

# Washington County School District

## Base Menu Spreadsheet

### Portion Values - Detailed

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Feb 2, 2026 thru Feb 27, 2026

ELEMENTARY LUNCH

Generated on: 1/26/2026 7:12:24 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 02/02/2026			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	2.94 OZ	1	16.45
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.0
SALAD BAR: MONDAYS:ELE	.5 CUP	1	8.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average			86.34
% of Calories			64.5%
Nutrient Guideline			

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

	Portion Size	Reimb Qty	Carb (g)
Tue - 02/03/2026			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.85
SALSA PICANTE	1 OZ	1	1.77
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average			144.11
% of Calories			57.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 02/04/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS, ELEM FR093	3 STRIPS	1	16.0
MASHED POTATOES, Dry mix,1/2	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0
Weighted Daily Average			98.31
% of Calories			56.1%
Nutrient Guideline			

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Portion Size	Reimb Qty	Carb (g)
Thu - 02/05/2026		
ELEMENTARY LUNCH	Total	1
CHICKEN SANDWICH	SANDWICH	1 31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1 1.92
TATER TOTS - MCCAIN	8 PIECES	1 14.0
COOKIE, CHOCOLATE CHIP	1 EACH	1 13.5
FRUIT BAR :WINTER:ELE	1/2 CUP	1 18.16
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1 7.82
CONDIMENT - CHICKEN SAND.	SERVING	1 5.8
MILK	CARTON	1 17.0
Weighted Daily Average		109.31
% of Calories		55.2%
<b>Nutrient Guideline</b>		

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Fri - 02/06/2026			
ELEMENTARY LUNCH	Total	1	25.06
TOTCHOS - ELEM.	SERVING	1	25.06
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average		90.13	
% of Calories		41.0%	
<b>Nutrient Guideline</b>			

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Mon - 02/09/2026			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
COOKIE, OATMEAL	1 EACH	1	19.44
SALAD BAR: MONDAYS:ELE	.5 CUP	1	8.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average		91.79	
% of Calories		62.9%	
<b>Nutrient Guideline</b>			

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Tue - 02/10/2026			
ELEMENTARY LUNCH	Total	1	
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	22.55
CHEESE/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
VEGETABLES, EDAMAME & CARROTS	3/4 CUP	1	7.49
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	52.46
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.85
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0

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ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			127.51 54.4%
<u>Nutrient Guideline</u>			

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Wed - 02/11/2026			
ELEMENTARY LUNCH TERIYAKI BEEF NUGGETS MASHED POTATOES, Dry mix,1/2 GRAVY, BROWN LOW SODIUM BROCCOLI, ROASTED, 3/4 C FRUIT BAR :WINTER:ELE ROLLS - NO EGGS MARGARINE REDDIES: (1) MILK	Total 4 Nugget 1/2 CUP 1/4 CUP 3/4 CUP 1/2 CUP SERVINGS 1 Patty CARTON	1 1 1 1 1 1 1 1 1	6.0 17.03 0.37 3.29 18.16 25.63 0.0 17.0
<u>Weighted Daily Average % of Calories</u>			
<u>Nutrient Guideline</u>			

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Thu - 02/12/2026			
ELEMENTARY LUNCH HAMBURGER, TYSON CHEESE: PROCESS SLICE SHREDDED LETTUCE & TOMATO-DELI FRENCH FRIES- S.S. 1/2 CUP CAKE, SWEET FRUIT BAR :WINTER:ELE SALAD BAR: 3 THURSDAY'S:ELE CONDIMENT - BURGER MILK	Total HAMBURGERS SLICE 1/2 CUP 2.5 OZ SERVING 1/2 CUP .5 CUP SERVING CARTON	1 1 1 1 1 1 1 1 1 1	22.0 1.0 6.57 18.76 44.38 18.16 7.82 3.02 17.0
<u>Weighted Daily Average % of Calories</u>			
<u>Nutrient Guideline</u>			

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Fri - 02/13/2026			
ELEMENTARY LUNCH CORN DOG, MINI PROVIEW (4) CARROT STICKS 3/4 CUP COOKIE, VALENTINES FRUIT BAR :WINTER:ELE KETCHUP : P/C MUSTARD:, P/C MILK	Total 4 NUGGETS 3/4 CUP COOKIE 1/2 CUP PC 1 Each CARTON	1 1 1 1 1 1 1 1	19.9 9.0 27.0 18.16 10.12 0.33 17.0
<u>Weighted Daily Average % of Calories</u>			
<u>Nutrient Guideline</u>			

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ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Carb (g)
Tue - 02/17/2026			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	TACO	1	17.48
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
CHEESE/JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CHURRO- APPLE WG	SERVINGS	1	25.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.85
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			119.82
% of Calories			58.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 02/18/2026			
ELEMENTARY LUNCH	Total	1	
ROTINI ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average			80.27
% of Calories			53.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 02/19/2026			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	0.0
CAKE DELIGHT	SERVING	1	42.72
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
CONDIMENTS - HOT DOG	PACKETS	1	4.15
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.82
MILK	CARTON	1	17.0
Weighted Daily Average			126.85
% of Calories			52.4%
Nutrient Guideline			

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ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 02/20/2026</b>			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
CARROT STICKS 1/2 CUP	1/2 CUP	1	0.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MARINARA SAUCE	1/2 CUP	1	12.02
MILK	CARTON	1	17.0
Weighted Daily Average			101.19
% of Calories			55.5%
<b>Nutrient Guideline</b>			

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 02/23/2026</b>			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, CELEBRATION	SERVINGS	1	17.0
SALAD BAR: MONDAYS:ELE	.5 CUP	1	8.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MILK	CARTON	1	17.0
Weighted Daily Average			88.14
% of Calories			59.0%
<b>Nutrient Guideline</b>			

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 02/24/2026</b>			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	23.08
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	9.85
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			129.37
% of Calories			57.0%
<b>Nutrient Guideline</b>			

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 02/25/2026</b>			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0

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ELEMENTARY LUNCH

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Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average		79.88
% of Calories		52.0%

Nutrient Guideline

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Thu - 02/26/2026			
ELEMENTARY LUNCH	Total	1	
CHICKEN CHUNKS, POPCORN TYSN	10 NUGGETS	1	15.18
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.82
CONDIMENT: TENDERS	SERVINGS	1	10.8
MILK	CARTON	1	17.0
Weighted Daily Average		118.47	
% of Calories		53.1%	

Nutrient Guideline

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Fri - 02/27/2026			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	8.34
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :WINTER:ELE	1/2 CUP	1	18.16
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average		98.31	
% of Calories		51.6%	

Nutrient Guideline

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Weighted Average		106.18	
		55.1%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	106.18	55.08%						

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