

Washington County School District

Jan 6, 2026 thru Jan 30, 2026

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 01/06/2026			
SECONDARY BREAKFAST	Total	1	
BREAKFAST PIZZA: SAUSAGE	SLICE	1	24.96
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			92.83
% of Calories			71.8%
Nutrient Guideline			

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 01/07/2026			
SECONDARY BREAKFAST	Total	1	
BISCUITS & GRAVY	SERVING	1	20.0
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			90.85
% of Calories			70.2%
Nutrient Guideline			

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Thu - 01/08/2026			
SECONDARY BREAKFAST	Total	1	
YOGURT: UPSTATE FARMS	SERVING	1	15.0
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1	43.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

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Jan 6, 2026 thru Jan 30, 2026

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Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			109.35
% of Calories			75.7%
Nutrient Guideline			

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Fri - 01/09/2026			
SECONDARY BREAKFAST	Total	1	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	52.46
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			93.08
% of Calories			68.0%
Nutrient Guideline			

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Mon - 01/12/2026			
SECONDARY BREAKFAST	Total	1	
WAFFLE	2 WAFFLES	1	24.0
SYRUP	1 EA	1	4.0
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			94.85
% of Calories			69.9%
Nutrient Guideline			

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.			

Tue - 01/13/2026			
SECONDARY BREAKFAST	Total	1	
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	21.49
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MAYONNAISE, LIGHT	POUCH	1	0.61
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			91.40
% of Calories			67.4%
Nutrient Guideline			

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Wed - 01/14/2026			
SECONDARY BREAKFAST	Total	1	
OMELET, COLBY CHEESE	SERVING	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			95.74
% of Calories			70.6%
Nutrient Guideline			

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Thu - 01/15/2026			
SECONDARY BREAKFAST	Total	1	
YOGURT STRAW PARFAIT	PARFAIT	1	43.85
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			102.28
% of Calories			77.8%
Nutrient Guideline			

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Fri - 01/16/2026			
SECONDARY BREAKFAST	Total	1	
DONUT:SPRINKLED	DONUT	1	23.0
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			78.35
% of Calories			63.9%
Nutrient Guideline			

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Tue - 01/20/2026			
SECONDARY BREAKFAST	Total	1	
PANCAKE CORNDOGS	SERVINGS	1	17.17
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			90.94
% of Calories			70.1%
Nutrient Guideline			

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/21/2026			
SECONDARY BREAKFAST	Total	1	
BREAKFAST BURRITO: SEC.	BURRITO	1	30.68
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			96.58
% of Calories			62.0%
Nutrient Guideline			

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Thu - 01/22/2026			
SECONDARY BREAKFAST	Total	1	
SMOOTHIE	SMOOTHIES	1	36.0
SCOOPY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			108.85
% of Calories			80.2%
Nutrient Guideline			

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Fri - 01/23/2026			
SECONDARY BREAKFAST	Total	1	
BAGELS, MINI	MINI BAGELS	1	41.97
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			87.84
% of Calories			69.2%
Nutrient Guideline			

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Mon - 01/26/2026			
SECONDARY BREAKFAST	Total	3	
FRENCH TOAST STICKS:SEC	3 STICKS	1	57.0
SYRUP	1 EA	1	4.0
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	3	22.39
JUICE : VARIETY SUNCUP	BOX	3	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			74.50
% of Calories			75.4%
Nutrient Guideline			

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Tue - 01/27/2026			
SECONDARY BREAKFAST	Total	1	
BREAKFAST PIZZA: SAUSAGE	SLICE	1	24.96
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			92.83
% of Calories			71.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/28/2026			
SECONDARY BREAKFAST	Total	1	
BISCUITS & GRAVY	SERVING	1	20.0
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			90.85
% of Calories			70.2%
Nutrient Guideline			

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Thu - 01/29/2026			
SECONDARY BREAKFAST	Total	1	
YOGURT: UPRSTATE FARMS	SERVING	1	15.0
UBR- OATMEAL CHOCOLATE CHIP	1 EACH	1	43.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
TOAST	SLICE	1	19.0
JELLY: VARIETY PACK	PC	1	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			109.35
% of Calories			75.7%
Nutrient Guideline			

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Fri - 01/30/2026			
SECONDARY BREAKFAST	Total	1	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	52.46
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC BREAKFAST ME	Total	1	
BREAKFAST CEREAL-ALL	BOWL	1	22.42
STRING CHEESE: 1oz M	1 EA	1	1.0
BREAKFAST FRUIT BASKET	1/2 CUP	1	22.39
JUICE : VARIETY SUNCUP	BOX	1	15.25
MILK	CARTON	1	17.0
Weighted Daily Average			93.08
% of Calories			68.0%
Nutrient Guideline			

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Weighted Average			94.09 70.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	94.09	70.92%						

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