

# Washington County School District

May 1, 2026 thru May 22, 2026

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/SECONDARY LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Carb (g)
Fri - 05/01/2026		
SECONDARY BREAKFAST	Total	
DONUT:SPRINKLED	DONUT	23.0
CHEESE STICKS - CHOOSE	SERVING	0.5
TOAST	SLICE	19.0
JELLY: VARIETY PACK	PC	9.0
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
MILK	CARTON	17.0
SECONDARY LUNCH 9-12	Total	
TOTCHOS - SEC	SERVING	41.4
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1.92
BREADSTICK, CHEESY GARLIC	SERVINGS	15.0
SUN CHIPS	BAG	18.5
CARROT 1 CUP	1 CUP	13.86
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
MILK	CARTON	17.0
Weighted Daily Average		118.62
% of Calories		58.8%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Mon - 05/04/2026		
SECONDARY BREAKFAST	Total	
PANCAKE, BITES	SERVINGS	37.02
CHEESE STICKS - CHOOSE	SERVING	0.5
SYRUP	1 EA	4.0
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
MILK	CARTON	17.0
SECONDARY LUNCH 9-12	Total	
TERIYAKI CHICKEN	2.8 oz	10.0
RICE OR CHOW MEIN, CHOOSE SEC.	SERVINGS	33.34
GREEN BEANS 1 CUP	1 CUP	6.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
COOKIE, OATMEAL	1 EACH	19.51
SALAD BAR: MONDAYS:SEC	1 CUP	9.95
SOY SAUCE: PC	PC	1.0
MILK	CARTON	17.0
Weighted Daily Average		108.19
% of Calories		63.9%
Nutrient Guideline		

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Tue - 05/05/2026		
SECONDARY BREAKFAST	Total	
PANCAKE CORNDOGS	SERVINGS	17.17
SYRUP	1 EA	4.0
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
MILK	CARTON	17.0

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	Portion Size	Carb (g)
SECONDARY LUNCH 9-12	Total	
TAMALE, CHEESE & GREEN CHILE	TAMALES	26.48
SPANISH RICE - 1/2 Cup Serving	1/2 CUP SERVING	19.24
REFRIED BEANS, V V	1/2 C SERVINGS	24.0
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	52.46
FIESTA BAR - SEC	1 CUP	8.58
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALSA PICANTE	1 OZ	1.77
MILK	CARTON	17.0
Weighted Daily Average		124.38
% of Calories		59.6%
Nutrient Guideline		

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Wed - 05/06/2026		
SECONDARY BREAKFAST	Total	
BREAKFAST BURRITO: SEC.	BURRITO	31.61
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
SALSA PICANTE	1 OZ	1.77
MILK	CARTON	17.0
SECONDARY LUNCH 9-12	Total	
TERIYAKI BEEF NUGGETS	4 Nugget	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	2.82
BROCCOLI, ROASTED, CUP	1 CUP	4.45
ROLLS - NO EGGS	SERVINGS	25.63
MARGARINE REDDIES: (1)	1 Patty	0.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALAD BAR: 3 THURS HIGH	1 CUP	13.1
MILK	CARTON	17.0
Weighted Daily Average		99.22
% of Calories		52.0%
Nutrient Guideline		

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Thu - 05/07/2026		
SECONDARY BREAKFAST	Total	
SMOOTHIE	SMOOTHIES	53.5
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	21.0
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
MILK	CARTON	17.0

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	Portion Size	Carb (g)
SECONDARY LUNCH 9-12	Total	
HAMBURGER - TYSON -SEC	SERVINGS	27.0
CHEESE: PROCESS SLICE	SLICE	1.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	28.51
CAKE, SWEET	SERVING	44.46
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
SALAD BAR: 3 THURS HIGH	1 CUP	13.1
CONDIMENT - BURGER	SERVING	3.02
MILK	CARTON	17.0
Weighted Daily Average		143.32
% of Calories		66.3%
Nutrient Guideline		

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Fri - 05/08/2026		
SECONDARY BREAKFAST	Total	
BAGELS, MINI	MINI BAGELS	41.97
CHEESE STICKS - CHOOSE	SERVING	0.5
BREAKFAST FRUIT BASKET	1/2 CUP	22.51
JUICE : VARIETY SUNCUP	BOX	15.25
MILK	CARTON	17.0
SECONDARY LUNCH 9-12	Total	
CORN DOG, MINI PROVIEW	6 NUGGETS	33.0
CARROT 1 CUP	1 CUP	13.86
COOKIE, SNICKERDOODLE, WG	SERVINGS	16.0
FRUIT BAR :SPRING (SEC)	1 CUP	23.3
KETCHUP : P/C	PC	10.12
MUSTARD:, P/C	1 Each	0.33
MILK	CARTON	17.0
Weighted Daily Average		105.42
% of Calories		64.2%
Nutrient Guideline		

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Mon - 05/11/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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Tue - 05/12/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

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Wed - 05/13/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

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Thu - 05/14/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

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Fri - 05/15/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

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Mon - 05/18/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 05/19/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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Wed - 05/20/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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Thu - 05/21/2026		
SECONDARY BREAKFAST	Total	
Cooks Choice Entree	1 each	0.0
SECONDARY LUNCH 9-12	Total	
Cooks Choice Entree	1each	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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Weighted Average		116.52 60.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	116.52	60.72%						

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