

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 02/02/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	151	40	302	0.00	*N/A*	0.0	*N/A*	*N/A*	11.08	*N/A*	11.08	20.14	3.02	0.50	0.00
RICE OR CHOW MEIN, CHO	SERVING	1	174	0	355	3.12	*0.09	*9.9	*72	*4.8	*2.10	0.00	4.26	33.34	2.77	0.01	*0.00
OSE SEC.																	
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
COOKIE, FORTUNE COOKIE	COOKIE	1	35	0	5	0.00	0.00	0.0	0	0.0	3.00	0.50	0.5	7.0	0.5	0.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI																	
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average																	
% of Calories			687	48	1546	8.12	*0.82	*59.5	*84	*36.05	*50.19	*13.23	30.54	102.92	20.51	5.33	*0.01
											*29.2%	*7.7%	17.8%	59.9%	26.9%	7.0%	*0.0%
Nutrient Guideline																	
			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 02/03/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
BEEF TACO STICK	1 EACH	1	328	46	752	3.07	2.63	312.5	*N/A*	*N/A*	1.00	*N/A*	18.52	28.97	15.17	7.69	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
CORN 1/2 CUP	1/2 CUP	1	65	0	15	2.00	*N/A*	*N/A*	*N/A*	*N/A*	3.00	*N/A*	2.0	15.0	1.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	198	1	159	1.69	*0.95	*42.8	*0	*0.0	*15.04	*15.04	2.79	29.36	8.06	3.25	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			929	72	2013	14.58	*2.87	*237.0	*18	*26.05	*50.59 *21.8%	*18.85 *8.1%	37.82 16.3%	126.37 54.4%	33.07 32.0%	11.39 11.0%	*0.37 *0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 02/04/2026																	
INTERMEDIATE LUNCH 6-8 CHICKEN TENDERS - FR091	Total	1															
	2 TENDERS	1	230	45	400	2.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	20.0	12.0	11.0	2.00	0.00
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, CHICKEN: LOW SO DIUM	1/4 CUP	1	20	0	142	0.00	0.01	1.1	*0	0.0	*1.00	*0.00	0.0	3.0	0.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
GARLIC TOAST - WG - BC	1 TOAST	1	100	0	125	1.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	0.00	3.0	14.0	3.5	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
BARBAQUE SAUCE: P/C	1 Each	1	44	0	209	0.35	*N/A*	*N/A*	*N/A*	*N/A*	8.67	*N/A*	0.42	10.13	0.07	0.01	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			751	45	1451	14.17	*1.43	*59.4	*32	*23.47	*43.05	*6.93	34.17	102.79	22.19	5.25	0.01
% of Calories											*22.9%	*3.7%	18.2%	54.7%	26.6%	6.3%	0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Thu - 02/05/2026																	
INTERMEDIATE LUNCH 6-8 CHICKEN SANDWICH	Total SANDWICH	1															
		1	323	46	504	5.04	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	24.24	31.11	10.61	1.52	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
COLESLAW	1/2 C. SERVINGS	1	34	1	40	1.58	0.29	24.7	*44	21.21	*3.56	*1.26	0.8	6.02	1.15	0.21	*0.00
COOKIE, CHOCOLATE CHIP	1 EACH	1	96	1	123	0.73	*0.46	*25.5	*0	*0.0	*5.90	*5.90	1.24	13.5	4.34	1.85	*0.00
FRUIT BAR :WINTER:EL	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOICE	Total	1															
NACHOS	SERVING	1	487	53	574	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:EL	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			900	61	1775	16.52	*2.18	*140.2	*81	*52.37	*48.12 *21.4%	*13.40 *6.0%	38.84 17.3%	118.31 52.6%	32.68 32.7%	7.87 7.9%	*0.01 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 02/06/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TOTCHOS - ELEM.	SERVING	1	450	97	1109	3.04	*0.00	*0.0	*N/A*	*0.0	7.40	*0.00	26.35	25.06	27.19	11.94	0.33
LETTUCE & TOMATO:1/2 CU	1/2 CUP	1	9	0	5	0.79	0.25	7.5	*9	4.02	1.11	*0.00	0.72	1.92	0.04	0.01	0.00
P-TACOS																	
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			866	91	1453	12.07	*1.35	*36.4	*40	*38.41	*43.32	*5.92	39.35	97.26	37.99	10.79	*0.17
% of Calories											*20.0%	*2.7%	18.2%	44.9%	39.5%	11.2%	*0.2%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Mon - 02/09/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
RICE OR CHOW MEIN, CHO	SERVING	1	174	0	355	3.12	*0.09	*9.9	*72	*4.8	*2.10	0.00	4.26	33.34	2.77	0.01	*0.00
OSE SEC.																	
GREEN BEANS 3/4 CUP	3/4 CUP	1	24	0	210	3.00	*N/A*	*N/A*	*N/A*	*N/A*	1.50	*N/A*	1.5	4.5	0.0	0.00	0.00
COOKIE, OATMEAL	1 EACH	1	127	14	141	0.86	*0.69	*9.4	*0	*0.0	*9.21	*9.19	2.22	19.44	4.57	1.74	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Feb 2, 2026 thru Feb 27, 2026

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOICE	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			689	60	1722	9.40	*1.17	*56.2	*84	*36.05	*51.30	*17.57	31.01	103.25	20.05	6.03	*0.00
% of Calories											*29.8%	*10.2%	18.0%	60.0%	26.2%	7.9%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Tue - 02/10/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TACO SOUP - RAW - 1 CUP	1 CUP	1	318	55	812	6.68	*2.07	*67.3	*11	*14.03	*5.37	*0.00	18.62	22.68	16.78	6.04	*0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
VEGETABLES, EDAMAME &	3/4 CUP	1	75	0	36	3.91	*0.38	*13.5	*N/A*	*1.13	*1.34	*N/A*	6.97	7.49	2.73	0.01	0.00
CARROTS																	
CINNAMON ROLL W. W.W. B	ROLL	1	315	5	287	3.00	*0.01	*4.2	*0	*0.0	*27.10	*8.00	6.34	52.46	8.58	2.84	*0.00
RIDGFOR																	
SALAD BAR: 2 TUESDAY- IN	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
TERM.																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOICE	Total	1															
CHEESESTEAK SANDWICH	SANDWICHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS: ELE	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			930	83	1901	14.49	*2.32	*101.8	*24	*33.63	*57.04 *24.5%	*15.33 *6.6%	39.52 17.0%	118.14 50.8%	34.89 33.8%	11.00 10.6%	*0.37 *0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 02/11/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	*N/A*	0.0	4.00	*N/A*	14.0	6.0	8.0	3.50	0.50
BUTTER MASHED POTATOE S-sec	2/3 cup	1	130	5	420	9.00	0.36	20.0	*N/A*	0.0	0.00	*N/A*	2.0	18.0	5.0	2.50	0.00
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	19	0	133	0.00	0.01	1.1	*N/A*	0.0	*0.94	*N/A*	0.0	2.82	0.94	0.00	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
ROLLS - NO EGGS	SERVING	1	140	0	317	2.38	1.21	11.7	*0	0.0	*2.14	*2.14	4.34	25.63	2.58	0.89	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	20	0	30	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	2.5	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOICE	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENT - CHICKEN SANDWICH	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			744	43	1422	13.83	*2.75	*83.3	*32	*23.47	*40.18 *21.6%	*8.00 *4.3%	32.10 17.3%	100.60 54.1%	23.91 28.9%	6.46 7.8%	*0.27 *0.3%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/12/2026																	
INTERMEDIATE LUNCH 6-8 HAMBURGER, TYSON	Total	1															
	HAMBURGERS	1	273	46	475	2.00	*1.08	*60.0	*N/A*	*2.4	2.00	*N/A*	17.23	22.0	12.71	4.59	0.51
CHEESE: PROCESS SLICE	SLICE	1	50	13	250	0.00	0.00	*N/A*	*N/A*	0.0	0.50	0.00	2.5	1.0	4.5	2.50	0.00
SHREDDED LETTUCE & TO MATO-DELI	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
CAKE, SWEET	SERVING	1	279	5	223	1.23	*0.54	*16.9	*0	*0.31	*31.70	*31.33	1.94	44.38	11.07	4.80	*0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT ERM	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
CONDIMENT - BURGER MILK	SERVING	1	20	1	205	0.06	0.00	0.0	*N/A*	*0.0	2.28	*2.02	0.08	3.02	0.83	0.12	0.02
	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI NACHOS	Total	1															
	SERVING	1	487	53	574	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			984	69	1955	14.27	*2.20	*122.3	*59	*43.60	*57.78 *23.5%	*25.48 *10.4%	36.85 15.0%	127.67 51.9%	39.17 35.8%	12.66 11.6%	*0.26 *0.2%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Fri - 02/13/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CORN DOG, MINI PROVIEU (	5 NUGG	1	207	50	290	2.49	*N/A*	*N/A*	*N/A*	*N/A*	0.83	*N/A*	8.29	24.88	8.29	2.07	0.00
	ETS																
CARROT STICKS 3/4 CUP	3/4 CUP	1	99	10	326	2.70	*0.00	*0.0	*N/A*	*0.0	4.58	*0.00	0.9	9.0	8.22	2.07	0.00
COOKIE, VALENTINES	COOKIE	1	170	5	65	1.00	*N/A*	*N/A*	*N/A*	0.0	14.00	14.00	2.0	27.0	6.0	1.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	*N/A*	*N/A*	8.10	8.10	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	*N/A*	0.0	0.00	*N/A*	0.22	0.33	0.22	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
COOKIE, VALENTINES	COOKIE	1	170	5	65	1.00	*N/A*	*N/A*	*N/A*	0.0	14.00	14.00	2.0	27.0	6.0	1.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			862	73	1235	11.51	*1.22	*32.7	*36	*36.40	*56.52	*23.97	31.07	118.94	31.63	7.10	*0.00
% of Calories											*26.2%	*11.1%	14.4%	55.2%	33.0%	7.4%	*0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Feb 2, 2026 thru Feb 27, 2026

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 02/17/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
SOFT FLOUR TACO:SEC	TACO	1	244	49	447	4.00	1.44	120.1	*N/A*	0.6	0.00	*N/A*	18.01	23.0	10.5	3.20	0.00
LETTUCE & TOMATO:3/4 CU	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
REFRIED BEANS, V V	1/2 C SE	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
	RVINGS																
CHURRO- APPLE WG	SERVING	1	150	0	70	1.00	*N/A*	*N/A*	*N/A*	*N/A*	8.00	*N/A*	2.0	25.0	5.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
TERM.																	
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
CHEESESTEAK SANDWICH	SANDWI	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
	CHES																
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS:	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
ELE																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
ERM																	
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			855	77	1836	14.52	*2.04	*126.8	*33	*31.91	*46.40	*11.33	37.76	115.87	29.92	8.66	0.37
% of Calories											*21.7%	*5.3%	17.7%	54.2%	31.5%	9.1%	0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 02/18/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
ROTINI ALFREDO: SEC	1 CUP	1	248	18	211	2.97	*N/A*	*N/A*	*N/A*	*N/A*	4.49	*N/A*	11.2	36.65	7.11	3.20	0.00
CHICKEN, DICED L/S TYSON	1.5oz SE RVING	1	66	28	64	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0.00	*N/A*	9.17	0.51	2.55	0.76	0.00
BREADSTICK, CHEESY GARL	SERVING	1	100	0	140	1.00	*N/A*	*N/A*	*N/A*	*N/A*	2.00	*N/A*	3.0	15.0	3.0	0.50	0.00
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI																	
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
MATO-DELI																	
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			716	43	958	9.63	*1.25	*56.9	*32	*23.47	*39.88	*6.93	33.61	100.45	20.73	5.25	0.02
% of Calories											*22.3%	*3.9%	18.8%	56.1%	26.0%	6.6%	0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/19/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
HOT DOG, BEEF CLOVERDAL	SERVING	1	280	35	550	2.00	*1.08	*60.0	*N/A*	*2.4	3.00	*N/A*	12.0	23.0	16.5	6.00	0.00
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	60	10	260	0.00	0.00	0.0	*0	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
CAKE DELIGHT	SERVING	1	280	32	226	1.15	*0.49	*10.7	*0	*0.37	*31.70	*31.33	2.64	42.72	11.53	4.99	*0.00
SALAD BAR: 3 THURSDAY'S: ELE	.5 CUP	1	61	3	455	1.44	*0.42	*21.1	*23	*13.36	*3.88	*2.89	1.72	7.82	3.09	0.68	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENTS - HOT DOG	PACKET	1	16	0	152	0.07	0.00	0.0	*N/A*	*0.0	3.37	*3.37	0.07	4.15	0.07	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1															
NACHOS	SERVING	1	487	53	574	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
REFRIED BEANS, V V	1/2 C SERVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
P-TACOS																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			955	75	1913	12.92	*1.58	*101.0	*30	*28.35	*55.79 *23.4%	*26.16 *11.0%	31.79 13.3%	120.31 50.4%	42.21 39.8%	12.49 11.8%	*0.00 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Fri - 02/20/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CALZONE, MINI, WG	3 CALZONES	1	325	23	490	4.00	1.80	225.0	*N/A*	*N/A*	6.00	*N/A*	16.5	40.01	11.5	5.00	0.00
CARROT STICKS 1/2 CUP	1/2 CUP	1	60	10	260	0.00	0.00	0.0	*0	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
CREAMIES JR.	CREAMIE	1	93	16	39	0.00	0.00	260.0	*N/A*	3.45	*N/A*	*N/A*	2.0	14.0	3.5	2.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
WRAP, CHICKEN - FR091	WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
RED.25OZ																	
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			791	62	1338	10.81	*2.12	*275.2	*36	*38.13	*42.28 *21.4%	*5.92 *3.0%	34.62 17.5%	102.79 52.0%	29.52 33.6%	8.03 9.1%	*0.00 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Mon - 02/23/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
TERIYAKI CHICKEN - ELEM.	2 oz	1	93	50	343	0.00	*N/A*	0.0	*N/A*	0.0	6.43	*N/A*	10.71	7.14	2.5	0.71	0.00
RICE OR CHOW MEIN, CHO	SERVING	1	174	0	355	3.12	*0.09	*9.9	*72	*4.8	*2.10	0.00	4.26	33.34	2.77	0.01	*0.00
OSE SEC.																	
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	55	1	35	1.30	*0.00	*16.0	*0	*0.0	*0.85	*0.00	1.93	3.29	4.47	0.54	0.01
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
SOY SAUCE: PC	PC	1	0	0	230	0.00	0.00	0.0	*N/A*	0.0	*N/A*	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
DOMINOS PIZZA	SLICE	1	277	20	547	2.33	*N/A*	*N/A*	*N/A*	*N/A*	3.00	1.33	20.0	30.0	10.67	4.17	0.00
DINNER SALAD - ALT LINE	SERVING	1	29	0	24	2.02	0.60	34.7	*88	19.4	*1.87	*0.00	1.8	6.07	0.11	0.03	0.00
COOKIE, CELEBRATION	SERVING	1	110	5	100	1.00	*N/A*	*N/A*	*N/A*	*N/A*	9.00	7.00	1.0	17.0	4.0	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: MONDAYS:INTE	1 CUP	1	61	3	459	1.29	0.41	21.3	*2	14.9	*5.00	*2.89	1.11	8.84	2.74	0.68	0.00
RM.																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			696	56	1614	8.62	*0.82	*59.5	*84	*36.05	*50.87 *29.2%	*16.48 *9.5%	30.61 17.6%	101.42 58.3%	22.00 28.5%	5.93 7.7%	*0.01 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 02/24/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
QUESADILLA, THREE CHEES	SERVING	1	323	36	582	3.32	*N/A*	*N/A*	*N/A*	*N/A*	2.29	0.00	17.43	32.51	14.2	8.62	0.00
REFRIED BEANS, V V	1/2 C SE RVINGS	1	140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	3.0	0.0	0.00	0.00
COOKIE, PUMPKIN CHOCOL	COOKIE	1	147	1	137	2.85	*0.52	*29.1	*0	*0.0	*10.77	*8.07	2.03	23.08	5.66	2.39	*0.00
ATE CHIP																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
TERM.																	
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
CHEESESTEAK SANDWICH	SANDWI CHES	1	404	74	665	2.17	*0.07	*3.1	*0	*0.12	4.41	*1.00	21.43	34.92	19.73	8.05	0.70
TATER TOTS - MCCAIN	8 PIECES	1	90	0	160	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	1.0	14.0	3.5	0.00	0.00
CARROT & CELERY STICKS:	3/4 CUP	1	50	2	161	3.05	0.84	41.9	*8	3.41	*0.50	*N/A*	0.79	8.03	2.17	0.53	0.00
ELE																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
ERM																	
CONDIMENT: STEAKWICH	SERVING	1	36	2	209	0.00	0.00	0.0	*N/A*	*0.0	4.05	4.05	0.04	5.37	1.54	0.24	0.03
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			877	67	1979	15.28	*1.34	*73.9	*18	*26.05	*48.10	*15.37	36.39	119.00	30.88	11.42	*0.37
% of Calories											*21.9%	*7.0%	16.6%	54.3%	31.7%	11.7%	*0.4%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 02/25/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CHICKEN NOODLE SOUP: U	1 CUP	1	199	47	451	1.92	*0.08	*20.5	*98	*1.69	*2.10	*0.00	17.21	18.34	5.05	1.23	0.00
SDA 1C.																	
BREADSTICK, CHEESE - BO	SERVING	1	150	15	220	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	10.0	17.0	5.0	2.50	0.00
SCO'S																	
TOMATO, CUCUMBER, CAR	3/4 CUP	1	25	0	35	1.89	0.54	20.2	*1	6.88	*1.39	*0.00	0.77	9.38	0.17	0.03	0.00
ROTS:INTE																	
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI	Total	1															
SPICY CHICKEN SANDWICH	SERVING	1	420	25	660	6.00	*1.44	*60.0	*N/A*	3.6	4.00	*N/A*	21.0	44.0	17.0	3.00	0.00
SHREDDED LETTUCE & TO	1/2 CUP	1	31	0	11	2.22	0.57	19.4	*60	20.39	4.26	*0.00	1.77	6.57	0.28	0.04	0.00
MATO-DELI																	
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	119	0	256	1.71	0.31	0.0	*N/A*	4.09	0.00	*N/A*	1.71	18.76	4.26	1.28	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENT - CHICKEN SAN	SERVING	1	31	1	224	0.15	0.05	2.5	*N/A*	*0.75	4.68	*2.02	0.14	5.8	0.78	0.13	0.02
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average			698	56	1217	9.90	*1.56	*69.2	*82	*27.75	*38.45	*6.93	34.95	95.08	21.27	5.62	0.01
% of Calories											*22.0%	*4.0%	20.0%	54.5%	27.4%	7.2%	0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/26/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
CHICKEN CHUNKS, TYSON	5 NUUG	1	240	55	570	2.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	23.0	15.0	10.0	2.00	0.00
ETS																	
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	181	0	389	2.59	0.47	0.0	*N/A*	6.22	0.00	*N/A*	2.59	28.51	6.48	1.94	0.00
SCOOBY-DOO GRAHAM CR	BAG	1	120	0	100	1.00	0.72	100.0	*N/A*	0.0	8.00	*N/A*	2.0	21.0	4.0	1.00	0.00
ACKER STIC																	
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 3 THURS. - INT	1/2 CUP	1	74	3	466	2.14	*0.73	*38.2	*23	*19.43	*6.21	*2.89	2.34	10.69	2.96	0.68	0.00
ERM																	
CONDIMENT: TENDERS	SERVING	1	44	0	236	0.30	0.09	5.0	*N/A*	*1.51	8.85	*4.05	0.24	10.8	0.02	0.01	0.01
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
ALT INT WEEKLY 1st CHOI NACHOS	Total SERVING	1															
REFRIED BEANS, V V	1/2 C SERVINGS	1	487	53	574	4.52	*0.18	*59.8	*N/A*	*0.3	0.00	*0.00	18.0	38.19	29.57	8.96	0.00
			140	0	320	7.00	*N/A*	*N/A*	*N/A*	*N/A*	1.00	*N/A*	7.0	24.0	2.5	0.00	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	21	0	9	1.63	0.47	14.9	*30	11.13	2.65	*0.00	1.41	4.32	0.14	0.02	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
SALAD BAR: 2 TUESDAY- IN TERM.	1 CUP	1	108	3	644	2.12	*0.39	*19.6	*2	*11.04	*4.60	*2.89	2.43	10.33	7.52	1.30	0.00
SALSA PICANTE	1 OZ	1	4	0	159	0.00	0.00	0.0	0	0.0	0.89	0.00	0.0	1.77	0.0	0.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			891	64	1892	13.61	*1.59	*126.7	*29	*33.86	*46.35 *20.8%	*10.83 *4.9%	38.16 17.1%	117.46 52.8%	32.60 32.9%	8.47 8.6%	0.00 0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Fri - 02/27/2026																	
INTERMEDIATE LUNCH 6-8	Total	1															
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	*N/A*	*N/A*	*N/A*	0.0	3.00	*N/A*	16.0	27.0	13.0	5.00	0.00
DINNER SALAD ELEM.	1 CUP	1	59	3	472	1.69	0.56	30.2	*216	*5.74	*4.89	*0.00	0.9	8.34	2.89	0.71	0.00
COOKIE, CHOCOLATE CHUN	COOKIE	1	102	6	100	0.80	0.54	10.0	*N/A*	0.0	9.00	*N/A*	1.2	15.8	3.9	1.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
MARINARA SAUCE	1/2 CUP	1	70	0	561	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.01	*N/A*	2.0	12.02	1.5	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	60	10	260	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	0.0	0.0	8.0	2.00	0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00
ALT INT WEEKLY 1st CHOI WRAP, CHICKEN - FR091	Total WRAP	1	381	45	571	7.22	*1.65	*19.4	*60	*20.39	6.26	*N/A*	25.77	39.57	14.78	2.54	0.00
CHEDDAR/ JACK FANCY SH RED.25OZ	.25 OZ	1	28	8	46	0.00	0.00	0.0	*N/A*	0.0	0.00	0.00	1.77	0.0	2.28	1.27	0.00
MIXED FRESH VEGETABLES	3/4 CUP	1	29	0	49	2.36	0.66	30.1	*7	34.31	*0.90	*0.00	1.42	6.31	0.21	0.07	0.00
SUN CHIPS	BAG	1	140	0	140	2.00	0.00	0.0	*N/A*	0.0	2.00	*N/A*	2.0	19.0	6.0	0.50	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	71	0	3	1.96	*0.07	*7.9	*2	*9.05	13.75	1.25	0.66	18.16	0.16	0.02	0.00
CONDIMENTS: WRAP	SERVING	1	94	10	205	0.12	*0.00	*0.0	*N/A*	*0.0	2.89	*0.00	0.45	4.36	9.26	1.64	*0.00
MILK	CARTON	1	110	7	155	0.00	*0.00	*N/A*	*N/A*	*N/A*	16.00	4.67	8.0	17.0	0.83	0.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (RAE)	Vit-C (mg)	Tot Sug (g)	Add Su (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories			808	60	1634	11.55	*1.77	*52.8	*144	*39.27	*47.72 *23.6%	*5.92 *2.9%	34.42 17.0%	101.35 50.2%	31.91 35.6%	7.88 8.8%	*0.00 *0.0%
Nutrient Guideline			783				4.50	400.00	1500	16.70		<10.00 ¹	15.00		<=30.0	<10.00	

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Weighted Average			823	63	1624	12.41	*1.70	*98.5	*52	*33.39	*48.10 *52.6%	*13.40 *14.7%	34.93 17.0%	110.00 53.5%	29.32 32.1%	8.30 9.1%	*0.12 *0.1%
------------------	--	--	-----	----	------	-------	-------	-------	-----	--------	------------------	------------------	----------------	-----------------	----------------	--------------	----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	823		783	105%				1624 Correction Required - Iron is Low Correction Required - Calcium is Low Correction Required - Vitamin A is Low
Cholesterol (mg)	63							
Sodium 1 (mg)	1624							
Fiber (g)	12.41							
Iron (mg)	1.70		4.50	38%	Missing	2.80		
Calcium (mg)	98.5		400.00	25%	Missing	301.53		
Vitamin A (RAE)	52		1500	3%	Missing	1448		
Total Sugars (g)	48.10	23.39%			Missing			
Added Sugars (g)	13.40	6.51%	<10.00% ¹	134%	Missing	-3		
Vitamin C (mg)	33.39		16.70	200%	Missing			
Protein (g)	34.93	16.98%	15.00	233%				Correction Required - Total Fat too High
Carbohydrate (g)	110.00	53.49%						
Total Fat (g)	29.32	32.08%	<=30.00%					
Saturated Fat (g)	8.30	9.08%	<10.00%					
Trans Fat (g)	0.12	0.13%			Missing			

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.