories			54.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/14/2026			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			84.67
% of Calories			53.9%
Nutrient Guideline			

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Thu - 01/15/2026			
ELEMENTARY LUNCH	Total	1	
HAMBURGER, TYSON	HAMBURGERS	1	22.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
SWEET CAKE	SERVING	1	44.38
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
CONDIMENT - BURGER	SERVING	1	3.02
MILK	CARTON	1	17.0
Weighted Daily Average			134.24
% of Calories			56.8%
Nutrient Guideline			

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Fri - 01/16/2026			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEW (4)	4 NUGGETS	1	19.9
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK	CARTON	1	17.0
Weighted Daily Average			87.71
% of Calories			60.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 01/20/2026			
ELEMENTARY LUNCH	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK	CARTON	1	17.0
Weighted Daily Average			132.38
% of Calories			55.1%
Nutrient Guideline			

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Wed - 01/21/2026			
ELEMENTARY LUNCH	Total	1	
ROTINI ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
Weighted Daily Average			77.47
% of Calories			52.5%
Nutrient Guideline			

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Thu - 01/22/2026			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	0.0
COOKIE, OATMEAL	1 EACH	1	19.44
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
CONDIMENTS - HOT DOG	PACKETS	1	4.15
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
MILK	CARTON	1	17.0
Weighted Daily Average			100.12
% of Calories			50.2%
Nutrient Guideline			

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Fri - 01/23/2026			
ELEMENTARY LUNCH	Total	1	
GRILLED CHEESE	SANDWICH	1	38.0
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			93.35 51.9%
Nutrient Guideline			

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Mon - 01/26/2026			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, CELEBRATION	SERVINGS	1	17.0
SALAD BAR: MONDAYS:ELE	.5 CUP	1	7.84
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			85.85 59.2%
Nutrient Guideline			

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Tue - 01/27/2026			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	23.08
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.18
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			125.90 56.7%
Nutrient Guideline			

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Wed - 01/28/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average % of Calories			77.07 51.1%
Nutrient Guideline			

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ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Carb (g)
Thu - 01/29/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN CHUNKS, POPCORN TYSON	10 NUGGETS	1	15.18
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.17
CONDIMENT: TENDERS	SERVINGS	1	10.8
MILK	CARTON	1	17.0
Weighted Daily Average			115.02
% of Calories			52.7%
Nutrient Guideline			

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Fri - 01/30/2026			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	8.34
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			95.51
% of Calories			50.8%
Nutrient Guideline			

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Weighted Average			102.59
			53.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	102.59	53.94%						

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