

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/06/2026																	
ELEMENTARY LUNCH	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	88	3	589	1.81	*0.35	23.2	*2	*10.87	*4.35	*0.00	1.41	9.18	5.9	1.17	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			993	57	2152	17.51	*4.01	*386.5	*4	*21.43	*52.39 *21.1%	*19.70 *7.9%	40.40 16.3%	140.63 56.7%	33.65 30.5%	12.64 11.5%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Wed - 01/07/2026																	
ELEMENTARY LUNCH	Total	1															
CHICKEN STRIPS, ELEM FRO	3 STRIPS	1	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	15.0	16.0	15.0	2.50	*N/A*
MASHED POTATOES, Dry mi x,1/2	1/2 CUP	1	80	0	314	1.00	0.37	22.4	*N/A*	30.04	1.00	*N/A*	2.0	17.03	1.0	0.00	*0.00
GRAVY, CHICKEN: LOW SO DIUM	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	*0.00	0.0	3.0	0.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
GARLIC TOAST - WG - BC	SERVING	1	100	0	125	1.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	0.00	3.0	14.0	3.5	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			690	32	1477	9.30	*0.45	*31.7	*3	*40.60	*40.80 *23.6%	*4.67 *2.7%	30.10 17.4%	95.50 55.4%	21.09 27.5%	3.53 4.6%	*0.00 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 01/08/2026																	
ELEMENTARY LUNCH	Total	1															
CHICKEN SANDWICH	SANDWICH	1	323	46	504	5.04	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	24.24	31.11	10.61	1.52	0.00
LETTUCE & TOMATO:1/2 CUP	1/2 CUP	1	9	0	5	0.79	0.25	7.5	*9	4.02	1.11	*0.00	0.72	1.92	0.04	0.01	0.00
P-TACOS																	
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
COOKIE, CHOCOLATE CHIP	1 EACH	1	96	1	123	0.73	*0.46	*25.5	*0	*0.0	*5.90	*5.90	1.24	13.5	4.34	1.85	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	53	3	451	1.02	0.29	16.6	*2	12.09	*3.70	*0.00	0.79	7.17	2.76	0.68	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			773	57	1624	11.68	*2.21	*120.1	*14	*29.82	*45.51 *23.6%	*12.59 *6.5%	36.82 19.1%	105.86 54.8%	23.06 26.9%	4.70 5.5%	*0.02 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Fri - 01/09/2026																	
ELEMENTARY LUNCH	Total	1															
TOTCHOS - ELEM.	SERVING	1	450	97	1109	3.04	*0.00	*0.0	*N/A*	*0.0	7.40	*0.00	26.35	25.06	27.19	11.94	0.33
LETTUCE & TOMATO:1/2 CUP	1/2 CUP	1	9	0	5	0.79	0.25	7.5	*9	4.02	1.11	*0.00	0.72	1.92	0.04	0.01	0.00
P-TACOS																	
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			869	114	1737	10.48	*0.32	*15.6	*12	*14.58	42.22 19.4%	*4.67 *2.1%	38.65 17.8%	87.33 40.2%	42.48 44.0%	15.05 15.6%	0.33 0.3%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 01/12/2026																	
ELEMENTARY LUNCH	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
CHOW MEIN - ELEM	2.36oz S	1	96	0	285	2.14	*0.09	*8.8	*72	*4.8	2.10	*0.00	2.3	17.23	2.04	0.01	0.00
ERVING	3/4 CUP	1	24	0	210	3.00	*N/A*	*N/A*	*N/A*	*N/A*	1.50	*N/A*	1.5	4.5	0.0	0.00	0.00
GREEN BEANS 3/4 CUP	BISCUIT	1	90	0	160	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	2.00	2.0	14.0	2.5	1.00	0.00
BISCUIT	.5 CUP	1	56	3	455	0.95	0.29	14.6	*2	11.9	*4.33	*0.00	0.77	7.84	2.74	0.68	0.00
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
FRUIT BAR :WINTER:ELE	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
SOY SAUCE: PC	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
MILK																	
Weighted Daily Average			529	60	1841	9.04	*0.46	*31.5	*76	*27.25	*43.48	*6.67	26.97	84.06	10.81	2.93	0.00
% of Calories											*32.9%	*5.0%	20.4%	63.6%	18.4%	5.0%	0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Tue - 01/13/2026																	
ELEMENTARY LUNCH	Total	1															
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	244	34	792	6.65	*2.07	*67.3	*11	*13.98	*5.27	*0.00	13.6	22.55	10.95	3.81	*0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ	3/4 CUP	1	75	0	36	3.91	*0.38	*13.5	*N/A*	*1.13	*1.34	*N/A*	6.97	7.49	2.73	0.01	0.00
VEGETABLES, EDAMAME & CARROTS	ROLL	1	315	5	287	3.00	*0.01	*4.2	*0	*0.0	*27.10	*8.00	6.34	52.46	8.58	2.84	*0.00
CINNAMON ROLL W. W.W. B	RIDGFOR																
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	88	3	589	1.81	*0.35	23.2	*2	*10.87	*4.35	*0.00	1.41	9.18	5.9	1.17	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			919	57	1908	17.31	*2.89	*116.3	*16	*36.53	*65.19	*12.67	38.78	124.03	31.46	9.62	*0.00
% of Calories											*28.4%	*5.5%	16.9%	54.0%	30.8%	9.4%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 01/14/2026																	
ELEMENTARY LUNCH	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	80	0	314	1.00	0.37	22.4	*N/A*	30.04	1.00	*N/A*	2.0	17.03	1.0	0.00	*0.00
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	2	0	19	0.00	0.01	1.1	*N/A*	0.0	0.12	*N/A*	0.0	0.37	0.0	0.00	*0.00
BROCCOLI, ROASTED, 3/4 CUP	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELEMENTARY	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	*2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	20	0	30	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	2.5	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			628	48	1313	7.62	*3.10	*79.3	*3	*40.60	*35.24 *22.4%	*6.81 *4.3%	30.96 19.7%	84.67 53.9%	19.57 28.1%	5.46 7.8%	*0.51 *0.7%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Thu - 01/15/2026																	
ELEMENTARY LUNCH	Total	1															
HAMBURGER, TYSON	HAMBURGERS	1	273	46	475	2.00	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	17.23	22.0	12.71	4.59	0.51
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
SWEET CAKE	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*13.58	1.94	44.38	11.07	4.80	*0.00
FRUIT BAR :WINTER:ELEMENTARY	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURSDAY'S: ELEMENTARY	.5 CUP	1	53	3	451	1.02	0.29	16.6	*2	12.09	*3.70	*0.00	0.79	7.17	2.76	0.68	0.00
CONDIMENT - BURGER	SERVING	1	20	1	205	0.06	0.00	0.0	*N/A*	*0.0	2.28	*2.02	0.08	3.02	0.83	0.12	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			946	62	1778	10.19	*2.87	*121.0	*65	*49.84	*71.05 *30.1%	*20.27 *8.6%	32.19 13.6%	134.24 56.8%	32.93 31.3%	12.02 11.4%	*0.53 *0.5%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 01/16/2026																	
ELEMENTARY LUNCH	Total	1															
CORN DOG, MINI PROVIEU (	4 NUGG	1	166	40	232	1.99	*N/A*	*N/A*	*N/A*	*N/A*	0.66	*N/A*	6.63	19.9	6.63	1.66	0.00
ETS																	
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
COOKIE, SNICKERDOODLE, WG	SERVING	1	104	7	69	0.50	*N/A*	*N/A*	*N/A*	*N/A*	7.00	*N/A*	1.0	16.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			583	63	1182	7.36	*0.08	*8.1	*3	*10.56	47.46 32.6%	*12.77 *8.8%	17.44 12.0%	87.71 60.2%	20.10 31.0%	5.26 8.1%	0.00 0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Tue - 01/20/2026																	
ELEMENTARY LUNCH	Total	1															
DUTCH WAFFLE	1 EACH	1	300	20	350	3.00	1.80	40.0	*N/A*	0.0	12.00	*N/A*	4.0	43.0	13.0	3.00	0.00
SCRAMBLED EGGS: SUNNY FRESH	1oz SER VING	1	45	95	130	0.00	0.40	17.0	*N/A*	0.0	*N/A*	*N/A*	3.0	1.0	3.0	1.00	0.00
SAUSAGE LINK - CLOVERDA	1 LINK	1	115	20	170	0.00	0.36	*N/A*	*N/A*	*N/A*	0.00	*N/A*	4.0	1.0	10.5	3.50	0.00
HASHBROWN PATTY:1/2 CUP	2 EACH	1	220	0	450	2.00	0.72	0.0	*N/A*	2.4	1.00	*N/A*	2.0	27.0	11.0	1.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
JUICE, PARADISE PUNCH	CARTON	1	60	0	5	0.00	0.00	*N/A*	*N/A*	*N/A*	12.91	0.00	0.0	13.9	0.0	0.00	0.00
SYRUP	1 EA	1	10	0	80	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	4.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			960	142	1677	6.95	*3.36	*65.1	*3	*12.96	*61.13 *25.5%	*12.77 *5.3%	21.68 9.0%	132.38 55.1%	38.52 36.1%	9.52 8.9%	0.00 0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 01/21/2026																	
ELEMENTARY LUNCH	Total	1															
ROTINI ALFREDO: ELE	3/4 CUP	1	199	18	206	2.03	*N/A*	*N/A*	*N/A*	*N/A*	4.02	*N/A*	9.56	26.31	6.77	3.20	0.00
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	66	28	64	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	9.17	0.51	2.55	0.76	0.00
BREADSTICK, CHEESY GARL	3/4 CUP	1	100	0	140	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	3.0	15.0	3.0	0.50	0.00
BROCCOLI, ROASTED, 3/4 C	1/2 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			590	54	603	6.27	*0.08	*24.1	*3	*10.56	*33.99	*4.67	32.34	77.47	17.80	5.53	0.01
% of Calories											*23.0%	*3.2%	21.9%	52.5%	27.1%	8.4%	0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Thu - 01/22/2026																	
ELEMENTARY LUNCH	Total	1															
HOT DOG, BEEF CLOVERDAL	SERVING	1	280	35	550	2.00	*1.08	*60.0	*N/A*	*2.4	3.00	*N/A*	12.0	23.0	16.5	6.00	0.00
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	60	10	260	0.00	0.00	0.0	*0	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
COOKIE, OATMEAL	1 EACH	1	127	14	141	0.86	*0.69	*9.4	*0	*0.0	*9.21	*9.19	2.22	19.44	4.57	1.74	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS - HOT DOG	PACKET	1	16	0	152	0.07	0.00	0.0	*N/A*	*0.0	3.37	*3.37	0.07	4.15	0.07	0.00	0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	53	3	451	1.02	0.29	16.6	*2	12.09	*3.70	*0.00	0.79	7.17	2.76	0.68	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			797	69	1872	7.90	*2.14	*94.1	*5	*25.05	*47.40	*17.22	24.77	100.12	36.42	10.94	*0.00
% of Calories											*23.8%	*8.6%	12.4%	50.2%	41.1%	12.4%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 01/23/2026																	
ELEMENTARY LUNCH	Total	1															
GRILLED CHEESE	SANDWICH	1	357	25	1036	4.00	2.88	*40.0	*N/A*	0.0	*1.00	*0.00	11.8	38.0	18.42	9.04	0.00
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
CREAMIES JR.	CREAMIE	1	93	16	39	0.00	0.00	260.0	*N/A*	3.45	*N/A*	*N/A*	2.0	14.0	3.5	2.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			720	58	1559	8.65	*2.96	*308.1	*3	*14.01	*32.70 *18.2%	*4.67 *2.6%	23.38 13.0%	93.35 51.9%	31.17 39.0%	13.64 17.1%	0.00 0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Mon - 01/26/2026																	
ELEMENTARY LUNCH	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
CHOW MEIN - ELEM	2.36oz SERVING	1	96	0	285	2.14	*0.09	*8.8	*72	*4.8	2.10	*0.00	2.3	17.23	2.04	0.01	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
SALAD BAR: MONDAYS:ELE	.5 CUP	1	56	3	455	0.95	0.29	14.6	*2	11.9	*4.33	*0.00	0.77	7.84	2.74	0.68	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			580	66	1606	7.34	*0.46	*47.5	*76	*27.25	*49.83 *34.4%	*11.67 *8.0%	26.41 18.2%	85.85 59.2%	16.77 26.0%	3.47 5.4%	0.02 0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/27/2026																	
ELEMENTARY LUNCH	Total	1															
QUESADILLA, THREE CHEES	SERVING	1	323	36	582	3.32	*N/A*	*N/A*	*N/A*	*N/A*	2.29	0.00	17.43	32.51	14.2	8.62	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
COOKIE, PUMPKIN CHOCOL	COOKIE	1	147	1	137	2.85	*0.52	*29.1	*0	*0.0	*10.77	*8.07	2.03	23.08	5.66	2.39	*0.00
ATE CHIP																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY (ELE	.5 CUP	1	88	3	589	1.81	*0.35	23.2	*2	*10.87	*4.35	*0.00	1.41	9.18	5.9	1.17	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			888	47	2085	18.92	*0.96	*60.4	*4	*21.43	*47.42	*12.73	37.54	125.90	29.27	12.70	*0.00
% of Calories											*21.3%	*5.7%	16.9%	56.7%	29.7%	12.9%	*0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Wed - 01/28/2026																	
ELEMENTARY LUNCH	Total	1															
CHICKEN NOODLE SOUP: U	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
SDA 1C.																	
BREADSTICK, CHEESE - BO	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
SCO'S																	
TOMATOES, CUCUMBER, C	3/4 CUP	1	25	0	35	1.89	0.54	20.2	*1	6.88	*1.39	*0.00	0.77	9.38	0.17	0.03	0.00
ARROTS:EL																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			604	79	1124	7.76	*0.69	*48.8	*102	*19.13	*31.60	*4.67	36.66	77.07	19.25	6.28	0.00
% of Calories											*20.9%	*3.1%	24.3%	51.1%	28.7%	9.4%	0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 01/29/2026																	
ELEMENTARY LUNCH	Total	1															
CHICKEN CHUNKS, POPCO	10 NUG	1	304	66	536	2.02	*N/A*	*N/A*	*N/A*	*N/A*	1.01	*N/A*	20.24	15.18	18.22	4.05	*N/A*
RN TYSON	GETS																
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
SCOOBY-DOO GRAHAM CR	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
ACKER STIC																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	53	3	451	1.02	0.29	16.6	*2	12.09	*3.70	*0.00	0.79	7.17	2.76	0.68	0.00
CONDIMENT: TENDERS	SERVING	1	44	0	236	0.30	0.09	5.0	*N/A*	*1.51	8.85	*4.05	0.24	10.8	0.02	0.01	0.01
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			873	76	1870	8.88	*1.65	*129.6	*5	*30.37	*48.69 *22.3%	*8.72 *4.0%	34.56 15.8%	115.02 52.7%	32.50 33.5%	8.21 8.5%	*0.01 *0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Fri - 01/30/2026																	
ELEMENTARY LUNCH	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	59	3	472	1.69	0.56	30.2	*216	*5.74	*4.89	*0.00	0.9	8.34	2.89	0.71	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			751	51	2100	9.44	*1.18	*48.3	*218	*16.29	*51.02 *27.2%	*4.67 *2.5%	28.79 15.3%	95.51 50.8%	30.32 36.3%	9.23 11.1%	0.00 0.0%
Nutrient Guideline			645				3.30	267.00	1055	15.00		<10.00 ¹	8.87		<=30.0	<10.00	

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Weighted Average			761	66	1639	10.14	*1.66	*96.5	*34	*24.90	*47.06 *55.7%	*10.14 *12.0%	31.02 16.3%	102.59 53.9%	27.07 32.0%	8.37 9.9%	*0.08 *0.1%
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Calories	761			645	118%													
Cholesterol (mg)	66																	
Sodium 1 (mg)	1639								1639									
Fiber (g)	10.14																	
Iron (mg)	1.66			3.30	50%	Missing		1.64										
Calcium (mg)	96.5			267.00	36%	Missing		170.55										
Vitamin A (RAE)	34			1055	3%	Missing		1021										
Total Sugars (g)	47.06	24.75%				Missing												
Added Sugars (g)	10.14	5.33%		<10.00% ¹	101%	Missing		0										
Vitamin C (mg)	24.90			15.00	166%	Missing												
Protein (g)	31.02	16.31%		8.87	350%													
Carbohydrate (g)	102.59	53.94%																
Total Fat (g)	27.07	32.02%		<=30.00%														
Saturated Fat (g)	8.37	9.91%		<10.00%														
Trans Fat (g)	0.08	0.09%				Missing												

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

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