

Washington County School District

May 1, 2026 thru May 22, 2026

Base Menu Spreadsheet

ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Carb (g)
Fri - 05/01/2026		
ALT SEC WEEKLY 1st CHO	Total	
WRAP, CHICKEN - FR091	WRAP	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	0.25
MIXED FRESH VEGETABLES 3/4	3/4 CUP	6.31
SUN CHIPS	BAG	18.5
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
CONDIMENTS: WRAP	SERVINGS	4.36
MILK	CARTON	17.0
Weighted Daily Average		109.28
% of Calories		50.3%
Nutrient Guideline		

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Mon - 05/04/2026		
ALT SEC WEEKLY 1st CHO	Total	
DOMINOS PIZZA	SLICE	30.0
UNCRUSTABLE-PEANUT BUTTER 2.6o	SANDWICH	31.52
STRING CHEESE: 1oz M	1 EA	1.0
SUN CHIPS	BAG	18.5
COOKIE, CELEBRATION	SERVINGS	17.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALAD BAR: 3 THURS HIGH	1 CUP	13.1
RANCH: (WILD COYOTE LITE)	PC CUP	2.0
MILK	CARTON	17.0
Weighted Daily Average		122.15
% of Calories		49.0%
Nutrient Guideline		

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Tue - 05/05/2026		
ALT SEC WEEKLY 1st CHO	Total	
BURRITO, BIRRIA	SERVINGS	36.45
WM'S PIZZA 10 CUT	SERVINGS	36.5
REFRIED BEANS, V V	1/2 C SERVINGS	24.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
FIESTA BAR - SEC	1 CUP	8.58
SALSA PICANTE	1 OZ	1.77
MILK	CARTON	17.0
Weighted Daily Average		111.13
% of Calories		50.8%
Nutrient Guideline		

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Portion Size	Carb (g)
Wed - 05/06/2026		
ALT SEC WEEKLY 1st CHO	Total	
SPICY CHICKEN SANDWICH	SANDWICH	44.0
CHICKEN SANDWICH	SANDWICH	31.11
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	28.51
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALAD BAR: 3 THURS HIGH	1 CUP	13.1
CONDIMENT - CHICKEN SAND.	SERVING	5.24
MILK	CARTON	17.0
Weighted Daily Average		124.71
% of Calories		53.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 05/07/2026		
ALT SEC WEEKLY 1st CHO	Total	
NACHOS	SERVINGS	38.19
PEPPERONI PIZZA RIPPERS	SERVING	29.0
REFRIED BEANS, V V	1/2 C SERVINGS	24.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	11.81
SALSA PICANTE	1 OZ	1.77
MILK	CARTON	17.0
Weighted Daily Average		111.47
% of Calories		52.5%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 05/08/2026		
ALT SEC WEEKLY 1st CHO	Total	
WRAP, CHICKEN - FR091	WRAP	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	0.25
MIXED FRESH VEGETABLES 3/4	3/4 CUP	6.31
SUN CHIPS	BAG	18.5
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
CONDIMENTS: WRAP	SERVINGS	4.36
MILK	CARTON	17.0
Weighted Daily Average		109.28
% of Calories		50.3%
Nutrient Guideline		

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Weighted Average		114.67
		51.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	114.67	51.05%						

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