

Washington County School District

Mar 1, 2026 thru Mar 31, 2026

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1

Generated on: 2/25/2026 12:47:41 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|--------------------------------|--------------|-------------|----------|
| Mon - 03/02/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| ORANGE CHICKEN: (SEC.) | 3.6 OZ | 151 | 20.14 |
| RICE OR CHOW MEIN, CHOOSE SEC. | SERVINGS | 174 | 33.34 |
| BROCCOLI, ROASTED, CUP | 1 CUP | 69 | 4.45 |
| COOKIE, FORTUNE COOKIE | COOKIE | 35 | 7.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: MONDAYS:SEC | 1 CUP | 101 | 14.32 |
| SOY SAUCE: PC | PC | 0 | 1.0 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| DOMINOS PIZZA | SLICE | 277 | 30.0 |
| PEANUT BUTTER UNCRUSTABLE | SANDWICH | 294 | 29.44 |
| CHEESE STICKS - CHOOSE | SERVING | 110 | 0.5 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| RANCH: (WILD COYOTE LITE) | PC CUP | 60 | 0.0 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 798 | 107.53 |
| % of Calories | | | 53.9% |
| Nutrient Guideline | | 750-8 | |

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

| | | | |
|--------------------------------|----------------|-------|--------|
| Tue - 03/03/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| BEEF TACO STICK | 1 EACH | 328 | 28.97 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| CORN 1/2 CUP | 1/2 CUP | 65 | 15.0 |
| COOKIE, COWBOY | 1 oz. | 195 | 29.45 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| CHEESESTEAK SANDWICH | SANDWICHES | 404 | 37.92 |
| WILD MIKE'S PEPPERONI CHEESY B | SERVINGS | 400 | 36.0 |
| TATER TOTS - MCCAIN | 12pc | 136 | 21.1 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT: STEAKWICH | SERVING | 36 | 5.37 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 928 | 127.41 |
| % of Calories | | | 54.9% |
| Nutrient Guideline | | 750-8 | |

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

Page 2

Generated on: 2/25/2026 12:47:41 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|--------------|-------------|----------|
| Wed - 03/04/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| CHICKEN TENDERS - FR091 | 2 TENDERS | 230 | 12.0 |
| BUTTER MASHED POTATOES-sec | 2/3 cup | 130 | 18.0 |
| GRAVY, CHICKEN: LOW SODIUM | 1/4 CUP | 20 | 3.0 |
| GREEN BEANS: 1/2 C. | 1/2 CUP | 16 | 3.0 |
| GARLIC TOAST - WG - BC | SERVINGS | 100 | 14.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| BARBAQUE SAUCE: P/C | 1 Each | 44 | 10.13 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| SPICY CHICKEN SANDWICH | SANDWICH | 420 | 44.0 |
| CHICKEN SANDWICH | SANDWICH | 353 | 36.11 |
| FRENCH FRIES- S.S. 3/4 CUP | 3.7 oz | 181 | 28.51 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT - CHICKEN SAND. | SERVING | 31 | 5.8 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 873 | 122.72 |
| % of Calories | | | 56.2% |
| Nutrient Guideline | | 750-8 | |

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| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|----------------|-------------|----------|
| Thu - 03/05/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| HAM AND EGGS SEC | 3oz SERVING | 289 | 6.07 |
| BISCUIT: WG RICH'S | BISCUIT | 170 | 22.99 |
| HASHBROWN PATTY:1/2 CUP | 2 EACH | 220 | 27.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| JUICE, MANGO SPLASH | SERVINGS | 60 | 14.0 |
| COOKIE, BIRTHDAY | SERVINGS | 175 | 27.77 |
| KETCHUP: P/C | PC | 40 | 10.12 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| JELLY: VARIETY PACK | PC | 35 | 9.0 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| NACHOS | SERVINGS | 487 | 38.19 |
| PEPPERONI PIZZA RIPPERS | SERVING | 270 | 29.0 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 956 | 125.23 |
| % of Calories | | | 52.4% |
| Nutrient Guideline | | 750-8 | |

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

Page 3

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|--------------------------------|--------------|-------------|----------|
| Fri - 03/06/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| TOTCHOS - SEC | SERVING | 544 | 36.21 |
| LETTUCE & TOMATO:1/2 CUP-TACOS | 1/2 CUP | 9 | 1.92 |
| BREADSTICK, CHEESY GARLIC | SERVINGS | 100 | 15.0 |
| SUN CHIPS | BAG | 140 | 19.0 |
| CARROT 1 CUP | 1 CUP | 60 | 13.86 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| WRAP, CHICKEN - FR091 | WRAP | 381 | 39.57 |
| GRAB N GO -PROTEIN BOWL | SERVINGS | 376 | 25.38 |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ | 23 | 0.25 |
| MIXED FRESH VEGETABLES | 3/4 CUP | 29 | 6.31 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| CONDIMENTS: WRAP | SERVINGS | 94 | 4.36 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 836 | 100.59 |
| % of Calories | | | 48.1% |
| Nutrient Guideline | | 750-8 | |

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| | | | |
|--------------------------------|----------------|-------|--------|
| Tue - 03/17/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| QUESADILLA, THREE CHEESE | SERVINGS | 323 | 32.51 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| GREEN BEANS: 1/2 C. | 1/2 CUP | 16 | 3.0 |
| COOKIE, PUMPKIN CHOCOLATE CHIP | COOKIE | 147 | 23.08 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| CHEESESTEAK SANDWICH | SANDWICHES | 404 | 37.92 |
| WILD MIKE'S PEPPERONI CHEESY B | SERVINGS | 400 | 36.0 |
| TATER TOTS - MCCAIN | 12pc | 136 | 21.1 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT: STEAKWICH | SERVING | 36 | 5.37 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 894 | 122.47 |
| % of Calories | | | 54.8% |
| Nutrient Guideline | | 750-8 | |

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Portion Values - Detailed

Page 4

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|---------------|-------------|----------|
| Wed - 03/18/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| ROTINI ALFREDO: SEC | 1 CUP | 248 | 36.65 |
| CHICKEN, DICED L/S TYSON | 2.3oz SERVING | 102 | 0.78 |
| BREADSTICK, CHEESY GARLIC | SERVINGS | 100 | 15.0 |
| BROCCOLI, ROASTED, CUP | 1 CUP | 69 | 4.45 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| SPICY CHICKEN SANDWICH | SANDWICH | 420 | 44.0 |
| CHICKEN SANDWICH | SANDWICH | 353 | 36.11 |
| FRENCH FRIES- S.S. 3/4 CUP | 3.7 oz | 181 | 28.51 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT - CHICKEN SAND. | SERVING | 31 | 5.8 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 866 | 121.63 |
| % of Calories | | | 56.2% |
| Nutrient Guideline | | 750-8 | |

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| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|----------------|-------------|----------|
| Thu - 03/19/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| HOT DOG, BEEF CLOVERDALE | SERVINGS | 280 | 23.0 |
| TATER TOTS - MCCAIN | 12pc | 136 | 21.1 |
| CAKE DELIGHT | SERVING | 280 | 42.72 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENTS - HOT DOG | PACKETS | 16 | 4.15 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| NACHOS | SERVINGS | 487 | 38.19 |
| PEPPERONI PIZZA RIPPERS | SERVING | 270 | 29.0 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 896 | 120.94 |
| % of Calories | | | 54.0% |
| Nutrient Guideline | | 750-8 | |

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Portion Values - Detailed

Page 5

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|--------------------------------|--------------|-------------|----------|
| Fri - 03/20/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| WILD MIKE'S PEPPERONI CHEESY B | SERVINGS | 400 | 36.0 |
| CARROT 1 CUP | 1 CUP | 60 | 13.86 |
| CREAMIES JR. | CREAMIE | 93 | 14.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| RANCH: (WILD COYOTE LITE) | PC CUP | 60 | 0.0 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| WRAP, CHICKEN - FR091 | WRAP | 381 | 39.57 |
| GRAB N GO -PROTEIN BOWL | SERVINGS | 376 | 25.38 |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ | 23 | 0.25 |
| MIXED FRESH VEGETABLES | 3/4 CUP | 29 | 6.31 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| CONDIMENTS: WRAP | SERVINGS | 94 | 4.36 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 755 | 93.21 |
| % of Calories | | | 49.4% |
| Nutrient Guideline | | 750-8 | |

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| | | | |
|--------------------------------|----------|-------|--------|
| Mon - 03/23/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| TERIYAKI CHICKEN | 2.8 oz | 130 | 10.0 |
| RICE OR CHOW MEIN, CHOOSE SEC. | SERVINGS | 174 | 33.34 |
| BROCCOLI, ROASTED, CUP | 1 CUP | 69 | 4.45 |
| COOKIE, CELEBRATION | SERVINGS | 110 | 17.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: MONDAYS:SEC | 1 CUP | 101 | 14.32 |
| SOY SAUCE: PC | PC | 0 | 1.0 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| DOMINOS PIZZA | SLICE | 277 | 30.0 |
| PEANUT BUTTER UNCRUSTABLE | SANDWICH | 294 | 29.44 |
| CHEESE STICKS - CHOOSE | SERVING | 110 | 0.5 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| RANCH: (WILD COYOTE LITE) | PC CUP | 60 | 0.0 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 816 | 107.48 |
| % of Calories | | | 52.7% |
| Nutrient Guideline | | 750-8 | |

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Portion Values - Detailed

Page 6

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|-----------------------------|--------------|-------------|----------|
| Tue - 03/24/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| DUTCH WAFFLE | 1 EACH | 330 | 37.97 |
| SAUSAGE LINK - CLOVERDALE | 2 LINKS | 233 | 2.02 |
| SCRAMBLED EGGS: SUNNY FRESH | 1oz SERVING | 45 | 1.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| HASHBROWN PATTY:1/2 CUP | 2 EACH | 220 | 27.0 |
| JUICE, MANGO SPLASH | SERVINGS | 60 | 14.0 |
| SYRUP | 1 EA | 10 | 4.0 |
| KETCHUP: P/C | PC | 40 | 10.12 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 1132 | 134.32 |
| % of Calories | | | 47.5% |
| Nutrient Guideline | | 750-8 | |

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| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|--------------|-------------|----------|
| Wed - 03/25/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| CHICKEN POT PIE | 1 CUP | 415 | 38.76 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| SPICY CHICKEN SANDWICH | SANDWICH | 420 | 44.0 |
| CHICKEN SANDWICH | SANDWICH | 353 | 36.11 |
| FRENCH FRIES- S.S. 3/4 CUP | 3.7 oz | 181 | 28.51 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT - CHICKEN SAND. | SERVING | 31 | 5.8 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 832 | 115.60 |
| % of Calories | | | 55.6% |
| Nutrient Guideline | | 750-8 | |

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| | Portion Size | Cals (kcal) | Carb (g) |
|--------------------------------|--------------|-------------|----------|
| Thu - 03/26/2026 | | | |
| SECONDARY LUNCH 9-12 | Total | | |
| CHICKEN CHUNKS, TYSON | 5 NUGGETS | 240 | 15.0 |
| FRENCH FRIES- S.S. 3/4 CUP | 3.7 oz | 181 | 28.51 |
| SCOOBY-DOO GRAHAM CRACKER STIC | BAG | 120 | 21.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT: TENDERS | SERVINGS | 44 | 10.8 |
| MILK | CARTON | 110 | 17.0 |

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Portion Values - Detailed

Page 7

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|----------------------------|----------------|-------------|----------|
| ALT SEC WEEKLY 1st CHO | Total | | |
| NACHOS | SERVINGS | 487 | 38.19 |
| PEPPERONI PIZZA RIPPERS | SERVING | 270 | 29.0 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 854 | 115.72 |
| % of Calories | | | 54.2% |
| Nutrient Guideline | | 750-8 | |

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| Fri - 03/27/2026 | | | |
|--------------------------------|----------|-------|-------|
| SECONDARY LUNCH 9-12 | Total | | |
| PEPPERONI PIZZA RIPPERS | SERVING | 270 | 29.0 |
| DINNER SALAD ELEM. | 1 CUP | 59 | 8.34 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| COOKIE, CHOCOLATE CHUNK | COOKIE | 102 | 15.8 |
| MARINARA SAUCE | 1/2 CUP | 70 | 12.02 |
| RANCH: (WILD COYOTE LITE) | PC CUP | 60 | 0.0 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| WRAP, CHICKEN - FR091 | WRAP | 381 | 39.57 |
| GRAB N GO -PROTEIN BOWL | SERVINGS | 376 | 25.38 |
| CHEDDAR/ JACK FANCY SHRED.25OZ | .25 OZ | 23 | 0.25 |
| MIXED FRESH VEGETABLES | 3/4 CUP | 29 | 6.31 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| CONDIMENTS: WRAP | SERVINGS | 94 | 4.36 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 738 | 93.64 |
| % of Calories | | | 50.7% |
| Nutrient Guideline | | 750-8 | |

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| Mon - 03/30/2026 | | | |
|--------------------------------|----------|-----|-------|
| SECONDARY LUNCH 9-12 | Total | | |
| ORANGE CHICKEN: (SEC.) | 3.6 OZ | 151 | 20.14 |
| RICE OR CHOW MEIN, CHOOSE SEC. | SERVINGS | 174 | 33.34 |
| BROCCOLI, ROASTED, CUP | 1 CUP | 69 | 4.45 |
| COOKIE, FORTUNE COOKIE | COOKIE | 35 | 7.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: MONDAYS:SEC | 1 CUP | 101 | 14.32 |
| SOY SAUCE: PC | PC | 0 | 1.0 |
| MILK | CARTON | 110 | 17.0 |

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Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 8

Generated on: 2/25/2026 12:47:42 PM

| | Portion Size | Cals (kcal) | Carb (g) |
|---------------------------|--------------|-------------|----------|
| ALT SEC WEEKLY 1st CHO | Total | | |
| DOMINOS PIZZA | SLICE | 277 | 30.0 |
| PEANUT BUTTER UNCRUSTABLE | SANDWICH | 294 | 29.44 |
| CHEESE STICKS - CHOOSE | SERVING | 110 | 0.5 |
| SUN CHIPS | BAG | 140 | 19.0 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| RANCH: (WILD COYOTE LITE) | PC CUP | 60 | 0.0 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 798 | 107.53 |
| % of Calories | | | 53.9% |
| Nutrient Guideline | | 750-8 | |

* - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

| Tue - 03/31/2026 | | | |
|--------------------------------|----------------|-------|--------|
| SECONDARY LUNCH 9-12 | Total | | |
| BEEF TACO STICK | 1 EACH | 328 | 28.97 |
| REFRIED BEANS, V V | 1/2 C SERVINGS | 140 | 24.0 |
| CORN 1/2 CUP | 1/2 CUP | 65 | 15.0 |
| COOKIE, COWBOY | 1 oz. | 195 | 29.46 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 124 | 11.81 |
| SALSA PICANTE | 1 OZ | 4 | 1.77 |
| MILK | CARTON | 110 | 17.0 |
| ALT SEC WEEKLY 1st CHO | Total | | |
| CHEESESTEAK SANDWICH | SANDWICHES | 404 | 37.92 |
| WILD MIKE'S PEPPERONI CHEESY B | SERVINGS | 400 | 36.0 |
| TATER TOTS - MCCAIN | 12pc | 136 | 21.1 |
| FRUIT BAR :SPRING (SEC) | 1 CUP | 84 | 21.2 |
| SALAD BAR: HIGH | 1 CUP | 100 | 14.9 |
| CONDIMENT: STEAKWICH | SERVING | 36 | 5.37 |
| MILK | CARTON | 110 | 17.0 |
| Weighted Daily Average | | 928 | 127.41 |
| % of Calories | | | 54.9% |
| Nutrient Guideline | | 750-8 | |

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| | | | |
|------------------|--|-----|--------|
| Weighted Average | | 869 | 115.21 |
| | | | 53.1% |

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories | 869 | | 750 - 850 | 102% | | | 19 | Correction Required - |
| Carbohydrate (g) | 115.21 | 53.06% | | | | | | Calories too High |

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.