

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/06/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			912	72	2012	14.26	*2.87	*236.6	*19	*27.47	*47.79 *21.0%	*14.71 *6.5%	37.14 16.3%	123.07 54.0%	32.83 32.4%	11.39 11.2%	*0.37 *0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 01/07/2026																	
INTERMEDIATE LUNCH 6-8 CHICKEN TENDERS - FR091	Total	1															
	2 TENDERS	1	230	45	400	2.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	20.0	12.0	11.0	2.00	0.00
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, CHICKEN: LOW SO DIUM	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	*0.00	0.0	3.0	0.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
GARLIC TOAST - WG - BC	SERVING	1	100	0	125	1.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	0.00	3.0	14.0	3.5	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			741	45	1451	14.16	*1.44	*59.6	*33	*24.98	*40.43	*5.68	34.20	99.98	22.22	5.25	0.01
% of Calories											*21.8%	*3.1%	18.5%	54.0%	27.0%	6.4%	0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 01/08/2026																	
INTERMEDIATE LUNCH 6-8 CHICKEN SANDWICH	Total SANDWICH	1															
		1	323	46	504	5.04	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	24.24	31.11	10.61	1.52	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
COLESLAW	1/2 C. SERVINGS	1	34	1	40	1.58	0.29	24.7	*44	21.21	*3.56	*1.26	0.8	6.02	1.15	0.21	*0.00
COOKIE, CHOCOLATE CHIP	1 EACH	1	96	1	123	0.73	*0.46	*25.5	*0	*0.0	*5.90	*5.90	1.24	13.5	4.34	1.85	*0.00
FRUIT BAR :WINTER:EL	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOICE NACHOS	Total SERVING	1															
		1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:EL	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			882	61	1883	16.20	*2.17	*139.9	*82	*53.80	*45.31 *20.5%	*9.26 *4.2%	38.15 17.3%	115.01 52.1%	32.44 33.1%	7.87 8.0%	*0.01 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Fri - 01/09/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TOTCHOS - ELEM.	SERVING	1	450	97	1109	3.04	*0.00	*0.0	*N/A*	*0.0	7.40	*0.00	26.35	25.06	27.19	11.94	0.33
LETTUCE & TOMATO:1/2 CU	1/2 CUP	1	9	0	5	0.79	0.25	7.5	*9	4.02	1.11	*0.00	0.72	1.92	0.04	0.01	0.00
P-TACOS																	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	89	10	309	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	8.21	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			851	91	1443	11.89	*1.69	*51.6	*44	*57.08	*38.85	*4.67	39.63	93.11	38.01	10.79	*0.17
% of Calories											*18.3%	*2.2%	18.6%	43.8%	40.2%	11.4%	*0.2%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Mon - 01/12/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
RICE OR CHOW MEIN, CHO	SERVING	1	174	0	355	3.12	*0.09	*9.9	*72	*4.8	*2.10	*N/A*	4.26	33.34	2.77	0.01	*0.00
OSE SEC.																	
GREEN BEANS 3/4 CUP	3/4 CUP	1	24	0	210	3.00	*N/A*	*N/A*	*N/A*	*N/A*	1.50	*N/A*	1.5	4.5	0.0	0.00	0.00
BISCUIT	BISCUIT	1	90	0	160	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	2.00	2.0	14.0	2.5	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*0.00	1.11	8.84	2.74	0.68	0.00
RM.																	
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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ALT INT WEEKLY 1st CHOI	Total SLICE	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*0.00	1.11	8.84	2.74	0.68	0.00
RM.																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			659	53	1730	9.47	*0.84	*51.7	*85	*37.56	*45.07	*9.83	30.92	97.72	19.04	5.66	*0.00
% of Calories											*27.3%	*6.0%	18.8%	59.3%	26.0%	7.7%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Tue - 01/13/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TACO SOUP - RAW - 1 CUP	1 CUP	1	318	55	812	6.68	*2.07	*67.3	*11	*14.03	*5.37	*0.00	18.62	22.68	16.78	6.04	*0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
VEGETABLES, EDAMAME & CARROTS	3/4 CUP	1	75	0	36	3.91	*0.38	*13.5	*N/A*	*1.13	*1.34	*N/A*	6.97	7.49	2.73	0.01	0.00
CINNAMON ROLL W. W.W. B	ROLL	1	315	5	287	3.00	*0.01	*4.2	*0	*0.0	*27.10	*8.00	6.34	52.46	8.58	2.84	*0.00
RIDGFOR																	
SALAD BAR: 2 TUESDAY- IN	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
TERM.																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			912	83	1900	14.17	*2.31	*101.5	*25	*35.05	*54.23 *23.8%	*11.19 *4.9%	38.84 17.0%	114.83 50.3%	34.65 34.2%	11.00 10.9%	*0.37 *0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Wed - 01/14/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	19	0	133	0.00	0.01	1.1	*N/A*	0.0	*0.94	*N/A*	0.0	2.82	0.94	0.00	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	*2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	20	0	30	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	2.5	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			733	43	1421	13.83	*2.76	*83.4	*33	*24.98	*37.55 *20.5%	*6.75 *3.7%	32.13 17.5%	97.79 53.4%	23.93 29.4%	6.46 7.9%	*0.27 *0.3%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Thu - 01/15/2026																	
INTERMEDIATE LUNCH 6-8 HAMBURGER, TYSON	Total	1															
	HAMBURGERS	1	273	46	475	2.00	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	17.23	22.0	12.71	4.59	0.51
CHEESE: PROCESS SLICE	SLICE	1	50	13	250	0.00	0.00	*N/A*	*N/A*	0.0	0.50	0.00	2.5	1.0	4.5	2.50	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
SWEET CAKE	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*13.58	1.94	44.38	11.07	4.80	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT - BURGER MILK	SERVING	1	20	1	205	0.06	0.00	0.0	*N/A*	*0.0	2.28	*2.02	0.08	3.02	0.83	0.12	0.02
	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI NACHOS	Total	1															
	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CU P-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			966	69	2062	13.95	*2.20	*122.0	*60	*45.02	*54.98 *22.8%	*12.47 *5.2%	36.16 15.0%	124.36 51.5%	38.93 36.3%	12.66 11.8%	*0.26 *0.2%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 01/16/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CORN DOG, MINI PROVIEU (	5 NUGG	1	207	50	290	2.49	*N/A*	*N/A*	*N/A*	*N/A*	0.83	*N/A*	8.29	24.88	8.29	2.07	0.00
	ETS																
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
COOKIE, SNICKERDOODLE, WG	SERVING	1	104	7	69	0.50	*N/A*	*N/A*	*N/A*	*N/A*	7.00	*N/A*	1.0	16.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI																	
WRAP, CHICKEN - FR091	Total	1															
CHEDDAR/ JACK FANCY SH	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
RED.25OZ	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			733	71	1203	10.75	*1.23	*32.8	*36	*37.91	*43.40	*8.72	29.60	97.13	27.66	6.10	*0.00
% of Calories											*23.7%	*4.8%	16.1%	53.0%	33.9%	7.5%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Tue - 01/20/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
DUTCH WAFFLE	1 EACH	1	300	20	350	3.00	1.80	40.0	*N/A*	0.0	12.00	*N/A*	4.0	43.0	13.0	3.00	0.00
SCRAMBLED EGGS: SUNNY	1oz SER	1	45	95	130	0.00	0.40	17.0	*N/A*	0.0	*N/A*	*N/A*	3.0	1.0	3.0	1.00	0.00
FRESH	VING																
SAUSAGE LINK - CLOVERDA	1 LINK	1	115	20	170	0.00	0.36	*N/A*	*N/A*	*N/A*	0.00	*N/A*	4.0	1.0	10.5	3.50	0.00
HASHBROWN PATTY:1/2 CUP	2 EACH	1	220	0	450	2.00	0.72	0.0	*N/A*	2.4	1.00	*N/A*	2.0	27.0	11.0	1.50	0.00
JUICE, PARADISE PUNCH	CARTON	1	60	0	5	0.00	0.00	*N/A*	*N/A*	*N/A*	12.91	0.00	0.0	13.9	0.0	0.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SYRUP	1 EA	1	10	0	80	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	0.0	4.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			960	142	1677	6.95	*3.36	*65.1	*3	*12.96	*61.13 *25.5%	*12.77 *5.3%	21.68 9.0%	132.38 55.1%	38.52 36.1%	9.52 8.9%	0.00 0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Wed - 01/21/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
ROTINI ALFREDO: SEC	1 CUP	1	248	18	211	2.97	*N/A*	*N/A*	*N/A*	*N/A*	4.49	*N/A*	11.2	36.65	7.11	3.20	0.00
CHICKEN, DICED L/S TYSON	1.5oz SE RIVING	1	66	28	64	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	9.17	0.51	2.55	0.76	0.00
BREADSTICK, CHEESY GARL	SERVING	1	100	0	140	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	3.0	15.0	3.0	0.50	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			706	43	958	9.62	*1.26	*57.0	*33	*24.98	*37.26 *21.1%	*5.68 *3.2%	33.64 19.1%	97.64 55.4%	20.75 26.5%	5.25 6.7%	0.02 0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 01/22/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
HOT DOG, BEEF CLOVERDAL	SERVING	1	280	35	550	2.00	*1.08	*60.0	*N/A*	*2.4	3.00	*N/A*	12.0	23.0	16.5	6.00	0.00
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	60	10	260	0.00	0.00	0.0	*0	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
COOKIE, OATMEAL	1 EACH	1	127	14	141	0.86	*0.69	*9.4	*0	*0.0	*9.21	*9.19	2.22	19.44	4.57	1.74	*0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	53	3	451	1.02	0.29	16.6	*2	12.09	*3.70	*0.00	0.79	7.17	2.76	0.68	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS - HOT DOG	PACKET	1	16	0	152	0.07	0.00	0.0	*N/A*	*0.0	3.37	*3.37	0.07	4.15	0.07	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI																	
NACHOS	Total	1															
REFRIED BEANS, V V	SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CU	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			859	66	1976	12.35	*1.61	*97.7	*19	*28.95	*41.70	*10.94	30.69	105.21	38.43	10.87	*0.00
% of Calories											*19.4%	*5.1%	14.3%	49.0%	40.3%	11.4%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Fri - 01/23/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
WILD MIKE'S PEPPERONI C	SERVING	1	400	40	610	1.00	0.00	*N/A*	*N/A*	*N/A*	4.00	0.00	19.0	36.0	17.0	7.00	0.00
HEESY B																	
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
CREAMIES JR.	CREAMIE	1	93	16	39	0.00	0.00	260.0	*N/A*	3.45	*N/A*	*N/A*	2.0	14.0	3.5	2.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Jan 6, 2026 thru Jan 30, 2026

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			802	71	1150	9.65	*1.23	*162.8	*36	*39.63	*37.43	*4.67	35.34	96.47	31.65	9.07	*0.00
% of Calories											*18.7%	*2.3%	17.6%	48.1%	35.5%	10.2%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Mon - 01/26/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
RICE OR CHOW MEIN, CHO	SERVING	1	174	0	355	3.12	*0.09	*9.9	*72	*4.8	*2.10	*N/A*	4.26	33.34	2.77	0.01	*0.00
OSE SEC.																	
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*0.00	1.11	8.84	2.74	0.68	0.00
RM.																	
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*0.00	1.11	8.84	2.74	0.68	0.00
RM.																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			685	56	1613	8.62	*0.84	*59.7	*85	*37.56	*48.24 *28.2%	*12.33 *7.2%	30.64 17.9%	98.62 57.6%	22.02 28.9%	5.93 7.8%	*0.01 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Tue - 01/27/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
QUESADILLA, THREE CHEES	SERVING	1	323	36	582	3.32	*N/A*	*N/A*	*N/A*	*N/A*	2.29	0.00	17.43	32.51	14.2	8.62	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	147	1	137	2.85	*0.52	*29.1	*0	*0.0	*10.77	*8.07	2.03	23.08	5.66	2.39	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOICE	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			860	67	1978	14.96	*1.34	*73.6	*19	*27.47	*45.30 *21.1%	*11.23 *5.2%	35.71 16.6%	115.70 53.8%	30.64 32.1%	11.43 12.0%	*0.37 *0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 01/28/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CHICKEN NOODLE SOUP: U SDA 1C.	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
BREADSTICK, CHEESE - BO SCO'S	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
TOMATO, CUCUMBER, CAR ROTS:INTE	3/4 CUP	1	25	0	35	1.89	0.54	20.2	*1	6.88	*1.39	*0.00	0.77	9.38	0.17	0.03	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			688	56	1216	9.89	*1.57	*69.4	*82	*29.26	*35.83 *20.8%	*5.68 *3.3%	34.98 20.3%	92.28 53.7%	21.30 27.9%	5.63 7.4%	0.01 0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Thu - 01/29/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CHICKEN CHUNKS, TYSON	5 NUGG ETS	1	240	55	570	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	23.0	15.0	10.0	2.00	0.00
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
SCOOBY-DOO GRAHAM CR ACKER STIC	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	69	3	466	1.93	0.73	38.2	*23	19.43	*6.10	*0.00	1.8	10.37	2.75	0.68	0.00
CONDIMENT: TENDERS	SERVING	1	44	0	236	0.30	0.09	5.0	*N/A*	*1.51	8.85	*4.05	0.24	10.8	0.02	0.01	0.01
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOI NACHOS	Total SERVING	1	485	53	792	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	100	3	643	1.70	*0.35	18.6	*2	*10.87	*4.35	*0.00	1.53	9.66	7.2	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			873	64	2000	13.29	*1.59	*126.3	*30	*35.28	*43.54 *20.0%	*6.69 *3.1%	37.47 17.2%	114.16 52.3%	32.36 33.4%	8.48 8.7%	0.00 0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Fri - 01/30/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	59	3	472	1.69	0.56	30.2	*216	*5.74	*4.89	*0.00	0.9	8.34	2.89	0.71	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI WRAP, CHICKEN - FR091	Total WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH RED.25OZ	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	60	0	3	1.95	*0.08	*8.1	*3	*10.56	11.12	*0.00	0.68	15.35	0.19	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			797	60	1633	11.54	*1.78	*53.0	*144	*40.78	*45.10 *22.6%	*4.67 *2.3%	34.44 17.3%	98.54 49.5%	31.94 36.1%	7.88 8.9%	*0.00 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

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Weighted Average			812	67	1628	11.97	*1.78	*91.3	*48	*34.48	*44.62 *49.4%	*8.77 *9.7%	33.96 16.7%	106.33 52.4%	29.85 33.1%	8.40 9.3%	*0.10 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	812		783	104%				Correction Required - Iron is Low Correction Required - Calcium is Low Correction Required - Vitamin A is Low
Cholesterol (mg)	67							
Sodium 1 (mg)	1628						1628	
Fiber (g)	11.97							
Iron (mg)	1.78		4.50	40%	Missing	2.72		
Calcium (mg)	91.3		400.00	23%	Missing	308.67		
Vitamin A (RAE)	48		1500	3%	Missing	1452		
Total Sugars (g)	44.62	21.98%			Missing			
Added Sugars (g)	8.77	4.32%	<10.00% ¹	88%	Missing			
Vitamin C (mg)	34.48		16.70	206%	Missing			
Protein (g)	33.96	16.73%	15.00	226%				Correction Required - Total Fat too High
Carbohydrate (g)	106.33	52.37%						
Total Fat (g)	29.85	33.08%	<=30.00%					
Saturated Fat (g)	8.40	9.31%	<10.00%					
Trans Fat (g)	0.10	0.11%			Missing			

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